

Cilcain Show
Moel Famau Fell Race
27th August 2018

DNS 0 Male 117
DNF 0 Female 42
Starters 159 Total 159
Finishers 159 159

All runners +10 sec start line correction
231, 232, 226 all 30sec penalties

28-Aug-18

Position	Race No.	Full Name	Time	Gender M/F	Category	Club	Trophy
1	231	Gareth Wyn Hughes	00:32:42	M	U40	Mercia FR	Plimmer Trophy (1st Gent)
2	232	Philip Robertson	00:32:48	M	U40	Sale Harriers	
3	247	Jez Brown	00:33:41	M	O40	Buckley Runners	Robin Wolley Trophy (1st Vet O40)
4	226	Liam Burthem	00:34:05	M	U40	Liverpool Harriers AC	
5	259	Nathan Williams	00:35:22	M	U40	Vale Royal AC	
6	183	Scott Nixon	00:35:39	M	U40	Dee Striders	
7	181	Stuart Fludger	00:35:47	M	O40	N	
8	160	John Heap	00:36:43	M	O40	Wirral AC	
9	150	David Appleton	00:36:57	M	U40	N	
10	260	Gareth Williams	00:37:02	M	O50	Vale Royal AC	Llys Fynydd Shield (1st Super Vet O50)
11	216	Tom Levitt	00:37:04	M	U40	Chester Tri	
12	282	Mark Spruce	00:38:02	M	U40	N	
13	170	Alex Cowin	00:38:11	M	U40	Penny Lane Striders	
14	292	Simon Roberts	00:38:17	M	O40	Buckley Runners	
15	255	Craig Davies	00:38:20	M	O40	Buckley Runners	
16	144	Fraser McDonald Oulds	00:38:21	M	U40	Chorlton Runners	
17	265	Neil Gerritt	00:38:38	M	U40	N	
18	197	Tim Joy	00:38:39	M	U40	Buckley Runners	
19	272	Steve Toogood	00:38:44	M	O50	Buckley Runners	
20	184	Richard Watson	00:38:53	M	U40	N	
21	270	Gilbert M	00:38:58	M	O40	One Planet Adventure	
22	230	Sarah Ridgeway	00:39:00	F	U40	Run Snowdon	Anderson Trophy (1st Lady)
23	257	Tom Froggett	00:39:05	M	U40	N	
24	191	Stephen Ian Buckle	00:39:07	M	O40	Chester Tri	
25	279	Anthony Spruce	00:39:21	M	U40	N	
26	187	John Sprackland	00:39:28	M	O50	Southport Waterloo AC	
27	268	Tony Wood	00:39:32	M	U40	Denbigh Harriers	
28	266	Richard Haye	00:39:35	M	O40	West Cheshire	
29	180	Chris Barnes	00:39:51	M	O40	Dee Orienteering	
30	297	Lee Thornton	00:40:00	M	U40	Wrexham AC	
31	290	Gary English	00:40:32	M	O50	Liverpool running Club	
32	157	Gary Macalister	00:40:36	M	O40	Avon Valley Runners	
33	241	Ursula Moore	00:40:37	F	U40	Pensby Runners	
34	186	Andrew Peers	00:40:49	M	U40	Buckley Runners	
35	215	Richard Borne	00:41:02	M	O50	Mysteruns	
36	209	Timothy Woodland	00:41:05	M	O40	N	
