

Pos	No	First Name	Surname	Club	Cat	Time
1	105	Sam	Stead	Keswick AC	MOpen	00:52:50
2	35	Ben	Riddell	Black Combe Runners	MOpen	00:54:20
3	102	Rob	Brown	Keswick AC	MOpen	00:54:49
4	131	Michael	Ainsworth	Helm Hill	MOpen	00:54:56
5	159	Richard	Keefe	UA	MOpen	00:56:16
6	22	Sarah	Mc Cormack	Ambleside AC	FOpen	00:56:19
7	133	Ben	Jackson	Eden Runners	MV40	00:56:31
8	118	Alec	Sabey	Dark Peak Fell Runners	MOpen	00:57:09
9	89	Tim	Grimwood	Swaledale Road Runners	MV40	00:57:21
10	101	Daniel	Jones	Eden Runners	MOpen	00:57:30
11	10	Kieran	Hodgson	Helm Hill	MV40	00:58:23
12	119	Sam	Green	Wharfedale Harriers	MOpen	00:58:27
13	13	Mark	Likeman	Cumberland AC	MV40	00:58:33
14	82	Brian	Pennington	Howgill Harriers	MV40	00:58:36
15	111	Phil	Mather	Lonsdale Fell Runners	MOpen	00:59:17
16	139	Sam	Norris	UA	MOpen	01:01:10
17	97	Alistair	Tod	Northern Fells RC	MOpen	01:01:21
18	109	John	Millen	Black Combe Runners	MV40	01:01:24
19	154	Tim	Carter	UA	MOpen	01:01:25
20	39	Jack	Simpson	Helm Hill	MOpen	01:01:42
21	164	Ross	Jenkin	Howgill Harriers	MOpen	01:01:51
22	174	Joseph	Woods	Blyth RC	MOpen	01:02:08
23	40	Andy	F	UA	MOpen	01:02:13
24	37	Eve	Pannene	Eden Runners	FOpen	01:03:15
25	49	Scott	Newburn	Eden Runners	MOpen	01:03:20
26	136	Joe	Stringer	UA	MOpen	01:03:23
27	93	Ian	Harrington	Helm Hill	MV40	01:03:26
28	147	George	Milligan	UA	MOpen	01:03:49
29	137	Andy	Thompson	Helm Hill	MOpen	01:04:21
30	18	Mark	Davidson	Derwentside AC	MV40	01:04:54
31	16	Ian	Hutchinson	Derwent valley TR	MV40	01:05:18
32	70	Sam	Varney	UA	MOpen	01:05:44
33	43	Peter	German	Helm Hill	MOpen	01:06:02
34	152	Matthew	Stapley	UA	MOpen	01:06:10
35	33	Katherine	Kllinder	Chorley AC	FOpen	01:06:30
36	128	Jonathan	Hart	Esk valley Fell Club	MOpen	01:06:33
37	52	David	Griffin	Helm Hill	MV60	01:06:40
38	14	Sophie	Likeman	Cumberland AC	FOpen	01:06:44
39	54	Oliver Jamie	Luke	UA	MOpen	01:06:50
40	179	Anthony	Labram	Eden Runners	MV50	01:07:07
41	74	Phillip	Pearson	Northern Fells RC	MV60	01:07:12
42	107	James	Coulthard	Howgill Harriers	MV40	01:07:20
43	51	Ioan	Lewis	UA	MOpen	01:07:36
44	9	Phil	Cooper	Howgill Harriers	MV50	01:08:14
45	148	Bianca	Dyer	Helm Hill	FV40	01:08:17
46	151	Martin	Spooner	Howgill Harriers	MV40	01:08:20
47	85	Keiran	Horrigan	UA	MV50	01:08:24
48	114	Sean	Bolland	Bowland Fell Runners	MV40	01:08:32
49	98	Richard	Timms	Settle Harriers	MV50	01:08:56

50	158	Hamish	Carter	UA	MOpen	01:09:02
51	36	David	Banks	Kendal AC	MV50	01:09:05
52	12	Phillip	Roberts	Lonley goat RC	MV40	01:09:07
53	124	Sean	Robinson	Howgill Harriers	MV40	01:09:14
54	112	Roland	Kelly	UA	MV50	01:09:38
55	47	Graham	Bradshaw	Hunwick harriers	MV60	01:09:40
56	80	Heidi	Dent	Howgill Harriers	FOpen	01:09:44
57	15	David	White	Helm Hill	MV40	01:09:48
58	134	Norman	Hayhurst	UA	MV50	01:10:04
59	27	Neil	Weightman	UA	MV50	01:10:13
60	91	Howard	Draup	Helm Hill	MOpen	01:10:36
