



Supported By
Different Strokes
and
Pete Bland Sports



Birkrigg Common - Results 26 January 2020

Senior Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	20:46	Lancaster & Morecambe AC	1st Man/1st MU21
2	Charlie	Ing	Man	21:31	Calder Valley Fell Runners	2nd Man
3	Josh	Hartley	Man	21:48	Black Combe	3rd Man
4	Marcus	Preedy	Man	22:50	Rosendale Harriers	
5	Phil	Mather	Man	23:24	Lonsdale	
6	Andy	F	Man	23:31		
7	Seb	Sillito	Man	23:33	Helm Hill	
8	kieran	hodgson	MV40	23:38	Helm Hill	1st MV40
9	David	Goadby	Man	23:42	Helm Hill	
10	Josh	Murphy	Man	23:43	Black Combe	
11	James	Byrne	MV40	23:45	Ambleside	
12	Rod	Scott	MV40	23:50	Helm Hill	
13	Charlie	Taylor	MU21	23:51	Rosendale Harriers AC	
14	Brian	Pennington	MV40	23:52	Howgill Harriers	
15	Jethro	Whitfield	MV40	24:01	Barlick Fell Runners	
16	Ben	Kirkman	MU21	24:03	Rosendale Harriers	
17	Michael	Gregory	MV40	24:04	Leven Valley	
18	Will	Sisson	Man	24:07	Kendal AC	
19	Jack	Walton	MU21	24:33	Keighley & Craven AC	
20	Richard	Wilson	MV40	24:42	Kendal AC	
21	George	Norris	MU21	24:57	Chorley A&T	
22	Harry	Steele	MU21	25:10		
23	Simon	Mounsey	MV40	25:12	Howgill Harriers	
24	Matt	Wilson	MV40	25:14	Kendal AC	
25	Ben	Timbers	MV40	25:17	Keighley and Craven	
26	Ross	Butler	MV40	25:22	Keswick AC	
27	Joe	Todd	MV40	25:24	Kendal AC	
28	Chloe	Rylance	LU21	25:28	Ambleside	1st Lady/1st LU21
29	Colin	Houston	MV40	25:31	Helm Hill	
30	Adam	Crowe	Man	25:32	Ambleside	
31	James	Baron	MV50	25:38	Helm Hill	1st MV50
32	James	Bailey	MV40	25:41	Leven Valley	
33	Justin	Tancred	MV40	26:00	Helm Hill	
34	Peter	Lawson	Man	26:06	Howgill Harriers	
35	Andrew	Kirkman	MV40	26:10		
36	David	Griffin	MV60	26:14	Helm Hill	1st MV60
37	Andrew	Lord	Man	26:35		
38	John	Rainford	MV50	26:46	Preston Harriers	
39	Paul	Macfarlane	MV40	26:47		
40	Jess	Ensol	LU21	26:48	Leven Valley	2nd Lady
41	Bianca	Dyer	LV40	26:51	Helm Hill	3rd Lady/1st LV40
42	Sam	Moon	MV40	26:53	Helm Hill	
43	Sheldan	Pickles	MV40	26:55		
44	David	Kyriacou	Man	26:58	Leven Valley	

45	Jim	Andrews	MV50	27:00	Helm Hill	
46	Adam	Scott	MU21	27:01	Helm Hill	
47	Tom	Matthew	MV40	27:04	Bowland	
48	Lizzie	Spencer	Lady	27:08	Helm Hill	
49	Sam	Moore	Man	27:15	Millom Striders	
50	Alistair	Shawcross	MV40	27:20	Dallam	
51	Stephen	Nichols	Man	27:22	Wigan & District Harriers	
52	Peter	German	Man	27:23	Helm Hill	
53	Simon	Wright	MV50	27:27	Bingley Harriers	
54	Darren	Coward	Man	27:27	Glaxo Hoad Hill Harriers	
55	Elie	Mather	Lady	27:34	Lonsdale	
56	Alistair	Hearn	MV40	27:50	Helm Hill	
57	Nick	Hewitt	MV60	27:57	Bowland	
58	Andrew	Douglas	MV40	28:02		
59	Graham	Beaumont	MV60	28:03	Dallam	
60	Shane	Muller	MV40	28:05	Barlick	
61	Toby	Smith	Man	28:09		
62	Chris	Durkin	MV40	28:11	Leven Valley	
63	Tom	Ward	MU21	28:16	Helm Hill	
64	Tim	Roe	MV40	28:21	Helm Hill	
65	David	Pease	MV40	28:27	Barlick	
66	Lewis	Watts	Man	28:28	Hoad Hill Harriers	
67	Ben	Merckel	Man	28:29	Lonsdale	
68	Matt	Davis	Man	28:34	Howgill Harriers	
69	Richard	Ducket	MV40	28:41		
70	Mark	Cropper	MV40	28:49	Helm Hill	
71	Martin	Ramsay	MV50	28:52	Helm Hill	
72	Stephen	Peters	Man	28:53	Glaxo Hoad Hill Harriers	
73	Sarah	Gerrish	Lady	28:55	Helm Hill	
74	Mick	Kirkman	MV50	28:56	Rossendale Harriers	
75	Mick	Cull	Man	28:58	Hoad Hill Harriers	
76	Jonnathan	Stubbs	MV50	29:02	Settle Harriers	
77	Jake	Lees	MU21	29:05		
78	Roger	Taylor	MV50	29:07	Preston Harriers	
79	Julia	Sier	LV40	29:17	Dallam	
80	Amy	Pearman	LV40	29:22	Helm Hill	
81	Brian	Thompson	MV60	29:30	Helm Hill	
82	Debbie	Copley	LV50	29:34	Dallam	1st LV50
83	Roger	Aubrey	MV50	29:36	Helm Hill	
84	Robert	Crawford	MV40	29:53	Howgill Harriers	
85	sue	cordingley	LV60	29:54	Bingley Harriers	1st LV60
86	Tim	Murray	MV50	29:56	Helm Hill	
87	Steve	King	MV40	30:00	Kendal Tri Club	
88	Alison	Richards	LV40	30:03	Helm Hill	
89	Kirsten	Angus	Lady	30:08	Settle Harriers	
90	Raymond	Gill	MV50	30:10	Dallam	
91	Angela	Brand-Barker	LV50	30:13	Helm Hill	
92	Liz	McNally	LV40	30:17	Leven Valley	
93	Mark	Charnley	MV40	30:23	Settle harriers	
94	Kate	Simpson	LV40	30:25	Helm Hill	
95	Ken	Taylor	MV70	30:28	Rossendale Harriers	1st MV70
96	Kristina	Jackson	Lady	30:32	Allithwaite RC	
97	James	Howarth	Man	30:38	Hoad Hill Harriers	
98	Andy	Evans	MV60	30:39	Settle Harriers	
99	Mark	Villiers	MV40	30:39		
100	Rowan	Ranner	LV40	30:48	Helm Hill	
101	Alice	Steele	Lady	30:51	Dallam	

