



Supported By
Different Strokes
and
Pete Bland Sports



Giggleswick School - Results 13 January 2019

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	666	Matthew	Knowles	MU21	23:49	Lancaster & Morecambe AC	1st Man/1st MU21
2	765	Jack	Wright	Man	24:12	Ambleside	2nd Man
3	828	Sam	Almond	MU21	24:16	Eden Runners	3rd Man
4	669	Benjamin	Forrest	MU21	24:34	Bury Athletic Club	
5	718	Charlie	Ing	Man	24:36	Unattached	
6	732	Tom	Addison	Man	24:47	Helm Hill	
7	850	Mark	McGoldrick	Man	25:03	Wharfedale Harriers	
8	525	Jon	Rylance	MV40	25:15	Ambleside AC	1st MV40
9	790	Pete	Harrison	Man	25:20		
10	895	Kirk	Wadsworth	MV40	26:02	Helm Hill	
11	642	Michael	Gregory	MV40	26:03	Ulverston Triathlon Club	
12	531	Alastair	Dunn	MV40	26:04	Helm Hill	
13	551	Will	Acland	MV40	26:24	Helm Hill	
14	789	Paul	Upton	Man	26:31	Helm Hill	
15	867	Jos	Addison	Man	26:40	Helm Hill	
16	716	Sebastian	Segger-Steveley	MU21	26:53	Settle Harriers	
17	593	Scott	Umpleby	MV50	27:00	Kendal AAC	1st MV50
18	892	Zach	Jennings	Man	27:24	Settle Harriers	
19	882	John	Murfin	MV50	27:28	Settle Harriers	
20	893	James	Harris	Man	27:29	Black Combe	
21	834	Sam	Brummitt	MV40	27:42	Settle Harriers	
22	574	Harvey	Lord	Man	27:44	Black Combe	
23	871	Joseph	Hobbs	Man	27:57	Lonsdale	
24	535	Brian	Pennington	MV40	27:59	Howgill Harriers	
25	513	Justin	Tancrel	MV40	28:02	Helm Hill	
26	824	Craig	Burrow	MV40	28:06	Helm Hill	
27	595	Gary	Thorpe	MV50	28:08	Ambleside AC	
28	554	Luke	Appleyard	Man	28:09	Wharfedale Harriers	
29	852	Garry	Beardwood	MV40	28:13	Helm Hill	
30	603	Peter	German	Man	28:45	Helm Hill	
31	868	Phil	Mather	Man	28:49	Lonsdale	
32	734	Simon	Denny	Man	29:02	Bentham	
33	633	Steven	Middleton	MV40	29:08	Howgill Harriers	
34	632	James	Baron	MV50	29:15	Helm Hill	
35	701	Sam	Moon	MV40	29:20	Helm Hill	
36	601	Ben	Kirkman	MU21	29:27	Rosendale Harriers	
37	842	Stephen	Nicholls	Man	29:39	Wigan Harriers	
38	843	Simon	Wright	MV50	29:42	Bingley Harriers	
39	559	Sean	Robinson	MV40	29:47	Howgill Harriers	
40	730	Anthony	Emmet	MV40	29:50	Helm Hill	
41	835	David	McNally	MV40	29:51	Levens Valley AC	
42	549	Graham	Schofield	MV60	29:52	Horwich RMI Harriers	1st MV60
43	860	Steven	Procter	Man	29:53	Settle Harriers	
44	719	Matthew	Crawford	Man	29:56	Coniston	
45	717	Kaisleigh	Atkinson	Lady	29:58		1st Lady
46	582	Colin	Houston	MV40	30:06		
47	877	Matthew	Holroyd	MU21	30:16	Settle Harriers	
48	770	Keith	Stronach	Man	30:17		
49	736	Tom	Batty	Man	30:19		
50	591	Joey	Umpleby	MU21	30:21	Kendal AAC	

51	694	Celia	Powell	Lady	30:22		2nd Lady
52	596	Alistair	Hearn	MV40	30:25	Helm Hill	
53	840	David	Bowness	MV50	30:33	Cumberland Fell Runners	
54	888	Roger	Laycock	MV60	30:35	Settle Harriers	
55	522	Tom	Ward	MU21	30:39	Helm Hill	
56	836	David	Kiriakov	Man	30:44	Levens Valley AC	
57	886	Ben	Whitham	MV41	30:49		
58	857	Pete	Keron	MV40	30:50	Giggleswick School	
59	866	John	Rainford	MV50	30:51	Preston Harriers	
60	509	Chris	Green	MV40	30:53	Ambleside AC	
61	644	David	Griffin	MV50	30:54	Helm Hill	
62	883	Richard	Timms	MV50	30:55	Settle Harriers	
63	880	James	Anna	MV50	30:56	Settle Harriers	
64	649	Emma	Johnston	Lady	30:57	Helm Hill	3rd Lady
65	817	Michael	Smith	MV50	31:01	Dallam	
66	820	Stuart	Allan	MV40	31:05	Helm Hill	
67	566	Bianca	Dyer	LV40	31:07	Helm Hill	1st LV40
68	709	Ronald	Hummelink	MV40	31:07	Lonsdale Fell Runners	
69	859	Matthew	Taylor	MU21	31:08	Bury AC	
70	869	Ellie	Mather	Lady	31:10	Lonsdale	
71	745	John	Fitzpatrick	MV50	31:15	Helm Hill	
72	636	Brian	Thompson	MV60	31:18	Helm Hill	
73	560	Sheldan	Pickles	MV40	31:18	Unattached	
74	624	Michael	Toman	MV50	31:20	Accrington RR	
75	889	Ray	Gill	MV50	31:23	Dallam	
76	844	Carol	Evans	LV50	31:24	Settle Harriers	1st LV50
77	861	Roger	Taylor	MV50	31:29	Preston Harriers	
78	529	Jean	Brown	LV50	31:33	Clayton le Moors	
79	518	Rob	Crawford	MV40	31:43	Howgill Harriers	
80	609	Simon	Waller	MV50	31:44	Helm Hill	
81	583	Roger	Aubrey	MV50	31:47	Helm Hill	
82	520	Alistair	Shawcross	MV40	31:52		
83	623	Richard	Briscoe	MV40	31:55	Clayton le Moors	
84	858	Simon	Taylor	MV50	31:56		
85	854	Mike	Calvert	MV50	31:59	Howgill Harriers	
86	707	Tony	Little	MV40	32:02	Bowland	
87	872	Lauren	Munro-Bennett	Lady	32:09	Ambleside	
88	837	Catherine	Niblock	Lady	32:13	Helm Hill	
89	821	Neil	Robinson	MV40	32:15	COLT	
90	543	Mark	Villiers	MV40	32:19	Unattached	
91	816	Mark	Taylor	Man	32:20	Clayton le Moors	
92	830	Christopher	Whitfield	MV40	32:23	Barlick Fell Runners	
93	565	Andy	Bennett	MV40	32:32	Helm Hill	
94	881	John	Eddington	MV40	32:38	Settle Harriers	
95	878	Finlay	Meek	MU21	32:40		
96	538	Ronnie	Haddow	MV40	32:44	Furness Fell Runners	
97	700	Jenny	Lyon	Lady	32:48	Dallam Running Club	
98	874	Simon	Oxley	MV50	32:58	Settle Harriers	
99	829	Jack	Dorrington	MU21	33:01	Clayton le Moors	
100	579	David	Barnes	MV60	33:06	Horwich RMI Harriers	
101	570	Andy	Mingay	Man	33:10	Dallam	
102	897	Jonathan	Stubbs	MV50	33:11	Settle Harriers	
103	680	Andrew	Stokes	MV60	33:12	Dallam	
104	512	Jonny	Grisedale	MV40	33:14	Helm Hill	
105	826	Stephen	Carr	MV60	33:21		
106	573	Andy	Evans	MV50	33:25	Settle Harriers	
107	758	Graham	Beaumont	MV50	33:31	Dallam	
108	845	Kirsten	Angus	Lady	33:40	Settle Harriers	
109	838	Natasha	Geere	LV50	33:41	Spenborough	
110	749	Will	Douthwaite	Man	33:44	Helm Hill	
111	864	Bob	Feeney	Man	33:55		
112	885	David	Sexton	MV40	33:56	Settle Harriers	

