



Support for
Different Strokes
and
Pete Bland Sports



Scout Scar - Results 5 January 2020

Senior Race						
Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	27:23	Lancaster & Morecambe AC	1st Man/1st MU21
2	Mark	Addison	Man	28:13	Helm Hill	2nd Man
3	Charlie	Ing	Man	29:03	Calder Valley Fell Runners	3rd Man
4	Josh	Hartley	Man	29:25	Black Combe	
5	Jon	Rylance	MV40	29:35	Ambleside	1st MV40
6	Kenny	Richmond	MV50	29:43	Shettleston	1st MV50
7	Pete	Harrison	Man	30:03	Helm Hill	
8	Joshua	Jardine	Man	30:26	Helm Hill	
9	Harry	Shuell	Man	30:28	Ambleside	
10	Ashley	Holt	MV40	30:37	Rosendale Harriers	
11	Brian	Pennington	MV40	31:07	Howgill Harriers	
12	Michael	Gregory	MV40	31:15	Leven Valley	
13	Joss	Livesey	Man	31:22	Howgill Harriers	
14	Eric	Beaumont	MU21	31:26	Keighley and Craven	
15	David	Goadby	Man	31:27	Helm Hill	
16	Josh	Murphy	Man	31:28	Black Combe	
17	Alastair	Dunn	MV40	31:31	Helm Hill	
18	Charlie	Taylor	MU21	31:43	Rosendale Harriers AC	
19	Ross	Brannighan	Man	31:48	Ochil Hill Runners	
20	Matthew	Fretwell	Man	31:51	Settle Harriers	
21	Rod	Scott	MV40	31:53	Helm Hill	
22	Shane	Ohly	MV40	32:02	Helm Hill	
23	Andy	F	Man	32:04		
24	Seb	Sillito	Man	32:06	Helm Hill	
25	Jethro	Whitfield	MV40	32:10	Barlick Fell Runners	
26	Tom	Simpson	Man	32:17		
27	Sam	Brummitt	MV40	32:30	Settle Harriers	
28	Ben	Kirkman	MU21	32:32	Rosendale Harriers	
29	Kelli	Roberts	Lady	32:34	Helm Hill	1st Lady
30	Rob	Mortimore	Man	32:42	Helm Hill	
31	Paul	Reilly	MV40	32:44	Helm Hill	
32	Joseph	Conner	MU21	32:45	Helm Hill	
33	Jack	Simpson	Man	32:52	Helm Hill	
34	Scott	Morley	Man	33:09	Eden Runners	
35	Joe	Todd	MV40	33:11	Kendal AC	
36	Dominic	Howell	MV40	33:13		
37	James	Byrne	MV40	33:15	Ambleside	
38	Jon	Green	MV40	33:21	Preston Harriers	
39	George	Norris	MU21	33:24	Chorley A&T	
40	Jon	Deegan	MV50	33:27	Ambleside	
41	Andy	Thompson	Man	33:30	Helm Hill	
42	Rob	Harper	MV50	33:32	Ambleside	
43	Chloe	Rylance	LU21	33:33	Ambleside	2nd Lady/1st LU21
44	James	Baron	MV50	33:36	Helm Hill	
45	Mike	Page	Man	33:50		
46	Tim	Pickering	Man	34:02	Helm Hill	
47	Justin	Tancred	MV40	34:04	Helm Hill	
48	Carl	Pawson	MV40	34:07	Barlick	
49	Paul	Troughton	MV40	34:08	Helm Hill	
50	Colin	Houston	MV40	34:14	Helm Hill	
51	Gavin	Lloyd	Man	34:28	Black Combe	
52	Beth	Hanson	Lady	34:30	Ambleside	3rd Lady

53	Adam	Crowe	Man	34:36	Ambleside	
54	Scott	Newburn	Man	34:40	Eden Runners	
55	Ross	Jenkins	Man	34:40	Howgill Harriers	
56	James	Bailey	MV40	34:43	Leven Valley	
57	James	Todhunter	MV40	34:50	Helm Hill	
58	Paul	Law	Man	34:53	Helm Hill	
59	Sam	Merckel	Man	34:58	Lonsdale	
60	Ross	Butler	MV40	35:00	Keswick AC	
61	Peter	Lawson	Man	35:02	Howgill Harriers	
62	Anthony	Emmet	MV40	35:05	Helm Hill	
63	David	Griffin	MV60	35:13	Helm Hill	1st MV60
64	James	Coulthard	MV40	35:20	Howgill Harriers	
65	Olivier	Jumeau	MU21	35:29		
66	Celia	Powell	Lady	35:31		
67	Jenny	Rice	Lady	35:35	Helm Hill	
68	David	Kyriacou	Man	35:39	Leven Valley	
69	Pete	Bagnall	MV40	35:50	Settle Harriers	
70	Antony	Scott	MV50	35:55	Watercrock warriors	
71	John	Rainford	MV50	35:57	Preston Harriers	
72	Paul	Crabtree	MV50	36:01	Keighley and Craven	
73	Sheldan	Pickles	MV40	36:05		
74	Jim	Andrews	MV50	36:16	Helm Hill	
75	Simon	Wright	MV50	36:20	Bingley Harriers	
76	Bianca	Dyer	LV40	36:21	Helm Hill	1st LV40
77	Sean	Robinson	MV40	36:23	Howgill Harriers	
78	John	Dixon	Man	36:31		
79	Adam	Scott	MU21	36:32	Helm Hill	
80	Tom	Matthew	MV40	36:36	Bowland	
81	Rhys	Morris	Man	36:43		
82	Howard	Dracup	Man	36:47	Helm Hill	
83	Michael	Wilding	MV50	36:54	Darwen Dashers	
84	John	Bagge	MV50	36:55	Helm Hill	
85	David	Pease	MV40	37:03	Barlick	
86	Nick	Hewitt	MV60	37:05	Bowland	
87	Steve	Hopwood	Man	37:09	Ambleside	
88	Unknown	Runner 1	Man	37:15		
89	Andrew	Smith	MV50	37:22	Barlick	
90	Sean	Gibson	Man	37:25	Helm Hill	
91	Thornton	Taylor	MV60	37:26	Rosendale Harriers	
92	Simon	Waller	MV50	37:27	Helm Hill	
93	Chris	Green	MV40	37:34	Ambleside	
94	Adam	Roberts	Man	37:43		
95	Toby	Smith	Man	37:54		
96	Ronnie	Haddow	MV50	38:03	Furness Fell Runners	
97	Shaun	Jackson	MV40	38:06	Altringham	
98	Clive	Allen	MV50	38:07	Helm Hill	
99	Jack	Palmer	Man	38:08		
100	Andrew	Douglas	MV40	38:16		
101	Shane	Muller	MV40	38:18	Barlick	
102	John	Robson	MV50	38:20	Helm Hill	
103	Alistair	Shawcross	MV40	38:23	Dallam	
104	Martin	Ramsay	MV50	38:24	Helm Hill	
105	William	Coupe	MV50	38:27	Helm Hill	
106	Lucy	Varney	LV50	38:30	Kendal AC	1st LV50
107	Mick	Kirkman	MV50	38:36	Rosendale Harriers	
108	Amy	Pearman	LV40	38:48	Helm Hill	
109	Mick	Brankin	MV40	38:49	Trawden AC	
110	Ben	Merckel	Man	38:49	Lonsdale	
111	Roger	Taylor	MV50	38:49	Preston Harriers	
112	Chris	Whitfield	MV40	38:50	Sue Me DH Team	
113	Claire	Wilson	Lady	38:51	Helm Hill	
114	David	Bottomley	MV40	38:55	Helm Hill	
115	Andy	Smith	MV50	38:56	Darwen Dashers	
116	Jonny	Marchant	MV40	38:57	Helm Hill	

117	Verity	Russo	Lady	39:02		
118	Sarah	Gerrish	Lady	39:04	Helm Hill	
119	Simon	Fox	MV50	39:06	Darwen Dashers	
120	Jeff	Powell Davies	Man	39:13	BL	
121	Jenny	Lyon	LV40	39:14	Dallam	
122	Graham	Beaumont	MV60	39:16	Dallam	
123	Neil	Whipp	MV40	39:23	Wesham Road Runners	
124	Andy	Holden	MV50	39:24	Wharfedale Harriers	
125	Richard	Ducket	MV40	39:32		
126	Sarah	McCartney	LV40	39:33	Lonsdale	
127	Rosie	Dale	Lady	39:37		
128	Graham	Jordan	MV40	39:48	Middleton Harriers	
129	Steve	Wathall	MV60	39:57	Black Combe	
130	David	Appleyard	MV50	40:00	Helm Hill	
131	Brian	Thompson	MV60	40:02	Helm Hill	
132	Beth	Dutson	Lady	40:09	Westerlands CC	
133	Steve	King	MV40	40:13	Kendal Tri Club	
134	Jonnathan	Stubbs	MV50	40:14	Settle Harriers	
135	Konstantinos	Georgalos	Man	40:26	COLT	
136	Alison	Richards	LV40	40:27	Helm Hill	
137	Graham	Britton	MV60	40:30		
138	David	Hunter	MV50	40:31	Helm Hill	
139	Matt	Davis	Man	40:32	Howgill Harriers	
140	Liz	McNally	LV40	40:33	Leven Valley	
141	Colin	Briffett	MV40	40:34	Lonsdale	
142	Jayne	Rigby	LV40	40:41	Helm Hill	
143	Geoff	Lyons	MV60	40:51	Garstang	
144	Andrew	Lee	MV40	40:55	Rosendale Harriers	
145	Andrew	Stokes	MV60	41:00	Dallam	
146	Colin	Valentine	MV50	41:01	Keswick AC	
147	Karl	Mason	Man	41:05	Helm Hill	
148	Jon	Tombs	MV40	41:05	Eden	
149	Rowan	Ranner	LV40	41:10	Helm Hill	
150	Jeremy	Wilkinson	MV50	41:12	Keighley and Craven	
151	Lucie-Ellen	Todhunter	Lady	41:16		
152	Amy	Pearman	LV40	41:18	Helm Hill	
153	Ken	Taylor	MV70	41:33	Rosendale Harriers	1st MV70
154	Caroline	Holden	LV50	41:39	Helm Hill	
155	Philip	Harrington	MV40	41:43	Helm Hill	
156	Simon	Collin	MV40	41:53		
157	Jimmy	Ryan	MV40	41:58		
158	Dave	Hollwotham	MV50	41:59		
159	Mark	Villiers	MV40	42:02		
160	John	Leech	MV50	42:06	Dallam	
161	Chris	Roberts	MV60	42:18	Black Combe	
162	Craig	Partridge	MV50	42:30	Altringham	
163	Andrew	Russell	MV50	42:42	Helm Hill	
164	BJ	Morris	MV50	42:43	Darwen Dashers	
165	Mark	Charnley	MV40	42:44	Settle harriers	
166	Alison	Eagle	LV50	42:47		
167	Peter	Singleton	MV60	42:51	blackpool wyre & fylde a.c.	
168	Phil	Jumeau	MV50	42:57		
169	Stefan	Bradley	MV40	43:00		
170	Colin	Valentine	MV50	43:03	Keswick AC	
171	John	Orrell	MV50	43:10	Blackburn Harriers	
172	Andrea	Benson	LV40	43:15		
173	Victoria	Upton	Lady	43:18	Helm Hill	
174	Andrew	Conner	MV50	43:19	Helm Hill	
175	Andy	Monk	MV60	43:20	FRA	
176	Kerri	Wadsworth	LV40	43:21	Helm Hill	
177	Laura	Bramholtz	Lady	43:22		
178	Michael	McLoughlin	MV60	43:23	Preston Harriers	
179	Niki	Rylance	LV40	43:37	Ambleside	
180	Abigail	Kerr	Lady	43:43		

