

Orion Harriers John Clarke Memorial Fell Race

16th June 2023

Pos	Number	First Name	Last Name	Cat	Club	Mins	Secs
1	573	Joseph	Grange	U17	Barking Road Runners	21	: 52
2	431	Joe	Dale	M40	Orion Harriers	22	: 54
3	479	Fabien	Lassonde	M40	Victoria Park Harriers	23	: 42
4	585	Brian	Jenkins	M40	Orion Harriers	23	: 52
5	583	Julien	Leptretre	SM	Victoria Park Harriers	23	: 55
6	404	Samuel	Anderson	SM	Eton Manor AC	24	: 02
7	488	Mick	McTernan	M40	Orion Harriers	24	: 15
8	550	Paul	Grange	SM	Barking Road Runners	24	: 40
9	597	Thomas	Grimes	M40	Orion Harriers	24	: 42
10	568	David	Jones	M40	Victoria Park Harriers	24	: 45
11	411	Donald	Bennet	SM	Orion Harriers	25	: 25
12	560	Craig	Beattie	SM	Victoria Park Harriers	25	: 55
13	561	Stephen	Fabes	M40	Victoria Park Harriers	26	: 13
14	507	James	Pilch	M40	Eton Manor AC	26	: 21
15	555	Carl	Redondo	M40	Trent Park	26	: 33
16	399	Ed	Ballard	SM	Unaffiliated	26	: 42
17	486	Neil	McGoun	M40	Orion Harriers	26	: 43
18	575	Sam	Kennedy	SM	Orion Harriers	26	: 43
19	548	Dylan	Williams	SM	Eton Manor AC	26	: 47
20	505	Alex	Pickering	M40	East London Runners	26	: 50
21	293	Tom	Charlick	SM	Victoria Park Harriers	26	: 51
22	369	Luke	Wicker	SM	Unaffiliated	26	: 59
23	582	Graham	Atkins	SM	Victoria Park Harriers	27	: 01
24	546	Stephen	Wilkes	M50	Bishop's Stortford RC	27	: 17
25	375	William	Winter	M40	Unaffiliated	27	: 21
26	444	Zoltan	Fodor	M40	Orion Harriers	27	: 23
27	430	Martyn	Coulter	SM	Harlow Run Tri Club	27	: 34
28	468	Ryder	Islam	U15	Dagenham 88 Runners	27	: 37
29	557	Dave	Weir	M40	Trent Park	27	: 38
30	541	Christian	Poulton	M50	Cambridge Harriers	27	: 39
31	365	Joe	Wallace	SM	Unaffiliated	27	: 43
32	534	Jon	Whitehouse	M40	Loughton AC	27	: 49
33	473	Russ	Jones	M50	Eton Manor AC	27	: 59
34	428	Neil	Cook	M40	Victoria Park Harriers	28	: 06
35	549	Toby	Long	U13	Eton Manor AC	28	: 10
36	592	Hollie	Ryder	SW	St Albans Striders	28	: 16
37	554	Patrick	Thomas	SM	Victoria Park Harriers	28	: 19
38	512	Scott	Reid	M50	Orion Harriers	28	: 22
39	596	Kelly	Clarke	W40	Victoria Park Harriers	28	: 25
40	567	Liam	Hazelton	M40	London Heathside	28	: 28
41	438	Alex	Elferink	M50	Orion Harriers	28	: 29
42	514	John	Sable	SM	Orion Harriers	28	: 31
43	538	Tim	Wright	M50	Orion Harriers	28	: 36
44	380	Dominic	Jackson	M50	London Heathside	28	: 43
45	482	Kevin	Long	M40	Victoria Park Harriers	28	: 46

