

TEGGS NOSE 2023

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| 1 | SIMON O'MEARA | M | TRAFFORD AC | 59.35 |
| 2 | BILLY HICKS | M | MACCLESFIELD HARR | 1.01.39 |
| 3 | JASON BRUNNOCK | M | BUXTON AC | 1.01.45 |
| 4 | CRAIG JEFFERY | V45 | DARK PEAK F R | 1.02.53 |
| 5 | TIM GREENALD | V50 | ALTRINCHAM & D A C | 1.03.26 |
| 6 | LOGAN DITONDO | M | PRESTWICH A C | 1.04.53 |
| 7 | AARON McGRADY | M | VICTORIA PARK H | 1.06.03 |
| 8 | EAMMON CLOWES | MU21 | NEWCASTLE TRI C | 1.06.06 |
| 9 | DANIEL THWAITES | M | WEST CHESHIRE | 1.06.14 |
| 10 | ANFREW PAGE | M | | 1.06.39 |
| 11 | NICHOLAS JACKSON | M | MANCHESTER YMCA | 1.06.41 |
| 12 | MATTHEW GITTINS | V40 | DIDSBURY RUNNERS | 1.06.46 |
| 13 | MARK EASTMAN | M | BOLLINGTON RUNNERS | 1.07.21 |
| 14 | TIM SHANKER | V55 | MANCHESTER YMCA | 1.07.30 |
| 15 | NICK HAMMOND | V50 | FRAMLINGHAM | 1.07.38 |
| 16 | RICHARD PRICE | M | SEDGLEY STRIDERS | 1.07.48 |
| 17 | JAMES NOAKES | V55 | MACCLESFIELD HARR | 1.08.41 |
| 18 | JAMES CORDAN | V50 | STOCKPORT HARR | 1.09.27 |
| 19 | DAVID CHAMBERS | V40 | MACCLESFIELD HARR | 1.09.53 |
| 20 | JON FREKE | M | MORLEY | 1.10.16 |
| 21 | KATIE DAVIES | F40 | STAFFORDSHIRE M AC | 1.10.41 |
| 22 | DANIEL BAILEY | M | MANCHESTER YMCA | 1.10.46 |
| 23 | BARNABE COX | V45 | WILMSLOW SNIPERS | 1.12.07 |
| 24 | LIZ BATT | F55 | DARK PEAK F R | 1.12.11 |
| 25 | SAM BALLANTYNE | M | PRESTWICH A C | 1.12.17 |
| 26 | ALANNAH BIRTWISTLE | F | MACCLESFIELD HARR | 1.12.36 |
| 27 | KERRY RILEY | F | | 1.12.53 |
| 28 | JAMES WHITEHEAD | M | MANCHESTER YMCA | 1.13.25 |
| 29 | PETER DALY | V55 | GLOSSOPDALE HARR | 1.14.41 |
| 30 | WAYNE GRANT | V45 | GOYT VALLEY STRIDERS | 1.14.45 |
| 31 | LOEO LOUGHRAN | V40 | SALFORD HARRIERS | 1.15.17 |
| 32 | JENNIFER BARBER | F | PRESTWICH A C | 1.15.38 |
| 33 | FIONA BLAGG | F | MACCLESFIELD HARR | 1.16.07 |
| 34 | CHRIS JOHNSON | M | | 1.16.20 |
| 35 | KAREN HEPSTONSTALL | F45 | MACCLESFIELD HARR | 1.16.31 |
| 36 | SAM GILMORE | M | MANCHESTER YMCA | 1.16.35 |
| 37 | JOHN WATERWORTH | V40 | | 1.16.48 |
| 38 | FREDERICK JACKSON | M | | 1.17.44 |
| 39 | MARK SHARROCK | V45 | STAFFORDSHIRE M AC | 1.18.05 |
| 40 | LIAM WARD | M | MANCHESTER YMCA | 1.18.28 |
| 41 | HANNAH BRIDGER | F | MACCLESFIELD HARR | 1.18.35 |
| 42 | GUY MADDOX | V50 | MACCLESFIELD HARR | 1.19.29 |
| 43 | JOEL CLARKE | MU21 | | 1.19.41 |
| 44 | REBECCA SNEKKERS | F | NORWAY | 1.19.47 |
| 45 | LARSARNE FROSTVOKA | M | NORWAY | 1.19.48 |
| 46 | ANN-MARIE JONES | F70 | MACCLESFIELD HARR | 1.20.36 |
| 47 | HAMISH STEPHEN | M | | 1.20.40 |
| 48 | CHRISTOPHER DAVIES | M | PRESTWICH A C | 1.21.31 |