181	Maria	Hearn	LV40	43:51	Helm Hill	
182	Emma	Pease	LV40	44:07	Barlick	
183	Dorothy	Pelly	LV60	44:22	Ambleside	1st LV60
184	Will	Thwaites	Man	44:27	Howgill Harriers	
185	Richard	Simpson	MV60	44:38	Dallam	
186	Richard	Cater	MV40	44:48	Helm Hill	
187	Robert	Lee	Man	44:50	Lancaster Uni	
188	Mary	Ockenden	LV60	44:56	Bowland	
189	Paul	Corkill	MV40	44:57	Leven Valley	
190	Jo	Taylor	LV50	44:59	Bowland	
191	Ian	Wilson	MV40	45:02	Helm Hill	
192	Lynn	Whittaker	LV50	45:05	Wharfedale Harriers	
193	Jen	Henry	Lady	45:10		
194	Helen	Greenep	LV50	45:11	Settle Harriers	
195	Pete	Coe	MV60	45:15	Helm Hill	
196	Emma	Blundell	Lady	45:20	Lonsdale	
197	Graham	Capper	MV60	45:25		
198	Peter	Bardsley	MV50	45:31	Bowland	
199	Kat	Evans	Lady	45:38	AAC	
200	John	Taylor	MV70	45:41	Bowland	
201	Chris	Lees	MV40	45:49		
202	Philip	Seddon	MV60	45:51	Darwen Dashers	
203	Peter	Bascombe	MV40	46:13	Kendal Tri Club	
204	Leslie	Pateloup	Lady	46:16		
205	Rebecca	Wilson	Lady	46:22	Helm Hill	
206	Simon	Theobald	MV50	46:24	Helm Hill	
207	Kate	Brayshaw	LV40	46:25	Helm Hill	
208	Joanne	Grisedale	LV40	46:27	Helm Hill	
209	Justine	Carruthers	LV40	46:31	Eden Runners	
210	John	Hodgson	MV70	46:33	Dallam	
211	Vicky	Atkinson	LV40	46:47	Helm Hill	
212	Vicky	O'Neill	Lady	46:50		
213	Steve	Murdoch	MV50	46:53	FRA	
214	Jo	Cater	LV40	47:27	Helm Hill	
215	Lindsay	Harrod	LV50	47:35	Helm Hill	
216	Pam	Bagot	LV40	47:47	Settle Harriers	
217	May	Crawford	LV40	47:56	Helm Hill	
218	Robert	Crawford	MV40	47:57	Howgill Harriers	
219	Helen	Wilkinson	LV40	48:02	Keighley and Craven	
220	Nicola	Muller	LV40	48:10	Barlick	
221	Wendy	Dodds	LV60	48:15	Dallam	
222	Unknown	Runner 2	Man	48:23		
223	Ed	Key	MV40	48:29		
224	Sarah	Senior	LV50	48:33	Helm Hill	
225	Ian	Peters	MV60	48:37	Glaxo Hoad Hill Harriers	
226	Olga	Wiggins	LV40	48:39	Preston Harriers	
227	Nicola	Heaton	LV40	48:40		
228	Katy	Thompson	LV60	48:47	Clayton le Moors Harriers	
229	Alison	Harper	LV40	48:53		
230	Darren	Baker	MV50	48:57	FRA	
231	Libby	Dixon	LV40	49:15	Ambleside	
232	Paula	Bowen	LV40	49:16	Ambleside	
233	Helen	Halsall	LV50	49:27		
234	David	Mainwaring	MV50	49:37		
235	Veronica	Waller	LV50	49:43	Dallam	
236	Louise	Capper	LV50	50:04		
237	Erin	Bagge	LU21	50:12		
238	Isabel	Berry	Lady	50:20		
239	Graham	schofield	MV60	50:24	Chorley A&T	
240	Marian	de Silver	LV60	50:26	Dallam	
241	Caroline	Nussey	Lady	50:38	Dallam	
242	Emily	Crossley	LU21	50:42	Settle Harriers	
243	Ian	Oakey	MV40	50:43	Settle Harriers	
244	Lorna	Holt	LV40	50:52	Rosendale Harriers	

245	Phil	Jones	MV40	50:58		
246	Abi	Waller	LU21	51:00		
247	Mark	Tailor	MV40	51:06	Darwen Dashers	
248	Hannah	Reynolds	LV40	51:25		
249	David	Hodges	MV50	51:53		
250	Joanne	McLeod	LV50	51:58	Barrow and Furness Striders Ac	
251	Ellie	Kent	Lady	52:07		
252	Geoff	Thompson	MV60	52:23	Wharfedale Harriers	
253	Steven	Roberts	MV60	52:41		
254	Ruth	Maxwell	LV50	52:42	Settle Harriers	
255	Iain	Crossley	MV60	52:50	Settle Harriers	
256	Su	Thompson	LV50	52:52	Wharfedale Harriers	
257	Leanne	Ritchie	Lady	53:44		
258	Rebecca	Atkinson	Lady	53:54	Helm Hill	
259	Anna	Stevens	LV40	54:09	Helm Hill	
260	Richard	Cookson	MV50	54:11		
261	Leonie	Black	LV40	54:13	Helm Hill	
262	Miriam	Rosen	LV70	54:15	Lancaster & Morecambe AC	
263	Alan	Smart	MV60	54:46	blackpool wyre & fylde a.c.	
264	Aggie	Dudlik	Lady	55:26		
265	Louise	Oldfield	LV40	55:36	Darwen Dashers	
266	Sonja	Victoris	LV60	55:57		
267	Jill	Leader	LV60	56:36		
268	George	James	MV70	56:40	blackpool wyre & fylde a.c.	
269	Janine	Jordan	Lady	56:44	Middleton Harriers	
270	Brian	Carlisle	MV60	56:50	Askrigg	
271	Julie	Dawson	LV40	56:56	Darwen Dashers	
272	Janet	Nash	LV60	57:03	Lakeland OC	
273	Katharine	Shrine	LV40	57:38		
274	Jo	Matthew	LV40	57:54	Bowland	
275	Phil	Corris	MV60	58:17	Lancashire Constabulary A C	
276	Jill	Gates	LV50	58:36	Settle Harriers	
277	Philippa	Adams	LV40	58:48		
278	Jane	Campbell	Lady	59:49	Howgill Harriers	
279	Trevor	Metcalfe	MV60	59:52	Wharfedale harriers	
280	Samantha	Carlisle	Lady	1:00:29		
281	John	McGartland	Man	1:00:29	COLT	
282	Selwyn	Wright	MV60	1:00:59	Ambleside	
283	Rachel	Brummitt	LV40	1:01:24	Settle Harriers	
284	Linda	Coffey	LV60	1:01:50	Darwen Dashers	
285	Richard	Handford	MV60	1:06:12	Settle Harriers	
286	Maf	Haddow	LV40	1:07:53	Furness Fell Runners	
287	Viki	Walsh	LV40	1:09:19	Darwen Dashers	
288	Alison	Abbot	LV40	1:09:20	Darwen Dashers	
289	Jim	Taylor	MV70	1:09:21	Darwen Dashers	
290	George	Thompson	MV60	1:13:12	Darwen Dashers	
291	David	Rosen	MV60	1:17:40	Lancaster & Morecambe AC	
292	Antonio	Cardinale	MV70	1:27:25	Otley AC	

Under 17 Race						
Position	First Name	Surname	Cat	Time	Club	Comments
1	Charlie	Allmond	Boy	16:52	Ambleside	1st Boy
2	Alex	Tallon	Boy	17:38	Helm Hill	2nd Boy
3	Jack	Villiers	Boy	18:06	Clayton-le-Moors Harriers	3rd Boy
4	Henry	Hunter	Boy	18:11	Helm Hill	
5	Marcus	Laws	Boy	18:23	Tynedale Harriers & AC	
6	Alexander	Holme	Boy	18:29	Helm Hill	
7	Dylan	Cater	Boy	18:32	Helm Hill	
8	John	Bardsley	Boy	19:40		
9	Isaac	Robinson	Boy	20:49	Howgill Harriers	
10	Joe	Morgan	Boy	20:54	Helm Hill	
11	Emily	Swarbrick	Girl	20:55	Cumberland Fell Runners	1st Girl
12	Finley	Corkill	Boy	21:04	Leven Valley	
13	Sophie	Rylance	Girl	21:05	Ambleside	2nd Girl
14	Alex	Matthew	Boy	22:21	Bowland	
15	Nathan	Ritchie	Boy	22:27	Leven Valley	
16	Maesie	Evans	Girl	26:03	Ambleside	3rd Girl
17	Ciara	Duffy	Girl	26:06	Barlick	
18	Benjamin	Grundy	Boy	31:36	Wharfedale Harriers	

