

The Lyon Equipment Lake District Mountain Trial

September 15, 2024

RESULTS

Classic - 31.3km

Pos	No.	Name	Club	Cat	Eligibility	Time	Behind
1st	156	Matthew Atkinson	Keswick AC	M	-L---	04:24:06	
2nd	155	Sam Dixon	Helm Hill Runners	M	-L---	04:27:43	+00:03:37
3rd	142	Jack Eyre	Eden Runners	M	----	04:38:31	+00:14:25
4th	151	Paul Neild	Bowland Fell Runners	MV50	----	05:07:50	+00:43:44
5th	122	Simon Mills	Dark Peak Fell Runners	MV40	----	05:12:29	+00:48:23
6th	133	Jack Harris	Pennine Fell Runners	M	Y----	05:20:25	+00:56:19
7th	132	Matt Driver	Holcombe Harriers	M	----	05:22:38	+00:58:32
8th	147	Steve Birkinshaw	Borrowdale Fell Runners	MV50	-L---	05:24:47	+01:00:41
9th	123	Simon Evans	Dartmoor Runners	MV40	Y---N	05:37:36	+01:13:30
10th	129	Konrad Rawlik	Carnethy Hill Racing Club	MV40	----	05:48:37	+01:24:31
11th	138	Eleanor Johnstone	Pennine Fell Runners	F	----	05:49:41	+01:25:35
12th	111	Ben Rowley		M	----	05:51:47	+01:27:41
13th	131	Matthew Harmon	Dark Peak Fell Runners	M	---N	05:53:29	+01:29:23
14th	120	Ethan Furness	Black Combe Runners	M	-L--N	05:55:01	+01:30:55
15th	130	Tom Pape	Dark Peak Fell Runners	MV40	----	05:57:24	+01:33:18
16th	117	Tim Grimwood	Swaledale Runners	MV40	-L---	05:59:30	+01:35:24
17th	109	James Harris	Ambleside AC	M	YL---	06:06:17	+01:42:11
18th	112	Jacob Tonkin	Keswick AC	M	---N	06:10:55	+01:46:49
19th	114	Jessica Richardson	Northern Fells Running Club	F	----	06:12:05	+01:47:59
20th	119	Stuart Reid	Dark Peak Fell Runners	MV40	---N	06:17:40	+01:53:34
21st	107	Sue Richmond	Pennine Fell Runners	FV40	----	06:19:57	+01:55:51
22nd	106	Simon Barnett	Tring RC	MV40	Y----	06:20:49	+01:56:43
23rd	148	Ian Jones	Eryri Orienteers	MV50	Y---N	06:27:39	+02:03:33
24th	101	Karen Parker	Border Liners Orienteering Club	FV60	----	06:29:10	+02:05:04
25th	105	Jim Turner	Bowland Fell Runners	MV40	--M--	06:35:38	+02:11:32
26th	115	Chris Dale	Northern Navigators	MV40	----	06:37:26	+02:13:20
27th	118	Dan Parker	Border Liners Orienteering Club	MV60	----	06:38:27	+02:14:21
28th	143	Will Silvie	Black Combe Runners	M	-L--N	06:42:11	+02:18:05
29th	137	Robin Stones		M	---O-	06:47:43	+02:23:37
30th	125	Richard Gover	York Acorn Running Club	MV40	----	06:47:58	+02:23:52
31st	102	Scott Collier	Black Combe Runners	M	YLM--	06:49:46	+02:25:40
32nd	113	Michael Quinn	Esk Valley Fell Club	MV40	----	06:56:36	+02:32:30
33rd	104	Darren Parker	Cumberland Fell Runners	MV50	Y----	07:26:15	+03:02:09
34th	134	David Crout	Keswick AC	MV50	-L---	07:44:08	+03:20:02
35th	103	Neil Gascoyne		MV60	----	08:07:17	+03:43:11
	121	Tim Laney	Bath Bats	MV60	----	m5-8	
	136	Nicholas Peat	Helm Hill Runners	M	---N	m1-6	