113	727	Paul	Corkill	Man	33:57	Levens Valley AC	
114	532	Maia	Doherty	LU21	34:06	Helm Hill	1st LU21
115	841	David	Hunter	MV50	34:07	Helm Hill	
116	759	Phil	Harrington	MV40	34:14	Helm Hill	
117	831	Jill	Ecclestone	LV40	34:17	Settle Harriers	
118	887	Carmel	Ramwell	LV40	34:23	Settle Harriers	
119	619	Chris	Lawrence	MV50	34:27	Clayton le Moors	
120	517	Tim	Murray	MV50	34:33	Helm Hill	
121	773	Abigail	Kerr	Lady	34:41		
122	555	Colin	Briffett	MV40	34:43	Lancaster Runners	
123	811	John	Leech	MV50	34:58	Dallam	
124	853	Jonathan	Gibson	MV50	35:06	Wharfedale Harriers	
125	884	Jess	Bagnall	LV40	35:09	Settle Harriers	
126	875	Gayle	Denny	Lady	35:10	Bentham Beagles	
127	612	Eleanor	Parker	Lady	35:11	Preston Harriers	
128	849	Colin	Valentine	MV50	35:12	Keswick AC	
129	646	Mark	Charnley	MV40	35:14	Settle Harriers	
130	832	Stefan	Bradley	MV40	35:16		
131	894	Chris	Wright	MV50	35:17	Settle Harriers	
132	851	Lottie	Beardwood	LU21	35:19	Helm Hill	
133	661	Peter	Singleton	MV60	35:26	Blackpool	
134	744	Megan	Fitzpatrick	Lady	35:28	Helm Hill	
135	747	Wendy	Dodds	LV60	35:32	Clayton le Moors	1st LV60
136	827	Pete	Ellwood	MV50	35:33		
137	714	Pete	Coe	MV60	35:37	Helm Hill	
138	865	Angela	Brand-Barker	LV50	35:41		
139	523	Peter	Bardsley	MV40	35:49	Bowland	
140	587	Liz	McNally	LV40	35:50	Levens Valley AC	
141	540	Richard	Cater	MV40	35:51	Helm Hill	
142	721	Grace	Leedham	LV50	35:52	Dallam	
143	506	Lynn	Whittaker	LV50	35:53	Wharfedale Harriers	
144	546	Jo	Appleby	LV40	35:54	Helm Hill	
145	630	Jo	Taylor	LV50	35:56	Bowland FR	
146	839	Malcolm	Campbell	MV40	36:00		
147	856	Nicholas	Hutchinson	MV50	36:15	Settle Harriers	
148	685	John	Wood	MV40	36:23		
149	657	Konstantinos	Georgalos	Man	36:25		
150	873	Jane	Verity	LV40	36:33	Howgill Harriers	
151	674	Andy	Monk	MV60	36:41	FRA	
152	690	Anna	Bailey	Lady	36:43		
153	847	Denise	Tunstall	LV50	37:08	Durham Fell Runners	
154	629	John	Taylor	MV60	37:15	Bowland FR	
155	833	Helen	Greenep	LV50	37:20	Settle Harriers	
156	879	Julia	Hargreaves	LV40	37:37	Settle Harriers	
157	757	Gary	Tagnet	MV60	37:39	Dallam	
158	812	Amanda	Burrow	LV40	37:46	Helm Hill	
159	862	Robyn	Anderson	LV40	37:50	Preston Harriers	
160	890	Kevin	Brown	MV60	37:51	Settle Harriers	
161	814	Helen	Barker	LV40	37:53	Kendal AAC	
162	610	Michael	McLoughlin	MV60	38:20	Preston Harriers	
163	896	Linda	Lord	LV70	38:35	Clayton le Moors	
164	511	Jo	Grisedale	LV40	38:38	Helm Hill	
165	585	Leah	Albion	LU21	38:44	Broughton Runners	
166	586	Eilidh	Miller	LU21	38:47	Broughton Runners	
167	756	John	Hodgson	MV70	39:01	Dallam	1st MV70
168	656	Leslie	Pateloup	Lady	39:17		
169	519	Helen	Samson	LV40	39:22	Helm Hill	
170	731	Rachel	Addison	Lady	39:36	Helm Hill	
171	855	Helen	Hutchinson	LV50	39:37	Settle Harriers	
172	627	Graham	Breeze	MV70	39:38	Wharfedale Harriers	
173	762	Annie	Carrington	LV50	39:59	Settle Harriers	
174	606	Stephen	Fish	MV60	40:09	Clayton le Moors	

175	689	Emma	Blundell	Lady	40:22	Lonsdale	
176	634	Elizabeth	Adams	LV40	40:30	Helm Hill	
177	611	Kevin	Cooke	MV40	40:35		
178	825	Heidi	Litrezza Ball	LV40	40:45		
179	608	Veronica	Waller	LV40	40:54	Dallam	
180	665	Katy	Thompson	LV60	41:17	Clayton le Moors	
181	846	Trevor	Metcalfe	MV60	41:20	Wharfedale Harriers	
182	863	Ruth	Maxwell	LV50	41:23	Settle Harriers	
183	654	Emily	Crossley	LU21	41:24	Settle Harriers	
184	635	Tyla	Crook	LU21	41:35	Helm Hill	
185	787	Ian	Peters	MV60	41:54	Hoad Hill Harriers	
186	594	Caroline	Beardwood	LV40	41:55	Helm Hill	
187	557	May	Crawford	LV40	41:57	Helm Hill	
188	542	Ariane	Domingo	LV40	42:01	Helm Hill	
189	552	Ian	Oakey	MV40	42:17	Settle Harriers	
190	526	Wendy	Smith	LV40	42:19	Helm Hill	
191	775	Lindsay	Harrod	LV50	42:31	Helm Hill	
192	607	Olga	Wiggins	Lady	42:49	Preston Harriers	
193	776	Sarah	Hards	Lady	43:25	Swaledale Harriers	
194	576	Greg	Oulton	MV50	43:41	Lytham St Annes RR	
195	809	Phil	Corris	MV60	43:48	Lancs Constabulary	
196	541	Miriam	Rosen	LV60	44:10	Lancaster & Morecambe AC	
197	651	Jill	Gates	LV50	44:42	Settle Harriers	
198	870	Anna	Stevens	LV40	46:00	Helm Hill	
199	663	George	James	MV70	46:55	Blackpool	
200	876	Hilary	Moakes	LV50	47:40	Settle Harriers	
201	891	Melanie	Porter	LV50	47:41	Settle Harriers	
202	693	Leanne	Richie	Lady	48:38		
203	691	Scott	Thwaites	Man	48:40		
204	510	Kristian	Clayton	MV40	50:44	Barlick Fell Runners	
205	681	Phil	Kirkby	MV60	52:37	Coniston	
206	848	Gillian	Oliver	LV40	54:01	Lytham St Annes RR	
207	501	Denis	Wood	MV70	56:40	Borrowdale	
208	615	Joe	Howard	MV70	57:21	Preston Harriers	
DNF	561	Toby	Smith	Man	DNF		

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Eric	Beaumont	Boy	13:22		1st Boy
2	158	Jacob	Smith	Boy	13:39	Helm Hill	2nd Boy
3	67	Jack	Villiers	Boy	13:47	Barlick Fell Runners	3rd Boy
4	159	Henry	Hunter	Boy	13:50	Helm Hill	
5	25	Ollie	Sanders	Boy	13:58	Helm Hill	
6	147	Sonny	Ashton-Fitch	Boy	15:27	Settle Harriers	
7	36	Chloe	Rylance	Girl	15:37	Ambleside AC	1st Girl
8	87	Adam	Scott	Boy	15:39	Helm Hill	
9	146	Alfie	Thorpe	Boy	16:13	Broughton Runners	
10	161	Ella	Dorrington	Girl	16:21	Clayton le Moors	2nd Girl
11	73	Emily	Swarbrick	Girl	16:31	Cumberland Fell Runners	3rd Girl
12	145	Ella	Beardwood	Girl	17:57	Helm Hill	

Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	192	Harry	Ewbank	Boy	11:32	Eden Runners	1st Boy
2	91	Amelie	Lane	Girl	11:40	Wharfedale Harriers	1st Girl
3	32	John	Bardsley	Boy	11:52		2nd Boy
4	168	Callum	Osborne	Boy	12:11	Trawden AC	3rd Boy
5	121	Ben	Greenep	Boy	12:12	Kendal AAC	
6	99	Isaac	Robinson	Boy	12:13	Howgill Harriers	
7	35	Sophie	Rylance	Girl	12:14	Ambleside AC	2nd Girl
8	37	Joseph	Rigby	Boy	12:15	Helm Hill	
9	27	Clara	Samson	Girl	12:30	Helm Hill	3rd Girl
10	81	Thomas	Adams	Boy	12:32	CFR	
11	39	Christopher	Brown	Boy	12:43	Clayton le Moors	
12	139	Jamie	Waller	Boy	12:44	Dallam	
13	52	Caius	Pennington	Boy	13:18	Howgill Harriers	
14	76	Fayth	Bowness	Girl	13:21	CFR	
15	30	Melissa	McIntosh	Girl	13:27	Border Harriers	
16	172	Archie	Homeysett	Boy	13:34	Lancaster & Morecambe AC	
17	98	Ciara	Duffy	Girl	14:09	Barlick Fell Runners	
18	195	Caleb	Carter	Boy	14:40	Helm Hill	
19	62	Vicky	Woof	Girl	15:05	Howgill Harriers	
20	165	Martha	Rigby	Girl	15:09	Settle Harriers	
21	90	Nathon	Ritchie	Boy	15:53	Levens Valley AC	
22	101	George	Campbell	Boy	16:30	Howgill Harriers	
23	16	Finley	Grisedale	Boy	17:26	Helm Hill	
DNF	59	Sarah	Smith	Girl	DNF	Helm Hill	
DNF	190	Lauren	Evans	Girl	DNF	Settle Harriers	

Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	63	Archie	Peaker	Boy	06:25	Keighley and Craven AC	1st Boy
2	136	Will	McNally	Boy	06:30	Levens Valley AC	2nd Boy
3	5	Rowan	Ashworth	Boy	06:39	Ambleside	3rd Boy
4	120	Leo	Ranner	Boy	06:47	Helm Hill	
5	117	Lucille	Pickles	Girl	06:52	Barlick Fell Runners	1st Girl
6	179	Joseph	Armrod	Boy	06:54	Rosendale Harriers	
7	166	Oliver	Ball	Boy	07:00	Lancaster & Morecambe AC	
8	171	Jack	Sanderson	Boy	07:05	Settle Harriers	
9	156	Alex	Graham	Boy	07:12	Ambleside	
10	13	Ben	Allmond	Boy	07:15	Ambleside	
11	141	Aaran	Revill	Boy	07:17	Helm Hill	
12	106	Olivia	Swarbrick	Girl	07:21	Cumberland Fell Runners	2nd Girl
13	50	Cameron	Dunn	Boy	07:24	Helm Hill	
14	44	Charlotte	Peart	Girl	07:26	Settle Harriers	3rd Girl
15	100	Toby	Acland	Boy	07:31	Helm Hill	
16	97	Ewan	Black	Boy	07:33	Helm Hill	
17	82	Ned	Whitaker	Boy	07:34	Settle Harriers	
18	74	Hester	Metcalfe	Girl	07:36	Ambleside AC	
19	182	Oliver	Drummitt	Boy	07:45	Settle Harriers	
20	38	Aaron	Smith	Boy	07:47	Howgill Harriers	
21	103	Madeleine	Martindale	Girl	07:48	Helm Hill	
22	155	Jamie	Graham	Boy	08:05	Ambleside	
23	113	Theo	Robinson	Boy	08:08	Howgill Harriers	
24	194	Naomi	Carter	Girl	08:11	Helm Hill	
25	137	Thomas	Hearn	Boy	08:13	Helm Hill	
26	176	Richard	Goode-Smith	Boy	08:14	Ambleside	
27	3	Lucy	Bagot	Girl	08:19	Settle Harriers	
28	160	Jody	Whitfield	Girl	08:20	Barlick Fell Runners	
29	79	Ellen	Dickson	Girl	08:32	Ambleside	
30	157	Maddine	Moorhouse	Girl	08:35		
31	84	Connie-Maye	Scott	Girl	08:35	Kendal AAC	
32	17	Lily -Grace	Clayton	Girl	08:54	Barlick Fell Runners	
33	128	Hannah	Dyer	Girl	09:07	Helm Hill	
34	12	Seren	Green	Girl	09:08	Ambleside AC	
35	177	Connie	Eccleston	Girl	09:16	Settle Harriers	
36	180	Poppy	Scott	Girl	09:23		
37	126	Sophie	Goodall	Girl	09:25		
38	122	Alicia	Crawford	Girl	09:31	Helm Hill	
39	58	Jessica	Oakey	Girl	09:33	Settle Harriers	
40	175	Holly	Nichols	Girl	09:41		
41	77	Isabella	Latty	Girl	10:50	Settle Harriers	

Under 11 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	21	Joseff	Tancrel	Boy	07:07	Helm Hill	1st Boy
2	6	Tom	Ashworth	Boy	07:10	Ambleside	2nd Boy
3	66	Blake	Fleming	Boy	07:14	Hoad Hill Harriers	3rd Boy
4	15	Harvey	Shaw	Boy	07:20	Ambleside	
5	170	Carl	Sanderson	Boy	07:34	Settle Harriers	
6	164	Daisy	Fielding	Girl	07:35	SSRC	1st Girl
7	80	Isabella	Wright	Girl	07:44	Wharfedale Harriers	2nd Girl
8	51	Fraser	Dunn	Boy	07:46	Helm Hill	
9	169	Tamzin	Osborne	Girl	07:49	Trawden AC	3rd Girl
10	104	Will	Brayshaw	Boy	07:56	Helm Hill	
11	119	Emmy	Ranner	Girl	08:06	Helm Hill	
12	184	James	Verity	Boy	08:16	Howgill Harriers	
13	114	Gus	Campbell	Boy	08:17	Howgill Harriers	
14	47	Jackson	Bottomley	Boy	08:19	Helm Hill	
15	125	Aaron	Goodall	Boy	08:23		
16	167	Harry	Ball	Boy	08:26	Lancaster & Morecambe AC	
17	163	Julia	Fielding	Girl	08:28	SSRC	
18	18	Oscar	Clayton	Boy	08:36	Barlick Fell Runners	
19	196	Judah	Carter	Boy	08:38	Helm Hill	
20	193	Lily	Pilkington	Girl	08:43	Settle Harriers	
21	183	Demitri	Kiriakov	Boy	08:45	Levens Valley AC	
22	191	Ewan	Angus	Boy	08:46	Settle Harriers	
23	154	Harry	Ellwood	Boy	08:52	Settle Harriers	
24	178	Cara	Bradley	Girl	08:57	Ambleside	
25	43	Tess	Evans	Girl	09:00	Ambleside	
26	162	Joseph	Greenhalgh	Boy	09:03	Settle Harriers	
27	48	Jasmine	Bottomley	Girl	09:09	Helm Hill	
28	26	Edward	Shawcross	Boy	09:13		
29	181	Rosie	Scott	Girl	09:15	Ambleside	
30	31	Tommy	Brodrick	Boy	09:17	Ambleside	
31	173	Ella	Stamp	Girl	09:28	Helm Hill	
32	140	Brodie	Revill	Boy	09:31	Helm Hill	
33	83	Mabel	Whitaker	Girl	09:47	Settle Harriers	
34	4	Francesca	Bagot	Girl	10:02	Settle Harriers	
35	1	Megan	Harris	Girl	10:03	Helm Hill	
36	123	Freddie	Crawford	Boy	11:01	Helm Hill	