102	Caroline	Holden	LV50	31:00	Helm Hill	
103	Kerry	Cornforth	LV40	31:06	Keswick AC	
104	Peter	Singleton	MV60	31:08	blackpool wyre & fylde a.c.	
105	Stefan	Bradley	MV40	31:09		
106	Phil	Jumeau	MV50	31:12		
107	Victoria	Upton	Lady	31:14	Helm Hill	
108	Peter	Ellwood	MV50	31:19	Settle Harriers	
109	Kerri	Wadsworth	LV40	31:31	Helm Hill	
110	Glenn	Boulter	Man	31:32	Hoad Hill Harriers	
111	Chris	Pickens	MV40	31:34	Todmorden Harriers	
112	David	Hunter	MV50	31:35	Helm Hill	
113	Abigail	Kerr	Lady	31:38		
114	John	Orrell	MV50	31:43	Blackburn Harriers	
115	Sarah	Welsh	MV40	31:45		
116	Ali	Welsh	MV55	31:54	Bowland	
117	Liz	White	LV40	32:08	Hoad Hill Harriers	
118	Alison	Cooke	LV50	32:18	Hoad Hill Harriers	
119	Rebecca	Wilson	Lady	32:33	Helm Hill	
120	Paul	Corkill	MV40	32:35	Leven Valley	
121	Paul	Davison	Man	32:37	Howgill Harriers	
122	Gavin	Smith	MV60	32:57	SROC	
123	Mary	Ockenden	LV60	32:59	Bowland	
124	Holly	Gordon	LU21	33:02	Ambleside	
125	Andy	Ward	MV40	33:15	Settle Harriers	
126	Dorothy	Pelly	LV60	33:17	Ambleside	
127	Colin	Valentine	MV50	33:21	Keswick AC	
128	Emma	Pease	LV40	33:22	Barlick	
129	Jo	Taylor	LV50	33:24	Bowland	
130	Michael	McLoughlin	MV60	33:40	Preston Harriers	
131	Adam	Williams	MU21	33:45	Leven Valley	
132	Vicky	O'Neill	Lady	33:49		
133	Pam	Bagot	LV40	34:01	Settle Harriers	
134	Sarah	Moon	LV40	34:02		
135	Daniel	Rayson	MV50	34:19		
136	Chris	Lees	MV40	34:27		
137	Robyn	Anderson	LV40	34:31	Preston Harriers	
138	Vicky	Kirkwood	LV40	34:35	Dallam	
139	Denise	Tunstall	LV50	34:42	Durham Fell Runners	
140	David	Mainwaring	MV50	34:52		
141	John	Taylor	MV70	35:00	Bowland	
142	Joanne	Grisedale	LV40	35:27	Helm Hill	
143	Joanne	McLeod	LV50	35:30	Barrow and Furness Striders Ac	
144	Dorcas	Doolan	LV60	35:30	Dallam	
145	Leslie	Pateloup	Lady	35:33		
146	Konstantinos	Georgalos	Man	35:34	COLT	
147	Harvey	Cooper	MU21	35:36	Leven Valley	
148	Nicola	Muller	LV40	35:55	Barlick	
149	John	Hodgson	MV70	36:03	Dallam	
150	Sophie	Garne	Lady	36:13	Helm Hill	
151	Libby	Dixon	LV40	36:16	Ambleside	
152	Helen	Wilkinson	LV40	36:20	Keighley and Craven	
153	Ian	Peters	MV60	37:00	Glaxo Hoad Hill Harriers	
154	Sally	Barton	LV50	37:03	Hoad Hill Harriers	
155	Ian	Oakey	MV40	37:29	Settle Harriers	
156	Emily	Crossley	LU21	37:49	Settle Harriers	
157	Laura	Williams	LV40	37:56		
158	Marian	de Silver	LV60	38:01	Dallam	

159	Iain	Crossley	MV60	38:14	Settle Harriers	
160	Geoff	Thompson	MV60	38:48	Wharfedale Harriers	
161	Heather	Holden	Lady	39:21		
162	Alison	Peaker	LV50	40:04	KCAC	
163	Richard	Cookson	MV50	40:09		
164	Katharine	Shrine	LV40	40:15		
165	Su	Thompson	LV50	40:43	Wharfedale Harriers	
166	Trevor	Metcalfe	MV60	40:55	Wharfedale harriers	
167	Rachel	Brummitt	LV40	41:06	Settle Harriers	
168	Jo	Matthew	LV40	41:54	Bowland	
169	George	James	MV70	42:47	blackpool wyre & fylde a.c.	
170	Jill	Gates	LV50	42:51	Settle Harriers	

Under 17 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Edward	Sargent	Boy	14:31	Leven Valley	1st Boy
2	Jack	Villiers	Boy	14:38	Clayton-le-Moors Harriers	2nd Boy
3	Dylan	Cater	Boy	14:50	Helm Hill	3rd Boy
4	John	Bardsley	Boy	15:21		
5	Owain	Clark	Boy	15:30	Leven Valley	
6	Olesia	Winder	Girl	15:39	Leven Valley	1st Girl
7	Isaac	Robinson	Boy	16:37	Howgill Harriers	
8	Finley	Corkill	Boy	17:25	Leven Valley	
9	Nathan	Ritchie	Boy	17:26	Leven Valley	
10	Emily	Swarbrick	Girl	17:28	Cumberland Fell Runners	2nd Girl
11	Cyrus	Cropper	Boy	18:46	Helm Hill	
12	Zach	Doherty	Boy	19:21	Dallam	
13	Holly	Dobson	Girl	19:48	Ambleside	3rd Girl
14	Ciara	Duffy	Girl	19:54	Barlick	

