

**Results for : The Roaches**  
**Distance : 15 Miles**  
**Date : Sunday, 9. November 2025**



**Mow Cop Runners**

| Position | Name              | Bib No | Time     | Vet Class | Club                       |
|----------|-------------------|--------|----------|-----------|----------------------------|
| 1        | Joe Mercer        | 127    | 02:02:31 | M         | Pennine FR                 |
| 2        | Henry Webb        | 37     | 02:08:12 | M         | Dark Peak FR               |
| 3        | Eammon Clowes     | 78     | 02:10:48 | M         | Newcastle Tri Club         |
| 4        | Simon Harding     | 67     | 02:11:27 | M40       | Macclesfield Harriers      |
| 5        | Chris Jones       | 137    | 02:12:06 | M         | Pennine FR                 |
| 6        | Louis Cherry      | 14     | 02:14:55 | M         | Rugby AC                   |
| 7        | Harry Bond        | 13     | 02:17:10 | M         | Staffordshire Moorlands AC |
| 8        | Allen Bunyan      | 64     | 02:17:19 | M         | Macclesfield Harriers      |
| 9        | Harry Kneen       | 130    | 02:17:23 | M         | Manx Fell Runners          |
| 10       | Billy Hicks       | 131    | 02:22:11 | M         | Macclesfield Harriers      |
| 11       | Cameron Taylor    | 86     | 02:24:29 | M         | Dark Peak FR               |
| 12       | James Stubbs      | 62     | 02:25:08 | M         | Pennine FR                 |
| 13       | Will Broad        | 126    | 02:25:31 | M         | Ashbourne RC               |
| 14       | Duncan Steen      | 128    | 02:26:30 | M40       | Pennine FR                 |
| 15       | Jez Brown         | 28     | 02:27:54 | M50       | Buckley Runners            |
| 16       | Ian Ridgeway      | 27     | 02:28:22 | M40       | Unattached                 |
| 17       | Mathew Downes     | 125    | 02:29:03 | M         | Ashbourne RC               |
| 18       | Andrew Barker     | 132    | 02:29:52 | M45       | Ashbourne RC               |
| 19       | Jason Burgess     | 85     | 02:30:15 | M45       | Staffordshire Moorlands AC |
| 20       | Daniel Lawlor     | 109    | 02:30:22 | M         | Staffordshire Moorlands AC |
| 21       | Louis James       | 19     | 02:30:52 | M         | Keswick AC                 |
| 22       | Gareth Lee        | 115    | 02:32:11 | M         | Lancaster and Morecambe AC |
| 23       | Joshua Southhall  | 38     | 02:32:24 | M         | Glossopdale Harriers       |
| 24       | Ralph Skrimshire  | 103    | 02:32:50 | M45       | Dark Peak FR               |
| 25       | Tim Barry         | 129    | 02:33:03 | M         | Pennine FR                 |
| 26       | Isaac Elkington   | 138    | 02:33:20 | M         | Staffordshire Moorlands AC |
| 27       | Adrian Payne      | 46     | 02:33:44 | M40       | Badgers                    |
| 28       | Tim Greenald      | 17     | 02:36:02 | M50       | Altrincham AC              |
| 29       | Nathan Cherington | 52     | 02:36:35 | M         | Mow Cop Runners            |
| 30       | Ian Thompson      | 80     | 02:38:02 | M         | Ancotes RC                 |
| 31       | Andy Davis        | 36     | 02:38:27 | M55       | Mercia FR                  |
| 32       | Andrew Holmes     | 12     | 02:39:07 | M45       | Pennine FR                 |
| 33       | Shane Fenton      | 141    | 02:39:45 | M         | Staffordshire Moorlands AC |
| 34       | Jon Newey         | 22     | 02:40:03 | M55       | Black Pear Joggers         |
| 35       | Daniel Thomas     | 43     | 02:40:09 | M45       | West End                   |
| 36       | John Evans        | 25     | 02:40:16 | M50       | Beeston AC                 |
| 37       | Graham Padget     | 56     | 02:40:55 | M50       | Knutsford Runners          |
| 38       | Wain Marsh        | 49     | 02:41:36 | M45       | Unattached                 |
| 39       | Richard Fielding  | 10     | 02:42:36 | M         | Unattached                 |
| 40       | Alistair Vale     | 51     | 02:42:55 | M45       | Unattached                 |
| 41       | Sam Harrison      | 98     | 02:43:06 | M         | Team Derby Runner          |
| 42       | Daniel Latham     | 119    | 02:43:54 | M         | Pennine FR                 |
| 43       | Steven Renny      | 113    | 02:44:28 | M55       | Altrincham AC              |
| 44       | Ramzi Sidani      | 33     | 02:44:34 | M45       | Ivanho Runners             |
| 45       | Ian Capleton      | 57     | 02:44:45 | M40       | Unattached                 |
| 46       | Martin Cooper     | 24     | 02:45:59 | M         | North East Derbyshire FR   |
| 47       | Lounes Benrejda   | 16     | 02:46:48 | M45       | Rugby AC                   |
| 48       | Karl Budworth     | 2      | 02:47:24 | M45       | Unattached                 |
| 49       | Oliver Powell     | 104    | 02:48:22 | M         | Unattached                 |
| 50       | Kevin Allerton    | 8      | 02:48:33 | M50       | Staffordshire Moorlands AC |
| 51       | Robert Maxwell    | 7      | 02:48:47 | M50       | Macclesfield Harriers      |
| 52       | Mark Pursell      | 68     | 02:49:07 | M50       | Pennine FR                 |
| 53       | Paul Woods        | 30     | 02:49:12 | M45       | Ivanho Runners             |
| 54       | Clare Cummings    | 116    | 02:49:35 | L         | Pennine FR                 |
| 55       | Neil Petty        | 4      | 02:49:42 | M50       | Unattached                 |

