



Supported By
Different Strokes
and
Pete Bland Sports



Scout Scar - Results 8 January 2023

Senior Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Peter	Stock	MSEN	28:59	Helm Hill	1st Man
2	Lewis	Bowness	MSEN	29:03	Helm Hill	2nd Man
3	Sean	Leckey	MSEN	29:51	Ambleside AC	3rd Man
4	Joel	Jameson	M40	29:56	Helm Hill	1st M40
5	Sam	Burnstone	MSEN	30:12	Helm Hill	
6	Andy	F	MSEN	30:15		
7	James	Bowen	MU21	30:59	Ambleside AC	1st MU21
8	Harry	Bowen	MU21	31:35	Kendal AAC	
9	Rory	Addison	MSEN	31:43	Helm Hill	
10	John	Horrocks	MSEN	31:59	Blackburn Harriers	
11	Scott	Rose	M40	32:19		
12	Javier	Simon	M40	32:26	Helm Hill	
13	Jos	Addison	MSEN	32:35	Helm Hill	
14	Jack	Waterhouse	MSEN	32:57	Helm Hill	
15	Derek	Hurton	M50	33:05	Eden Runners	1st M50
16	Ben	Timbers	M40	33:14	Keighley & Craven AC	
17	Andrew	Wallace	M40	33:26	Kendal AAC	
18	Craig	Taylor	MSEN	33:31		
19	Jack	Simpson	MSEN	33:34	Helm Hill	
20	Greg	Munsch	MSEN	33:47	Helm Hill	
21	James	Pell	MSEN	33:51	Helm Hill	
22	Olivier	Jumeau	MSEN	33:53		
23	Michael	Dugdale	MSEN	33:56	Helm Hill Runners	
24	Ben	Fletcher	M40	33:57	Bowland Fell Runners	
25	Mark	Brightwell	M40	34:02	Helm Hill	
26	Craig	Burrow	M40	34:05	Helm Hill Runners	
27	Simon	Mounsey	M50	34:08	Howgill Harriers	
28	Benedict	Jones	MSEN	34:11	Settle Harriers	
29	Jacob	Dyer	M50	34:13	Helm Hill Runners	
30	Padraig	Spillane	MSEN	34:16	Helm Hill	
31	Ben	Oldham	M40	34:22	Leven Valley AC	
32	Rob	Bond	MSEN	34:37		
33	Craig	Blakey	MSEN	34:39	Bowland Fell runners	
34	Alex	Holme	MU21	34:40	Helm Hill	
35	David	Pease	M40	34:58	Barlick Fell Runners	
36	Justin	Tancrel	M40	35:04	Helm Hill	
37	Rob	Harper	M50	35:11	Ambleside AC	
38	Richard	Wilson	MSEN	35:37	Helm Hill	
39	Janie	Oates	WSEN	35:40	Helm Hill	1st Lady
40	Chris	Lowe	M40	35:41	Helm Hill	
41	Harrison	Munsch	MSEN	35:42		
42	Nathan	Collins	MSEN	35:44		
43	Billy	Stephens	MSEN	35:52	Helm Hill	
44	Paul	Dugdale	M50	35:54	Helm Hill Runners	