Under 15 Race						
Position	First Name	Surname	Cat	Time	Club	Comments
1	Jessica	Bailey	Girl	08:47	Leven Valley	1st Girl
2	Rowan	Ashworth	Boy	09:01	Ambleside	1st Boy
3	Oliver	Willoughby	Boy	09:02	Helm Hill	2nd Boy
4	Amelie	Lane	Girl	09:04	Wharfedale Harriers	2nd Girl
5	Sarah	Smith	Girl	09:23	Helm Hill	3rd Girl
6	Caius	Pennington	Boy	09:37	Howgill Harriers	3rd Boy
7	Finn	Houston	Boy	09:50	Helm Hill	
8	Oliver	Oldham	Boy	09:55	Leven Valley	
9	Ben	Allmond	Boy	09:57	Ambleside	
10	Jamie	Waller	Boy	09:58	Dallam	
11	Olivia	Swarbrick	Girl	09:59	Cumberland Fell Runners	
12	Oliva	Aldham	Girl	10:03	Wharfedale Harriers	
13	Riley	Holt	Boy	10:08	Rosendale Harriers	
14	Archie	Honeysett	Boy	10:11		
15	Alex	Graham	Boy	10:26	Ambleside	
16	Oliver	Brummitt	Boy	10:28	Settle Harriers	
17	Fayth	Bowness	Girl	10:32	Cumberland Fell Runners	
18	Connie Maye	Scott	Girl	10:38	Helm Hill	
19	Charlotte	Peart	Girl	10:41	Settle Harriers	
20	Megan	Wilkinson	Girl	10:45	Keighley and Craven	
21	Riley	Merryfield	Boy	10:49	Ambleside	
22	Vicky	Woof	Girl	11:08	Howgill Harriers	
23	Kalyan	Dhillon-Downe	Boy	11:25	Keighley and Craven	
24	Henry	Cookson	Boy	11:39		
25	Jody	Whitfield	Girl	11:44	Barlick	
26	Cate	Matthew	Girl	11:48	Bowland	
27	Toby	Harper	Boy	11:51	Ambleside	
28	Amber	Muller	Girl	12:31	Barlick	
29	Alice	Sanderson	Girl	12:55	Helm Hill	
30	George	Campbell	Boy	13:11	Howgill Harriers	
31	Louie	Earp	Boy	13:27		
32	Alicia	Crawford	Girl	13:37	Helm Hill	
33	Rory	Knowles	Boy	13:48	Ambleside	

Under 13 Race						
Position	First Name	Surname	Cat	Time	Club	Comments
1	Archie	Peaker	Boy	07:22	Keighley and Craven	1st Boy
2	Ewen	Wilkinson	Boy	07:38	Keighley and Craven	2nd Boy
3	Alfie	Addison	Boy	07:42	Helm Hill	3rd Boy
4	Simon	Rigby	Boy	07:53	Helm Hill	
5	Harvey	Shaw	Boy	08:03	Ambleside	
6	Tom	Ashworth	Boy	08:04	Ambleside	
7	Kate	Collin	Girl	08:08	Kendal AC	1st Girl
8	Joseff	Tancrel	Boy	08:10	Helm Hill	
9	Josh	Todd	Boy	08:14	Ambleside	
10	Ewan	Black	Boy	08:16	Helm Hill	
11	Lara	Smith	Girl	08:17	Helm Hill	2nd Girl
12	Toby	Acland	Boy	08:18	Helm Hill	
13	Will	Pease	Boy	08:19	Barlick	
14	Daisy	Fielding	Girl	08:19	Sedbergh School RC	3rd Girl
15	Max	Hazlehurst	Boy	08:25	Hoad Hill Harriers	
16	Will	Brayshaw	Boy	08:26	Helm Hill	
17	Alfie	Todd	Boy	08:31	Ambleside	
18	Alfie	Tipping	Boy	08:34	Helm Hill	
19	Mack	Bagnall	Boy	08:38	Settle Harriers	
20	Fraser	Dunn	Boy	08:44	Helm Hill	
21	Jack	Pearman	Boy	08:45	Helm Hill	
22	Jude	Evans	Boy	08:48	Ambleside	
23	Zeke	Sumner	Boy	08:49	Ambleside	
24	Alex	Speight	Boy	08:53		
25	Thomas	Hearn	Boy	09:00	Helm Hill	
26	Isabella	Wright	Girl	09:01	Wharfedale Harriers	
27	Millie	Jebb	Girl	09:07	Helm Hill	
28	Finn	Durkin	Boy	09:10	Settle Harriers	
29	Ruby	Duxbury	Girl	09:10	Ambleside	
30	William	Hargreaves	Boy	09:16	Ambleside	
31	Cara	Bradley	Girl	09:21	Ambleside	
32	Alfie	Muller	Boy	09:24	Barlick	
33	Harry Tom	Singleton	Boy	09:30	Kendal AC	
34	Tess	Evans	Girl	09:37	Ambleside	
35	Lucy	Bagot	Girl	09:38	Settle Harriers	
36	Florrie	Haddow	Girl	09:39	Furness Fell Runners	
37	Coen	Edwards	Boy	09:47	Helm Hill	
38	Zach	Thomas	Boy	09:57		
39	Isabelle	Teal	Girl	09:57	Barlick	
40	Eve	Briffett	Girl	10:05	Dallam	
41	Hannah	Dyer	Girl	10:20	Helm Hill	
42	Jasmine	Bottomley	Girl	10:24	Helm Hill	
43	Ben	Todhunter	Boy	10:25	Dallam	
44	Ellie	Todhunter	Girl	10:26	Dallam	
45	Bridget	Atkinson	Girl	10:31	Helm Hill	
46	Lily-Grace	Clayton	Girl	10:33	Wharfedale Harriers	
47	Eleanor	King	Girl	10:34	Helm Hill	
48	Isla	Pearman	Girl	10:41	Helm Hill	
49	Isabel	Sanderson	Girl	10:41	Helm Hill	
50	Theo	Robinson	Boy	10:43	Howgill Harriers	
51	Jessica	Oakey	Girl	11:02	Settle Harriers	
52	Seren	Green	Girl	11:31	Ambleside	
53	Megan	Harris	Girl	12:11	Helm Hill	
54	Jonah	Hughes	Boy	12:32	Helm Hill	

Under 11 Race						
Position	First Name	Surname	Cat	Time	Club	Comments
1	Blake	Fleming	Boy	08:33	Ambleside	1st Boy
2	Evan	Mulvany	Boy	08:36	Helm Hill	2nd Boy
3	Jake	Smith	Boy	08:41	Helm Hill	3rd Boy
4	Sam	Oldham	Boy	08:43	Leven Valley	
5	Gus William	Campbell	Boy	08:51	Howgill Harriers	
6	Joe	Green	Boy	08:52	Ambleside	
7	Freddie	Byrne	Boy	08:52	Ambleside	
8	Ivan	Winder	Boy	08:52	Leven Valley	
9	Harry	Fife	Boy	09:09		
10	Emmy	Ranner	Girl	09:14	Helm Hill	1st Girl
11	Magnus	Foxwell	Boy	09:19	Ambleside	
12	William	Gornall	Boy	09:20		
13	Ben	Brummitt	Boy	09:29	Settle Harriers	
14	Reuben	Fife	Boy	09:32		
15	Charlie	Morgan	Boy	09:42		
16	Demitri	Kyriacou	Boy	09:48	Leven Valley	
17	Stan	Marston	Boy	09:50		
18	Bethany	Godfrey	Girl	09:51		2nd Girl
19	Arran	Goodall	Boy	09:54	Dallam	
20	Floyd	Palmer	Boy	09:55	Helm Hill	
21	Rosie	Speight	Girl	09:56		3rd Girl
22	Isla	Jebb	Girl	09:59	Helm Hill	
23	Annabel	Hinds	Girl	10:02	Settle Harriers	
24	Lara	Collin	Girl	10:09	Kendal AC	
25	Billy	Dutson	Boy	10:14		
26	Ben	Barclay	Boy	10:15	Hoad Hill Harriers	
27	Rowan	Bradley	Boy	10:16		
28	Oscar	Clayton	Boy	10:19	Wharfedale Harriers	
29	Arthur	Kirby	Boy	10:20	Ambleside	
30	Edward	Shawcross	Boy	10:24	Dallam	
31	Thomas	Iveson	Boy	10:33	Ambleside	
32	Dougal	Houston	Boy	10:36	Helm Hill	
33	Freya	Addison	Girl	10:37	Helm Hill	
34	Joe	Gargner	Boy	10:39	Ambleside	
35	Bethany	Swarbrick	Girl	10:46	Cumberland Fell Runners	
36	Harry	Troughton	Boy	10:55	Helm Hill	
37	Isla	Douglas	Girl	10:58	Helm Hill	
38	Lua	Swami	Girl	11:00	Helm Hill	
39	Ghyll	Baker	Boy	11:08	Helm Hill	
40	Francesca	Bagot	Girl	11:15	Settle Harriers	
41	Freddie	Crawford	Boy	11:18	Helm Hill	
42	Fay	Thomas	Girl	11:27		
43	Matthew	Nugent	Boy	12:03	Helm Hill	
44	Elouise	Shepherd	Girl	12:15	Settle Harriers	
45	Euan	Goodall	Boy	12:22	Dallam	
46	Zachary	Hughes	Boy	12:56	Helm Hill	
47	Roisin	Jordan	Girl	13:10	FRA	
48	Harry	Gould	Boy	14:59	Settle Harriers	