61	156	Robert	Moffat	UA	MOpen	01:10:44
62	28	Neil	Sidaway	CFR	MV50	01:10:53
63	26	Shaun	Addison	Helm Hill	MV60	01:10:56
64	175	Joshua	Lyndsay	Howgill Harriers	MOpen	01:11:05
65	73	Jo	Rycroft	Helm Hill	FOpen	01:11:13
66	75	Crispin	Halsall	Bowland Fell Runners	MV50	01:11:16
67	143	Richard	Milligan	Sheffield Uni	MOpen	01:11:31
68	53	Nicholas Henry	Brooks	UA	MV40	01:11:44
69	170	Anthony	Emmet	Helm Hill	MV40	01:11:54
70	86	John	Thompson	Newburgh Nomads	MV50	01:11:59
71	42	Paul	Nickells	Eden Runners	MV50	01:12:25
72	90	Steph	Jones	Ambleside AC	FV40	01:12:27
73	110	Ellie	Mather	Lonsdale Fell Runners	FOpen	01:12:29
74	24	James	Morrison	Tiverton Harriers	MV40	01:12:34
75	162	Martin	Pennington	UA	MOpen	01:12:36
76	20	Stephen	Moffat	Howgill Harriers	MV60	01:12:52
77	178	Damian	Kimmins	Keswick AC	MV40	01:13:01
78	160	Ben	Adams	UA	MV40	01:13:04
79	138	Dave	Baglee	Eden Runners	MV50	01:13:10
80	168	Tom	Matthews	UA	MOpen	01:13:43
81	78	David	Ralphs	Kayleigh Fitness	MV50	01:13:49
82	71	Chris	Curtis	Northern Fells RC	MV50	01:13:51
83	6	Graham	Pearson	Derwent valley TR	MV40	01:13:51
84	150	Tim	Roe	Helm Hill	MV40	01:14:07
85	95	Bridget	Glaister	Skelmersdale Boundary Harriers	FV40	01:14:14
86	146	Charlotte	Milligan	Helm Hill	FOpen	01:14:22
87	69	Mark	Milner	Darlington Harriers	MV40	01:14:53
88	106	Alex	Heron	Eden Runners	MV60	01:15:05
89	163	Charley	Oldrid	UA	MOpen	01:15:14
90	44	Hailey	Fletcher	Sedbergh School	FOpen	01:15:18
91	72	Phil	Blanshard	UA	MV60	01:15:26
92	84	Jenny	Lee	Northern Fells RC	FV40	01:15:37
93	68	Mick	Brankin	Trawden AC	MV40	01:15:41
94	64	Oonagh	Bathgate	Swaledale Road Runners	FV50	01:15:48
95	25	Bill	Beckett	Chorley AC	MOpen	01:15:50
96	21	Alan	Barr	Howgill Harriers	MV40	01:15:58
97	145	David	Appleyard	Helm Hill	MV50	01:16:22
98	66	John	Tombs	Eden Runners	MV40	01:16:27
99	8	Steve	Seddon	Dallam RC	MV50	01:16:29

100	149	Susanne	Enhard	Eden Runners	FV50	01:16:35
101	100	Lucy	Jones	Eden Runners	FOpen	01:16:54
102	67	Clare	Clarke	Eden Runners	FOpen	01:16:56
103	5	John	Duff	Northumberland FR	MV50	01:16:56
104	4	Emma	Bain	UA	FV50	01:16:57
105	87	Gareth	Cozens	Howgill Harriers	MV50	01:17:40
106	76	Gavin	Smith	South ribble OC	MV60	01:18:07
107	34	Mark	Ellithorn	Chorley AC	MV50	01:18:11
108	63	David	Burton	Keswick AC	MV50	01:18:13
109	60	Julie	Carter	Keswick AC	FV50	01:18:43
110	125	Jim	Clapp	DFR	MV60	01:19:02
111	142	Simon	Milligan	Helm Hill	MV50	01:19:25
112	122	Katie	Milburn	Eden Runners	FOpen	01:19:43
113	38	Mark	Pannene	Eden Runners	MV50	01:19:50
114	117	John	Leech	Dallam RC	MV50	01:19:54
115	96	Mark	Glaister	Skelmersdale Boundary Harriers	MV50	01:19:54
116	57	David	Lees	UA	MOpen	01:20:09
117	165	Martin	Smillie	FRA	MV60	01:20:21
118	141	Gary	Lane	Howgill Harriers	MV50	01:20:33
119	157	Paul	Hutchings	Liverpool Harriers & AC	MV50	01:20:52
120	155	High	Carter	UA	MOpen	01:21:02