46	511	James	Quartly	SM	Orion Harriers	28 : 50
47	539	Raphael	Zenou	M40	Orion Harriers	29 : 03
48	600	Matthew	Cartledge	M40	London Heathside	29 : 04
49	419	Tim	Charters	M40	London Fronrunners	29 : 06
50	551	Joe	Cryer	SM	Crystal Palace	29 : 20
51	564	Matt	Beard	M50	London Heathside	29 : 28
52	297	Peter	Bacon-Darwin	M40	Victoria Park Harriers	29 : 29
53	451	Bob	Glasgow	M40	Orion Harriers	29 : 35
54	463	Claire	Huggins	SW	Orion Harriers	29 : 35
55	563	Lee	Connor	M50	London Heathside	29 : 57
56	574	Andrew	Baxter	M50	East London Runners	30 : 11
57	576	Alex	Baird	W40	Trent Park	30 : 21
58	502	Seb	Parris	SM	Ilford AC	30 : 54
59	518	Derek	Seume	M40	Unaffiliated	31 : 07
60	426	Matthew	Coaker	M40	Bishop's Stortford RC	31 : 07
61	566	Justin	Siderfin	M50	Dulwich Runners	31 : 08
62	526	Milon	Thomsen	SM	London Fronrunners	31 : 10
63	388	Jess	Verrell	SW	Eton Manor AC	31 : 14
64	406	Hugh	Balfour	M60	Dulwich Runners	31 : 19
65	372	Andy	Owen	M50	London Heathside	31 : 20
66	401	Tom	Abbott	SM	Brentwood RC	31 : 23
67	525	Stephen	Thompson	M50	Orion Harriers	31 : 24
68	547	Mele	Douglas	SM	Unaffiliated	31 : 29
69	371	Natasha	Cendrowicz	W50	Highgate Harriers	31 : 30
70	322	Edward	Connolly	SM	Unaffiliated	31 : 40
71	559	Robin	Daines	M50	Loughton AC	31 : 44
72	490	Lee	Milne	W40	Eton Manor AC	31 : 47
73	417	Daniel	Carroll	M40	Orion Harriers	31 : 53
74	495	Andy	Malleson	SM	Edmonton RC	31 : 55
75	391	Steve	Jermyn	SM	Orion Harriers	32 : 06
76	446	Caroline	Frith	W40	East London Runners	32 : 17
77	520	Rob	Sommerville	M50	Eton Manor AC	32 : 17
78	432	Clare	Davies	SW	Havering AC	32 : 25
79	473	Russ	Jones	M50	Eton Manor AC	32 : 30
80	591	Connor	Holloway	SM	Unaffiliated	32 : 31
81	443	John	Fitzpatrick	M50	Unaffiliated	32 : 31
82	588	Andrew	Holloway	M50	Orion Harriers	32 : 38
83	486	Neil	McGoun	M40	Orion Harriers	32 : 42
84	543	Graham	Maynard	M60	Cambridge Harriers	32 : 46
85	384	John	Rose	M50	Trent Park	32 : 48
86	529	Steve	Walker	M50	Havering AC	32 : 53
87	532	Darren	Welsford	M40	Orion Harriers	33 : 01
88	556	Zoe	Redondo	W40	Trent Park	33 : 04
89	533	Hannah	White	SW	Orion Harriers	33 : 18
90	403	Mo	Allen	0	Unaffiliated	33 : 19
91	535	Paul	Wilson	M40	Orion Harriers	33 : 21
92	387	Clare	Cameron	W40	Eton Manor AC	33 : 23
93	545	Hazel	Reade	SW	London Fronrunners	33 : 46
94	425	Brendan	Clooney	M50	Orion Harriers	33 : 52

95	441	Claire	Fisher	SW	Victoria Park Harriers	33 : 57
96	455	Dan	Green	M50	Orion Harriers	34 : 08
97	409	Iain	Bass	M50	Unaffiliated	34 : 09
98	570	Jacob	Stevens	M50	East London Runners	34 : 21
99	374	Clare	Wiltshaw	W40	Unaffiliated	34 : 33
100	467	Rahana	Islam	W40	Dagenham 88 Runners	34 : 37
101	439	Ian	Emerson	M40	Orion Harriers	35 : 06
102	386	Keith	Mussington	M60	Victoria Park Harriers	35 : 07
103	366	Cam	Gill	SM	Unaffiliated	35 : 17
104	483	Karen	Lyons	W50	Orion Harriers	35 : 35
105	367	David	Heinemann	SM	Orion Harriers	35 : 36
106	587	Isobel	Gowers	W40	Springfield Striders	35 : 39
107	440	James	Farthing	SM	YDYR	35 : 39
108	599	Katie	Hickling	W40	Ambleside	35 : 50
109	581	Linda	Helm-Manley	W50	Harlow Run Tri Club	35 : 50
110	381	Angie	Flight	W40	Orion Harriers	35 : 58
111	531	David	Watkins	M50	Yaxley Runners	36 : 01
112	598	Katherine	Forrest	W40	London Frontrunners	36 : 10
113	571	Matilda	Frith	U15	Woodford Green	36 : 13
114	509	Julie	Pond	W40	Unaffiliated	36 : 28
115	542	Paul	Kent	M60	Cambridge Harriers	36 : 31
116	385	Garrett	Turbett	M40	Trent Park	36 : 33
117	408	Gary	Bartlett	M60	Orion Harriers	36 : 33
118	383	Ryan	Tym	SM	Unaffiliated	36 : 39
119	578	Martin	Reynolds	M40	Orion Harriers	36 : 45
120	540	Tim	Brockington	M60	Springfield Striders	36 : 55
121	459	Thomas	Hardy	M40	Unaffiliated	37 : 00
122	510	Oliver	Purton	M40	Orion Harriers	37 : 08
123	402	Ken	Agnew	M60	Urban Runners	37 : 13
124	442	Mike	Fitzpatrick	M50	Unaffiliated	37 : 25
125	577	Martin	Smith	M50	YDYR	37 : 32
126	530	Anna	Waterman	SW	Orion Harriers	37 : 38
127	569	Michael	Wright	M40	Unaffiliated	37 : 38
128	579	Maud	Hodson	W50	Eton Manor AC	37 : 42
129	565	Mary	Armitage	W60	Orion Harriers	37 : 59
130	429	Louise	Cootes	W40	Harlow Run Tri Club	38 : 17
131	358	Miry	Mayer	W40	Victoria Park Harriers	38 : 25
132	552	Darminster	Bhamro	M50	East London Runners	38 : 39
133	370	Paul	Tawn	M60	Mid Essex Casuals	38 : 39
134	572	John	O'Brien	M50	East London Runners	38 : 42
135	594	Amarjit	Johal	M60	Urban Runners	38 : 56
136	584	Donna	Fisher	W50	Springfield Striders	38 : 57
137	503	Helen	Pearce	W50	Orion Harriers	39 : 06
138	494	Sagana	Navaratnarajah	SW	Unaffiliated	39 : 10
139	458	Emma	Hardy	U16	Orion Harriers	39 : 12
140	553	Kim	Carter	SW	Vegan Runners	39 : 33
141	433	Kylie	De Jager	W40	Unaffiliated	39 : 51
142	501	Kerry	Parker	W40	Orion Harriers	39 : 59
143	515	Rak	Sandhu	M50	Urban Runners	40 : 02