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RESULTS

Medium - 21.2km

Pos	No.	Name	Club	Cat	Eligibility	Time	Behind
1st	18	Harry Ellis		MV40	Y--ON	04:28:06	
2nd	54	Ben Breeze	Cumberland Fell Runners	M	-L--N	04:37:10	+00:09:04
3rd	19	Anne Edwards	Black Combe Runners	F	----	04:39:41	+00:11:35
4th	1	Sarah Sigsworth	Ambleside AC	F	-L---	04:44:55	+00:16:49
5th	51	Tom Matthew	SROC Red Rose Orienteering Club	MV50	Y-M--	04:49:11	+00:21:05
6th	41	John Tierney	Stroud & district athletics club	MV40	YLM--	04:51:58	+00:23:52
7th	48	Joe Murphy	Bowland Fell Runners	MV50	----	04:55:17	+00:27:11
8th	10	Jon Green	Preston Harriers	MV40	----N	04:56:58	+00:28:52
9th	21	Christiaan Swanepoel	West Cumberland Orienteering Club	MV40	----	04:59:23	+00:31:17
10th	22	John Tullie	Teviotdale Harriers	MV60	----	04:59:57	+00:31:51
11th	30	David Oldfield	North Leeds Fell Runners	MV40	----	05:04:37	+00:36:31
12th	20	Keith Murray	Teviotdale Harriers	MV60	-L--N	05:10:32	+00:42:26
13th	39	Littledave Cumins	Mow Cop Runners	MV50	----	05:16:36	+00:48:30
14th	27	Digby Harris	Pennine Fell Runners	MV50	Y----	05:19:35	+00:51:29
15th	23	Steven Breeze	West Cumberland Orienteering Club	MV50	--MO-	05:25:20	+00:57:14
16th	12	Paul Coope	Bowland Fell Runners	MV60	----	05:26:58	+00:58:52
17th	44	Mike Buckenham		MV50	----	05:27:44	+00:59:38
18th	8	Geoff Briggs	Pennine Fell Runners	MV60	Y----	05:29:46	+01:01:40
19th	4	Lewis Balfour	Newcastle and Tyneside Orienteers	MV40	----N	05:40:40	+01:12:34
20th	43	Steve Sanders	Penistone Footpath Runners & Athletic Club	MV50	----N	05:47:05	+01:18:59
21st	37	Matthew Pink	Pennine Fell Runners	MV50	----N	05:52:14	+01:24:08
22nd	42	Colin Valentine	Keswick AC	MV60	----	05:52:15	+01:24:09
23rd	45	Alastair Mackenzie	CLOK	MV60	----	05:57:14	+01:29:08
24th	38	Rebekah Beadle	Ambleside AC	FV60	---O-	05:59:44	+01:31:38
25th	9	Michael McLoughlin	Preston Harriers	MV70	--M--	06:00:09	+01:32:03
26th	35	Matt Dumenil	Pennine Fell Runners	MV40	----N	06:01:52	+01:33:46
27th	36	Rowena Browne	Bowland Fell Runners	FV60	YL---	06:03:41	+01:35:35
28th	26	Simon West	Keswick AC	MV40	----N	06:14:07	+01:46:01
29th	15	Andy Lewsley		MV60	----	06:17:39	+01:49:33
30th	13	Jenny Lyon	Dallam Running Club	FV40	----	06:36:07	+02:08:01
31st	11	Stephen Lysaczenko	Quantock Orienteering	MV60	-L---	06:36:12	+02:08:06
32nd	7	Wendy Dodds	Dallam Running Club	FV70	YLM--	06:38:21	+02:10:15
33rd	16	John Nelson		MV50	-L---	06:39:50	+02:11:44
34th	6	Rosalind Murray	Westerlands Cross Country Club	FV40	-LM--	06:40:16	+02:12:10
35th	24	Allan Miller		MV60	----	07:07:02	+02:38:56
36th	17	James Purves	Gala Harriers	MV60	-L---	07:08:51	+02:40:45
37th	3	Paul Lockie	Teviotdale Harriers	MV50	Y---N	07:23:35	+02:55:29
38th	25	Andrew Last	Deeside Orienteering Club	M	----N	07:52:14	+03:24:08
	31	Tom Horrocks		M	--M--	m5-7	
	2	Mark Richards	Goyt Valley Striders	MV60	YL---	m5-7	
	29	Jane Morgan	Helm Hill Runners	FV60	-L---	m5-6	
	33	Iain Stemp	Durham Fell Runners	MV50	----	rtd	