Under 15 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Will	McNally	Boy	10:02	Leven Valley	1st Boy
2	Harry	Ewbank	Boy	10:09	Eden Runners	2nd Boy
3	Jessica	Bailey	Girl	10:18	Leven Valley	1st Girl
4	Oliver	Willoughby	Boy	10:19	Helm Hill	3rd Boy
5	Amelie	Lane	Girl	10:35	Wharfedale Harriers	2nd Girl
6	Thomas	Adams	Boy	10:43	Cumberland Fell Runners	
7	Rowan	Ashworth	Boy	10:48	Ambleside	
8	Georgis	Bell	Girl	10:51	Leven Valley	3rd Girl
9	Ben	Allmond	Boy	11:14	Ambleside	
10	Oliver	Oldham	Boy	11:21	Leven Valley	
11	Caius	Pennington	Boy	11:23	Howgill Harriers	
12	Alex	Graham	Boy	12:10	Ambleside	
13	Riley	Merryfield	Boy	12:11	Ambleside	
14	Megan	Wilkinson	Girl	12:16	Keighley and Craven	
15	Olivia	Swarbrick	Girl	12:23	Cumberland Fell Runners	
16	Connie Maye	Scott	Girl	12:28	Helm Hill	
17	Vicky	Woolf	Girl	12:35	Howgill Harriers	
18	Fayth	Bowness	Girl	12:39	Cumberland Fell Runners	
19	Charlotte	Peart	Girl	12:52	Settle Harriers	
20	Oliva	Aldham	Girl	13:14	Wharfedale Harriers	
21	Ned	Whitaker	Boy	13:24	Settle Harriers	
22	Jody	Whitfield	Girl	13:26	Barlick	
23	Henry	Cookson	Boy	13:30		
24	Kalyan	Dhillon-Downe	Boy	13:47	Keighley and Craven	
25	Cate	Matthew	Girl	13:57	Bowland	
26	Martha	Rigby	Girl	14:21	Settle Harriers	
27	Amber	Muller	Girl	15:39	Barlick	
28	George	Campbell	Boy	16:44	Howgill Harriers	
29	Louie	Earp	Boy	17:08		

Under 13 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Archie	Peaker	Boy	04:55	Keighley and Craven	1st Boy
2	Jack	Sanderson	Boy	05:21	Settle Harriers	2nd Boy
3	Harvey	Shaw	Boy	05:24	Ambleside	3rd Boy
4	Noah	Wadsworth	Boy	05:27	Helm Hill	
5	Joseff	Tancrel	Boy	05:33	Helm Hill	
6	Lucille	Pickles	Girl	05:47	Barlick	1st Girl
7	Milly	Timbers	Girl	05:52	Keighley and Craven	2nd Girl
8	Will	Pease	Boy	05:54	Barlick	
9	Leon	Parker	Boy	06:04	Leven Valley	
10	Will	Brayshaw	Boy	06:06	Helm Hill	
11	Daisy	Fielding	Girl	06:08	Sedbergh School RC	3rd Girl
12	Zeke	Sumner	Boy	06:10	Ambleside	
13	Millie	Jebb	Girl	06:10	Helm Hill	
14	Max	Hazlehurst	Boy	06:12	Hoad Hill Harriers	
15	Mack	Bagnall	Boy	06:17	Settle Harriers	
16	Aaron	Smith	Boy	06:17	Howgill Harriers	
17	Aiden	Crickett	Boy	06:18	Cumberland Fell Runners	
18	Fraser	Dunn	Boy	06:20	Helm Hill	
19	Isabella	Wright	Girl	06:29	Wharfedale Harriers	
20	Ruby	Duxbury	Girl	06:31	Ambleside	
21	Finn	Durkin	Boy	06:32	Settle Harriers	
22	Layla	Kirkley	Girl	06:33	Wharfedale Harriers	
23	Lucy	Bell	Girl	06:35	Leven Valley	
24	Tom	Ashworth	Boy	06:36	Ambleside	
25	Lucy	Bagot	Girl	06:37	Settle Harriers	
26	William	Hargreaves	Boy	06:39	Ambleside	
27	Tess	Evans	Girl	06:53	Ambleside	
28	Fred	Atkinson	Boy	06:59	Settle Harriers	
29	Isla	Pearman	Girl	07:00	Helm Hill	
30	Isabelle	Teal	Girl	07:01	Barlick	
31	Jack	Middleton	Boy	07:03	Leven Valley	
32	Jasmine	Bottomley	Girl	07:06	Helm Hill	
33	John	Williamson	Boy	07:12	Leven Valley	
34	Kieran	Banister	Boy	07:14	Leven Valley	
35	Dylan	Taylor	Boy	07:18	Leven Valley	
36	Ellen	Douglas	Girl	07:22	Hoad Hill Harriers	
37	Riley	Young	Boy	07:25	Leven Valley	
38	Kieran	Harvey	Boy	07:27	Glaxo Hoad Hill Harriers	
39	Iona	Barrowdale Sr	Girl	07:28	Glaxo Hoad Hill Harriers	
40	Hannah	Dyer	Girl	07:30	Helm Hill	
41	Alfie	Muller	Boy	07:34	Barlick	
42	Brooke	Durkin	Girl	07:43	Leven Valley	
43	Charlie	Ellwood	Boy	07:59	Settle Harriers	
44	Jessica	Oakey	Girl	08:02	Settle Harriers	
45	Eleanor	King	Girl	08:07	Helm Hill	
46	Isabella	Latty	Girl	08:09	Settle Harriers	
47	Megan	Harris	Girl	08:11	Helm Hill	
48	Florrie	Haddow	Girl	08:13	Furness Fell Runners	
49	Alex	Charnley	Boy	08:22		
50	Lily	Mitchell	Girl	10:20	Hoad Hill Harriers	
51	Oliver	Cookson	Boy	11:10		

