Ras Moel Wnion 2016

Safle Position	Rhif No	Amser Time	Enw Name	Clwb Club	Dynion / Male: M	M40	M50	M60	M70	Merched / Female: L	L40	L50	L60	L70
1	27	36.45	Gareth Wyn Hughes	Mercia	**1**									
2	40	38.53	Jez Brown	Buckley		**1**								
3	2	39.40	Shaun Davies	Eryri	**2**									
4	32	39.45	Martin Cliffe	Eryri		**2**								
5	22	40.57	Hugh O'Donnell	Eryri	**3**									
6	34	41.04	Mark Davies	NWRRC		**3**								
7	42	41.06	Simon Edwards	Buckley		4								
8	67	41.10	Matthew Fortes	Eryri	4									
9	96	41.15	Arthur Livesey	UA	5									
10	16	41.19	Darrren Fishwick	Chorley		5								
11	84	41.40	John Wadelin	Erewash Valley	6									
12	68	41.44	Rory O'Donnell	Eryri	7									
13	33	41.58	Stephen P Jones	Eryri				**1**						
14	26	42.19	Karl Steinegger	Ambleside	8									
15	8	42.21	Alasdair Cowell	Glossopdale Harriers		6								
16	74	42.26	Ryan Cain	Menai										
17	80	43.19	Emlyn Owen	Eryri		7								
18	102	43.28	Jim O'Hara	Helsby	9									
19	81	43.33	Gary Porter-Jones	Eryri		8								
20	24	43.43	Russell Owen	Eryri			**1**							
21	44	43.49	Craig Jones	Eryri		9								
22	97	43.54	Tristan Evans	Meirionydd	10									
23	90	44.22	Vic Belshaw	Denbigh			**2**							
24	37	44.43	Andrea Rowlands	UA							**1**			
25	59	44.59	David Baugh	Denbigh			3							
26	53	45.39	Hedd Gwynant Roberts	Hebog		10								
27	9	45.44	Andy Pritchard	Buckley		11								
28	51	45.52	Jeremy Randell	Meirionnydd			4							
29	36	46.04	Kevin Slattery	NWRRC				**2**						
30	31	46.59	Dan Brock-Sutton	Llyn Striders	11									
31	75	47.16	Arwel Lewis	Eryri			5							
32	15	47.27	Helen Teasdale	Eryri							**2**			
33	46	47.53	Colin Harper	UA		12								
34	35	48.00	Leon Davies	NWRRC		13								
35	25	48.09	Owen Arman	Rhedwyr Bryniau Clw	12									
36	98	48.53	Christian Russell-Pollod	UA	13									
37	12	49.02	Michael Kelly	Leighton Buzzard AC		14								
38	94	49.03	Mark Gray	UA		15								
39	39	49.07	Richard Borne	Mysteruns		16								
40	104	49.08	James Wan	GOG	14									
41	66	49.16	Rebecca-Jane Law	Eryri						**1**				
42	21	49.45	Gary Young	Eryri		17								
43	4	49.48	Huw Lewis	Buckley			6							
44	1	49.55	Stephen Williams	Eryri	15									
45	79	49.56	Guto Edwards	Eryri		18								
46	72	49.58	Emyr Gibson	Eryri	16									
47	10	50.00	David Marham	Leighton Buzzard AC		19								
48	45	50.08	Jason Harper	UA		20								
49	41	50.14	Hayley Evans	Buckley						**2**				
50	95	50.17	David Livesey	UA				**3**						
51	55	50.30	Graham Davies	Mysteruns			7							
52	28	50.41	Matthew Bicknell	UA	17									
53	6	50.52	Kean Rowlands	Eryri			8							
54	92	51.04	Andrew Watson	Erewash Valley		21								
55	101	51.11	Nich Bradley	Meirionydd				4						
56	103	51.21	Jenny Towill	UA						**3**				
57	43	51.26	Edwin Sherstone	Southport Waterloo			9							
58	13	51.29	Neil Hindle	WFRA				5						
59	47	51.36	Tom Albiston	UA	18									
60	11	51.37	Steven Marham	Leighton Buzzard AC			10							
61	87	51.39	Emma Collins	Denbigh								**1**		
62	17	51.48	Richard Bale	UA		22								
63	50	51.52	Joanne Cliffe	UA							**3**			
64	23	51.58	Lucy O'Donnell	Eryri						4				
65	20	52.48	Neil Bridgstock	U/A	19									
66	73	53.10	Patrick Cain	UA			11							
67	76	53.18	Michelle Fildes	Eryri						5				
68	89	53.22	Ceri Belshaw	Denbigh						6				
69	18	53.24	Kevin Williams	UA	20									
70	88	53.31	Duncan Jones	Denbigh			12							
71	86	53.42	Hannah Davies	Denbigh						7				
72	14	54.08	Gwyn Williams	UA		23								
73	5	54.14	Jeremy Williams	Eryri			13							
74	19	54.30	Dei Jones	Eryri				6						
75	7	54.34	Sandra Rowlands	Eryri							4			
76	49	54.41	Don Williams	Eryri					**1**					
77	61	55.02	Alan French	Wrexham				7						
78	65	55.24	Katy Baugh	denbigh						8				
79	99	55.40	David Ellis	Cybi	21									
80	91	55.45	Shane skillin	Bangor Uni Tri	22									
81	82	56.07	Steve Mullan	UA	23									
82	63	56.23	Rebecca Lander	UA						9				
83	78	56.48	Graham Mcvey			24								
84	93	57.05	Ben Stammers	UA			14							
85	3	57.08	John Morris	Buckley					**2**					
86	71	57.59	Harri Roberts	Eryri			15							
87	58	58.20	Jenny Williamson	Eryri						10				
88	77	58.26	Tina Louise Mcdonnell	Eryri							5			
89	54	58.52	Geoffrey Fielding	Eryri					**3**					
90	83	58.59	Sally Hoyle	UA						11				
91	38	59.20	Alex Fletcher	Eryri						12				
92	69	59.59	Ellie Salisbury	Eryri								**2**		
93	48	60.29	Elizabeth Bridgen	Erewash Valley							6			
94	70	60.31	Adrian Moir	MDC			16							
95	60	61.59	Menai Baugh	Denbigh								**3**		
96	57	63.13	Stuart Whittaker	Erewash Valley					4					
97	30	65.24	Gareth Davies	Llyn Striders		25								
98	52	66.52	Gwyn Evans	Eryri			17							
99	29	67.12	Huw Williams	Llyn Striders		26								
100	100	70.04	Audrey Russell	Cybi								4		
101	64	71.43	Jorge Quintero	UA	24									
102	85	71.48	Frances Wadelin	Erewash Valley						13				
103	62	71.55	Rachel Smithyman	UA						14				
104			DNF											