45	Gavin	Pattison	M50	35:59		
46	Michael	Toman	M50	36:04	Rosendale Harriers AC	
47	Alistair	Hearn	M50	36:07	Helm Hill	
48	Dan	Mead	MSEN	36:20	Bowland Fell Runners	
49	Jack	Palmer	MSEN	36:25		
50	Andrew	Douglas	M40	36:34	Helm Hill	
51	James	Todhunter	M40	36:39	Helm Hill	
52	Amy	Boustead	WSEN	36:43	Helm Hill	2nd Lady
53	Bianca	Dyer	W40	36:46	Helm Hill Runners	3rd Lady/1st W40
54	Matt	Bourne	M50	36:49	Bowland Fell Runners	
55	James	Grinbergs	M40	36:54	Eden Runners	
56	Connie	Hurton	WSEN	36:59	Eden Runners	
57	Phil	Swindells	M50	37:09	Bowland Fell Runners	
58	Colin	Houston	M40	37:11	Helm Hill	
59	David	Griffin	M60	37:19	Helm Hill Runners	1st M60
60	Unknown	Senior	MSEN	37:25		
61	Simon	Holliday	MSEN	37:26	Helm Hill	
62	Sarah	Murtagh	WSEN	37:30	Helm Hill	
63	Niamh	Jackson	W40	37:32	North Leeds Fell Runners	
64	Emma	Kearsey	WSEN	37:36	Helm Hill Runners	
65	David	Wilson	M50	37:40	Bowland Fell Runers	
66	Aileen	Munsch	WSEN	37:51	Helm Hill	
67	Alice	Rea	WSEN	37:53	Helm Hill	
68	Lisa	Parker	W40	37:56	Rosendale Harriers AC	
69	Simon	Thompson	M40	37:57	Keswick AC	
70	Alistair	Shawcross	M40	38:00	Dallam	
71	Anthony	Emmet	M40	38:04	Helm Hill	
72	Antony	Scott	M50	38:07	Watercrock Warriors	
73	John	Douglas	M50	38:12	Allithwaite Running Club	
74	Paul	Revell	M60	38:28		
75	Joe	Hobbs	MSEN	38:31	Lonsdale Fell Runners	
76	Sean	Robinson	M40	38:32	Howgill Harriers	
77	Steve	King	M50	38:34	Helm Hill	
78	Jonathan	Boadle	M40	38:39		
79	Kat	Hodgkin	WSEN	38:46	Helm Hill	
80	Deborah	Gowans	W50	38:50	Todmorden Harriers	1st W50
81	Lucie-Ellen	Todhunter	W40	38:51	Helm Hill	
82	Graham	Schofield	M60	38:52	Horwich RMI Harriers	
83	Ollie	Fenton	MSEN	38:53		
84	Andrew	Cox	M50	39:01	Helm Hill	
85	Sarah	Gerrish	WSEN	39:02	Helm Hill	
86	Matthew	Swallow	MSEN	39:04		
87	Oliver	Potts	MU21	39:06		
88	Andrew	Iddon	MSEN	39:12	Nidd Valley Runners	
89	Brian	Hickey	M60	39:22	Cheshire Hill Racers	
90	Adam	Scott	MU21	39:26	Helm Hill	
91	Matthew	Pearman	M40	39:32	Helm Hill	
92	John	Bagge	M60	39:43	Helm Hill	
93	Lorna	Askew	W50	39:44	Helm Hill	
94	Henry	James	MSEN	39:50	Helm Hill	
95	Rhiannon	Page	WSEN	39:57	Lonsdale Fell Runners	
96	Robert	Campbell	M50	40:01	Helm Hill	
97	Isaac	Robinson	MU21	40:13	Howgill Harriers	
98	John	Jones	M60	40:18	Helm Hill	
99	Andy	Holden	M50	40:22	Achille Ratti CC	
100	Paul	Johnson	M60	40:31	Bowland Fell Runners	
101	Paul	Johnson	M60	40:42	Bowland Fell Runners	