Under 11 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Cooper	Wadsworth	Boy	06:02		1st Boy
2	Sam	Oldham	Boy	06:09	Leven Valley	2nd Boy
3	James	Fulford	Boy	06:15	Ambleside	3rd Boy
4	Freddie	Byrne	Boy	06:23	Ambleside	
5	Blake	Airey	Boy	06:24	Howgill Harriers	
6	Carl	Sanderson	Boy	06:25	Settle Harriers	
7	Harry	Fife	Boy	06:26		
8	Ivan	Winder	Boy	06:30	Leven Valley	
9	Emmy	Ranner	Girl	06:30	Helm Hill	1st Girl
10	Evan	Mulvany	Boy	06:32	Helm Hill	
11	Jack	Moon	Boy	06:37	Helm Hill	
12	William	Gornall	Boy	06:41		
13	Bella	McCredie	Girl	06:42	Barlick	2nd Girl
14	Julia	Fielding	Girl	06:43	Sedbergh School RC	3rd Girl
15	Isla	Jebb	Girl	06:45	Helm Hill	
16	Reuben	Fife	Boy	06:56		
17	Noah	Zaboklicki	Boy	06:57	Hoad Hill Harriers	
18	Magnus	Foxwell	Boy	07:04	Ambleside	
19	Demitri	Kyriacou	Boy	07:11	Leven Valley	
20	Jackson	Bottomley	Boy	07:15	Helm Hill	
21	Holly	Nichols	Girl	07:16	Wigan & District Harriers	
22	Ben	Brummitt	Boy	07:16	Settle Harriers	
23	Gus William	Campbell	Boy	07:17	Howgill Harriers	
24	Ewan	Angus	Boy	07:20	Settle Harriers	
25	Arthur	Kirby	Boy	07:38	Ambleside	
26	Bethany	Swarbrick	Girl	07:40	Cumberland Fell Runners	
27	Freya	Addison	Girl	07:40	Helm Hill	
28	Ethan	Ward	Boy	07:48	Settle Harriers	
29	John	North	Boy	07:54	Settle Harriers	
30	Sean	Thwaites	Boy	07:55	Howgill Harriers	
31	Theo	Zaboklicki	Boy	08:00	Hoad Hill Harriers	
32	Rowan	Bradley	Boy	08:00		
33	Edward	Shawcross	Boy	08:03	Dallam	
34	Francesca	Bagot	Girl	08:05	Settle Harriers	
35	Ned	Brayshaw	Boy	08:06	Helm Hill	
36	Mabel	Whitaker	Girl	08:07	Settle Harriers	
37	Oliver	Charnley	Boy	08:14		
38	Dougie	Mitchell	Boy	08:17		
39	Ghyll	Baker	Boy	08:23	Helm Hill	
40	Ewan	Angus	Boy	08:30	Settle Harriers	
41	Demitri	Kyriacou	Boy	08:43	Leven Valley	
42	Fay	Thomas	Girl	08:57		
43	Martha	Booth	Girl	09:06	Settle Harriers	
44	Harry	Gould	Boy	10:10	Settle Harriers	

Birkrigg Common 2020 Category Results

ALL SENIOR MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	20:46	Lancaster & Morecambe AC	1st Man/1st MU21
2	Charlie	Ing	Man	21:31	Calder Valley Fell Runners	2nd Man
3	Josh	Hartley	Man	21:48	Black Combe	3rd Man
4	Marcus	Preedy	Man	22:50	Rosendale Harriers	
5	Phil	Mather	Man	23:24	Lonsdale	
6	Andy	F	Man	23:31		
7	Seb	Sillito	Man	23:33	Helm Hill	
8	kieran	hodgson	MV40	23:38	Helm Hill	1st MV40
9	David	Goadby	Man	23:42	Helm Hill	
10	Josh	Murphy	Man	23:43	Black Combe	
11	James	Byrne	MV40	23:45	Ambleside	
12	Rod	Scott	MV40	23:50	Helm Hill	
13	Charlie	Taylor	MU21	23:51	Rosendale Harriers AC	
14	Brian	Pennington	MV40	23:52	Howgill Harriers	
15	Jethro	Whitfield	MV40	24:01	Barlick Fell Runners	
16	Ben	Kirkman	MU21	24:03	Rosendale Harriers	
17	Michael	Gregory	MV40	24:04	Leven Valley	
18	Will	Sisson	Man	24:07	Kendal AC	
19	Jack	Walton	MU21	24:33	Keighley & Craven AC	
20	Richard	Wilson	MV40	24:42	Kendal AC	
21	George	Norris	MU21	24:57	Chorley A&T	
22	Harry	Steele	MU21	25:10		
23	Simon	Mounsey	MV40	25:12	Howgill Harriers	
24	Matt	Wilson	MV40	25:14	Kendal AC	
25	Ben	Timbers	MV40	25:17	Keighley and Craven	
26	Ross	Butler	MV40	25:22	Keswick AC	
27	Joe	Todd	MV40	25:24	Kendal AC	
28	Colin	Houston	MV40	25:31	Helm Hill	
29	Adam	Crowe	Man	25:32	Ambleside	
30	James	Baron	MV50	25:38	Helm Hill	1st MV50
31	James	Bailey	MV40	25:41	Leven Valley	
32	Justin	Tancred	MV40	26:00	Helm Hill	
33	Peter	Lawson	Man	26:06	Howgill Harriers	
34	Andrew	Kirkman	MV40	26:10		
35	David	Griffin	MV60	26:14	Helm Hill	1st MV60
36	Andrew	Lord	Man	26:35		
37	John	Rainford	MV50	26:46	Preston Harriers	
38	Paul	Macfarlane	MV40	26:47		
39	Sam	Moon	MV40	26:53	Helm Hill	
40	Sheldan	Pickles	MV40	26:55		
41	David	Kyriacou	Man	26:58	Leven Valley	
42	Jim	Andrews	MV50	27:00	Helm Hill	
43	Adam	Scott	MU21	27:01	Helm Hill	
44	Tom	Matthew	MV40	27:04	Bowland	
45	Sam	Moore	Man	27:15	Millom Striders	
46	Alistair	Shawcross	MV40	27:20	Dallam	
47	Stephen	Nichols	Man	27:22	Wigan & District Harriers	
48	Peter	German	Man	27:23	Helm Hill	
49	Simon	Wright	MV50	27:27	Bingley Harriers	
50	Darren	Coward	Man	27:27	Glaxo Hoad Hill Harriers	
51	Alistair	Hearn	MV40	27:50	Helm Hill	
52	Nick	Hewitt	MV60	27:57	Bowland	
53	Andrew	Douglas	MV40	28:02		