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RESULTS

Short - 15.2km

Pos	No.	Name	Club	Cat	Eligibility	Time	Behind
1st	344	James Birkinshaw	West Cumberland Orienteering Club	M	----	02:34:23	
2nd	327	Catherine Taylor	Black Combe Runners	F	-L---	02:41:18	+00:06:55
3rd	339	Phil Mather	Lonsdale Fell Runners	MV40	----	02:50:29	+00:16:06
4th	338	Jack Walton	Keighley & Craven AC	M	----	02:54:00	+00:19:37
5th	288/289	James Titmuss/Mark Titmuss	Horwich R M I Harriers	PAIR	----N	03:05:48	+00:31:25
6th	332	Matthew Birkinshaw	West Cumberland Orienteering Club	MU21	----N	03:10:31	+00:36:08
7th	290	Steph Jones	Ambleside AC	FV40	----	03:19:47	+00:45:24
8th	312	Gavin Smith	Bowland Fell Runners	MV60	----	03:29:12	+00:54:49
9th	304/305	Alistair Shawcross/Edward Shawcross	Dallam Running Club/Ambleside AC	PAIR	----N	03:30:08	+00:55:45
10th	280	Geoff Davis	Elvet Striders	MV60	----	03:31:00	+00:56:37
11th	337	Cate Matthew	SROC Red Rose Orienteering Club	FU21	----	03:32:35	+00:58:12
12th	298	Phoebe Dibben-Dean	North Leeds Fell Runners	F	----	03:41:26	+01:07:03
13th	275	Nick Latham	Elvet Striders	MV50	----N	03:43:03	+01:08:40
14th	253	Andy Blackett	Durham Fell Runners	MV40	----	03:44:02	+01:09:39
15th	265	John Murfin	Settle Harriers	MV50	----	03:45:17	+01:10:54
16th	267	John Gomersall	Ambleside AC	MV70	-L---	03:47:33	+01:13:10
17th	317	Joe Oetting		M	----	03:51:02	+01:16:39
18th	308	Paul Macfarlane	Helm Hill Runners	MV40	----	03:52:01	+01:17:38
19th	336	Zac Clowes	Staffs Moorlands AC	M	----N	03:55:42	+01:21:19
20th	303	Jane Ligema	Lakeland Orienteering Club	FV50	--MO-	03:56:50	+01:22:27
21st	277	Iain May		M	----N	03:56:52	+01:22:29
22nd	320	Mary Ockenden	Bowland Fell Runners	FV60	Y--O-	03:58:51	+01:24:28
23rd	333	Peter Haines	FRA	MV60	Y----	03:59:53	+01:25:30
24th	268/269	Ava Grossman/Beth Ripper	Black Combe Runners	PAIR	----N	04:05:37	+01:31:14
25th	271/272	Emma Shawcross/Emily MacPherson-Littler	Ambleside AC/Bowland Fell Runners	PAIR	----N	04:06:39	+01:32:16
26th	323	Sally Heppell	West Cumberland Orienteering Club	FV40	Y----	04:08:38	+01:34:15
27th	328	Peter Shakespeare		MV50	----	04:11:18	+01:36:55
28th	313	Martyn Hodgson	Warrior OC	MV60	--M--	04:12:12	+01:37:49
29th	326	Derek Fryer	Lakeland Orienteering Club	MV70	-L---	04:15:02	+01:40:39
30th	278	Chris Heaton	Lakeland Orienteering Club	MV40	----N	04:16:20	+01:41:57
31st	281/282	Kate Archer/Outi Kamarainen	Ilkley Harriers AC/Westerlands Cross Country Club	PAIR	----	04:18:00	+01:43:37