Giggleswick School 2019 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	666	Matthew	Knowles	MU21	23:49	Lancaster & Morecambe AC	1st Man/1st MU21
2	765	Jack	Wright	Man	24:12	Ambleside	2nd Man
3	828	Sam	Almond	MU21	24:16	Eden Runners	3rd Man
4	669	Benjamin	Forrest	MU21	24:34	Bury Athletic Club	
5	718	Charlie	Ing	Man	24:36	Unattached	
6	732	Tom	Addison	Man	24:47	Helm Hill	
7	850	Mark	McGoldrick	Man	25:03	Wharfedale Harriers	
8	525	Jon	Rylance	MV40	25:15	Ambleside AC	1st MV40
9	790	Pete	Harrison	Man	25:20		
10	895	Kirk	Wadsworth	MV40	26:02	Helm Hill	
11	642	Michael	Gregory	MV40	26:03	Ulverston Triathlon Club	
12	531	Alastair	Dunn	MV40	26:04	Helm Hill	
13	551	Will	Acland	MV40	26:24	Helm Hill	
14	789	Paul	Upton	Man	26:31	Helm Hill	
15	867	Jos	Addison	Man	26:40	Helm Hill	
16	716	Sebastian	Segger-Staveley	MU21	26:53	Settle Harriers	
17	593	Scott	Umpleby	MV50	27:00	Kendal AAC	1st MV50
18	892	Zach	Jennings	Man	27:24	Settle Harriers	
19	882	John	Murfin	MV50	27:28	Settle Harriers	
20	893	James	Harris	Man	27:29	Black Combe	
21	834	Sam	Brummitt	MV40	27:42	Settle Harriers	
22	574	Harvey	Lord	Man	27:44	Black Combe	
23	871	Joseph	Hobbs	Man	27:57	Lonsdale	
24	535	Brian	Pennington	MV40	27:59	Howgill Harriers	
25	513	Justin	Tancred	MV40	28:02	Helm Hill	
26	824	Craig	Burrow	MV40	28:06	Helm Hill	
27	595	Gary	Thorpe	MV50	28:08	Ambleside AC	
28	554	Luke	Appleyard	Man	28:09	Wharfedale Harriers	
29	852	Garry	Beardwood	MV40	28:13	Helm Hill	
30	603	Peter	German	Man	28:45	Helm Hill	
31	868	Phil	Mather	Man	28:49	Lonsdale	
32	734	Simon	Denny	Man	29:02	Bentham	
33	633	Steven	Middleton	MV40	29:08	Howgill Harriers	
34	632	James	Baron	MV50	29:15	Helm Hill	
35	701	Sam	Moon	MV40	29:20	Helm Hill	
36	601	Ben	Kirkman	MU21	29:27	Rosendale Harriers	
37	842	Stephen	Nicholls	Man	29:39	Wigan Harriers	
38	843	Simon	Wright	MV50	29:42	Bingley Harriers	
39	559	Sean	Robinson	MV40	29:47	Howgill Harriers	
40	730	Anthony	Emmet	MV40	29:50	Helm Hill	
41	835	David	McNally	MV40	29:51	Levens Valley AC	
42	549	Graham	Schofield	MV60	29:52	Horwich RMI Harriers	1st MV60
43	860	Steven	Procter	Man	29:53	Settle Harriers	
44	719	Matthew	Crawford	Man	29:56	Coniston	
45	582	Colin	Houston	MV40	30:06		
46	877	Matthew	Holroyd	MU21	30:16	Settle Harriers	
47	770	Keith	Stronach	Man	30:17		
48	736	Tom	Batty	Man	30:19		
49	591	Joey	Umpleby	MU21	30:21	Kendal AAC	
50	596	Alistair	Hearn	MV40	30:25	Helm Hill	
51	840	David	Bowness	MV50	30:33	Cumberland Fell Runners	
52	888	Roger	Laycock	MV60	30:35	Settle Harriers	
53	522	Tom	Ward	MU21	30:39	Helm Hill	
54	836	David	Kiriakov	Man	30:44	Levens Valley AC	
55	886	Ben	Whitham	MV41	30:49		
56	857	Pete	Keron	MV40	30:50	Giggleswick School	
57	866	John	Rainford	MV50	30:51	Preston Harriers	
58	509	Chris	Green	MV40	30:53	Ambleside AC	

59	644	David	Griffin	MV50	30:54	Helm Hill	
60	883	Richard	Timms	MV50	30:55	Settle Harriers	
61	880	James	Anna	MV50	30:56	Settle Harriers	
62	817	Michael	Smith	MV50	31:01	Dallam	
63	820	Stuart	Allan	MV40	31:05	Helm Hill	
64	709	Ronald	Hummelink	MV40	31:07	Lonsdale Fell Runners	
65	859	Matthew	Taylor	MU21	31:08	Bury AC	
66	745	John	Fitzpatrick	MV50	31:15	Helm Hill	
67	636	Brian	Thompson	MV60	31:18	Helm Hill	
68	560	Sheldan	Pickles	MV40	31:18	Unattached	
69	624	Michael	Toman	MV50	31:20	Accrington RR	
70	889	Ray	Gill	MV50	31:23	Dallam	
71	861	Roger	Taylor	MV50	31:29	Preston Harriers	
72	518	Rob	Crawford	MV40	31:43	Howgill Harriers	
73	609	Simon	Waller	MV50	31:44	Helm Hill	
74	583	Roger	Aubrey	MV50	31:47	Helm Hill	
75	520	Alistair	Shawcross	MV40	31:52		
76	623	Richard	Briscoe	MV40	31:55	Clayton le Moors	
77	858	Simon	Taylor	MV50	31:56		
78	854	Mike	Calvert	MV50	31:59	Howgill Harriers	
79	707	Tony	Little	MV40	32:02	Bowland	
80	821	Neil	Robinson	MV40	32:15	COLT	
81	543	Mark	Villiers	MV40	32:19	Unattached	
82	816	Mark	Taylor	Man	32:20	Clayton le Moors	
83	830	Christopher	Whitfield	MV40	32:23	Barlick Fell Runners	
84	565	Andy	Bennett	MV40	32:32	Helm Hill	
85	881	John	Eddington	MV40	32:38	Settle Harriers	
86	878	Finlay	Meek	MU21	32:40		
87	538	Ronnie	Haddow	MV40	32:44	Furness Fell Runners	
88	874	Simon	Oxley	MV50	32:58	Settle Harriers	
89	829	Jack	Dorrington	MU21	33:01	Clayton le Moors	
90	579	David	Barnes	MV60	33:06	Horwich RMI Harriers	
91	570	Andy	Mingay	Man	33:10	Dallam	
92	897	Jonathan	Stubbs	MV50	33:11	Settle Harriers	
93	680	Andrew	Stokes	MV60	33:12	Dallam	
94	512	Jonny	Grisedale	MV40	33:14	Helm Hill	
95	826	Stephen	Carr	MV60	33:21		
96	573	Andy	Evans	MV50	33:25	Settle Harriers	
97	758	Graham	Beaumont	MV50	33:31	Dallam	
98	749	Will	Douthwaite	Man	33:44	Helm Hill	
99	864	Bob	Feeney	Man	33:55		
100	885	David	Sexton	MV40	33:56	Settle Harriers	
101	727	Paul	Corkill	Man	33:57	Levens Valley AC	
102	841	David	Hunter	MV50	34:07	Helm Hill	
103	759	Phil	Harrington	MV40	34:14	Helm Hill	
104	619	Chris	Lawrence	MV50	34:27	Clayton le Moors	
105	517	Tim	Murray	MV50	34:33	Helm Hill	
106	555	Colin	Briffett	MV40	34:43	Lancaster Runners	
107	811	John	Leech	MV50	34:58	Dallam	
108	853	Jonathan	Gibson	MV50	35:06	Wharfedale Harriers	
109	849	Colin	Valentine	MV50	35:12	Keswick AC	
110	646	Mark	Charnley	MV40	35:14	Settle Harriers	
111	832	Stefan	Bradley	MV40	35:16		
112	894	Chris	Wright	MV50	35:17	Settle Harriers	
113	661	Peter	Singleton	MV60	35:26	Blackpool	
114	827	Pete	Ellwood	MV50	35:33		
115	714	Pete	Coe	MV60	35:37	Helm Hill	
116	523	Peter	Bardsley	MV40	35:49	Bowland	
117	540	Richard	Cater	MV40	35:51	Helm Hill	
118	839	Malcolm	Campbell	MV40	36:00		
119	856	Nicholas	Hutchinson	MV50	36:15	Settle Harriers	
120	685	John	Wood	MV40	36:23		