54	Graham	Beaumont	MV60	28:03	Dallam	
55	Shane	Muller	MV40	28:05	Barlick	
56	Toby	Smith	Man	28:09		
57	Chris	Durkin	MV40	28:11	Leven Valley	
58	Tom	Ward	MU21	28:16	Helm Hill	
59	Tim	Roe	MV40	28:21	Helm Hill	
60	David	Pease	MV40	28:27	Barlick	
61	Lewis	Watts	Man	28:28	Hoad Hill Harriers	
62	Ben	Merckel	Man	28:29	Lonsdale	
63	Matt	Davis	Man	28:34	Howgill Harriers	
64	Richard	Ducket	MV40	28:41		
65	Mark	Cropper	MV40	28:49	Helm Hill	
66	Martin	Ramsay	MV50	28:52	Helm Hill	
67	Stephen	Peters	Man	28:53	Glaxo Hoad Hill Harriers	
68	Mick	Kirkman	MV50	28:56	Rossendale Harriers	
69	Mick	Cull	Man	28:58	Hoad Hill Harriers	
70	Jonnathan	Stubbs	MV50	29:02	Settle Harriers	
71	Jake	Lees	MU21	29:05		
72	Roger	Taylor	MV50	29:07	Preston Harriers	
73	Brian	Thompson	MV60	29:30	Helm Hill	
74	Roger	Aubrey	MV50	29:36	Helm Hill	
75	Robert	Crawford	MV40	29:53	Howgill Harriers	
76	Tim	Murray	MV50	29:56	Helm Hill	
77	Steve	King	MV40	30:00	Kendal Tri Club	
78	Raymond	Gill	MV50	30:10	Dallam	
79	Mark	Charnley	MV40	30:23	Settle harriers	
80	Ken	Taylor	MV70	30:28	Rossendale Harriers	1st MV70
81	James	Howarth	Man	30:38	Hoad Hill Harriers	
82	Andy	Evans	MV60	30:39	Settle Harriers	
83	Mark	Villiers	MV40	30:39		
84	Peter	Singleton	MV60	31:08	blackpool wyre & fylde a.c.	
85	Stefan	Bradley	MV40	31:09		
86	Phil	Jumeau	MV50	31:12		
87	Peter	Ellwood	MV50	31:19	Settle Harriers	
88	Glenn	Boulter	Man	31:32	Hoad Hill Harriers	
89	Chris	Pickens	MV40	31:34	Todmorden Harriers	
90	David	Hunter	MV50	31:35	Helm Hill	
91	John	Orrell	MV50	31:43	Blackburn Harriers	
92	Sarah	Welsh	MV40	31:45		
93	Ali	Welsh	MV55	31:54	Bowland	
94	Paul	Corkill	MV40	32:35	Leven Valley	
95	Paul	Davison	Man	32:37	Howgill Harriers	
96	Gavin	Smith	MV60	32:57	SROC	
97	Andy	Ward	MV40	33:15	Settle Harriers	
98	Colin	Valentine	MV50	33:21	Keswick AC	
99	Michael	McLoughlin	MV60	33:40	Preston Harriers	
100	Adam	Williams	MU21	33:45	Leven Valley	
101	Daniel	Rayson	MV50	34:19		
102	Chris	Lees	MV40	34:27		
103	David	Mainwaring	MV50	34:52		
104	John	Taylor	MV70	35:00	Bowland	
105	Konstantinos	Georgalos	Man	35:34	COLT	
106	Harvey	Cooper	MU21	35:36	Leven Valley	
107	John	Hodgson	MV70	36:03	Dallam	
108	Ian	Peters	MV60	37:00	Glaxo Hoad Hill Harriers	
109	Ian	Oakey	MV40	37:29	Settle Harriers	
110	Iain	Crossley	MV60	38:14	Settle Harriers	

111	Geoff	Thompson	MV60	38:48	Wharfedale Harriers	
112	Richard	Cookson	MV50	40:09		
113	Trevor	Metcalfe	MV60	40:55	Wharfedale harriers	
114	George	James	MV70	42:47	blackpool wyre & fylde a.c.	

MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	20:46	Lancaster & Morecambe AC	1st Man/1st MU21
2	Charlie	Ing	Man	21:31	Calder Valley Fell Runners	2nd Man
3	Josh	Hartley	Man	21:48	Black Combe	3rd Man
4	Marcus	Preedy	Man	22:50	Rosendale Harriers	
5	Phil	Mather	Man	23:24	Lonsdale	
6	Andy	F	Man	23:31		
7	Seb	Sillito	Man	23:33	Helm Hill	
8	David	Goadby	Man	23:42	Helm Hill	
9	Josh	Murphy	Man	23:43	Black Combe	
10	Charlie	Taylor	MU21	23:51	Rosendale Harriers AC	
11	Ben	Kirkman	MU21	24:03	Rosendale Harriers	
12	Will	Sisson	Man	24:07	Kendal AC	
13	Jack	Walton	MU21	24:33	Keighley & Craven AC	
14	George	Norris	MU21	24:57	Chorley A&T	
15	Harry	Steele	MU21	25:10		
16	Adam	Crowe	Man	25:32	Ambleside	
17	Peter	Lawson	Man	26:06	Howgill Harriers	
18	Andrew	Lord	Man	26:35		
19	David	Kyriacou	Man	26:58	Leven Valley	
20	Adam	Scott	MU21	27:01	Helm Hill	
21	Sam	Moore	Man	27:15	Millom Striders	
22	Stephen	Nichols	Man	27:22	Wigan & District Harriers	
23	Peter	German	Man	27:23	Helm Hill	
24	Darren	Coward	Man	27:27	Glaxo Hoad Hill Harriers	
25	Toby	Smith	Man	28:09		
26	Tom	Ward	MU21	28:16	Helm Hill	
27	Lewis	Watts	Man	28:28	Hoad Hill Harriers	
28	Ben	Merckel	Man	28:29	Lonsdale	
29	Matt	Davis	Man	28:34	Howgill Harriers	
30	Stephen	Peters	Man	28:53	Glaxo Hoad Hill Harriers	
31	Mick	Cull	Man	28:58	Hoad Hill Harriers	
32	Jake	Lees	MU21	29:05		
33	James	Howarth	Man	30:38	Hoad Hill Harriers	
34	Glenn	Boulter	Man	31:32	Hoad Hill Harriers	
35	Paul	Davison	Man	32:37	Howgill Harriers	
36	Adam	Williams	MU21	33:45	Leven Valley	
37	Konstantinos	Georgalos	Man	35:34	COLT	
38	Harvey	Cooper	MU21	35:36	Leven Valley	

MEN UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	20:46	Lancaster & Morecambe AC	1st Man/1st MU21
2	Charlie	Taylor	MU21	23:51	Rosendale Harriers AC	
3	Ben	Kirkman	MU21	24:03	Rosendale Harriers	
4	Jack	Walton	MU21	24:33	Keighley & Craven AC	
5	George	Norris	MU21	24:57	Chorley A&T	
6	Harry	Steele	MU21	25:10		
7	Adam	Scott	MU21	27:01	Helm Hill	
8	Tom	Ward	MU21	28:16	Helm Hill	
9	Jake	Lees	MU21	29:05		
10	Adam	Williams	MU21	33:45	Leven Valley	
11	Harvey	Cooper	MU21	35:36	Leven Valley	