37	264	Tony Wardle	00:41:08	M	O40	Northwich RC	
38	267	Simon Sharp	00:41:15	M	O40	Holme Pierepont Nottingham	
39	227	Stephen Burthem	00:41:30	M	O50	Spectrum Striders	
40	271	Hayley Evans (FD)	00:41:35	F	U40	Buckley Runners	WI Trophy (Local Lady) + fancy dress
41	164	Simone Capponi	00:41:38	M	O40	Penny Lane Striders	
42	148	Steve Brady	00:41:44	M	O40	N	Browner Trophy (Local) + Dennis Kemp (Local V
43	175	Chris Larkin	00:41:48	M	U40	Hilton & Frodshom Harriers	
44	143	John Montgomery	00:41:58	M	O50	Clywdian Range Runners	
45	256	Daniel Peers	00:42:20	M	U40	Spectrum Striders	
46	193	David Lyth (FD)	00:42:28	M	U40	Buckley Runners	Gents fancy dress
47	172	David Idenden	00:42:41	M	O50	N	
47	211	Jeff Bolton	00:42:41	M	O40	N	
49	149	Kenneth Skates	00:42:53	M	O40	N	
50	169	Richard Mawdsley	00:42:58	M	O40	N	
51	196	Ralph Pawline	00:43:00	M	U40	Pensby Runners	
51	223	Susan Fourie	00:43:00	F	O40	Chester Tri	Deeside College Trophy (1st Lady Vet O40)
51	225	Carolyn Stamper-Clark	00:43:00	F	O40	N	
51	244	Bailey Ewel	00:43:00	F	U40	Penny Lane Striders	
51	284	Tim Hargreaves	00:43:00	M	O50	Buckley Runners	
51	293	Iain Wood	00:43:00	M	O60	Chester Tri	O60 Gent
57	235	David Pryse	00:43:14	M	U40	N	
58	245	Huw Lewis	00:43:25	M	O50	Buckley Runners	
59	258	Martin Witty	00:43:34	M	O50	Dee Striders	
60	161	Neil Burdett	00:43:36	M	O40	N	
61	222	Tammy Lewis-Jones	00:43:54	F	O40	Eryri	
62	217	Alan Duncan	00:44:00	M	O60	Bowland Fr	
63	281	Dominic Williams	00:44:04	M	O40	O	
64	195	Brian Davey	00:44:09	M	O60	Southport Waterloo AC	
65	298	Andrew Carter	00:44:14	M	O40	West Cheshire	
66	228	Kevin Enright	00:44:20	M	U40	N	
67	155	Thomas Michael Kerry	00:44:31	M	U40	N	
68	262	Andy Hind	00:44:40	M	O40	Northwich RC	
69	178	Guy Dermot Gatenby	00:44:44	M	O40	Ahmed Bin Mohammed Military College	
70	199	Ian Kulkowski	00:44:46	M	U40	N	
71	289	Geoff Hand	00:44:51	M	O60	Spectrum Striders	
72	300	Rebecca Massey	00:44:54	F	O40	Dee Striders	
73	208	Lois Lee	00:45:12	F	U18	Prestatyn	Hawitt Cup (1st Lady U18)
74	212	Darial Adam Williams	00:45:19	M	O50	Buckley Runners	
75	173	Jane Ashbrook	00:45:21	F	O40	Helsby	
76	167	Bo Hughes	00:45:23	M	U18	N	Julie Tullis Trophy (1st Gent U18)