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| 49 | PHILIP VESEY | V60 | ALTRINCHAM & D A C | 1.22.14 |
| 50 | PIP TAYLOR | V50 | PRESTWICH A C | 1.24.04 |
| 51 | STEPHEN MYERS | V55 | MOLCOMBE HARRIERS | 1.24.04 |
| 52 | PHIL FACEY | V45 | MANCHESTER YMCA | 1.24.25 |
| 53 | TOBY SANDERSON | M | | 1.25.12 |
| 54 | REBECCA TIMMS | F | | 1.25.13 |
| 55 | SARA-LOUISE BROWNING | F | | 1.25.14 |
| 56 | PETER FLEMMING | V60 | | 1.25.58 |
| 57 | OLIVER BARBER | V40 | MACCLESFIELD HARR | 1.26.08 |
| 58 | ANTHONY KAY | V65 | THAMES HARE & HOUNDS | 1.26.31 |
| 59 | DAVID GOULD | V70 | MERCIA FELL RUNNERS | 1.27.08 |
| 60 | SALLY ANN HALES | F60 | MACCLESFIELD HARR | 1.27.44 |
| 61 | NATALIE MACFARLANE | F40 | CHORLTON RUNNERS | 1.28.28 |
| 62 | DAVID WALKER | V60 | | 1.28.39 |
| 63 | NICK BUDD | V60 | CONGLETON HARRIERS | 1.28.52 |
| 64 | PETE BUCKINGHAM | V45 | DISLEY RUNNERS | 1.29.10 |
| 65 | MARTIN RANDS | V55 | MACCLESFIELD HARR | 1.29.16 |
| 66 | MICHAEL STUBBS | V50 | | 1.30.06 |
| 67 | ALAN BEAUMONT | M | MANCHESTER YMCA | 1.30.34 |
| 68 | SHAUN HALL | V45 | GOYT VALLEY STRIDERS | 1.30.37 |
| 69 | DAVID LARUIN | M | MACCLESFIELD HARR | 1.31.57 |
| 70 | LINDSAY BELDERSON | F45 | | 1.33.29 |
| 71 | MARTIN REVS | V55 | CONGLETON HARRIERS | 1.33.49 |
| 72 | KATIE BAKER | F | MANCHESTER YMCA | 1.34.43 |
| 73 | SARAH CASSIE | F50 | MACCLESFIELD HARR | 1.35.04 |
| 74 | PETER MACFARLANE | V65 | DARK PEAK F R | 1.35.28 |
| 75 | JENNIFER HELM | F45 | PRESTWICH A C | 1.35.46 |
| 76 | SALLY WOOD | F | MANCHESTER YMCA | 1.35.58 |
| 77 | IAN ANKERS | V70 | STAFFORDSHIRE M AC | 1.37.17 |
| 78 | STEPHANIE GOODCHILD | F55 | MANCHESTER YMCA | 1.37.34 |
| 79 | MADDY CARTER | F | | 1.40.11 |
| 80 | NADINE FECHT | F | | 1.40.50 |
| 81 | AMY SANDERSON | F | | 1.41.04 |
| 82 | JOHN SANDERSON | V55 | | 1.41.04 |
| 83 | FRAZER JARVIS | V55 | | 1.41.22 |
| 84 | DAVID RICHARDS | V60 | FORMULA 1 RUNNING C | 1.43.14 |
| 85 | CHLOE QUINN | F | MANCHESTER YMCA | 1.44.54 |
| 86 | EMMA ELMERHEBI | F50 | MANCHESTER YMCA | 1.53.53 |