MEN - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	kieran	hodgson	MV40	23:38	Helm Hill	1st MV40
2	James	Byrne	MV40	23:45	Ambleside	
3	Rod	Scott	MV40	23:50	Helm Hill	
4	Brian	Pennington	MV40	23:52	Howgill Harriers	
5	Jethro	Whitfield	MV40	24:01	Barlick Fell Runners	
6	Michael	Gregory	MV40	24:04	Leven Valley	
7	Richard	Wilson	MV40	24:42	Kendal AC	
8	Simon	Mounsey	MV40	25:12	Howgill Harriers	
9	Matt	Wilson	MV40	25:14	Kendal AC	
10	Ben	Timbers	MV40	25:17	Keighley and Craven	
11	Ross	Butler	MV40	25:22	Keswick AC	
12	Joe	Todd	MV40	25:24	Kendal AC	
13	Colin	Houston	MV40	25:31	Helm Hill	
14	James	Bailey	MV40	25:41	Leven Valley	
15	Justin	Tancrel	MV40	26:00	Helm Hill	
16	Andrew	Kirkman	MV40	26:10		
17	Paul	Macfarlane	MV40	26:47		
18	Sam	Moon	MV40	26:53	Helm Hill	
19	Sheldan	Pickles	MV40	26:55		
20	Tom	Matthew	MV40	27:04	Bowland	
21	Alistair	Shawcross	MV40	27:20	Dallam	
22	Alistair	Hearn	MV40	27:50	Helm Hill	
23	Andrew	Douglas	MV40	28:02		
24	Shane	Muller	MV40	28:05	Barlick	
25	Chris	Durkin	MV40	28:11	Leven Valley	
26	Tim	Roe	MV40	28:21	Helm Hill	
27	David	Pease	MV40	28:27	Barlick	
28	Richard	Ducket	MV40	28:41		
29	Mark	Cropper	MV40	28:49	Helm Hill	
30	Robert	Crawford	MV40	29:53	Howgill Harriers	
31	Steve	King	MV40	30:00	Kendal Tri Club	
32	Mark	Charnley	MV40	30:23	Settle harriers	
33	Mark	Villiers	MV40	30:39		
34	Stefan	Bradley	MV40	31:09		
35	Chris	Pickens	MV40	31:34	Todmorden Harriers	
36	Sarah	Welsh	MV40	31:45		
37	Paul	Corkill	MV40	32:35	Leven Valley	
38	Andy	Ward	MV40	33:15	Settle Harriers	
39	Chris	Lees	MV40	34:27		
40	Ian	Oakey	MV40	37:29	Settle Harriers	

MEN - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	James	Baron	MV50	25:38	Helm Hill	1st MV50
2	John	Rainford	MV50	26:46	Preston Harriers	
3	Jim	Andrews	MV50	27:00	Helm Hill	
4	Simon	Wright	MV50	27:27	Bingley Harriers	
5	Martin	Ramsay	MV50	28:52	Helm Hill	
6	Mick	Kirkman	MV50	28:56	Rosendale Harriers	
7	Jonnathan	Stubbs	MV50	29:02	Settle Harriers	
8	Roger	Taylor	MV50	29:07	Preston Harriers	
9	Roger	Aubrey	MV50	29:36	Helm Hill	
10	Tim	Murray	MV50	29:56	Helm Hill	
11	Raymond	Gill	MV50	30:10	Dallam	
12	Phil	Jumeau	MV50	31:12		
13	Peter	Ellwood	MV50	31:19	Settle Harriers	
14	David	Hunter	MV50	31:35	Helm Hill	
15	John	Orrell	MV50	31:43	Blackburn Harriers	
16	Colin	Valentine	MV50	33:21	Keswick AC	
17	Daniel	Rayson	MV50	34:19		
18	David	Mainwaring	MV50	34:52		
19	Richard	Cookson	MV50	40:09		

MEN - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	David	Griffin	MV60	26:14	Helm Hill	1st MV60
2	Nick	Hewitt	MV60	27:57	Bowland	
3	Graham	Beaumont	MV60	28:03	Dallam	
4	Brian	Thompson	MV60	29:30	Helm Hill	
5	Andy	Evans	MV60	30:39	Settle Harriers	
6	Peter	Singleton	MV60	31:08	blackpool wyre & fylde a.c.	
7	Gavin	Smith	MV60	32:57	SROC	
8	Michael	McLoughlin	MV60	33:40	Preston Harriers	
9	Ian	Peters	MV60	37:00	Glaxo Hoad Hill Harriers	
10	Iain	Crossley	MV60	38:14	Settle Harriers	
11	Geoff	Thompson	MV60	38:48	Wharfedale Harriers	
12	Trevor	Metcalfe	MV60	40:55	Wharfedale harriers	

MEN - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Ken	Taylor	MV70	30:28	Rosendale Harriers	1st MV70
2	John	Taylor	MV70	35:00	Bowland	
3	John	Hodgson	MV70	36:03	Dallam	
4	George	James	MV70	42:47	blackpool wyre & fylde a.c.	

ALL SENIOR LADIES						
Position	First Name	Surname	Cat	Time	Club	Comments

LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Chloe	Rylance	LU21	25:28	Ambleside	1st Lady/1st LU21
2	Jess	Ensol	LU21	26:48	Leven Valley	2nd Lady
3	Lizzie	Spencer	Lady	27:08	Helm Hill	
4	Ellie	Mather	Lady	27:34	Lonsdale	
5	Sarah	Gerrish	Lady	28:55	Helm Hill	
6	Kirsten	Angus	Lady	30:08	Settle Harriers	
7	Kristina	Jackson	Lady	30:32	Allithwaite RC	
8	Alice	Steele	Lady	30:51	Dallam	
9	Victoria	Upton	Lady	31:14	Helm Hill	
10	Abigail	Kerr	Lady	31:38		
11	Rebecca	Wilson	Lady	32:33	Helm Hill	
12	Holly	Gordon	LU21	33:02	Ambleside	
13	Vicky	O'Neill	Lady	33:49		
14	Leslie	Pateloup	Lady	35:33		
15	Sophie	Garne	Lady	36:13	Helm Hill	
16	Emily	Crossley	LU21	37:49	Settle Harriers	
17	Heather	Holden	Lady	39:21		

LADIES UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Chloe	Rylance	LU21	25:28	Ambleside	1st Lady/1st LU21
2	Jess	Ensol	LU21	26:48	Leven Valley	2nd Lady
3	Holly	Gordon	LU21	33:02	Ambleside	
4	Emily	Crossley	LU21	37:49	Settle Harriers	