32nd	284	Louisa Knox	/Eden Runners	F	----N	04:19:37	+01:45:14
33rd	270	Victoria Haworth	Keswick AC	F	----	04:21:12	+01:46:49
34th	291/292	Paul Gaines/Isabel Gaines	Border Liners Orienteering Club	PAIR	----	04:22:46	+01:48:23
35th	299/300	Robin Watson/Matt Watson		PAIR	Y---N	04:23:29	+01:49:06
36th	276	Christine Goulding	Border Liners Orienteering Club	FV60	--M--	04:25:47	+01:51:24
37th	334	Alison Richards	Helm Hill Runners	FV40	YL---	04:25:48	+01:51:25
38th	264	Elizabeth Adams	Derwent AC Cockermouth	FV40	Y----	04:27:04	+01:52:41
39th	262/263	Nina Mason/Susan Davis	Elvet Striders	PAIR	----N	04:27:31	+01:53:08
40th	301/302	Vicky Bailey/Kevin Francis	CLARO	PAIR	----N	04:31:51	+01:57:28
41st	315	Andy Clough	Wrekin Orienteers	MV60	-L---	04:37:26	+02:03:03
42nd	250	Rowan Ranner	Helm Hill Runners	FV40	-L--N	04:38:04	+02:03:41
43rd	273	Richard Daykin	West Cumberland Orienteering Club	MV50	Y---N	04:38:58	+02:04:35
44th	335	Jo Matthew	SROC Red Rose Orienteering Club	FV50	----	04:39:09	+02:04:46
45th	293/294	John Ferris-Worth/Julie Ferris-Worth	Border Liners Orienteering Club	PAIR	Y---N	04:50:47	+02:16:24
46th	251/252	Fran Blackett/Dawn A Hosking	Durham Fell Runners	PAIR	----	04:54:58	+02:20:35
47th	266	Helen Hodgkinson	Todmorden Harriers	FV50	--M-N	04:56:14	+02:21:51
48th	296/297	Richard Cummings/Ann Cummings	West Cumberland Orienteering Club/Cumberland Fell	PAIR	-L--N	05:00:41	+02:26:18
49th	260	Alison Bramall	Ambleside AC	FV60	-LMO-	05:00:51	+02:26:28
50th	261	Liz Heaton	Lakeland Orienteering Club	FV40	----	05:21:10	+02:46:47
51st	255	Vernon Gayle	Forth Valley Orienteers	MV50	-L-O-	05:25:14	+02:50:51
52nd	256/257	Raymond Wren/Chris Lates	Border Liners Orienteering Club	PAIR	-L---	05:26:33	+02:52:10
53rd	295	Katy Thompson	Clayton-le-Moors Harriers	FV70	Y-M--	05:34:29	+03:00:06
54th	316	Cliff Etherden	Lakeland Orienteering Club	MV70	Y----	05:42:40	+03:08:17
55th	331	Andy Robinson	Thames Hare & Hounds	MV70	-L---	05:48:55	+03:14:32
56th	314	Lotty Bradford	Keswick AC	FV40	----	05:57:19	+03:22:56
57th	258	David Rosen	Lancaster & Morecambe AC	MV70	-L---	06:11:55	+03:37:32
58th	306	Les Thurston	Matlock Athletic Club	MV70	Y----	07:03:06	+04:28:43
	341/342	Stephen Smithies/Caroline Harding	Calder Valley Fell Runners/Pudsey & Bramley AC	PAIR	YL--N	m2-6	

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RESULTS

Short - 15.2km

Pos	No.	Name	Club	Cat	Eligibility	Time	Behind
	309	Trevor Dibben		MV60	-----	m2-6	
	254	Timothy May		MV60	-----	m4-6	