| Position | Name                   | Bib No | Time     | Vet Class | Club                       |
|----------|------------------------|--------|----------|-----------|----------------------------|
| 56       | Christopher Barry      | 117    | 02:49:54 | M         | Pennine FR                 |
| 57       | Norman Hayhurst        | 1      | 02:50:26 | M65       | Boland FR                  |
| 58       | Neil Colquhoun         | 100    | 02:54:07 | M40       | Goyt Valley Striders       |
| 59       | John Langton           | 34     | 02:54:19 | M65       | Mercia FR                  |
| 60       | Miroslav Siska         | 45     | 02:54:38 | M55       | Unattached                 |
| 61       | Mark Eastman           | 40     | 02:54:38 | M         | Bollington Harriers        |
| 62       | Joshua Wilkes          | 140    | 02:54:59 | M         | Unattached                 |
| 63       | Annette Haines         | 20     | 02:55:32 | L40       | Unattached                 |
| 64       | Mark Kemp              | 6      | 02:56:48 | M45       | Hermatage Warriors         |
| 65       | Andrew Keary           | 133    | 02:56:53 | M45       | Knutsford Runners          |
| 66       | Matt Dumenil           | 88     | 02:57:12 | M45       | Pennine FR                 |
| 67       | Katrina Conheldi-Knott | 29     | 02:57:17 | L         | Cheshire Dragons           |
| 68       | James McMurtry         | 82     | 02:57:41 | M60       | Ashbourne RC               |
| 69       | Dave Coleshill         | 63     | 02:58:04 | M55       | Dark Peak FR               |
| 70       | David Broadbent        | 26     | 02:58:54 | M45       | Beeston AC                 |
| 71       | Paul Codd              | 31     | 02:59:03 | M45       | Ivanho Runners             |
| 72       | Sophie Gibbens         | 75     | 02:59:37 | L40       | Unattached                 |
| 73       | Thomas Ryder           | 60     | 02:59:38 | M         | Unattached                 |
| 74       | Peter Gunson           | 59     | 02:59:42 | M45       | Unattached                 |
| 75       | Bryce Ward             | 23     | 02:59:52 | M         | North Derbyshire AC        |
| 76       | Robert Simpson         | 118    | 03:00:11 | M40       | Unattached                 |
| 77       | Lee Murphy             | 65     | 03:01:27 | M45       | Unattached                 |
| 78       | Joanne Ellis           | 87     | 03:02:01 | L45       | Pennine FR                 |
| 79       | Andrew Critchlow       | 123    | 03:03:01 | M45       | Congleton Harriers         |
| 80       | Chris Davis            | 83     | 03:03:34 | M70       | Saddleworth Runners        |
| 81       | Keith Morgan           | 66     | 03:04:18 | M60       | Ashbourne RC               |
| 82       | Georgia Roberts        | 89     | 03:04:27 | L         | Pennine FR                 |
| 83       | Josh Hewitt            | 110    | 03:05:55 | M40       | Macclesfield Harriers      |
| 84       | Julian Brown           | 96     | 03:08:07 | M60       | Macclesfield Harriers      |
| 85       | Alex Snaith            | 136    | 03:08:18 | M40       | Calder Valley              |
| 86       | Oli Sumerling          | 105    | 03:09:20 | M         | Unit 6 Striders            |
| 87       | Roscoe Blevins         | 114    | 03:11:36 | M         | Unit 6 Striders            |
| 88       | Richard Bailet         | 55     | 03:11:40 | M50       | Congleton Harriers         |
| 89       | Simon Archer           | 76     | 03:11:54 | M60       | Unattached                 |
| 90       | Rob Bond               | 15     | 03:11:58 | M50       | Staffordshire Moorlands AC |
| 91       | Jim Londesborough      | 39     | 03:12:04 | M60       | Unattached                 |
| 92       | David Madden           | 139    | 03:12:22 | M55       | Unattached                 |
| 93       | Richard Dixon          | 81     | 03:12:42 | M45       | Pennine FR                 |
| 94       | Sam Monteath           | 32     | 03:13:16 | M50       | Pennine FR                 |
| 95       | Kelly Buckley          | 93     | 03:13:19 | L45       | Macclesfield Harriers      |
| 96       | George Yates           | 58     | 03:13:32 | M50       | Dark Peak FR               |
| 97       | Ayako Yokoyama Nichols | 112    | 03:14:16 | L50       | Matlock AC                 |
| 98       | Rebecca James          | 18     | 03:14:37 | L         | Keswick AC                 |
| 99       | Matt Yardley           | 9      | 03:14:54 | M55       | Bollington Harriers        |
| 100      | Olivia Whitmore        | 53     | 03:15:15 | L         | Alsager Runners            |
| 101      | Morena Ferraro         | 79     | 03:15:31 | L40       | Unattached                 |
| 102      | Peter Kerecsenyi       | 95     | 03:15:39 | M50       | Chorlton Runners           |
| 103      | Dave Clark             | 135    | 03:16:07 | M45       | Sandbach Striders          |
| 104      | Dani De Simon          | 97     | 03:18:55 | L         | Team Derby Runner          |
| 105      | Kate Davis             | 84     | 03:19:18 | L         | Unattached                 |
| 106      | Karl Woolenden         | 134    | 03:19:38 | M55       | Knutsford Runners          |
| 107      | Pavel Malinouskis      | 69     | 03:19:42 | M40       | Unattached                 |
| 108      | Graeme Eddie           | 111    | 03:20:39 | M45       | Macclesfield Harriers      |
| 109      | Mark Beighton          | 101    | 03:22:21 | M50       | Belper Harriers            |
| 110      | Rebecca Brennan        | 102    | 03:22:30 | L50       | Guildford and Godalming    |
| 111      | Paul Harvey            | 61     | 03:22:44 | M45       | Dark Peak FR               |
| 112      | Louise Lewis           | 54     | 03:24:00 | L50       | South Cheshire Harriers    |
| 113      | Chris Rainey           | 50     | 03:26:14 | M55       | FRA                        |
| 114      | Cath Applewhite        | 48     | 03:27:26 | L50       | Knutsford Runners          |
| 115      | Steven Gavin           | 77     | 03:27:32 | M55       | Sale Harriers              |
| 116      | Finlay Bell            | 107    | 03:27:50 | M         | Unattached                 |
| 117      | Grace Hine             | 108    | 03:27:57 | L         | Unattached                 |