Scout Scar 2020 Category Results

ALL SENIOR MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	27:23	Lancaster & Morecambe AC	1st Man/1st MU21
2	Mark	Addison	Man	28:13	Helm Hill	2nd Man
3	Charlie	Ing	Man	29:03	Calder Valley Fell Runners	3rd Man
4	Josh	Hartley	Man	29:25	Black Combe	
5	Jon	Rylance	MV40	29:35	Ambleside	1st MV40
6	Kenny	Richmond	MV50	29:43	Shettleston	1st MV50
7	Pete	Harrison	Man	30:03	Helm Hill	
8	Joshua	Jardine	Man	30:26	Helm Hill	
9	Harry	Shuell	Man	30:28	Ambleside	
10	Ashley	Holt	MV40	30:37	Rosendale Harriers	
11	Brian	Pennington	MV40	31:07	Howgill Harriers	
12	Michael	Gregory	MV40	31:15	Leven Valley	
13	Joss	Livesey	Man	31:22	Howgill Harriers	
14	Eric	Beaumont	MU21	31:26	Keighley and Craven	
15	David	Goadby	Man	31:27	Helm Hill	
16	Josh	Murphy	Man	31:28	Black Combe	
17	Alastair	Dunn	MV40	31:31	Helm Hill	
18	Charlie	Taylor	MU21	31:43	Rosendale Harriers AC	
19	Ross	Brannighan	Man	31:48	Ochil Hill Runners	
20	Matthew	Fretwell	Man	31:51	Settle Harriers	
21	Rod	Scott	MV40	31:53	Helm Hill	
22	Shane	Ohly	MV40	32:02	Helm Hill	
23	Andy	F	Man	32:04		
24	Seb	Sillito	Man	32:06	Helm Hill	
25	Jethro	Whitfield	MV40	32:10	Barlick Fell Runners	
26	Tom	Simpson	Man	32:17		
27	Sam	Brummitt	MV40	32:30	Settle Harriers	
28	Ben	Kirkman	MU21	32:32	Rosendale Harriers	
29	Rob	Mortimore	Man	32:42	Helm Hill	
30	Paul	Reilly	MV40	32:44	Helm Hill	
31	Joseph	Conner	MU21	32:45	Helm Hill	
32	Jack	Simpson	Man	32:52	Helm Hill	
33	Scott	Morley	Man	33:09	Eden Runners	
34	Joe	Todd	MV40	33:11	Kendal AC	
35	Dominic	Howell	MV40	33:13		
36	James	Byrne	MV40	33:15	Ambleside	
37	Jon	Green	MV40	33:21	Preston Harriers	
38	George	Norris	MU21	33:24	Chorley A&T	
39	Jon	Deegan	MV50	33:27	Ambleside	
40	Andy	Thompson	Man	33:30	Helm Hill	
41	Rob	Harper	MV50	33:32	Ambleside	
42	James	Baron	MV50	33:36	Helm Hill	
43	Mike	Page	Man	33:50		
44	Tim	Pickering	Man	34:02	Helm Hill	
45	Justin	Tancrel	MV40	34:04	Helm Hill	
46	Carl	Pawson	MV40	34:07	Barlick	
47	Paul	Troughton	MV40	34:08	Helm Hill	
48	Colin	Houston	MV40	34:14	Helm Hill	
49	Gavin	Lloyd	Man	34:28	Black Combe	
50	Adam	Crowe	Man	34:36	Ambleside	
51	Scott	Newburn	Man	34:40	Eden Runners	
52	Ross	Jenkins	Man	34:40	Howgill Harriers	
53	James	Bailey	MV40	34:43	Leven Valley	
54	James	Todhunter	MV40	34:50	Helm Hill	
55	Paul	Law	Man	34:53	Helm Hill	
56	Sam	Merckel	Man	34:58	Lonsdale	
57	Ross	Butler	MV40	35:00	Keswick AC	
58	Peter	Lawson	Man	35:02	Howgill Harriers	
59	Anthony	Emmet	MV40	35:05	Helm Hill	
60	David	Griffin	MV60	35:13	Helm Hill	1st MV60

61	James	Coulthard	MV40	35:20	Howgill Harriers	
62	Olivier	Jumeau	MU21	35:29		
63	David	Kyriacou	Man	35:39	Leven Valley	
64	Pete	Bagnall	MV40	35:50	Settle Harriers	
65	Antony	Scott	MV50	35:55	Watercrock warriors	
66	John	Rainford	MV50	35:57	Preston Harriers	
67	Paul	Crabtree	MV50	36:01	Keighley and Craven	
68	Sheldan	Pickles	MV40	36:05		
69	Jim	Andrews	MV50	36:16	Helm Hill	
70	Simon	Wright	MV50	36:20	Bingley Harriers	
71	Sean	Robinson	MV40	36:23	Howgill Harriers	
72	John	Dixon	Man	36:31		
73	Adam	Scott	MU21	36:32	Helm Hill	
74	Tom	Matthew	MV40	36:36	Bowland	
75	Rhys	Morris	Man	36:43		
76	Howard	Dracup	Man	36:47	Helm Hill	
77	Michael	Wilding	MV50	36:54	Darwen Dashers	
78	John	Bagge	MV50	36:55	Helm Hill	
79	David	Pease	MV40	37:03	Barlick	
80	Nick	Hewitt	MV60	37:05	Bowland	
81	Steve	Hopwood	Man	37:09	Ambleside	
82	Unknown	Runner 1	Man	37:15		
83	Andrew	Smith	MV50	37:22	Barlick	
84	Sean	Gibson	Man	37:25	Helm Hill	
85	Thornton	Taylor	MV60	37:26	Rosendale Harriers	
86	Simon	Waller	MV50	37:27	Helm Hill	
87	Chris	Green	MV40	37:34	Ambleside	
88	Adam	Roberts	Man	37:43		
89	Toby	Smith	Man	37:54		
90	Ronnie	Haddow	MV50	38:03	Furness Fell Runners	
91	Shaun	Jackson	MV40	38:06	Altringham	
92	Clive	Allen	MV50	38:07	Helm Hill	
93	Jack	Palmer	Man	38:08		
94	Andrew	Douglas	MV40	38:16		
95	Shane	Muller	MV40	38:18	Barlick	
96	John	Robson	MV50	38:20	Helm Hill	
97	Alistair	Shawcross	MV40	38:23	Dallam	
98	Martin	Ramsay	MV50	38:24	Helm Hill	
99	William	Coupe	MV50	38:27	Helm Hill	
100	Mick	Kirkman	MV50	38:36	Rosendale Harriers	
101	Mick	Brankin	MV40	38:49	Trawden AC	
102	Ben	Merckel	Man	38:49	Lonsdale	
103	Roger	Taylor	MV50	38:49	Preston Harriers	
104	Chris	Whitfield	MV40	38:50	Sue Me DH Team	
105	David	Bottomley	MV40	38:55	Helm Hill	
106	Andy	Smith	MV50	38:56	Darwen Dashers	
107	Jonny	Marchant	MV40	38:57	Helm Hill	
108	Simon	Fox	MV50	39:06	Darwen Dashers	
109	Jeff	Powell Davies	Man	39:13	BL	
110	Graham	Beaumont	MV60	39:16	Dallam	
111	Neil	Whipp	MV40	39:23	Wesham Road Runners	
112	Andy	Holden	MV50	39:24	Wharfedale Harriers	
113	Richard	Ducket	MV40	39:32		
114	Graham	Jordan	MV40	39:48	Middleton Harriers	
115	Steve	Wathall	MV60	39:57	Black Combe	
116	David	Appleyard	MV50	40:00	Helm Hill	
117	Brian	Thompson	MV60	40:02	Helm Hill	
118	Steve	King	MV40	40:13	Kendal Tri Club	
119	Jonnathan	Stubbs	MV50	40:14	Settle Harriers	
120	Konstantinos	Georgalos	Man	40:26	COLT	
121	Graham	Britton	MV60	40:30		
122	David	Hunter	MV50	40:31	Helm Hill	
123	Matt	Davis	Man	40:32	Howgill Harriers	
124	Colin	Briffett	MV40	40:34	Lonsdale	

