

Llanbedr to Blaenafon Results 2014

Position	Time	Name	Category	Club	
1	2.10.44	Hugh Aggleton	SM	MDC	1st
2	2.17.33	Mark Palmer	MV50	Mynydd Du	2nd
3	2.19.09	Chris Jones	SM	MDC	3rd
4	2.28.54	Ed Bailey	SM		
5	2.29.36	Martin Humphreys	SM	Stroud AC	
6	2.30.24	James Blore	SM	Chepstow Harriers	
7	2.20.25	Stewart Bellamy	MV40	Mercia Fellrunners	1st MV40
8	2.33.18	Richard Roberts	SM	Eryri	
9	2.33.52	Ben Gibbison	SM	Mynydd Du	
10	2.34.23	Richard Johnson	MV40	Mynydd Du	
11	2.38.31	Steve Long	MV50	Tring Running Club	1st MV50
12	2.39.42	Dave Powell	MV50	Aberystwyth AC	
13	2.39.44	Tom Grady	SM		
14	2.40.03	Matthew Lawson	MV40	Chepstow Harriers	
15	2.40.56	Hannah Jarvis	SF	Mynydd Du	1st F
16	2.45.22	Owen Rees	SM		
17	2.45.39	Jack Scannell	MV40	Eryri	
18	2.45.47	Sam Hawking	SM	Celtic Tri	
19	2.45.04	Carwyn Phillips	MV40	Preseli Runners	
20	2.46.05	Sam Ryall	MV40	Pontypridd Roadents	
21	2.46.08	John Aggleton	MV50	MDC	
22	2.46.25	Bertie Goffe	SM		
23	2.47.30	Dave Austin	MV40	Chepstow Harriers	
24	2.47.37	Andy Broad	MV40	Hay Hot Footers	
25	2.51.06	Katie Roby	SF	MDC	2nd F
26	2.51.17	Simon Lewis	MV40	Parc Bryn Bach	
27	2.51.46	Ray Morgan	SM	Mynydd Du	
28	2.51.58	Rob Thomson	SM	WFRA	
29	2.51.59	Jim Masters	SM	Wye Valley	
30	2.52.01	Anna Bartlett	FV40	Mercia Fellrunners	3rd F
31	2.52.04	Vanessa Lawson	FV40	Chepstow Harriers	1st FV40
32	2.52.18	Chris Smallman	MV50	Mercia Fellrunners	
33	2.52.21	Samuel Burnage	MV40	Malvern Joggers	
34	2.52.37	Ian Andrews	MV40	South West Road Runners	
35	2.54.22	Gavin Brale	SM	Llswerry Runners	
36	2.55.20	David Wood	MV40	Dursley Running Club	
37	2.55.44	Chris Morgan	SM	Caerleon Runners	
38	3.00.35	Gary Pearson	MV40	Croft Amberley	
39	3.01.00	Peter Sowerby	MV50	Brecon AC	
40	3.01.09	Mark English	MV40	Llswerry Runners	
41	3.02.23	Peter G Williams	MV50	MDC	
42	3.02.80	Jeremy Jehan	MV40	Wye Valley	
43	3.03.20	Lyndon Gwilym	MV50	Fairwater Runners	
44	3.03.26	Andrew Clement	MV40		
45	3.03.59	Paul Tucker	MV40		
46	3.04.18	Tony Wooldridge	MV60	Dursley Running Club	1st MV60
47	3.04.40	Steve Libby	MV50	Swaledale Outdoors	
48	3.06.26	Emma Bayliss	SF	Mynydd Du	

Position	Time	Name	Category	Club
49	3.07.17	Laurence Wilson	MV40	Malvern Joggers
50	3.07.29	David Powlesland	SM	MDC
51	3.07.31	Edward Dickson	SM	MDC
52	3.10.04	Andy Stott	MV50	MDC
53	3.10.31	Stephen Morgan	MV40	Fairwater Runners
54	3.11.20	Phil Hodgson	MV50	Todmorden Harriers
55	3.13.08	Tim Osman	MV50	Crocodiles
56	3.13.09	James Murphy	MV40	
57	3.13.18	Sammi Toop	SF	Mynydd Du
58	3.14.28	Jodie Broad	SF	Hay Hot Footers
59	3.16.28	Sasha Habgood	FV40	Mynydd Du
60	3.19.25	Owain Wood	SM	
61	3.20.41	David Hayward	MV60	Chepstow Harriers
62	3.21.45	Nigel Lawrence	MV40	Parc Bryn Bach
63	3.22.21	Les Williams	MV60	Eryri
64	3.24.44	David Higenbottom	MV40	Town & Country Harriers
65	3.26.11	Paul Newton	SM	Mynydd Du
66	3.26.39	Keith Langley	MV50	Pontypool & District Runners
67	3.29.23	Carl Brancher	MV50	Mynydd Du
68	3.30.05	Richard Bowie	MV50	Fairwater Runners
69	3.31.13	Gary Gunner	MV60	Croft Amberley
70	3.36.44	Keith Knights	SM	Westbury Harriers
71	3.37.06	Rebecca Poole	SF	Fairwater Runners
72	3.37.10	Lucien Campbell-Kemp	MV40	Town & Country Harriers
73	3.44.56	Louise Bright	SF	Pontypool & District Runners
74	3.45.01	Jonathan Gledson	MV40	Town & Country Harriers
75	3.45.02	Alex Foster	MV40	Town & Country Harriers
76	3.51.21	Liz Noakes	FV50	Town & Country Harriers
77	3.51.21	Emma Postlethwaite	FV40	Town & Country Harriers
78	3.57.23	Peter Fleming	MV50	
79	3.59.51	Karen Elvers	FV40	Chepstow Harriers
80	3.59.51	Gareth Jones	MV60	MDC
81	4.00.43	Michael Brooke	MV60	
82	4.24.40	Sam Edwards	MV50	Town & Country Harriers
83	4.25.00	Phil Wilson	MV50	
84	4.27.00	Nadine Donovan	FV40	Pontypool & District Runners