LADIES - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Bianca	Dyer	LV40	26:51	Helm Hill	3rd Lady/1st LV40
2	Julia	Sier	LV40	29:17	Dallam	
3	Amy	Pearman	LV40	29:22	Helm Hill	
4	Alison	Richards	LV40	30:03	Helm Hill	
5	Liz	McNaily	LV40	30:17	Leven Valley	
6	Kate	Simpson	LV40	30:25	Helm Hill	
7	Rowan	Ranner	LV40	30:48	Helm Hill	
8	Kerry	Cornforth	LV40	31:06	Keswick AC	
9	Kerri	Wadsworth	LV40	31:31	Helm Hill	
10	Liz	White	LV40	32:08	Hoad Hill Harriers	
11	Emma	Pease	LV40	33:22	Barlick	
12	Pam	Bagot	LV40	34:01	Settle Harriers	
13	Sarah	Moon	LV40	34:02		
14	Robyn	Anderson	LV40	34:31	Preston Harriers	
15	Vicky	Kirkwood	LV40	34:35	Dallam	
16	Joanne	Grisedale	LV40	35:27	Helm Hill	
17	Nicola	Muller	LV40	35:55	Barlick	
18	Libby	Dixon	LV40	36:16	Ambleside	
19	Helen	Wilkinson	LV40	36:20	Keighley and Craven	
20	Laura	Williams	LV40	37:56		
21	Katharine	Shrine	LV40	40:15		
22	Rachel	Brummitt	LV40	41:06	Settle Harriers	
23	Jo	Matthew	LV40	41:54	Bowland	

LADIES - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Debbie	Copley	LV50	29:34	Dallam	1st LV50
2	Angela	Brand-Barker	LV50	30:13	Helm Hill	
3	Caroline	Holden	LV50	31:00	Helm Hill	
4	Alison	Cooke	LV50	32:18	Hoad Hill Harriers	
5	Jo	Taylor	LV50	33:24	Bowland	
6	Denise	Tunstall	LV50	34:42	Durham Fell Runners	
7	Joanne	McLeod	LV50	35:30	Barrow and Furness Striders Ac	
8	Sally	Barton	LV50	37:03	Hoad Hill Harriers	
9	Alison	Peaker	LV50	40:04	KCAC	
10	Su	Thompson	LV50	40:43	Wharfedale Harriers	
11	Jill	Gates	LV50	42:51	Settle Harriers	

LADIES - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	sue	cordingley	LV60	29:54	Bingley Harriers	1st LV60
2	Mary	Ockenden	LV60	32:59	Bowland	
3	Dorothy	Pelly	LV60	33:17	Ambleside	
4	Dorcas	Doolan	LV60	35:30	Dallam	
5	Marian	de Silver	LV60	38:01	Dallam	

LADIES - VET 70						
Position	First Name	Surname	Cat	Time	Club	Comments

UNDER 17 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Edward	Sargent	Boy	14:31	Leven Valley	1st Boy
2	Jack	Villiers	Boy	14:38	Clayton-le-Moors Harriers	2nd Boy
3	Dylan	Cater	Boy	14:50	Helm Hill	3rd Boy
4	John	Bardsley	Boy	15:21		
5	Owain	Clark	Boy	15:30	Leven Valley	
6	Isaac	Robinson	Boy	16:37	Howgill Harriers	
7	Finley	Corkill	Boy	17:25	Leven Valley	
8	Nathan	Ritchie	Boy	17:26	Leven Valley	
9	Cyrus	Cropper	Boy	18:46	Helm Hill	
10	Zach	Doherty	Boy	19:21	Dallam	

UNDER 17 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Olesia	Winder	Girl	15:39	Leven Valley	1st Girl
2	Emily	Swarbrick	Girl	17:28	Cumberland Fell Runners	2nd Girl
3	Holly	Dobson	Girl	19:48	Ambleside	3rd Girl
4	Ciara	Duffy	Girl	19:54	Barlick	

UNDER 15 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Will	McNally	Boy	10:02	Leven Valley	1st Boy
2	Harry	Ewbank	Boy	10:09	Eden Runners	2nd Boy
3	Oliver	Willoughby	Boy	10:19	Helm Hill	3rd Boy
4	Thomas	Adams	Boy	10:43	Cumberland Fell Runners	
5	Rowan	Ashworth	Boy	10:48	Ambleside	
6	Ben	Allmond	Boy	11:14	Ambleside	
7	Oliver	Oldham	Boy	11:21	Leven Valley	
8	Caius	Pennington	Boy	11:23	Howgill Harriers	
9	Alex	Graham	Boy	12:10	Ambleside	
10	Riley	Merryfield	Boy	12:11	Ambleside	
11	Ned	Whitaker	Boy	13:24	Settle Harriers	
12	Henry	Cookson	Boy	13:30		
13	Kalyan	Dhillon-Downe	Boy	13:47	Keighley and Craven	
14	George	Campbell	Boy	16:44	Howgill Harriers	
15	Louie	Earp	Boy	17:08		

UNDER 15 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jessica	Bailey	Girl	10:18	Leven Valley	1st Girl
2	Amelie	Lane	Girl	10:35	Wharfedale Harriers	2nd Girl
3	Georgis	Bell	Girl	10:51	Leven Valley	3rd Girl
4	Megan	Wilkinson	Girl	12:16	Keighley and Craven	
5	Olivia	Swarbrick	Girl	12:23	Cumberland Fell Runners	
6	Connie Maye	Scott	Girl	12:28	Helm Hill	
7	Vicky	Woof	Girl	12:35	Howgill Harriers	
8	Fayth	Bowness	Girl	12:39	Cumberland Fell Runners	
9	Charlotte	Pearl	Girl	12:52	Settle Harriers	
10	Oliva	Aldham	Girl	13:14	Wharfedale Harriers	
11	Jody	Whitfield	Girl	13:26	Barlick	
12	Cate	Matthew	Girl	13:57	Bowland	
13	Martha	Rigby	Girl	14:21	Settle Harriers	
14	Amber	Muller	Girl	15:39	Barlick	