121	657	Konstantinos	Georgalos	Man	36:25		
122	674	Andy	Monk	MV60	36:41	FRA	
123	629	John	Taylor	MV60	37:15	Bowland FR	
124	757	Gary	Tagnet	MV60	37:39	Dallam	
125	890	Kevin	Brown	MV60	37:51	Settle Harriers	
126	610	Michael	McLoughlin	MV60	38:20	Preston Harriers	
127	756	John	Hodgson	MV70	39:01	Dallam	1st MV70
128	627	Graham	Breeze	MV70	39:38	Wharfedale Harriers	
129	606	Stephen	Fish	MV60	40:09	Clayton le Moors	
130	611	Kevin	Cooke	MV40	40:35		
131	846	Trevor	Metcalfe	MV60	41:20	Wharfedale Harriers	
132	787	Ian	Peters	MV60	41:54	Hoad Hill Harriers	
133	552	Ian	Oakey	MV40	42:17	Settle Harriers	
134	576	Greg	Oulton	MV50	43:41	Lytham St Annes RR	
135	809	Phil	Corris	MV60	43:48	Lancs Constabulary	
136	663	George	James	MV70	46:55	Blackpool	
137	691	Scott	Thwaites	Man	48:40		
138	510	Kristian	Clayton	MV40	50:44	Barlick Fell Runners	
139	681	Phil	Kirkby	MV60	52:37	Coniston	
140	501	Denis	Wood	MV70	56:40	Borrowdale	
141	615	Joe	Howard	MV70	57:21	Preston Harriers	
DNF	561	Toby	Smith	Man	DNF		

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	666	Matthew	Knowles	MU21	23:49	Lancaster & Morecambe AC	1st Man/1st MU21
2	765	Jack	Wright	Man	24:12	Ambleside	2nd Man
3	828	Sam	Almond	MU21	24:16	Eden Runners	3rd Man
4	669	Benjamin	Forrest	MU21	24:34	Bury Athletic Club	
5	718	Charlie	Ing	Man	24:36	Unattached	
6	732	Tom	Addison	Man	24:47	Helm Hill	
7	850	Mark	McGoldrick	Man	25:03	Wharfedale Harriers	
8	790	Pete	Harrison	Man	25:20		
9	789	Paul	Upton	Man	26:31	Helm Hill	
10	867	Jos	Addison	Man	26:40	Helm Hill	
11	716	Sebastian	Segger-Staveley	MU21	26:53	Settle Harriers	
12	892	Zach	Jennings	Man	27:24	Settle Harriers	
13	893	James	Harris	Man	27:29	Black Combe	
14	574	Harvey	Lord	Man	27:44	Black Combe	
15	871	Joseph	Hobbs	Man	27:57	Lonsdale	
16	554	Luke	Appleyard	Man	28:09	Wharfedale Harriers	
17	603	Peter	German	Man	28:45	Helm Hill	
18	868	Phil	Mather	Man	28:49	Lonsdale	
19	734	Simon	Denny	Man	29:02	Bentham	
20	601	Ben	Kirkman	MU21	29:27	Rosendale Harriers	
21	842	Stephen	Nicholls	Man	29:39	Wigan Harriers	
22	860	Steven	Procter	Man	29:53	Settle Harriers	
23	719	Matthew	Crawford	Man	29:56	Coniston	
24	877	Matthew	Holroyd	MU21	30:16	Settle Harriers	
25	770	Keith	Stronach	Man	30:17		
26	736	Tom	Batty	Man	30:19		
27	591	Joey	Umpleby	MU21	30:21	Kendal AAC	
28	522	Tom	Ward	MU21	30:39	Helm Hill	
29	836	David	Kiriakov	Man	30:44	Levens Valley AC	
30	859	Matthew	Taylor	MU21	31:08	Bury AC	
31	816	Mark	Taylor	Man	32:20	Clayton le Moors	
32	878	Finlay	Meek	MU21	32:40		
33	829	Jack	Dorrington	MU21	33:01	Clayton le Moors	
34	570	Andy	Mingay	Man	33:10	Dallam	
35	749	Will	Douthwaite	Man	33:44	Helm Hill	
36	864	Bob	Feeney	Man	33:55		
37	727	Paul	Corkill	Man	33:57	Levens Valley AC	
38	657	Konstantinos	Georgalos	Man	36:25		
39	691	Scott	Thwaites	Man	48:40		
DNF	561	Toby	Smith	Man	DNF		