121	129	John	Orrell	Blackburn Harriers AC	MV50	01:21:06
122	81	Stuart	Backhouse	Keswick AC	MV50	01:21:09
123	11	Julie	Gardner	Macclesfield Harriers and AC	FV50	01:21:28
124	48	Paul	Davidson	Howgill Harriers	MOpen	01:21:30
125	7	Owen Richard	Barnicott	UA	MOpen	01:21:30
126	79	Gary	Johnson	UA	MV40	01:21:38
127	132	Robin	Haywood	Howgill Harriers	MV50	01:22:02
128	166	Jane	Verity	Howgill Harriers	FV40	01:22:07
129	103	Thomas	Middleton	Eden Runners	MOpen	01:22:08
130	113	Grace	Leedham	Dallam RC	FV50	01:22:12
131	45	Sarah	Brennand	Eden Runners	FOpen	01:22:25
132	1	Christopher	Ball	UA	MV60	01:22:35
133	31	Brian	Horn	Bowderdale	MV60	01:22:53
134	83	Richard	Simpson	Dallam RC	MV60	01:23:09
135	2	Ken	Robinson	Wharfedale Harriers	MV70	01:23:30
136	127	Steve	Jeffer	Dallam RC	MV50	01:24:22
137	50	Alison	Phillips	Eden Runners	FV50	01:24:27
138	77	Mary	Ockenden	Bowland Fell Runners	FV60	01:24:31
139	173	Fliss	Milner	Dark Peak Fell Runners	FV50	01:24:39
140	140	Allan	Miller	Kendal AC	MV60	01:25:08
141	171	Jennifer Louise	Henry	Bentham Beagles	FOpen	01:25:53
142	94	Neil	Geuldire	Skelmersdale Boundary Harriers	MV40	01:26:05
143	108	Michael	Pittuck	UA	MV60	01:26:31
144	17	Jordan	Barak	Derwent valley TR	MOpen	01:26:35
145	177	Will	Thwaites	Howgill Harriers	MOpen	01:26:45
146	61	Jim	Coldwell	Swaledale Road Runners	MV40	01:26:50
147	41	Vicky	O'Neill	UA	FOpen	01:27:07
148	59	Claire	Stewart	Swaledale Road Runners	FV50	01:27:23
149	29	Mark	Graham	CFR	MV60	01:27:52

150	30	Ian	Graham	UA	MOpen	01:27:58
151	161	Emma	Winter	Eden Runners	FOpen	01:28:08
152	92	Jim	Fisher	Howgill Harriers	MV60	01:28:17
153	3	Sharon	Eaton	Tattenhall Runners	FV50	01:28:24
154	23	Justine	Carruthers	Eden Runners	FV40	01:28:45
155	123	Zoe	Robinson	Howgill Harriers	FOpen	01:29:22
156	169	Claire	Dickinson	Northern Fells RC	FV40	01:30:11
157	130	May	Crawford	Helm Hill	FV40	01:30:20
158	58	Michael	Keavney	Swaledale Road Runners	MV50	01:30:25
159	19	Denise	Tunstall	Durham Fell Runners	FV50	01:30:27
160	104	Paul	Corkill	Leven Valley	MV40	01:30:50
161	55	Chris	Lees	UA	MV40	01:30:58
162	65	John	Lynch	Swaledale Road Runners	MV60	01:31:33
163	135	Kay	McDonald	UA	FOpen	01:31:40
164	115	Kelly Ann	Nemeth	Settle Harriers	FOpen	01:32:52
165	167	Richard	Matthews	Teesdale Tri	MV50	01:33:20
166	176	Ian	Seel	UA	MV40	01:33:38
167	116	Eleri Gwenllian	Pritchard	Settle Harriers	FOpen	01:33:45
168	172	Ellen	Stantschews	UA	FV40	01:33:58
169	88	Richard	Knowles	Totley AC	MV40	01:34:00
170	126	Hannah	Reynolds	UA	FV40	01:35:03
171	32	Graham	Schofield	Chorley AC	MV60	01:36:08
172	46	Helen	Duggleby	Nymac	FV50	01:36:27
173	144	Kat	Milligan	UA	FOpen	01:36:55
174	120	Dougie	Nisbet	Durham Fell Runners	MV50	01:37:37
175	121	Claire	Warner	Keswick AC	FOpen	01:44:19
176	153	Martha	McBarron	Swaledale Road Runners	FV60	01:48:38
177	99	Fraser	Livesey	Howgill Harriers	FV50	01:48:41