UNDER 13 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Archie	Peaker	Boy	04:55	Keighley and Craven	1st Boy
2	Jack	Sanderson	Boy	05:21	Settle Harriers	2nd Boy
3	Harvey	Shaw	Boy	05:24	Ambleside	3rd Boy
4	Noah	Wadsworth	Boy	05:27	Helm Hill	
5	Joseff	Tancrel	Boy	05:33	Helm Hill	
6	Will	Pease	Boy	05:54	Barlick	
7	Leon	Parker	Boy	06:04	Leven Valley	
8	Will	Brayshaw	Boy	06:06	Helm Hill	
9	Zeke	Sumner	Boy	06:10	Ambleside	
10	Max	Hazlehurst	Boy	06:12	Hoad Hill Harriers	
11	Mack	Bagnall	Boy	06:17	Settle Harriers	
12	Aaron	Smith	Boy	06:17	Howgill Harriers	
13	Aiden	Crickett	Boy	06:18	Cumberland Fell Runners	
14	Fraser	Dunn	Boy	06:20	Helm Hill	
15	Finn	Durkin	Boy	06:32	Settle Harriers	
16	Tom	Ashworth	Boy	06:36	Ambleside	
17	William	Hargreaves	Boy	06:39	Ambleside	
18	Fred	Atkinson	Boy	06:59	Settle Harriers	
19	Jack	Middleton	Boy	07:03	Leven Valley	
20	John	Williamson	Boy	07:12	Leven Valley	
21	Kieran	Banister	Boy	07:14	Leven Valley	
22	Dylan	Taylor	Boy	07:18	Leven Valley	
23	Riley	Young	Boy	07:25	Leven Valley	
24	Kieran	Harvey	Boy	07:27	Glaxo Hoad Hill Harriers	
25	Alfie	Muller	Boy	07:34	Barlick	
26	Charlie	Ellwood	Boy	07:59	Settle Harriers	
27	Alex	Charnley	Boy	08:22		
28	Oliver	Cookson	Boy	11:10		

UNDER 13 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Lucille	Pickles	Girl	05:47	Barlick	1st Girl
2	Milly	Timbers	Girl	05:52	Keighley and Craven	2nd Girl
3	Daisy	Fielding	Girl	06:08	Sedbergh School RC	3rd Girl
4	Millie	Jebb	Girl	06:10	Helm Hill	
5	Isabella	Wright	Girl	06:29	Wharfedale Harriers	
6	Ruby	Duxbury	Girl	06:31	Ambleside	
7	Layla	Kirkley	Girl	06:33	Wharfedale Harriers	
8	Lucy	Bell	Girl	06:35	Leven Valley	
9	Lucy	Bagot	Girl	06:37	Settle Harriers	
10	Tess	Evans	Girl	06:53	Ambleside	
11	Isla	Pearman	Girl	07:00	Helm Hill	
12	Isabelle	Teal	Girl	07:01	Barlick	
13	Jasmine	Bottomley	Girl	07:06	Helm Hill	
14	Ellen	Douglas	Girl	07:22	Hoad Hill Harriers	
15	Iona	Barrowdale Sr	Girl	07:28	Glaxo Hoad Hill Harriers	
16	Hannah	Dyer	Girl	07:30	Helm Hill	
17	Brooke	Durkin	Girl	07:43	Leven Valley	
18	Jessica	Oakey	Girl	08:02	Settle Harriers	
19	Eleanor	King	Girl	08:07	Helm Hill	
20	Isabella	Latty	Girl	08:09	Settle Harriers	
21	Megan	Harris	Girl	08:11	Helm Hill	
22	Florrie	Haddow	Girl	08:13	Furness Fell Runners	
23	Lily	Mitchell	Girl	10:20	Hoad Hill Harriers	

UNDER 11 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Cooper	Wadsworth	Boy	06:02		1st Boy
2	Sam	Oldham	Boy	06:09	Leven Valley	2nd Boy
3	James	Fulford	Boy	06:15	Ambleside	3rd Boy
4	Freddie	Byrne	Boy	06:23	Ambleside	
5	Blake	Airey	Boy	06:24	Howgill Harriers	
6	Carl	Sanderson	Boy	06:25	Settle Harriers	
7	Harry	Fife	Boy	06:26		
8	Ivan	Winder	Boy	06:30	Leven Valley	
9	Evan	Mulvany	Boy	06:32	Helm Hill	
10	Jack	Moon	Boy	06:37	Helm Hill	
11	William	Gornall	Boy	06:41		
12	Reuben	Fife	Boy	06:56		
13	Noah	Zaboklicki	Boy	06:57	Hoad Hill Harriers	
14	Magnus	Foxwell	Boy	07:04	Ambleside	
15	Demitri	Kyriacou	Boy	07:11	Leven Valley	
16	Jackson	Bottomley	Boy	07:15	Helm Hill	
17	Ben	Brummitt	Boy	07:16	Settle Harriers	
18	Gus William	Campbell	Boy	07:17	Howgill Harriers	
19	Ewan	Angus	Boy	07:20	Settle Harriers	
20	Arthur	Kirby	Boy	07:38	Ambleside	
21	Ethan	Ward	Boy	07:48	Settle Harriers	
22	John	North	Boy	07:54	Settle Harriers	
23	Sean	Thwaites	Boy	07:55	Howgill Harriers	
24	Theo	Zaboklicki	Boy	08:00	Hoad Hill Harriers	
25	Rowan	Bradley	Boy	08:00		
26	Edward	Shawcross	Boy	08:03	Dallam	
27	Ned	Brayshaw	Boy	08:06	Helm Hill	
28	Oliver	Charnley	Boy	08:14		
29	Dougie	Mitchell	Boy	08:17		
30	Ghyll	Baker	Boy	08:23	Helm Hill	
31	Ewan	Angus	Boy	08:30	Settle Harriers	
32	Demitri	Kyriacou	Boy	08:43	Leven Valley	
33	Harry	Gould	Boy	10:10	Settle Harriers	

UNDER 11 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Emmy	Ranner	Girl	06:30	Helm Hill	1st Girl
2	Bella	McCredie	Girl	06:42	Barlick	2nd Girl
3	Julia	Fielding	Girl	06:43	Sedbergh School RC	3rd Girl
4	Isla	Jebb	Girl	06:45	Helm Hill	
5	Holly	Nicholls	Girl	07:16	Wigan & District Harriers	
6	Bethany	Swarbrick	Girl	07:40	Cumberland Fell Runners	
7	Freya	Addison	Girl	07:40	Helm Hill	
8	Francesca	Bagot	Girl	08:05	Settle Harriers	
9	Mabel	Whitaker	Girl	08:07	Settle Harriers	
10	Fay	Thomas	Girl	08:57		
11	Martha	Booth	Girl	09:06	Settle Harriers	