125	Geoff	Lyons	MV60	40:51	Garstang	
126	Andrew	Lee	MV40	40:55	Rossendale Harriers	
127	Andrew	Stokes	MV60	41:00	Dallam	
128	Colin	Valentine	MV50	41:01	Keswick AC	
129	Karl	Mason	Man	41:05	Helm Hill	
130	Jon	Tombs	MV40	41:05	Eden	
131	Jeremy	Wilkinson	MV50	41:12	Keighley and Craven	
132	Ken	Taylor	MV70	41:33	Rossendale Harriers	1st MV70
133	Philip	Harrington	MV40	41:43	Helm Hill	
134	Simon	Collin	MV40	41:53		
135	Jimmy	Ryan	MV40	41:58		
136	Dave	Hollwotham	MV50	41:59		
137	Mark	Villiers	MV40	42:02		
138	John	Leech	MV50	42:06	Dallam	
139	Chris	Roberts	MV60	42:18	Black Combe	
140	Craig	Partridge	MV50	42:30	Altringham	
141	Andrew	Russell	MV50	42:42	Helm Hill	
142	BJ	Morris	MV50	42:43	Darwen Dashers	
143	Mark	Charnley	MV40	42:44	Settle harriers	
144	Peter	Singleton	MV60	42:51	blackpool wyre & fylde a.c.	
145	Phil	Jumeau	MV50	42:57		
146	Stefan	Bradley	MV40	43:00		
147	Colin	Valentine	MV50	43:03	Keswick AC	
148	John	Orrell	MV50	43:10	Blackburn Harriers	
149	Andrew	Conner	MV50	43:19	Helm Hill	
150	Andy	Monk	MV60	43:20	FRA	
151	Michael	McLoughlin	MV60	43:23	Preston Harriers	
152	Will	Thwaites	Man	44:27	Howgill Harriers	
153	Richard	Simpson	MV60	44:38	Dallam	
154	Richard	Cater	MV40	44:48	Helm Hill	
155	Robert	Lee	Man	44:50	Lancaster Uni	
156	Paul	Corkill	MV40	44:57	Leven Valley	
157	Ian	Wilson	MV40	45:02	Helm Hill	
158	Pete	Coe	MV60	45:15	Helm Hill	
159	Graham	Capper	MV60	45:25		
160	Peter	Bardsley	MV50	45:31	Bowland	
161	John	Taylor	MV70	45:41	Bowland	
162	Chris	Lees	MV40	45:49		
163	Philip	Seddon	MV60	45:51	Darwen Dashers	
164	Peter	Bascombe	MV40	46:13	Kendal Tri Club	
165	Simon	Theobald	MV50	46:24	Helm Hill	
166	John	Hodgson	MV70	46:33	Dallam	
167	Steve	Murdoch	MV50	46:53	FRA	
168	Robert	Crawford	MV40	47:57	Howgill Harriers	
169	Unknown	Runner 2	Man	48:23		
170	Ed	Key	MV40	48:29		
171	Ian	Peters	MV60	48:37	Glaxo Hoad Hill Harriers	
172	Darren	Baker	MV50	48:57	FRA	
173	David	Mainwaring	MV50	49:37		
174	Graham	schofield	MV60	50:24	Chorley A&T	
175	Ian	Oakey	MV40	50:43	Settle Harriers	
176	Phil	Jones	MV40	50:58		
177	Mark	Tailor	MV40	51:06	Darwen Dashers	
178	David	Hodges	MV50	51:53		
179	Geoff	Thompson	MV60	52:23	Wharfedale Harriers	
180	Steven	Roberts	MV60	52:41		
181	Iain	Crossley	MV60	52:50	Settle Harriers	
182	Richard	Cookson	MV50	54:11		
183	Alan	Smart	MV60	54:46	blackpool wyre & fylde a.c.	
184	George	James	MV70	56:40	blackpool wyre & fylde a.c.	
185	Brian	Carlisle	MV60	56:50	Askrigg	
186	Phil	Corris	MV60	58:17	Lancashire Constabulary A C	
187	Trevor	Metcalfe	MV60	59:52	Wharfedale harriers	
188	John	McGartland	Man	1:00:29	COLT	

189	Selwyn	Wright	MV60	1:00:59	Ambleside	
190	Richard	Handford	MV60	1:06:12	Settle Harriers	
191	Jim	Taylor	MV70	1:09:21	Darwen Dashers	
192	George	Thompson	MV60	1:13:12	Darwen Dashers	
193	David	Rosen	MV60	1:17:40	Lancaster & Morecambe AC	
194	Antonio	Cardinale	MV70	1:27:25	Otley AC	

MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	27:23	Lancaster & Morecambe AC	1st Man/1st MU21
2	Mark	Addison	Man	28:13	Helm Hill	2nd Man
3	Charlie	Ing	Man	29:03	Calder Valley Fell Runners	3rd Man
4	Josh	Hartley	Man	29:25	Black Combe	
5	Pete	Harrison	Man	30:03	Helm Hill	
6	Joshua	Jardine	Man	30:26	Helm Hill	
7	Harry	Shuell	Man	30:28	Ambleside	
8	Joss	Livesey	Man	31:22	Howgill Harriers	
9	Eric	Beaumont	MU21	31:26	Keighley and Craven	
10	David	Goadby	Man	31:27	Helm Hill	
11	Josh	Murphy	Man	31:28	Black Combe	
12	Charlie	Taylor	MU21	31:43	Rossendale Harriers AC	
13	Ross	Brannighan	Man	31:48	Ochil Hill Runners	
14	Matthew	Fretwell	Man	31:51	Settle Harriers	
15	Andy	F	Man	32:04		
16	Seb	Sillito	Man	32:06	Helm Hill	
17	Tom	Simpson	Man	32:17		
18	Ben	Kirkman	MU21	32:32	Rossendale Harriers	
19	Rob	Mortimore	Man	32:42	Helm Hill	
20	Joseph	Conner	MU21	32:45	Helm Hill	
21	Jack	Simpson	Man	32:52	Helm Hill	
22	Scott	Morley	Man	33:09	Eden Runners	
23	George	Norris	MU21	33:24	Chorley A&T	
24	Andy	Thompson	Man	33:30	Helm Hill	
25	Mike	Page	Man	33:50		
26	Tim	Pickering	Man	34:02	Helm Hill	
27	Gavin	Lloyd	Man	34:28	Black Combe	
28	Adam	Crowe	Man	34:36	Ambleside	
29	Scott	Newburn	Man	34:40	Eden Runners	
30	Ross	Jenkins	Man	34:40	Howgill Harriers	
31	Paul	Law	Man	34:53	Helm Hill	
32	Sam	Merckel	Man	34:58	Lonsdale	
33	Peter	Lawson	Man	35:02	Howgill Harriers	
34	Olivier	Jumeau	MU21	35:29		
35	David	Kyriacou	Man	35:39	Leven Valley	
36	John	Dixon	Man	36:31		
37	Adam	Scott	MU21	36:32	Helm Hill	
38	Rhys	Morris	Man	36:43		
39	Howard	Dracup	Man	36:47	Helm Hill	
40	Steve	Hopwood	Man	37:09	Ambleside	
41	Unknown	Runner 1	Man	37:15		
42	Sean	Gibson	Man	37:25	Helm Hill	
43	Adam	Roberts	Man	37:43		
44	Toby	Smith	Man	37:54		
45	Jack	Palmer	Man	38:08		
46	Ben	Merckel	Man	38:49	Lonsdale	
47	Jeff	Powell Davies	Man	39:13	BL	
48	Konstantinos	Georgalos	Man	40:26	COLT	
49	Matt	Davis	Man	40:32	Howgill Harriers	
50	Karl	Mason	Man	41:05	Helm Hill	
51	Will	Thwaites	Man	44:27	Howgill Harriers	
52	Robert	Lee	Man	44:50	Lancaster Uni	
53	Unknown	Runner 2	Man	48:23		
54	John	McGartland	Man	1:00:29	COLT	

MEN UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	27:23	Lancaster & Morecambe AC	1st Man/1st MU21
2	Eric	Beaumont	MU21	31:26	Keighley and Craven	
3	Charlie	Taylor	MU21	31:43	Rosendale Harriers AC	
4	Ben	Kirkman	MU21	32:32	Rosendale Harriers	
5	Joseph	Conner	MU21	32:45	Helm Hill	
6	George	Norris	MU21	33:24	Chorley A&T	
7	Olivier	Jumeau	MU21	35:29		
8	Adam	Scott	MU21	36:32	Helm Hill	

MEN - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jon	Rylance	MV40	29:35	Ambleside	1st MV40
2	Ashley	Holt	MV40	30:37	Rossendale Harriers	
3	Brian	Pennington	MV40	31:07	Howgill Harriers	
4	Michael	Gregory	MV40	31:15	Leven Valley	
5	Alastair	Dunn	MV40	31:31	Helm Hill	
6	Rod	Scott	MV40	31:53	Helm Hill	
7	Shane	Ohly	MV40	32:02	Helm Hill	
8	Jethro	Whitfield	MV40	32:10	Barlick Fell Runners	
9	Sam	Brummitt	MV40	32:30	Settle Harriers	
10	Paul	Reilly	MV40	32:44	Helm Hill	
11	Joe	Todd	MV40	33:11	Kendal AC	
12	Dominic	Howell	MV40	33:13		
13	James	Byrne	MV40	33:15	Ambleside	
14	Jon	Green	MV40	33:21	Preston Harriers	
15	Justin	Tancrel	MV40	34:04	Helm Hill	
16	Carl	Pawson	MV40	34:07	Barlick	
17	Paul	Troughton	MV40	34:08	Helm Hill	
18	Colin	Houston	MV40	34:14	Helm Hill	
19	James	Bailey	MV40	34:43	Leven Valley	
20	James	Todhunter	MV40	34:50	Helm Hill	
21	Ross	Butler	MV40	35:00	Keswick AC	
22	Anthony	Emmet	MV40	35:05	Helm Hill	
23	James	Coulthard	MV40	35:20	Howgill Harriers	
24	Pete	Bagnall	MV40	35:50	Settle Harriers	
25	Sheldan	Pickles	MV40	36:05		
26	Sean	Robinson	MV40	36:23	Howgill Harriers	
27	Tom	Matthew	MV40	36:36	Bowland	
28	David	Pease	MV40	37:03	Barlick	
29	Chris	Green	MV40	37:34	Ambleside	
30	Shaun	Jackson	MV40	38:06	Altringham	
31	Andrew	Douglas	MV40	38:16		
32	Shane	Muller	MV40	38:18	Barlick	
33	Alistair	Shawcross	MV40	38:23	Dallam	
34	Mick	Brankin	MV40	38:49	Trawden AC	
35	Chris	Whitfield	MV40	38:50	Sue Me DH Team	
36	David	Bottomley	MV40	38:55	Helm Hill	
37	Jonny	Marchant	MV40	38:57	Helm Hill	
38	Neil	Whipp	MV40	39:23	Wesham Road Runners	
39	Richard	Ducket	MV40	39:32		
40	Graham	Jordan	MV40	39:48	Middleton Harriers	
41	Steve	King	MV40	40:13	Kendal Tri Club	
42	Colin	Briffett	MV40	40:34	Lonsdale	
43	Andrew	Lee	MV40	40:55	Rossendale Harriers	
44	Jon	Tombs	MV40	41:05	Eden	
45	Philip	Harrington	MV40	41:43	Helm Hill	
46	Simon	Collin	MV40	41:53		
47	Jimmy	Ryan	MV40	41:58		
48	Mark	Villiers	MV40	42:02		
49	Mark	Charnley	MV40	42:44	Settle harriers	
50	Stefan	Bradley	MV40	43:00		
51	Richard	Cater	MV40	44:48	Helm Hill	
52	Paul	Corkill	MV40	44:57	Leven Valley	
53	Ian	Wilson	MV40	45:02	Helm Hill	
54	Chris	Lees	MV40	45:49		
55	Peter	Bascombe	MV40	46:13	Kendal Tri Club	
56	Robert	Crawford	MV40	47:57	Howgill Harriers	
57	Ed	Key	MV40	48:29		
58	Ian	Oakey	MV40	50:43	Settle Harriers	
59	Phil	Jones	MV40	50:58		
60	Mark	Tailor	MV40	51:06	Darwen Dashers	