MEN UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	666	Matthew	Knowles	MU21	23:49	Lancaster & Morecambe AC	1st Man/1st MU21
2	828	Sam	Almond	MU21	24:16	Eden Runners	3rd Man
3	669	Benjamin	Forrest	MU21	24:34	Bury Athletic Club	
4	716	Sebastian	Segger-Staveley	MU21	26:53	Settle Harriers	
5	601	Ben	Kirkman	MU21	29:27	Rosendale Harriers	
6	877	Matthew	Holroyd	MU21	30:16	Settle Harriers	
7	591	Joey	Umpleby	MU21	30:21	Kendal AAC	
8	522	Tom	Ward	MU21	30:39	Helm Hill	
9	859	Matthew	Taylor	MU21	31:08	Bury AC	
10	878	Finlay	Meek	MU21	32:40		
11	829	Jack	Dorrington	MU21	33:01	Clayton le Moors	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	525	Jon	Rylance	MV40	25:15	Ambleside AC	1st MV40
2	895	Kirk	Wadsworth	MV40	26:02	Helm Hill	
3	642	Michael	Gregory	MV40	26:03	Ulverston Triathlon Club	
4	531	Alastair	Dunn	MV40	26:04	Helm Hill	
5	551	Will	Acland	MV40	26:24	Helm Hill	
6	834	Sam	Brummitt	MV40	27:42	Settle Harriers	
7	535	Brian	Pennington	MV40	27:59	Howgill Harriers	
8	513	Justin	Tancred	MV40	28:02	Helm Hill	
9	824	Craig	Burrow	MV40	28:06	Helm Hill	
10	852	Garry	Beardwood	MV40	28:13	Helm Hill	
11	633	Steven	Middleton	MV40	29:08	Howgill Harriers	
12	701	Sam	Moon	MV40	29:20	Helm Hill	
13	559	Sean	Robinson	MV40	29:47	Howgill Harriers	
14	730	Anthony	Emmet	MV40	29:50	Helm Hill	
15	835	David	McNally	MV40	29:51	Levens Valley AC	
16	582	Colin	Houston	MV40	30:06		
17	596	Alistair	Hearn	MV40	30:25	Helm Hill	
18	857	Pete	Keron	MV40	30:50	Giggleswick School	
19	509	Chris	Green	MV40	30:53	Ambleside AC	
20	820	Stuart	Allan	MV40	31:05	Helm Hill	
21	709	Ronald	Hummelink	MV40	31:07	Lonsdale Fell Runners	
22	560	Sheldan	Pickles	MV40	31:18	Unattached	
23	518	Rob	Crawford	MV40	31:43	Howgill Harriers	
24	520	Alistair	Shawcross	MV40	31:52		
25	623	Richard	Briscoe	MV40	31:55	Clayton le Moors	
26	707	Tony	Little	MV40	32:02	Bowland	
27	821	Neil	Robinson	MV40	32:15	COLT	
28	543	Mark	Villiers	MV40	32:19	Unattached	
29	830	Christopher	Whitfield	MV40	32:23	Barlick Fell Runners	
30	565	Andy	Bennett	MV40	32:32	Helm Hill	
31	881	John	Eddington	MV40	32:38	Settle Harriers	
32	538	Ronnie	Haddow	MV40	32:44	Furness Fell Runners	
33	512	Jonny	Grisedale	MV40	33:14	Helm Hill	
34	885	David	Sexton	MV40	33:56	Settle Harriers	
35	759	Phil	Harrington	MV40	34:14	Helm Hill	
36	555	Colin	Briffett	MV40	34:43	Lancaster Runners	
37	646	Mark	Charnley	MV40	35:14	Settle Harriers	
38	832	Stefan	Bradley	MV40	35:16		
39	523	Peter	Bardsley	MV40	35:49	Bowland	
40	540	Richard	Cater	MV40	35:51	Helm Hill	
41	839	Malcolm	Campbell	MV40	36:00		
42	685	John	Wood	MV40	36:23		
43	611	Kevin	Cooke	MV40	40:35		
44	552	Ian	Oakey	MV40	42:17	Settle Harriers	
45	510	Kristian	Clayton	MV40	50:44	Barlick Fell Runners	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	593	Scott	Umpleby	MV50	27:00	Kendal AAC	1st MV50
2	882	John	Murfin	MV50	27:28	Settle Harriers	
3	595	Gary	Thorpe	MV50	28:08	Ambleside AC	
4	632	James	Baron	MV50	29:15	Helm Hill	
5	843	Simon	Wright	MV50	29:42	Bingley Harriers	
6	840	David	Bowness	MV50	30:33	Cumberland Fell Runners	
7	866	John	Rainford	MV50	30:51	Preston Harriers	
8	644	David	Griffin	MV50	30:54	Helm Hill	
9	883	Richard	Timms	MV50	30:55	Settle Harriers	
10	880	James	Anna	MV50	30:56	Settle Harriers	
11	817	Michael	Smith	MV50	31:01	Dallam	
12	745	John	Fitzpatrick	MV50	31:15	Helm Hill	
13	624	Michael	Toman	MV50	31:20	Accrington RR	
14	889	Ray	Gill	MV50	31:23	Dallam	
15	861	Roger	Taylor	MV50	31:29	Preston Harriers	
16	609	Simon	Waller	MV50	31:44	Helm Hill	
17	583	Roger	Aubrey	MV50	31:47	Helm Hill	
18	858	Simon	Taylor	MV50	31:56		
19	854	Mike	Calvert	MV50	31:59	Howgill Harriers	
20	874	Simon	Oxley	MV50	32:58	Settle Harriers	
21	897	Jonathan	Stubbs	MV50	33:11	Settle Harriers	
22	573	Andy	Evans	MV50	33:25	Settle Harriers	
23	758	Graham	Beaumont	MV50	33:31	Dallam	
24	841	David	Hunter	MV50	34:07	Helm Hill	
25	619	Chris	Lawrence	MV50	34:27	Clayton le Moors	
26	517	Tim	Murray	MV50	34:33	Helm Hill	
27	811	John	Leech	MV50	34:58	Dallam	
28	853	Jonathan	Gibson	MV50	35:06	Wharfedale Harriers	
29	849	Colin	Valentine	MV50	35:12	Keswick AC	
30	894	Chris	Wright	MV50	35:17	Settle Harriers	
31	827	Pete	Ellwood	MV50	35:33		
32	856	Nicholas	Hutchinson	MV50	36:15	Settle Harriers	
33	576	Greg	Oulton	MV50	43:41	Lytham St Annes RR	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	549	Graham	Schofield	MV60	29:52	Horwich RMI Harriers	1st MV60
2	888	Roger	Laycock	MV60	30:35	Settle Harriers	
3	636	Brian	Thompson	MV60	31:18	Helm Hill	
4	579	David	Barnes	MV60	33:06	Horwich RMI Harriers	
5	680	Andrew	Stokes	MV60	33:12	Dallam	
6	826	Stephen	Carr	MV60	33:21		
7	661	Peter	Singleton	MV60	35:26	Blackpool	
8	714	Pete	Coe	MV60	35:37	Helm Hill	
9	674	Andy	Monk	MV60	36:41	FRA	
10	629	John	Taylor	MV60	37:15	Bowland FR	
11	757	Gary	Tagnet	MV60	37:39	Dallam	
12	890	Kevin	Brown	MV60	37:51	Settle Harriers	
13	610	Michael	McLoughlin	MV60	38:20	Preston Harriers	
14	606	Stephen	Fish	MV60	40:09	Clayton le Moors	
15	846	Trevor	Metcalfe	MV60	41:20	Wharfedale Harriers	
16	787	Ian	Peters	MV60	41:54	Hoad Hill Harriers	
17	809	Phil	Corris	MV60	43:48	Lancs Constabulary	
18	681	Phil	Kirkby	MV60	52:37	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	756	John	Hodgson	MV70	39:01	Dallam	1st MV70
2	627	Graham	Breeze	MV70	39:38	Wharfedale Harriers	
3	663	George	James	MV70	46:55	Blackpool	
4	501	Denis	Wood	MV70	56:40	Borrowdale	
5	615	Joe	Howard	MV70	57:21	Preston Harriers	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	717	Kaisleigh	Atkinson	Lady	29:58		1st Lady
2	694	Celia	Powell	Lady	30:22		2nd Lady
3	649	Emma	Johnston	Lady	30:57	Helm Hill	3rd Lady
4	566	Bianca	Dyer	LV40	31:07	Helm Hill	1st LV40
5	869	Ellie	Mather	Lady	31:10	Lonsdale	
6	844	Carol	Evans	LV50	31:24	Settle Harriers	1st LV50
7	529	Jean	Brown	LV50	31:33	Clayton le Moors	
8	872	Lauren	Munro-Bennett	Lady	32:09	Ambleside	
9	837	Catherine	Niblock	Lady	32:13	Helm Hill	
10	700	Jenny	Lyon	Lady	32:48	Dallam Running Club	
11	845	Kirsten	Angus	Lady	33:40	Settle Harriers	
12	838	Natasha	Geere	LV50	33:41	Spenborough	
13	532	Maia	Doherty	LU21	34:06	Helm Hill	1st LU21
14	831	Jill	Ecclestone	LV40	34:17	Settle Harriers	
15	887	Carmel	Ramwell	LV40	34:23	Settle Harriers	
16	773	Abigail	Kerr	Lady	34:41		
17	884	Jess	Bagnall	LV40	35:09	Settle Harriers	
18	875	Gayle	Denny	Lady	35:10	Bentham Beagles	
19	612	Eleanor	Parker	Lady	35:11	Preston Harriers	
20	851	Lottie	Beardwood	LU21	35:19	Helm Hill	
21	744	Megan	Fitzpatrick	Lady	35:28	Helm Hill	
22	747	Wendy	Dodds	LV60	35:32	Clayton le Moors	1st LV60
23	865	Angela	Brand-Barker	LV50	35:41		
24	587	Liz	McNally	LV40	35:50	Levens Valley AC	
25	721	Grace	Leedham	LV50	35:52	Dallam	
26	506	Lynn	Whittaker	LV50	35:53	Wharfedale Harriers	
27	546	Jo	Appleby	LV40	35:54	Helm Hill	
28	630	Jo	Taylor	LV50	35:56	Bowland FR	
29	873	Jane	Verity	LV40	36:33	Howgill Harriers	
30	690	Anna	Bailey	Lady	36:43		
31	847	Denise	Tunstall	LV50	37:08	Durham Fell Runners	
32	833	Helen	Greenep	LV50	37:20	Settle Harriers	
33	879	Julia	Hargreaves	LV40	37:37	Settle Harriers	
34	812	Amanda	Burrow	LV40	37:46	Helm Hill	
35	862	Robyn	Anderson	LV40	37:50	Preston Harriers	
36	814	Helen	Barker	LV40	37:53	Kendal AAC	
37	896	Linda	Lord	LV70	38:35	Clayton le Moors	
38	511	Jo	Grisedale	LV40	38:38	Helm Hill	
39	585	Leah	Albion	LU21	38:44	Broughton Runners	
40	586	Eilidh	Miller	LU21	38:47	Broughton Runners	
41	656	Leslie	Pateloup	Lady	39:17		
42	519	Helen	Samson	LV40	39:22	Helm Hill	
43	731	Rachel	Addison	Lady	39:36	Helm Hill	
44	855	Helen	Hutchinson	LV50	39:37	Settle Harriers	
45	762	Annie	Carrington	LV50	39:59	Settle Harriers	
46	689	Emma	Blundell	Lady	40:22	Lonsdale	
47	634	Elizabeth	Adams	LV40	40:30	Helm Hill	
48	825	Heidi	Litrezza Ball	LV40	40:45		
49	608	Veronica	Waller	LV40	40:54	Dallam	
50	665	Katy	Thompson	LV60	41:17	Clayton le Moors	
51	863	Ruth	Maxwell	LV50	41:23	Settle Harriers	
52	654	Emily	Crossley	LU21	41:24	Settle Harriers	
53	635	Tyla	Crook	LU21	41:35	Helm Hill	
54	594	Caroline	Beardwood	LV40	41:55	Helm Hill	
55	557	May	Crawford	LV40	41:57	Helm Hill	
56	542	Ariane	Domingo	LV40	42:01	Helm Hill	
57	526	Wendy	Smith	LV40	42:19	Helm Hill	
58	775	Lindsay	Harrod	LV50	42:31	Helm Hill	
59	607	Olga	Wiggins	Lady	42:49	Preston Harriers	
60	776	Sarah	Hards	Lady	43:25	Swaledale Harriers	

