

Actual Finish Position	Name	Club	Category	Race Time
1	Carl Bell	Keswick	M Sen	00:37:35
2	Mario Yeomans	CFR	M Sen	00:39:47
3	Tom Day	Keswick	M Sen	00:41:50
4	Mark Likeman	CFR	M Sen	00:42:13
5	Adam Frankham	Netherhall	M Sen	00:43:40
6	Brian Taylor	Netherhall	M 50	00:43:50
7	Gary Stephenson	Netherhall	M Sen	00:44:23
8	Scott Keough	Netherhall	M 45	00:44:44
9	Phil Winskill	Keswick	M 40	00:45:11
10	Bruce Hardy	Derwent	M 40	00:45:22
11	Tim Irlam	CFR	M Sen	00:45:42
12	Ryan Galea	Netherhall	M Sen	00:45:43
13	Chris Knowles	Ellenborough	M 55	00:45:53
14	Edward Iredale	Netherhall	M Sen	00:45:59
15	Jack Gilbert	CFR	M Sen	00:46:00
16	Peter Kemp	Ellenborough	M 40	00:46:04
17	Sophie Noon	CFR	W Sen	00:46:25
18	Alex Roberts	Ellenborough	M Sen	00:46:33
19	Simon Hunter	Keswick	M 50	00:47:01
20	Ross Butler	Keswick	M 40	00:47:08
21	Mark Blackwell	CFR	M 40	00:47:56
22	Ian Glendinning	CFR	M Sen	00:48:00
23	Dan Clark	Borrowdale	M Sen	00:49:13
24	Andrew Graham	CFR	M 50	00:49:33
25	Mark Fussell	CFR	M Sen	00:49:33
26	Claire Russell	CFR	W 45	00:50:10
27	Lucy Stobbart	Cumberland AC	W Sen	00:50:44
28	Natalie McCarron	Cumberland AC	W Sen	00:51:01
29	Paul Ferguson	Netherhall	M 40	00:51:28
30	John Skelton	U/A	M 45	00:51:33
31	Shaun Atkinson	Ellenborough	M Sen	00:51:38
32	Rod Welford	U/A	M 50	00:51:53
33	Paul Jennings	CFR	M 50	00:52:13
34	Ian McDougal	Cumberland AC	M 55	00:52:16
35	Chris Turner	CFR	M Sen	00:52:27
36	Andy Myers	U/A	M 40	00:52:28
37	Frank Hewer	Cumberland AC	M 45	00:53:21
38	Mark Nixon	U/A	M 50	00:53:27
39	Mia Easthope	CFR	W U21	00:53:42
40	Daniel Wilson	Cumberland AC	M Sen	00:53:45
41	Kate Apps	Keswick	W 40	00:53:51
42	Stephen Brown	Netherhall	M 45	00:54:20
43	Andrew Bromley	Netherhall	M Sen	00:54:31

44	Billy	Stobbart	Cumberland AC	M Sen	00:54:43
45	Kevin	Robinson	Derwent	M 45	00:54:52
46	Andy	Ross	Northern Fells	M 50	00:55:16
47	Mark	Wise	CFR	M 55	00:55:30
48	Chris	Draper	CFR	M Sen	00:55:35
49	Heidi	Dyson	Derwent	W Sen	00:55:47
50	Shaun	Cavanagh	Cumberland AC	M 50	00:55:56
51	Barry	Baxter	Netherhall	M 50	00:56:00
52	Steve	Whitehurst	U/A	M 55	00:56:03
53	Paul	Cullen	U/A	M 55	00:56:35
54	Andy	Reid	Ellenborough	M 60	00:56:43
55	Colin	Valentine	Keswick	M 55	00:56:50
56	Lousie	Ireland	Netherhall	W Sen	00:56:52
57	Jennie	Chatterley	CFR	W 45	00:56:58
58	Tom	Majchrowski	CFR	M Sen	00:57:01
59	Lyn	Thompson	Keswick	W 60	00:57:05
60	Paul	Mason	CFR	M 60	00:57:25
61	Paul	Zanacchi	U/A	M Sen	00:57:27
62	Kirsty	Taylor	Netherhall	W Sen	00:57:33
63	Debbie	Walker	Derwent	W 40	00:58:02
64	Michael	Sandelands	Cumberland AC	M 45	00:58:06
65	James	Ridehaugh	U/A	M Sen	00:58:21
66	Les	Barker	CFR	M 50	00:58:32
67	Ryan	Crellin	CFR	M Sen	00:59:27
68	Nicholas	Downes	Cumberland AC	M 40	00:59:47
69	Ann	Cummings	CFR	W 55	00:59:52
70	Katie	Hamilton	Netherhall	W Sen	00:59:58
71	Graham	Morgan	CFR	M 50	01:00:10
72	David	Spedding	Keswick	M 70	01:00:49
73	Anita	Barker	CFR	W 45	01:01:34
74	Philip	Stones	U/A	M 60	01:01:39
75	Mel	Bradley	CFR	W 55	01:02:23
76	Graham	Watson	CFR	M 55	01:02:59
77	Tony	Jewell	CFR	M 65	01:03:30
78	Lindsey	Stables	Netherhall	W Sen	01:03:32
79	Bryony	Towers	Netherhall	W Sen	01:03:38
80	Tracy	Taylor	Netherhall	W 50	01:03:41
81	Lisa	Jackson	Derwent	W Sen	01:03:49
82	Dean	Porterhouse	Netherhall	M 45	01:03:59
83	Ronnie	Mossop	Netherhall	M 50	01:04:07
84	Kurtis	Walker	U/A	M 50	01:04:12
85	Isabel	Mancebo	Derwent	W 45	01:05:07
86	Rowan	Ellwood	U/A	W Sen	01:05:35
87	Sandra	Mason	CFR	W 55	01:05:59
88	Chris	Clark	Keswick	M 65	01:06:20
89	Kim	Clark	Keswick	W 60	01:06:27
90	Lindsay	Buck	CFR	W 55	01:06:28

91	Anna	Blackburn	CFR	W 55	01:07:10
92	Tom	Lawson	Netherhall	M 40	01:07:15
93	Toni	Baxter	Netherhall	W 40	01:08:39
94	Charlotte	Akam	CFR	W Sen	01:09:00
95	Stella	Atherton	Cumberland AC	W 45	01:10:49
96	Mike	Hind	Borrowdale	M 65	01:11:01
97	Philip	Hawley	Cumberland AC	M 65	01:11:19
98	Alison	Whitehurst	CFR	W 50	01:13:40
99	Jane	Mottram	CFR	W 60	01:14:37
100	Linda	Grant	Bodyfit Cumbria	W 60	01:14:37
101	Leeann	Barber	Cumberland AC	W Sen	01:15:28
102	Olwen	Cunningham	St Bees Triers	W 45	01:15:43
103	Wendy	Navin	Cumberland AC	W 45	01:15:44
104	Jane	Hornsby	Black Combe	W 55	01:16:47
105	Anna	Firth	Derwent	W 45	01:19:48
106	Catherine	Nicholson	Cumberland AC	W 45	01:26:10
107	Robin	Bell	Cumberland AC	M 50	01:26:21
rtd	Gavin	Pattinson	Netherhall	M 45	rtd