MEN - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Kenny	Richmond	MV50	29:43	Shettleston	1st MV50
2	Jon	Deegan	MV50	33:27	Ambleside	
3	Rob	Harper	MV50	33:32	Ambleside	
4	James	Baron	MV50	33:36	Helm Hill	
5	Antony	Scott	MV50	35:55	Watercrock warriors	
6	John	Rainford	MV50	35:57	Preston Harriers	
7	Paul	Crabtree	MV50	36:01	Keighley and Craven	
8	Jim	Andrews	MV50	36:16	Helm Hill	
9	Simon	Wright	MV50	36:20	Bingley Harriers	
10	Michael	Wilding	MV50	36:54	Darwen Dashers	
11	John	Bagge	MV50	36:55	Helm Hill	
12	Andrew	Smith	MV50	37:22	Barlick	
13	Simon	Waller	MV50	37:27	Helm Hill	
14	Ronnie	Haddow	MV50	38:03	Furness Fell Runners	
15	Clive	Allen	MV50	38:07	Helm Hill	
16	John	Robson	MV50	38:20	Helm Hill	
17	Martin	Ramsay	MV50	38:24	Helm Hill	
18	William	Coupe	MV50	38:27	Helm Hill	
19	Mick	Kirkman	MV50	38:36	Rosendale Harriers	
20	Roger	Taylor	MV50	38:49	Preston Harriers	
21	Andy	Smith	MV50	38:56	Darwen Dashers	
22	Simon	Fox	MV50	39:06	Darwen Dashers	
23	Andy	Holden	MV50	39:24	Wharfedale Harriers	
24	David	Appleyard	MV50	40:00	Helm Hill	
25	Jonnathan	Stubbs	MV50	40:14	Settle Harriers	
26	David	Hunter	MV50	40:31	Helm Hill	
27	Colin	Valentine	MV50	41:01	Keswick AC	
28	Jeremy	Wilkinson	MV50	41:12	Keighley and Craven	
29	Dave	Hollwotham	MV50	41:59		
30	John	Leech	MV50	42:06	Dallam	
31	Craig	Partridge	MV50	42:30	Altringham	
32	Andrew	Russell	MV50	42:42	Helm Hill	
33	BJ	Morris	MV50	42:43	Darwen Dashers	
34	Phil	Jumeau	MV50	42:57		
35	Colin	Valentine	MV50	43:03	Keswick AC	
36	John	Orrell	MV50	43:10	Blackburn Harriers	
37	Andrew	Conner	MV50	43:19	Helm Hill	
38	Peter	Bardsley	MV50	45:31	Bowland	
39	Simon	Theobald	MV50	46:24	Helm Hill	
40	Steve	Murdoch	MV50	46:53	FRA	
41	Darren	Baker	MV50	48:57	FRA	
42	David	Mainwaring	MV50	49:37		
43	David	Hodges	MV50	51:53		
44	Richard	Cookson	MV50	54:11		

MEN - VET 60						
Position	First Name	Surname	Cat	Time	Club	Comments
1	David	Griffin	MV60	35:13	Helm Hill	1st MV60
2	Nick	Hewitt	MV60	37:05	Bowland	
3	Thornton	Taylor	MV60	37:26	Rossendale Harriers	
4	Graham	Beaumont	MV60	39:16	Dallam	
5	Steve	Wathall	MV60	39:57	Black Combe	
6	Brian	Thompson	MV60	40:02	Helm Hill	
7	Graham	Britton	MV60	40:30		
8	Geoff	Lyons	MV60	40:51	Garstang	
9	Andrew	Stokes	MV60	41:00	Dallam	
10	Chris	Roberts	MV60	42:18	Black Combe	
11	Peter	Singleton	MV60	42:51	blackpool wyre & fylde a.c.	
12	Andy	Monk	MV60	43:20	FRA	
13	Michael	McLoughlin	MV60	43:23	Preston Harriers	
14	Richard	Simpson	MV60	44:38	Dallam	
15	Pete	Coe	MV60	45:15	Helm Hill	
16	Graham	Capper	MV60	45:25		
17	Philip	Seddon	MV60	45:51	Darwen Dashers	
18	Ian	Peters	MV60	48:37	Glaxo Hoad Hill Harriers	
19	Graham	schofield	MV60	50:24	Chorley A&T	
20	Geoff	Thompson	MV60	52:23	Wharfedale Harriers	
21	Steven	Roberts	MV60	52:41		
22	Iain	Crossley	MV60	52:50	Settle Harriers	
23	Alan	Smart	MV60	54:46	blackpool wyre & fylde a.c.	
24	Brian	Carlisle	MV60	56:50	Askrigg	
25	Phil	Corris	MV60	58:17	Lancashire Constabulary A C	
26	Trevor	Metcalfe	MV60	59:52	Wharfedale harriers	
27	Selwyn	Wright	MV60	1:00:59	Ambleside	
28	Richard	Handford	MV60	1:06:12	Settle Harriers	
29	George	Thompson	MV60	1:13:12	Darwen Dashers	
30	David	Rosen	MV60	1:17:40	Lancaster & Morecambe AC	

MEN - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Ken	Taylor	MV70	41:33	Rosendale Harriers	1st MV70
2	John	Taylor	MV70	45:41	Bowland	
3	John	Hodgson	MV70	46:33	Dallam	
4	George	James	MV70	56:40	blackpool wyre & fylde a.c.	
5	Jim	Taylor	MV70	1:09:21	Darwen Dashers	
6	Antonio	Cardinale	MV70	1:27:25	Otley AC	

ALL SENIOR LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Kelli	Roberts	Lady	32:34	Helm Hill	1st Lady
2	Chloe	Rylance	LU21	33:33	Ambleside	2nd Lady/1st LU21
3	Beth	Hanson	Lady	34:30	Ambleside	3rd Lady
4	Celia	Powell	Lady	35:31		
5	Jenny	Rice	Lady	35:35	Helm Hill	
6	Bianca	Dyer	LV40	36:21	Helm Hill	1st LV40
7	Lucy	Varney	LV50	38:30	Kendal AC	1st LV50
8	Amy	Pearman	LV40	38:48	Helm Hill	
9	Claire	Wilson	Lady	38:51	Helm Hill	
10	Verity	Russo	Lady	39:02		
11	Sarah	Gerrish	Lady	39:04	Helm Hill	
12	Jenny	Lyon	LV40	39:14	Dallam	
13	Sarah	McCartney	LV40	39:33	Lonsdale	
14	Rosie	Dale	Lady	39:37		
15	Beth	Dutson	Lady	40:09	Westerlands CC	
16	Alison	Richards	LV40	40:27	Helm Hill	
17	Liz	McNally	LV40	40:33	Leven Valley	
18	Jayne	Rigby	LV40	40:41	Helm Hill	
19	Rowan	Ranner	LV40	41:10	Helm Hill	
20	Lucie-Ellen	Todhunter	Lady	41:16		
21	Amy	Pearman	LV40	41:18	Helm Hill	
22	Caroline	Holden	LV50	41:39	Helm Hill	
23	Alison	Eagle	LV50	42:47		
24	Andrea	Benson	LV40	43:15		
25	Victoria	Upton	Lady	43:18	Helm Hill	
26	Kerri	Wadsworth	LV40	43:21	Helm Hill	
27	Laura	Bramholtz	Lady	43:22		
28	Niki	Rylance	LV40	43:37	Ambleside	
29	Abigail	Kerr	Lady	43:43		
30	Maria	Hearn	LV40	43:51	Helm Hill	
31	Emma	Pease	LV40	44:07	Barlick	
32	Dorothy	Pelly	LV60	44:22	Ambleside	1st LV60
33	Mary	Ockenden	LV60	44:56	Bowland	
34	Jo	Taylor	LV50	44:59	Bowland	
35	Lynn	Whittaker	LV50	45:05	Wharfedale Harriers	
36	Jen	Henry	Lady	45:10		
37	Helen	Greenep	LV50	45:11	Settle Harriers	
38	Emma	Blundell	Lady	45:20	Lonsdale	
39	Kat	Evans	Lady	45:38	AAC	
40	Leslie	Pateloup	Lady	46:16		
41	Rebecca	Wilson	Lady	46:22	Helm Hill	
42	Kate	Brayshaw	LV40	46:25	Helm Hill	
43	Joanne	Grisedale	LV40	46:27	Helm Hill	
44	Justine	Carruthers	LV40	46:31	Eden Runners	
45	Vicky	Atkinson	LV40	46:47	Helm Hill	
46	Vicky	O'Neill	Lady	46:50		
47	Jo	Cater	LV40	47:27	Helm Hill	
48	Lindsay	Harrod	LV50	47:35	Helm Hill	
49	Pam	Bagot	LV40	47:47	Settle Harriers	
50	May	Crawford	LV40	47:56	Helm Hill	
51	Helen	Wilkinson	LV40	48:02	Keighley and Craven	
52	Nicola	Muller	LV40	48:10	Barlick	
53	Wendy	Dodds	LV60	48:15	Dallam	
54	Sarah	Senior	LV50	48:33	Helm Hill	
55	Olga	Wiggins	LV40	48:39	Preston Harriers	
56	Nicola	Heaton	LV40	48:40		
57	Katy	Thompson	LV60	48:47	Clayton le Moors Harriers	
58	Alison	Harper	LV40	48:53		
59	Libby	Dixon	LV40	49:15	Ambleside	
60	Paula	Bowen	LV40	49:16	Ambleside	
61	Helen	Halsall	LV50	49:27		
62	Veronica	Waller	LV50	49:43	Dallam	