61	541	Miriam	Rosen	LV60	44:10	Lancaster & Morecambe AC	
62	651	Jill	Gates	LV50	44:42	Settle Harriers	
63	870	Anna	Stevens	LV40	46:00	Helm Hill	
64	876	Hilary	Moakes	LV50	47:40	Settle Harriers	
65	891	Melanie	Porter	LV50	47:41	Settle Harriers	
66	693	Leanne	Richie	Lady	48:38		
67	848	Gillian	Oliver	LV40	54:01	Lytham St Annes RR	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	717	Kaisleigh	Atkinson	Lady	29:58		1st Lady
2	694	Celia	Powell	Lady	30:22		2nd Lady
3	649	Emma	Johnston	Lady	30:57	Helm Hill	3rd Lady
4	869	Ellie	Mather	Lady	31:10	Lonsdale	
5	872	Lauren	Munro-Bennett	Lady	32:09	Ambleside	
6	837	Catherine	Niblock	Lady	32:13	Helm Hill	
7	700	Jenny	Lyon	Lady	32:48	Dallam Running Club	
8	845	Kirsten	Angus	Lady	33:40	Settle Harriers	
9	532	Maia	Doherty	LU21	34:06	Helm Hill	1st LU21
10	773	Abigail	Kerr	Lady	34:41		
11	875	Gayle	Denny	Lady	35:10	Bentham Beagles	
12	612	Eleanor	Parker	Lady	35:11	Preston Harriers	
13	851	Lottie	Beardwood	LU21	35:19	Helm Hill	
14	744	Megan	Fitzpatrick	Lady	35:28	Helm Hill	
15	690	Anna	Bailey	Lady	36:43		
16	585	Leah	Albion	LU21	38:44	Broughton Runners	
17	586	Eilidh	Miller	LU21	38:47	Broughton Runners	
18	656	Leslie	Pateloup	Lady	39:17		
19	731	Rachel	Addison	Lady	39:36	Helm Hill	
20	689	Emma	Blundell	Lady	40:22	Lonsdale	
21	654	Emily	Crossley	LU21	41:24	Settle Harriers	
22	635	Tyla	Crook	LU21	41:35	Helm Hill	
23	607	Olga	Wiggins	Lady	42:49	Preston Harriers	
24	776	Sarah	Hards	Lady	43:25	Swaledale Harriers	
25	693	Leanne	Richie	Lady	48:38		

LADIES UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	532	Maia	Doherty	LU21	34:06	Helm Hill	1st LU21
2	851	Lottie	Beardwood	LU21	35:19	Helm Hill	
3	585	Leah	Albion	LU21	38:44	Broughton Runners	
4	586	Eilidh	Miller	LU21	38:47	Broughton Runners	
5	654	Emily	Crossley	LU21	41:24	Settle Harriers	
6	635	Tyla	Crook	LU21	41:35	Helm Hill	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	566	Bianca	Dyer	LV40	31:07	Helm Hill	1st LV40
2	831	Jill	Ecclestone	LV40	34:17	Settle Harriers	
3	887	Carmel	Ramwell	LV40	34:23	Settle Harriers	
4	884	Jess	Bagnall	LV40	35:09	Settle Harriers	
5	587	Liz	McNally	LV40	35:50	Levens Valley AC	
6	546	Jo	Appleby	LV40	35:54	Helm Hill	
7	873	Jane	Verity	LV40	36:33	Howgill Harriers	
8	879	Julia	Hargreaves	LV40	37:37	Settle Harriers	
9	812	Amanda	Burrow	LV40	37:46	Helm Hill	
10	862	Robyn	Anderson	LV40	37:50	Preston Harriers	
11	814	Helen	Barker	LV40	37:53	Kendal AAC	
12	511	Jo	Grisedale	LV40	38:38	Helm Hill	
13	519	Helen	Samson	LV40	39:22	Helm Hill	
14	634	Elizabeth	Adams	LV40	40:30	Helm Hill	
15	825	Heidi	Litrizza Ball	LV40	40:45		
16	608	Veronica	Waller	LV40	40:54	Dallam	
17	594	Caroline	Beardwood	LV40	41:55	Helm Hill	
18	557	May	Crawford	LV40	41:57	Helm Hill	
19	542	Ariane	Domingo	LV40	42:01	Helm Hill	
20	526	Wendy	Smith	LV40	42:19	Helm Hill	
21	870	Anna	Stevens	LV40	46:00	Helm Hill	
22	848	Gillian	Oliver	LV40	54:01	Lytham St Annes RR	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	844	Carol	Evans	LV50	31:24	Settle Harriers	1st LV50
2	529	Jean	Brown	LV50	31:33	Clayton le Moors	
3	838	Natasha	Geere	LV50	33:41	Spenborough	
4	865	Angela	Brand-Barker	LV50	35:41		
5	721	Grace	Leedham	LV50	35:52	Dallam	
6	506	Lynn	Whittaker	LV50	35:53	Wharfedale Harriers	
7	630	Jo	Taylor	LV50	35:56	Bowland FR	
8	847	Denise	Tunstall	LV50	37:08	Durham Fell Runners	
9	833	Helen	Greenep	LV50	37:20	Settle Harriers	
10	855	Helen	Hutchinson	LV50	39:37	Settle Harriers	
11	762	Annie	Carrington	LV50	39:59	Settle Harriers	
12	863	Ruth	Maxwell	LV50	41:23	Settle Harriers	
13	775	Lindsay	Harrod	LV50	42:31	Helm Hill	
14	651	Jill	Gates	LV50	44:42	Settle Harriers	
15	876	Hilary	Moakes	LV50	47:40	Settle Harriers	
16	891	Melanie	Porter	LV50	47:41	Settle Harriers	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	747	Wendy	Dodds	LV60	35:32	Clayton le Moors	1st LV60
2	665	Katy	Thompson	LV60	41:17	Clayton le Moors	
3	541	Miriam	Rosen	LV60	44:10	Lancaster & Morecambe AC	

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Eric	Beaumont	Boy	13:22		1st Boy
2	158	Jacob	Smith	Boy	13:39	Helm Hill	2nd Boy
3	67	Jack	Villiers	Boy	13:47	Barlick Fell Runners	3rd Boy
4	159	Henry	Hunter	Boy	13:50	Helm Hill	
5	25	Ollie	Sanders	Boy	13:58	Helm Hill	
6	147	Sonny	Ashton-Fitch	Boy	15:27	Settle Harriers	
7	87	Adam	Scott	Boy	15:39	Helm Hill	
8	146	Alfie	Thorpe	Boy	16:13	Broughton Runners	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	36	Chloe	Rylance	Girl	15:37	Ambleside AC	1st Girl
2	161	Ella	Dorrington	Girl	16:21	Clayton le Moors	2nd Girl
3	73	Emily	Swarbrick	Girl	16:31	Cumberland Fell Runners	3rd Girl
4	145	Ella	Beardwood	Girl	17:57	Helm Hill	