77	201	Karon Forster	00:45:24	F	O50	Spectrum Striders	O50 Lady
78	219	David McFaul	00:45:25	M	U40	N	
79	237	John Pritchard	00:45:26	M	O50	Outfit	
80	280	Mark Gallagher	00:45:28	M	U40	West Cheshire	
81	294	Neil Owen	00:45:35	M	O60	N	
82	188	Michael O'Rourke	00:45:52	M	U40	Penny Lane Striders	
83	242	Steve Emery	00:45:59	M	O50	N	
84	233	Danny Jenkins	00:46:02	M	O50	N	
84	285	Laura Baynham-Hughes	00:46:02	F	O40	Helsby	
86	192	William Brookes	00:46:09	M	U40	N	
87	189	Geraint Davies	00:46:24	M	U40	N	
88	261	Neil Gooding	00:46:29	M	O40	N	
89	177	Anne Rosbottom	00:46:37	F	O40	Wirral AC	
90	205	Kenny Forster	00:46:49	M	O50	Spectrum Striders	
91	151	Andy Hughes	00:46:54	M	U40	Cilcain YFC	
92	243	Christine Cammiclare	00:47:18	F	U40	Dee Striders	
93	276	Peter Foale	00:47:28	M	O60	N	
94	179	Nick Davis	00:47:34	M	O40	N	
95	269	Ceri Belshaw	00:47:50	F	U40	Denbigh Harriers	
96	204	Nigel Crompton	00:48:00	M	O50	Pensby Runners	
97	203	Antony Dala	00:48:14	M	O50	Pensby Runners	
98	145	Chris Edwards	00:48:15	M	U40		
99	220	Neil Jenkins	00:48:28	M	O50	Chester Tri	
100	163	Jenny Illidge	00:48:38	F	U40	Helsby	
101	194	Clive James	00:48:49	M	O50	Southport Waterloo AC	
102	274	Darren Baker	00:49:19	M	O50	FRA	
103	185	John Morris	00:49:23	M	O70	Buckley Runners	O70 Male
104	278	Dewi Salisbury	00:49:27	M	U40	N	
105	239	Janet Robertson	00:49:32	F	O50	Helsby	
106	246	Sam Coupe	00:49:36	M	U40	N	
106	295	Liz Wilkinson	00:49:36	F	O50	N	
108	291	Matt Helme	00:50:13	M	O50	Liverpool running Club	
109	249	Sarah Jackspon	00:50:19	F	O40	Penny Lane Striders	
110	248	Robert Moore	00:50:28	M	O40	N	
111	224	Robert Wilson	00:50:36	M	O60	N	
112	162	Lucie Skates	00:50:37	F	O40	N	
113	156	James Skates	00:50:38	M	O40	N	
114	213	Jan Rogers	00:50:40	F	O50	Chester Tri	
115	154	Paul Wildermuth	00:50:49	M	O60	N	
116	147	Lydia Hughes	00:50:50	F	U40	Berserkers	
117	234	Tom Pryse	00:50:51	M	U40	N	
118	198	Andy Bates	00:51:01	M	U40	Penny Lane Striders	
119	296	Roy Wilkinson	00:51:21	M	O40	N	
120	275	Jonathan Gray	00:51:53	M	U40	N	
121	207	Hannah Funnell	00:52:15	F	U40	Wirral AC	
122	273	Michelle Spencer	00:52:19	F	O40	Southport Waterloo AC	
123	182	Darren Rhodes	00:52:40	M	O40	N	
124	236	David Watkin Jones	00:52:43	M	O60	N	
125	229	Samantha Moss	00:53:27	F	U40	N	
126	171	Lynda Bramham	00:53:35	F	O40	N	
127	210	Ali Dore	00:53:45	F	O50	N	
128	253	John F Jenkins	00:53:46	M	O60	Ellesmere Port	
129	254	Mark Dakeyne	00:54:19	M	O50	Berserkers	
130	286	Jackie Keasley	00:54:44	F	O50	helsby	
131	299	Victoria Knight	00:55:21	F	O40	Clywdian Range Runners	
132	240	Sue Buck	00:55:23	F	O50	Helsby	
132	251	Eddie Williams	00:55:23	M	O40	Berserkers	
134	190	Nigel Pratten	00:56:36	M	O70	Pensby Runners	
135	200	Adam Davies	00:56:45	M	O40	N	
136	277	Clive Evans	00:57:55	M	O70	Emlyn Ath	
137	214	Jo Bruchel-Corbett	00:58:16	F	O40	Penny Lane Striders	
138	238	Huw Parry	00:58:41	M	O60	Les Croupiers	
139	153	Roy Fisher	00:58:59	M	O60	Pensby Runners	
140	218	Dafydd Owen	00:59:03	M	O60	Prestatyn	
141	206	Neville Griffiths	00:59:33	M	O70	Spectrum Striders	
142	168	Naomi Mawdsley	00:59:37	F	O40	N	
143	221	Billy Hargreaves	01:00:12	M	O70	SWAC	
144	146	Debbie Hughes	01:00:26	F	O50	Berserkers	
145	142	Jonathan Hughes	01:01:12	M	O50	Berserkers	
146	202	Rebecca Bridgman	01:01:16	F	O40	Kings Heath RC	
147	158	Mitch Timms	01:01:51	M	O60	Sphinx AC	
147	159	Jackie Timms	01:01:51	F	O50	Sphinx AC	
149	287	Andrew Harris	01:02:03	M	O50	N	
150	174	Sarah Larkin	01:02:33	F	O40	Hilton & Frodshom Harriers	
151	263	Jessica Messenger	01:04:26	F	U40	NRC	
152	288	Jack Thomas	01:04:33	M	O70	Buckley Runners	
153	252	Stephen Wiggins	01:08:05	M	U40	Helsby	
154	283	Jaqueline Purvis	01:10:13	F	O50	Stockport Harriers	
155	250	Natalie Williams	01:14:45	F	O50	Berserkers	
156	166	Iona Parry	01:21:54	F	U40	N	
157	165	Cathy Constable	01:21:55	F	O40	N	
158	176	Peter Norman	01:39:36	M	O70	Wrexham AC	
159	152	Nora Yvonne Jones	01:41:15	F	O70	N	O60 & O70 Lady