| Position | Name              | Bib No | Time     | Vet Class | Club                       |
|----------|-------------------|--------|----------|-----------|----------------------------|
| 118      | Ester Broughton   | 94     | 03:28:49 | L50       | Belpher Harriers           |
| 119      | Joanne Howett     | 90     | 03:28:50 | L55       | Belpher Harriers           |
| 120      | Paul Rowland      | 74     | 03:29:10 | M65       | Pennine FR                 |
| 121      | Laura Davison     | 44     | 03:29:52 | L45       | West End                   |
| 122      | David Jenkinson   | 47     | 03:29:52 | M50       | Badgers                    |
| 123      | Daniel Knowels    | 144    | 03:31:03 | M50       | Unattached                 |
| 124      | Leanne Cunningham | 143    | 03:32:31 | L         | Unattached                 |
| 125      | Joseph Sizeland   | 124    | 03:32:54 | M         | Unattached                 |
| 126      | Chris Royle       | 71     | 03:35:05 | M40       | Cheshire Dragons           |
| 127      | Will Howard       | 106    | 03:35:15 | M45       | Unattached                 |
| 128      | Fran Walker       | 121    | 03:38:51 | L55       | Unattached                 |
| 129      | Karl Windrow      | 122    | 03:41:09 | M55       | Chorley Athletic Tri Club  |
| 130      | Craig Cornes      | 3      | 03:41:13 | M50       | Mow Cop Runners            |
| 131      | Geoff Omeara      | 145    | 03:43:44 | M55       | Unattached                 |
| 132      | Ben Cooper        | 41     | 03:45:46 | M40       | Unattached                 |
| 133      | Jane Langham      | 99     | 03:52:49 | L60       | Smiley Paces               |
| 134      | Hannah Arnold     | 72     | 03:54:30 | L45       | Staffordshire Moorlands AC |
| 135      | Jean-louis Le Roy | 35     | 03:54:50 | M60       | Unattached                 |
| 136      | Tim Horrocks      | 21     | 04:02:50 | M60       | Pennine FR                 |
| 137      | Aaron Horrell     | 42     | 04:03:06 | M         | Unattached                 |
| 138      | Carolyn Tregaskil | 120    | 04:05:53 | L60       | Rossendale Harriers        |
| 139      | Adrian Howlett    | 73     | 04:06:19 | M55       | FRA                        |
| 140      | Mark Rawlingson   | 142    | 04:16:49 | M60       | Unattached                 |
| 141      | Steve Coey        | 11     | 04:18:31 | M70       | Red Rose Road Runner       |
| 142      | Becky Bourbonneux | 92     | 04:40:13 | L45       | Razzers Runners            |
| 143      | Hannah Carrington | 91     | 04:40:13 | L40       | Razzers Runners            |
| 144      | Roy Williams      | 146    | 04:58:40 | M60       | Mow Cop Runners            |