UNDER 15 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	192	Harry	Ewbank	Boy	11:32	Eden Runners	1st Boy
2	32	John	Bardsley	Boy	11:52		2nd Boy
3	168	Callum	Osborne	Boy	12:11	Trawden AC	3rd Boy
4	121	Ben	Greenep	Boy	12:12	Kendal AAC	
5	99	Isaac	Robinson	Boy	12:13	Howgill Harriers	
6	37	Joseph	Rigby	Boy	12:15	Helm Hill	
7	81	Thomas	Adams	Boy	12:32	CFR	
8	39	Christopher	Brown	Boy	12:43	Clayton le Moors	
9	139	Jamie	Waller	Boy	12:44	Dallam	
10	52	Caius	Pennington	Boy	13:18	Howgill Harriers	
11	172	Archie	Homeysett	Boy	13:34	Lancaster & Morecambe AC	
12	195	Caleb	Carter	Boy	14:40	Helm Hill	
13	90	Nathon	Ritchie	Boy	15:53	Levens Valley AC	
14	101	George	Campbell	Boy	16:30	Howgill Harriers	
15	16	Finley	Grisedale	Boy	17:26	Helm Hill	

UNDER 15 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	91	Amelie	Lane	Girl	11:40	Wharfedale Harriers	1st Girl
2	35	Sophie	Rylance	Girl	12:14	Ambleside AC	2nd Girl
3	27	Clara	Samson	Girl	12:30	Helm Hill	3rd Girl
4	76	Fayth	Bowness	Girl	13:21	CFR	
5	30	Melissa	McIntosh	Girl	13:27	Border Harriers	
6	98	Ciara	Duffy	Girl	14:09	Barlick Fell Runners	
7	62	Vicky	Woof	Girl	15:05	Howgill Harriers	
8	165	Martha	Rigby	Girl	15:09	Settle Harriers	
DNF	59	Sarah	Smith	Girl	DNF	Helm Hill	
DNF	190	Lauren	Evans	Girl	DNF	Settle Harriers	

UNDER 13 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	63	Archie	Peaker	Boy	06:25	Keighley and Craven AC	1st Boy
2	136	Will	McNally	Boy	06:30	Levens Valley AC	2nd Boy
3	5	Rowan	Ashworth	Boy	06:39	Ambleside	3rd Boy
4	120	Leo	Ranner	Boy	06:47	Helm Hill	
5	179	Joseph	Armrod	Boy	06:54	Rossendale Harriers	
6	166	Oliver	Ball	Boy	07:00	Lancaster & Morecambe AC	
7	171	Jack	Sanderson	Boy	07:05	Settle Harriers	
8	156	Alex	Graham	Boy	07:12	Ambleside	
9	13	Ben	Allmond	Boy	07:15	Ambleside	
10	141	Aaran	Revill	Boy	07:17	Helm Hill	
11	50	Cameron	Dunn	Boy	07:24	Helm Hill	
12	100	Toby	Acland	Boy	07:31	Helm Hill	
13	97	Ewan	Black	Boy	07:33	Helm Hill	
14	82	Ned	Whitaker	Boy	07:34	Settle Harriers	
15	182	Oliver	Drummitt	Boy	07:45	Settle Harriers	
16	38	Aaron	Smith	Boy	07:47	Howgill Harriers	
17	155	Jamie	Graham	Boy	08:05	Ambleside	
18	113	Theo	Robinson	Boy	08:08	Howgill Harriers	
19	137	Thomas	Hearn	Boy	08:13	Helm Hill	
20	176	Richard	Goode-Smith	Boy	08:14	Ambleside	

UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	117	Lucille	Pickles	Girl	06:52	Barlick Fell Runners	1st Girl
2	106	Olivia	Swarbrick	Girl	07:21	Cumberland Fell Runners	2nd Girl
3	44	Charlotte	Pearl	Girl	07:26	Settle Harriers	3rd Girl
4	74	Hester	Metcalfe	Girl	07:36	Ambleside AC	
5	103	Madeleine	Martindale	Girl	07:48	Helm Hill	
6	194	Naomi	Carter	Girl	08:11	Helm Hill	
7	3	Lucy	Bagot	Girl	08:19	Settle Harriers	
8	160	Jody	Whitfield	Girl	08:20	Barlick Fell Runners	
9	79	Ellen	Dickson	Girl	08:32	Ambleside	
10	157	Maddine	Moorhouse	Girl	08:35		
11	84	Connie-Maye	Scott	Girl	08:35	Kendal AAC	
12	17	Lily -Grace	Clayton	Girl	08:54	Barlick Fell Runners	
13	128	Hannah	Dyer	Girl	09:07	Helm Hill	
14	12	Seren	Green	Girl	09:08	Ambleside AC	
15	177	Connie	Eccleston	Girl	09:16	Settle Harriers	
16	180	Poppy	Scott	Girl	09:23		
17	126	Sophie	Goodall	Girl	09:25		
18	122	Alicia	Crawford	Girl	09:31	Helm Hill	
19	58	Jessica	Oakey	Girl	09:33	Settle Harriers	
20	175	Holly	Nichols	Girl	09:41		
21	77	Isabella	Latty	Girl	10:50	Settle Harriers	

UNDER 11 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	21	Joseff	Tancrel	Boy	07:07	Helm Hill	1st Boy
2	6	Tom	Ashworth	Boy	07:10	Ambleside	2nd Boy
3	66	Blake	Fleming	Boy	07:14	Hoad Hill Harriers	3rd Boy
4	15	Harvey	Shaw	Boy	07:20	Ambleside	
5	170	Carl	Sanderson	Boy	07:34	Settle Harriers	
6	51	Fraser	Dunn	Boy	07:46	Helm Hill	
7	104	Will	Brayshaw	Boy	07:56	Helm Hill	
8	184	James	Verity	Boy	08:16	Howgill Harriers	
9	114	Gus	Campbell	Boy	08:17	Howgill Harriers	
10	47	Jackson	Bottomley	Boy	08:19	Helm Hill	
11	125	Aaron	Goodall	Boy	08:23		
12	167	Harry	Ball	Boy	08:26	Lancaster & Morecambe AC	
13	18	Oscar	Clayton	Boy	08:36	Barlick Fell Runners	
14	196	Judah	Carter	Boy	08:38	Helm Hill	
15	183	Demitri	Kiriakov	Boy	08:45	Levens Valley AC	
16	191	Ewan	Angus	Boy	08:46	Settle Harriers	
17	154	Harry	Ellwood	Boy	08:52	Settle Harriers	
18	162	Joseph	Greenhalgh	Boy	09:03	Settle Harriers	
19	26	Edward	Shawcross	Boy	09:13		
20	31	Tommy	Brodrick	Boy	09:17	Ambleside	
21	140	Brodie	Revill	Boy	09:31	Helm Hill	
22	123	Freddie	Crawford	Boy	11:01	Helm Hill	

UNDER 11 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	164	Daisy	Fielding	Girl	07:35	SSRC	1st Girl
2	80	Isabella	Wright	Girl	07:44	Wharfedale Harriers	2nd Girl
3	169	Tamzin	Osborne	Girl	07:49	Trawden AC	3rd Girl
4	119	Emmy	Ranner	Girl	08:06	Helm Hill	
5	163	Julia	Fielding	Girl	08:28	SSRC	
6	193	Lily	Pilkington	Girl	08:43	Settle Harriers	
7	178	Cara	Bradley	Girl	08:57	Ambleside	
8	43	Tess	Evans	Girl	09:00	Ambleside	
9	48	Jasmine	Bottomley	Girl	09:09	Helm Hill	
10	181	Rosie	Scott	Girl	09:15	Ambleside	
11	173	Ella	Stamp	Girl	09:28	Helm Hill	
12	83	Mabel	Whitaker	Girl	09:47	Settle Harriers	
13	4	Francesca	Bagot	Girl	10:02	Settle Harriers	
14	1	Megan	Harris	Girl	10:03	Helm Hill	

