

## Wansfell 2019 Results

### Friday 27<sup>th</sup> December

Well done to all of the runners who came out to play. A record turnout for this festive blast on a damp and dreichit day. Many thanks to the runners who have helped me to fill a few blank spaces□ □

Pos	Name	Club	Category	Time
1	Jack Wright	Ambleside	M	20:47
2	James Espie	Deeside	M	21:01
3	Mark Addison	Helm	M	21:35
4	Tom Simpson	Ambleside	M	21:38
5	Mario Yeomans	CFR	M	21:50
6	Robin Regan	Eden	MU18	22:06
7	Garry Greenhow	Ambleside	MV40	22:22
8	Adam Perry	Helm	M	22:29
9	Arnan Kapur	U/A	M	22:30
10	Joe Edmondson	Ambleside	MU21	22:33
11	Sarah Mc Cormack	Ambleside	F	22:54
12	Mark Purkis	Hunters Bog Trotters	M	22:59
13	Sam Harrison	Bowland	M	23:31
14	Matt Perry	Ribble Valley	M	24:19
15	Simon Sampson	Ambleside	M	24:24
16	Michael Gregory	Leven Valley	MV40	24:32
17	Alistair Cox	Tinto Hill Runners	MV40	24:34
18	Will Acland	Helm	MV40	24:36
19	Martin Askew	Helm	M	24:47
20	Andy Berry	Durham Fell Runners	M	24:34
21	Paul Cornforth	Ambleside	MV50	24:55
22	Henry Hunter	Helm	U18	24:58
23	Kelli Roberts	Helm	F	25:01
24	Harry Shuell	Ambleside	M	25:03
25	Rod Scott	Helm	MV40	25:04
26	Jacob Tonkin	Keswick	M	25:08
27	Neil Orr	Border	MU23	25:10
28	Richard Cross	Magspeed Racing	MV50	25:14
29	Harry Bowen	Ambleside	MU18	25:20
30	Dan Murdoch	Ilfracombe	M	25:22
31	Jim Masters	CFR	MV40	25:29
32	Catherine Spurden	Keswick	F	25:37
33	James Hodgson	Ambleside	M	25:38
34	Charlie Parkinson	Clayton	MU18	25:41
35	Robert Askew	Helm	MU21	25:44
36	Alex Tallon	Helm	MU18	25:47
37	Adam Crowe	Ambleside	M	25:48
38	Emma Clayton	Leeds City	F	25:49
39	Andy Thompson	Helm	M	25:50
40	Darren Fishwick	Chorley	MV40	25:54
41	Billy Procter	Helm	MV60	25:56
42	Jack Simpson	Helm	M	26:00
43	Joe Todd	Kendal	MV40	26:07
44	Michael Stevens	Clayton	MU18	26:13

45	Chloe Rylance	Ambleside	FU18	26:14
46	Dominic Raby	Chorley	MV40	26:27
47	Rick Stuart	Helm	MV50	26:32
48	Matt Beresford	Ambleside	MV50	26:34
49	Paul Knowles	Ambleside	MV50	26:36
50	Charlotte Watson	Varegg Fleridreh	F	26:40
51	Luke Appleyard	Wharfedale	MV40	26:42
52	Calvin Routledge	Ambleside	MV50	26:44
53	Sophie Likeman	CFR	F	26:48
54	David Wilson	Bowland	MV50	26:51
55	Mike Johnson	Bowland	MV50	27:00
56	Sam Merckel	Lonsdale	MU23	27:07
57	Kirsty Hall	Ribble Valley	FV40	27:10
58	Charlie Allmond	Ambleside	MU16	27:16
59	Charles Day	Ambleside	M	27:17
60	Philip Pearson	Northern Fells	MV60	27:23
61	Craig Stansfield	Clayton	MV50	27:29
62	David Parkington	Preston	MV50	27:36
=	Richard Ebbs	Ryston Runners	MV45	27:36
63	Peter Lawson	Howgill	M	27:45
64				
65	Matty Jackman	Ambleside	M	27:48
66	Adam Scott	Helm	MU18	27:50
67	Ben Wilson	Bowland	M	27:52
68	Rachel Pilling	Pudsey & Bramley	F	27:53
69	Aaron Walmsley	Bowland	M	27:56
70	Bryony Halcrow	Ambleside	F	28:03
71	Matthew Murgatroyd	Tetbury Dolphins	M	28:05
72	Rosie Hodgson	Ambleside	FU23	28:07
73	Matt Foxwell	Kendal	MV40	28:09
74	Darren Sheppard	Framlingham Flyers	MV40	28:11
75	Guy Illingworth	U/A		28:12
76	Antonia Fann	Ambleside	F	28:15
77	Jim Andrews	Helm	MV50	28:18
78	Howard Dracup	Helm	M	28:20
79	Sean Robinson	Howgill	MV40	28:34
80	Neil Hardiman	Clayton	MV50	28:43
81	Graham Pilling	Pudsey & Bramley	MV40	28:45
82	Steve Freeman	Ambleside	MV50	28:50
83	David Banks	Kendal	MV50	28:59
84	Isaac Robinson	Howgill	MU18	29:02
85	Philip Nettleton	Keswick	MV40	29:06
86	Victor Belshaw	Denbigh	MV50	29:10
87	Mick Hoffe	Helm	MV60	29:12
88	David Armstrong	Northumberland	MV50	29:21
89	William Coupe	Helm	MV50	29:37
90	Jennifer Ruddick	Westerlands	F	29:48
91	Tom Sutton	U/A	M	29:56
92	Paul Simpson	Ambleside	MV50	30:01
93	Lorna Askew	Helm	FV50	30:06
94	Adam Malloy	Northumberland	M	30:18
95	Sophie Rylance	Ambleside	FU18	30:34
96	Rachel Simpson	Helm	F	30:34