144	562	Richard	Cravitz	M40	ELR/UR	40 : 02
145	389	LJ	Winter	SW	Unaffiliated	40 : 07
146	472	John	Johnstone	M40	Urban Runners	40 : 21
147	508	Deborah	Pomphret	W50	Harlow Run Tri Club	41 : 02
148	434	Pippa	Dowswell	W50	Eton Manor AC	41 : 05
149	496	Anaïs	Noizat	SW	Urban Runners	41 : 30
150	478	Shakeel	Khan	M40	Barking Road Runners	41 : 50
151	407	Richard	Ballam	M40	Havering 90 Joggers	42 : 01
152	448	Manji	Gami	M40	Dagenham 88 Runners	42 : 08
153	589	Julian	Ferreira	M50	Unaffiliated	42 : 09
154	368	Olga	Bennett	SW	Unaffiliated	42 : 12
155	593	Hayley	Dalton	W50	Eton Manor AC	42 : 19
156	413	Hannah	Blanchford	SW	Orion Harriers	42 : 47
157	421	Chris	Chipchase	M40	London Frontrunners	42 : 50
158	530	Anna	Waterman	SW	Orion Harriers	43 : 10
159	450	Bal	Gill	M50	Orion Harriers	43 : 19
160	492	Anna	Murray	W50	Barnet & District AC	43 : 42
161	464	Janine	Humberstone	W50	Orion Harriers	43 : 55
162	537	Katie	Wolf	W50	Orion Harriers	43 : 55
163	466	Bryony	Irvine	W40	Unaffiliated	43 : 58
164	580	Alex	Jameson	M50	East London Runners	44 : 15
165	449	Beata	Gaxha	W40	Orion Harriers	44 : 27
166	497	Elsie	Ofori	SW	Orion Harriers	44 : 55
167	499	Christina	Pace	W40	Orion Harriers	45 : 12
168	528	Lynne	Wakinshaw	W40	Orion Harriers	46 : 00
169	462	Phil	Hudson	M60	Ware Joggers	46 : 01
170	493	Imran	Mustak	SM	East London Runners	46 : 26
171	477	David	Kerr	M50	Orion Harriers	46 : 45
172	590	Helen	Smith	W50	Unaffiliated	46 : 54
173	422	Anil	Chumber	SM	Urban Runners	47 : 01
174	586	Peter	Bulaitis	M60	Orion Harriers	47 : 19
175	595	Alith	Navaratnarajah	SM	Urban Runners	47 : 40
176	390	Chloe	Woodhead	W40	Eton Manor AC	48 : 56
177	474	Raj	Katechia	M60	Urban Runners	51 : 17
178	544	Les	Joy	M70	Barking Road Runners	52 : 38
179	447	Alison	Fryatt	W50	Barking Road Runners	53 : 04
180	517	Randeep	Sembi	W40	Urban Runners	57 : 40