63	Louise	Capper	LV50	50:04		
64	Erin	Bagge	LU21	50:12		
65	Isabel	Berry	Lady	50:20		
66	Marian	de Silver	LV60	50:26	Dallam	
67	Caroline	Nussey	Lady	50:38	Dallam	
68	Emily	Crossley	LU21	50:42	Settle Harriers	
69	Lorna	Holt	LV40	50:52	Rosendale Harriers	
70	Abi	Waller	LU21	51:00		
71	Hannah	Reynolds	LV40	51:25		
72	Joanne	McLeod	LV50	51:58	Barrow and Furness Striders Ac	
73	Ellie	Kent	Lady	52:07		
74	Ruth	Maxwell	LV50	52:42	Settle Harriers	
75	Su	Thompson	LV50	52:52	Wharfedale Harriers	
76	Leanne	Ritchie	Lady	53:44		
77	Rebecca	Atkinson	Lady	53:54	Helm Hill	
78	Anna	Stevens	LV40	54:09	Helm Hill	
79	Leonie	Black	LV40	54:13	Helm Hill	
80	Miriam	Rosen	LV70	54:15	Lancaster & Morecambe AC	
81	Aggie	Dudlik	Lady	55:26		
82	Louise	Oldfield	LV40	55:36	Darwen Dashers	
83	Sonja	Vietoris	LV60	55:57		
84	Jill	Leader	LV60	56:36		
85	Janine	Jordan	Lady	56:44	Middleton Harriers	
86	Julie	Dawson	LV40	56:56	Darwen Dashers	
87	Janet	Nash	LV60	57:03	Lakeland OC	
88	Katharine	Shrine	LV40	57:38		
89	Jo	Matthew	LV40	57:54	Bowland	
90	Jill	Gates	LV50	58:36	Settle Harriers	
91	Philippa	Adams	LV40	58:48		
92	Jane	Campbell	Lady	59:49	Howgill Harriers	
93	Samantha	Carlisle	Lady	1:00:29		
94	Rachel	Brummitt	LV40	1:01:24	Settle Harriers	
95	Linda	Coffey	LV60	1:01:50	Darwen Dashers	
96	Maf	Haddow	LV40	1:07:53	Furness Fell Runners	
97	Viki	Walsh	LV40	1:09:19	Darwen Dashers	
98	Alison	Abbot	LV40	1:09:20	Darwen Dashers	

LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Kelli	Roberts	Lady	32:34	Helm Hill	1st Lady
2	Chloe	Rylance	LU21	33:33	Ambleside	2nd Lady/1st LU21
3	Beth	Hanson	Lady	34:30	Ambleside	3rd Lady
4	Celia	Powell	Lady	35:31		
5	Jenny	Rice	Lady	35:35	Helm Hill	
6	Claire	Wilson	Lady	38:51	Helm Hill	
7	Verity	Russo	Lady	39:02		
8	Sarah	Gerrish	Lady	39:04	Helm Hill	
9	Rosie	Dale	Lady	39:37		
10	Beth	Dutson	Lady	40:09	Westerlands CC	
11	Lucie-Ellen	Todhunter	Lady	41:16		
12	Victoria	Upton	Lady	43:18	Helm Hill	
13	Laura	Bramholtz	Lady	43:22		
14	Abigail	Kerr	Lady	43:43		
15	Jen	Henry	Lady	45:10		
16	Emma	Blundell	Lady	45:20	Lonsdale	
17	Kat	Evans	Lady	45:38	AAC	
18	Leslie	Pateloup	Lady	46:16		
19	Rebecca	Wilson	Lady	46:22	Helm Hill	
20	Vicky	O'Neill	Lady	46:50		
21	Erin	Bagge	LU21	50:12		
22	Isabel	Berry	Lady	50:20		
23	Caroline	Nussey	Lady	50:38	Dallam	
24	Emily	Crossley	LU21	50:42	Settle Harriers	
25	Abi	Waller	LU21	51:00		
26	Ellie	Kent	Lady	52:07		
27	Leanne	Ritchie	Lady	53:44		
28	Rebecca	Atkinson	Lady	53:54	Helm Hill	
29	Aggie	Dudlik	Lady	55:26		
30	Janine	Jordan	Lady	56:44	Middleton Harriers	
31	Jane	Campbell	Lady	59:49	Howgill Harriers	
32	Samantha	Carlisle	Lady	1:00:29		

LADIES UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Chloe	Rylance	LU21	33:33	Ambleside	2nd Lady/1st LU21
2	Erin	Bagge	LU21	50:12		
3	Emily	Crossley	LU21	50:42	Settle Harriers	
4	Abi	Waller	LU21	51:00		

LADIES - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Bianca	Dyer	LV40	36:21	Helm Hill	1st LV40
2	Amy	Pearman	LV40	38:48	Helm Hill	
3	Jenny	Lyon	LV40	39:14	Dallam	
4	Sarah	McCartney	LV40	39:33	Lonsdale	
5	Alison	Richards	LV40	40:27	Helm Hill	
6	Liz	McNally	LV40	40:33	Leven Valley	
7	Jayne	Rigby	LV40	40:41	Helm Hill	
8	Rowan	Ranner	LV40	41:10	Helm Hill	
9	Amy	Pearman	LV40	41:18	Helm Hill	
10	Andrea	Benson	LV40	43:15		
11	Kerri	Wadsworth	LV40	43:21	Helm Hill	
12	Niki	Rylance	LV40	43:37	Ambleside	
13	Maria	Hearn	LV40	43:51	Helm Hill	
14	Emma	Pease	LV40	44:07	Barlick	
15	Kate	Brayshaw	LV40	46:25	Helm Hill	
16	Joanne	Grisedale	LV40	46:27	Helm Hill	
17	Justine	Carruthers	LV40	46:31	Eden Runners	
18	Vicky	Atkinson	LV40	46:47	Helm Hill	
19	Jo	Cater	LV40	47:27	Helm Hill	
20	Pam	Bagot	LV40	47:47	Settle Harriers	
21	May	Crawford	LV40	47:56	Helm Hill	
22	Helen	Wilkinson	LV40	48:02	Keighley and Craven	
23	Nicola	Muller	LV40	48:10	Barlick	
24	Olga	Wiggins	LV40	48:39	Preston Harriers	
25	Nicola	Heaton	LV40	48:40		
26	Alison	Harper	LV40	48:53		
27	Libby	Dixon	LV40	49:15	Ambleside	
28	Paula	Bowen	LV40	49:16	Ambleside	
29	Lorna	Holt	LV40	50:52	Rosendale Harriers	
30	Hannah	Reynolds	LV40	51:25		
31	Anna	Stevens	LV40	54:09	Helm Hill	
32	Leonie	Black	LV40	54:13	Helm Hill	
33	Louise	Oldfield	LV40	55:36	Darwen Dashers	
34	Julie	Dawson	LV40	56:56	Darwen Dashers	
35	Katharine	Shrine	LV40	57:38		
36	Jo	Matthew	LV40	57:54	Bowland	
37	Philippa	Adams	LV40	58:48		
38	Rachel	Brummitt	LV40	1:01:24	Settle Harriers	
39	Maf	Haddow	LV40	1:07:53	Furness Fell Runners	
40	Viki	Walsh	LV40	1:09:19	Darwen Dashers	
41	Alison	Abbot	LV40	1:09:20	Darwen Dashers	

LADIES - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Lucy	Varney	LV50	38:30	Kendal AC	1st LV50
2	Caroline	Holden	LV50	41:39	Helm Hill	
3	Alison	Eagle	LV50	42:47		
4	Jo	Taylor	LV50	44:59	Bowland	
5	Lynn	Whittaker	LV50	45:05	Wharfedale Harriers	
6	Helen	Greenep	LV50	45:11	Settle Harriers	
7	Lindsay	Harrod	LV50	47:35	Helm Hill	
8	Sarah	Senior	LV50	48:33	Helm Hill	
9	Helen	Halsall	LV50	49:27		
10	Veronica	Waller	LV50	49:43	Dallam	
11	Louise	Capper	LV50	50:04		
12	Joanne	McLeod	LV50	51:58	Barrow and Furness Striders Ac	
13	Ruth	Maxwell	LV50	52:42	Settle Harriers	
14	Su	Thompson	LV50	52:52	Wharfedale Harriers	
15	Jill	Gates	LV50	58:36	Settle Harriers	

LADIES - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Dorothy	Pelly	LV60	44:22	Ambleside	1st LV60
2	Mary	Ockenden	LV60	44:56	Bowland	
3	Wendy	Dodds	LV60	48:15	Dallam	
4	Katy	Thompson	LV60	48:47	Clayton le Moors Harriers	
5	Marian	de Silver	LV60	50:26	Dallam	
6	Sonja	Vietoris	LV60	55:57		
7	Jill	Leader	LV60	56:36		
8	Janet	Nash	LV60	57:03	Lakeland OC	
9	Linda	Coffey	LV60	1:01:50	Darwen Dashers	

UNDER 17 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Charlie	Allmond	Boy	16:52	Ambleside	1st Boy
2	Alex	Tallon	Boy	17:38	Helm Hill	2nd Boy
3	Jack	Villiers	Boy	18:06	Clayton-le-Moors Harriers	3rd Boy
4	Henry	Hunter	Boy	18:11	Helm Hill	
5	Marcus	Laws	Boy	18:23	Tynedale Harriers & AC	
6	Alexander	Holme	Boy	18:29	Helm Hill	
7	Dylan	Cater	Boy	18:32	Helm Hill	
8	John	Bardsley	Boy	19:40		
9	Isaac	Robinson	Boy	20:49	Howgill Harriers	
10	Joe	Morgan	Boy	20:54	Helm Hill	
11	Finley	Corkill	Boy	21:04	Leven Valley	
12	Alex	Matthew	Boy	22:21	Bowland	
13	Nathan	Ritchie	Boy	22:27	Leven Valley	
14	Benjamin	Grundy	Boy	31:36	Wharfedale Harriers	