97	Lucy Varney	Kendal	FV50	30:38
98	Carlos Bedson	Cheshire Hill Runners	MV50	30:40
99	Bill Beckett	Chorley	MV50	30:45
100	Catherine Kinder	U/A	F	30:55
101	David Appleyard	Helm	MV50	30:56
102	Matthew Haygarth		MU21	30:37
103	Nick Sebley		MV50	31:05
104	David Regan	Eden	MV50	31:06
105	Matt Lovett		MV50	31:08
106	Jo Simpson	Ambleside	FU23	31:13
107	Matthew Foxwell	U/A	MU18	31:14
108	Steve Wathall	Black Combe	MV60	31:16
109	Phil Chesworth		MV40	31:22
110	Mark Nutter		MV50	31:45
111	Ryan Crellin		M	32:02
112	Jean Powell	Wharfedale	FV50	32:04
113	Martin Brady		MV50	32:05
114	James Coleburn		M	32:07
=	Lucy Downham	Ambleside	F	32:07
115	Ben Merckel		M	32:12
116	John Gomersall	Ambleside	MV60	32:16
117	Phil Clayton		MV50	32:18
118	Tim Murray	Helm	MV50	32:29
119	Steve Seddon		MV50	32:30
120	Mark Cropper		MV40	32:34
121	Liam Durvey		M	32:41
122	Christian Stretton		MV40	32:54
123	John Warren		MV50	32:56
124	Iain Ruddick		M	33:06
125	Jack Murray Muzi		M	33:07
126	Lindsay Buck	CFR	FV50	33:13
127	Ian Maudsley	MV40	MV40	33:15
128	Carl Ashton		MV40	33:17
129	John Orrell	Blackburn	MV50	33:24
130	Kevin Bray		MV60	33:26
131	Jessica Williams		F	33:37
132	Don Kershaw		MV60	33:42
133	Geoff Lyons	Garstang Running	MV60	33:48
134	Amie McAvoy	Garstang Running	F	33:56
135	Chris Taylor	Mercia	MV60	33:58
136	Isobel Graham	Westerland	FV50	34:05
137	Richard Duckett	U/A	MV40	34:09
138	Alice Kershaw		F	34:22
139	Barbara Savage	Clayton	FV50	34:23
140	Andrew Dugdale	Clayton	MV50	34:27
141	Hannah Brodley	CFR	F	34:30
142	Stefan Bradley	U/A		34:45
143	Nicky Lavery	U/A	FV50	34:49
144	Alan Wilson	Hoad Hill	MV50	34:52
145	Megan Stuart	U/A	F	35:00
146	John Leech	Dallam	MV50	35:03
147	Nicky Sutton	Freedom Racing	FV40	35:08
148	Wendy Dodds	Dallam	FV60	35:10

149	Kevin Walker	U/A	MV60	35:14
150	Andrew Walmsley	U/A	MV60	35:18
151	Richard Ebbs	Ryston Runners	MV40	35:29
152	Martin Quinn	Chorley	MV40	35:26
153	Andrew Firth	Clayton	MV60	35:30
154	Andrew Russell	Helm	MV50	35:34
155	Pete Davison	Hoad Hill	MV50	35:38
156	John Reeves		M	35:39
157	Peter Bardsley	Bowland	MV50	35:41
158	Christopher Ball	U/A	MV60	36:00
159	Michael McCormack	Ambleside	MV60	36:10
160	Maesie Evans	Ambleside	FU18	36:18
161	Abigail Ratledge	U/A	FU23	36:22
162	Dave Tait	Dark Peak	MV70	36:27
163	Kat Evans	Ambleside	F	36:30
164	Darren Bowles	Chorley	MV40	36:38
165	Colin Woolford	Clayton	MV40	36:41
166	Linda Lord	Clayton	FV70	36:45
167	Nikki Roberts	C. Lan	FV40	36:50
168	Philip Hadland	Mercia	MV50	37:18
169	Stephen Stead	U/A	MV50	37:21
170	Nicholas Barker	Helm	M	37:24
171	Jim Evans	Ambleside	MV50	37:30
172	Eddie Dealtry	Kendal	MV70	38:22
173	Christine Fritsch	Oakhampton	FV40	38:30
174	Zoe Robinson	Howgill	F	38:34
175	Raphael Walmsley	U/A	M	40:58
176	Colin Bostock	Longeaton	MV60	41:20
177	Michael Beverly	Ranelagh Harriers	MV60	49:38
178	Selwyn Wright	Ambleside	MV60	49:59
	John Bardsley?			
Retired	James Bowen	Ambleside	MU18	

Many thanks go to all of the AAC runners who helped out and marshalled today. These races wouldn't happen without your kindness and generosity of spirit. It's been another big year for our little club and many of you have turned yourselves inside out to make things happen; it's much appreciated.

Michelle