UNDER 17 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Emily	Swarbrick	Girl	20:55	Cumberland Fell Runners	1st Girl
2	Sophie	Rylance	Girl	21:05	Ambleside	2nd Girl
3	Maesie	Evans	Girl	26:03	Ambleside	3rd Girl
4	Ciara	Duffy	Girl	26:06	Barlick	

UNDER 15 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Rowan	Ashworth	Boy	09:01	Ambleside	1st Boy
2	Oliver	Willoughby	Boy	09:02	Helm Hill	2nd Boy
3	Caius	Pennington	Boy	09:37	Howgill Harriers	3rd Boy
4	Finn	Houston	Boy	09:50	Helm Hill	
5	Oliver	Oldham	Boy	09:55	Leven Valley	
6	Ben	Allmond	Boy	09:57	Ambleside	
7	Jamie	Waller	Boy	09:58	Dallam	
8	Riley	Holt	Boy	10:08	Rosendale Harriers	
9	Archie	Honeysett	Boy	10:11		
10	Alex	Graham	Boy	10:26	Ambleside	
11	Oliver	Brummitt	Boy	10:28	Settle Harriers	
12	Riley	Merryfield	Boy	10:49	Ambleside	
13	Kalyan	Dhillon-Downe	Boy	11:25	Keighley and Craven	
14	Henry	Cookson	Boy	11:39		
15	Toby	Harper	Boy	11:51	Ambleside	
16	George	Campbell	Boy	13:11	Howgill Harriers	
17	Louie	Earp	Boy	13:27		
18	Rory	Knowles	Boy	13:48	Ambleside	

UNDER 15 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jessica	Bailey	Girl	08:47	Leven Valley	1st Girl
2	Amelie	Lane	Girl	09:04	Wharfedale Harriers	2nd Girl
3	Sarah	Smith	Girl	09:23	Helm Hill	3rd Girl
4	Olivia	Swarbrick	Girl	09:59	Cumberland Fell Runners	
5	Oliva	Aldham	Girl	10:03	Wharfedale Harriers	
6	Fayth	Bowness	Girl	10:32	Cumberland Fell Runners	
7	Connie Maye	Scott	Girl	10:38	Helm Hill	
8	Charlotte	Peart	Girl	10:41	Settle Harriers	
9	Megan	Wilkinson	Girl	10:45	Keighley and Craven	
10	Vicky	Woof	Girl	11:08	Howgill Harriers	
11	Jody	Whitfield	Girl	11:44	Barlick	
12	Cate	Matthew	Girl	11:48	Bowland	
13	Amber	Muller	Girl	12:31	Barlick	
14	Alice	Sanderson	Girl	12:55	Helm Hill	
15	Alicia	Crawford	Girl	13:37	Helm Hill	

UNDER 13 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Archie	Peaker	Boy	07:22	Keighley and Craven	1st Boy
2	Ewen	Wilkinson	Boy	07:38	Keighley and Craven	2nd Boy
3	Alfie	Addison	Boy	07:42	Helm Hill	3rd Boy
4	Simon	Rigby	Boy	07:53	Helm Hill	
5	Harvey	Shaw	Boy	08:03	Ambleside	
6	Tom	Ashworth	Boy	08:04	Ambleside	
7	Joseff	Tancrel	Boy	08:10	Helm Hill	
8	Josh	Todd	Boy	08:14	Ambleside	
9	Ewan	Black	Boy	08:16	Helm Hill	
10	Toby	Acland	Boy	08:18	Helm Hill	
11	Will	Pease	Boy	08:19	Barlick	
12	Max	Hazlehurst	Boy	08:25	Hoad Hill Harriers	
13	Will	Brayshaw	Boy	08:26	Helm Hill	
14	Alfie	Todd	Boy	08:31	Ambleside	
15	Alfie	Tipping	Boy	08:34	Helm Hill	
16	Mack	Bagnall	Boy	08:38	Settle Harriers	
17	Fraser	Dunn	Boy	08:44	Helm Hill	
18	Jack	Pearman	Boy	08:45	Helm Hill	
19	Jude	Evans	Boy	08:48	Ambleside	
20	Zeke	Sumner	Boy	08:49	Ambleside	
21	Alex	Speight	Boy	08:53		
22	Thomas	Hearn	Boy	09:00	Helm Hill	
23	Finn	Durkin	Boy	09:10	Settle Harriers	
24	William	Hargreaves	Boy	09:16	Ambleside	
25	Alfie	Muller	Boy	09:24	Barlick	
26	Harry Tom	Singleton	Boy	09:30	Kendal AC	
27	Coen	Edwards	Boy	09:47	Helm Hill	
28	Zach	Thomas	Boy	09:57		
29	Ben	Todhunter	Boy	10:25	Dallam	
30	Theo	Robinson	Boy	10:43	Howgill Harriers	
31	Jonah	Hughes	Boy	12:32	Helm Hill	

UNDER 13 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Kate	Collin	Girl	08:08	Kendal AC	1st Girl
2	Lara	Smith	Girl	08:17	Helm Hill	2nd Girl
3	Daisy	Fielding	Girl	08:19	Sedbergh School RC	3rd Girl
4	Isabella	Wright	Girl	09:01	Wharfedale Harriers	
5	Millie	Jebb	Girl	09:07	Helm Hill	
6	Ruby	Duxbury	Girl	09:10	Ambleside	
7	Cara	Bradley	Girl	09:21	Ambleside	
8	Tess	Evans	Girl	09:37	Ambleside	
9	Lucy	Bagot	Girl	09:38	Settle Harriers	
10	Florrie	Haddow	Girl	09:39	Furness Fell Runners	
11	Isabelle	Teal	Girl	09:57	Barlick	
12	Eve	Briffett	Girl	10:05	Dallam	
13	Hannah	Dyer	Girl	10:20	Helm Hill	
14	Jasmine	Bottomley	Girl	10:24	Helm Hill	
15	Ellie	Todhunter	Girl	10:26	Dallam	
16	Bridget	Atkinson	Girl	10:31	Helm Hill	
17	Lily-Grace	Clayton	Girl	10:33	Wharfedale Harriers	
18	Eleanor	King	Girl	10:34	Helm Hill	
19	Isla	Pearman	Girl	10:41	Helm Hill	
20	Isabel	Sanderson	Girl	10:41	Helm Hill	
21	Jessica	Oakey	Girl	11:02	Settle Harriers	
22	Seren	Green	Girl	11:31	Ambleside	
23	Megan	Harris	Girl	12:11	Helm Hill	

UNDER 11 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Blake	Fleming	Boy	08:33	Ambleside	1st Boy
2	Evan	Mulvany	Boy	08:36	Helm Hill	2nd Boy
3	Jake	Smith	Boy	08:41	Helm Hill	3rd Boy
4	Sam	Oldham	Boy	08:43	Leven Valley	
5	Gus William	Campbell	Boy	08:51	Howgill Harriers	
6	Joe	Green	Boy	08:52	Ambleside	
7	Freddie	Byrne	Boy	08:52	Ambleside	
8	Ivan	Winder	Boy	08:52	Leven Valley	
9	Harry	Fife	Boy	09:09		
10	Magnus	Foxwell	Boy	09:19	Ambleside	
11	William	Gornall	Boy	09:20		
12	Ben	Brummitt	Boy	09:29	Settle Harriers	
13	Reuben	Fife	Boy	09:32		
14	Charlie	Morgan	Boy	09:42		
15	Demitri	Kyriacou	Boy	09:48	Leven Valley	
16	Stan	Marston	Boy	09:50		
17	Arran	Goodall	Boy	09:54	Dallam	
18	Floyd	Palmer	Boy	09:55	Helm Hill	
19	Billy	Dutson	Boy	10:14		
20	Ben	Barclay	Boy	10:15	Hoad Hill Harriers	
21	Rowan	Bradley	Boy	10:16		
22	Oscar	Clayton	Boy	10:19	Wharfedale Harriers	
23	Arthur	Kirby	Boy	10:20	Ambleside	
24	Edward	Shawcross	Boy	10:24	Dallam	
25	Thomas	Iveson	Boy	10:33	Ambleside	
26	Dougal	Houston	Boy	10:36	Helm Hill	
27	Joe	Gargner	Boy	10:39	Ambleside	
28	Harry	Troughton	Boy	10:55	Helm Hill	
29	Ghyll	Baker	Boy	11:08	Helm Hill	
30	Freddie	Crawford	Boy	11:18	Helm Hill	
31	Matthew	Nugent	Boy	12:03	Helm Hill	
32	Euan	Goodall	Boy	12:22	Dallam	
33	Zachary	Hughes	Boy	12:56	Helm Hill	
34	Harry	Gould	Boy	14:59	Settle Harriers	

UNDER 11 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Emmy	Ranner	Girl	09:14	Helm Hill	1st Girl
2	Bethany	Godfrey	Girl	09:51		2nd Girl
3	Rosie	Speight	Girl	09:56		3rd Girl
4	Isla	Jebb	Girl	09:59	Helm Hill	
5	Annabel	Hinds	Girl	10:02	Settle Harriers	
6	Lara	Collin	Girl	10:09	Kendal AC	
7	Freya	Addison	Girl	10:37	Helm Hill	
8	Bethany	Swarbrick	Girl	10:46	Cumberland Fell Runners	
9	Isla	Douglas	Girl	10:58	Helm Hill	
10	Lua	Swami	Girl	11:00	Helm Hill	
11	Francesca	Bagot	Girl	11:15	Settle Harriers	
12	Fay	Thomas	Girl	11:27		
13	Elouise	Shepherd	Girl	12:15	Settle Harriers	
14	Roisin	Jordan	Girl	13:10	FRA	