102	John	Hardiman	MSEN	40:46	C.O.L.T	
103	Amy	Pearman	W40	40:49	Helm Hill	
104	Simon	Gora	MSEN	40:57	Garstang RC	
105	Kelli	Roberts	WSEN	41:00	Helm Hill	
106	Megan	Fitzpatrick	WSEN	41:12	Helm Hill	
107	Jamie	Jephcott	W50	41:14	Eden runners	
108	Andrew	Stokes	M60	41:16	Dallam	
109	Gavin	Willingham	MSEN	41:24		
110	David	Jones	MSEN	41:29	Bowland Fell Runners	
111	James	Bellarby	M40	41:45	Bowland Fell Runners	
112	Ian	Wilson	M40	41:46	Howgill harriers	
113	Rob	Crawford	M40	41:55	Howgill Harriers	
114	Liz	McNally	W50	42:02	Leven Valley AC	
115	Catherine	Houston	W40	42:15	Helm Hill	
116	Vicky	Woof	WU21	42:17	Howgill Harriers	1st WU21
117	Mike	Patten	MSEN	42:26	Bowland Fell Runners	
118	Rod	Scott	M40	42:36	Helm Hill	
119	Karen	Bridge	W50	42:40	Eden Runners	
120	Stuart	Lockton	M50	42:44	Helm Hill	
121	Andy	Milton	MSEN	42:50		
122	Tim	Murray	M60	42:53	Helm Hill	
123	Kirsten	Angus	W40	42:57	Settle Harriers	
124	Catherine	Barber	WSEN	43:03	Nidd Valley Runners	
125	Patrick	Burns	M40	43:06	Helm Hill	
126	Patrick	Burns	M40	43:17	Helm Hill	
127	Philippe	Jumeau	M60	43:24	Lonsdale Fell Runners	
128	Stephen	Forster	M50	43:28	Wharfedale Harriers	
129	Andrew	Russell	M50	43:29	Helm Hill	
130	Gemma	Lane	WSEN	43:47		
131	Jonathan	Tombs	M50	43:52	Eden Runners	
132	Chris	Evans	M50	44:03	Ambleside AC	
133	Suzanne	Budgett	W60	44:11	Horwich RMI Harriers	1st W60
134	Benjamin	Mossman	WSEN	44:14		
135	Richard	Briscoe	M40	44:24	Clayton Le Moors Harriers	
136	George	Campbell	MU21	44:25	Howgill Harriers	
137	Sarah	Batten	WSEN	44:26	Helm Hill	
138	Simon	Thomas	M40	44:38	Eden Runners	
139	Tim	Kings	M50	44:55		
140	Andy	Ward	M40	44:57	Settle Harriers	
141	Maria	Hearn	W40	45:01	Helm Hill	
142	Stephanie	Heys	WSEN	45:02	City of Lancaster Triathlon	
143	Esther	Lambert	WSEN	45:03	Helm Hill	
144	Liz	Whitfield	W40	45:04	Helm Hill	
145	Clive	Wickham	W50	45:16	Helm Hill	
146	Andy	Holme	W50	45:21	Helm Hill	
147	Jeremy	Wilkinson	M50	45:22	Keighley & Craven AC	
148	Jenna	Butler	W40	45:25	Helm Hill	
149	Tessa	Higgs	WSEN	45:28		
150	Alistair	Welsh	M60	45:34	Bowland Fell Runners	
151	Cate	Matthew	WU21	45:40	Bowland Fell Runners	
152	Alison	Eagle	W60	45:43	Wharfedale Harriers	
153	Rachael	Mellor	W50	45:52	Howgill Harriers	
154	Sarah	Welsh	W40	46:06	Bowland Fell Runners	
155	Mary	Ockenden	W60	46:14	Bowland Fell Runners	
156	Unknown	Senior	MSEN	46:27		
157	Nathan	Davies	W40	46:31		
158	Tessa	Hagendoorn	W50	46:36		

159	David	Mainwaring	M60	46:42		
160	Jess	Bagnall	W40	46:47	Settle Harriers	
161	Helen	Greenep	W50	46:54	Settle Harriers	
162	May	Song	W40	46:56	Helm Hill Runners	
163	Pete	Davison	W50	47:06	Hoad Hill Harriers	
164	Lynn	Whittaker	W60	47:09	Wharfedale Harriers	
165	Eleanor	Knowles	W50	47:23	Ambleside AC	
166	Sarah	Brewin	W40	47:32	Helm Hill	
167	Angela	Brand-Barker	W60	47:36	Helm Hill	
168	Benji	Grundy	MU21	47:39	Wharfedale Harriers	
169	Peter	Ellwood	M50	47:47	Settle Harriers	
170	Stefan	Bradley	M40	47:49		
171	Charlotte	Seward	WSEN	47:51		
172	Maggie	Wild	W40	47:54	COLT	
173	Liz	Lawton	W40	48:02	Helm Hill	
174	Debbie	Wilson	W40	48:07	Howgill harriers	
175	Jim	Fisher	M60	48:11	Howgill Harriers	
176	Libby	Dixon	W40	48:28	Ambleside AC	
177	Paula	Bowen	W50	48:34	Ambleside AC	
178	David	Roper	M60	48:40	Howgill Harriers	
179	Lottie	Lowther	WSEN	48:42	North Leeds Fell Runners	
180	Gavin	Smith	M60	48:43	Bowland Fell Runners	
181	Louise	Goddard	W50	48:44	Bowland Fell Runers	
182	Tom	Charrier	M40	48:45		
183	Phil	Davies	M50	49:33	Preston Harriers	
184	Colleen	Oldham	W40	49:35	Leven Valley AC	
185	Yolanda	Spooner	W40	49:36	Howgill Harriers	
186	Hannah	Barber	WSEN	49:42	Helm Hill	
187	Fliss	Milner	W50	50:09	Helm Hill	
188	Wendy	Dodds	W70	50:29	Dallam Running Club	1st W70
189	Zoe	Robinson	W40	50:37	Howgill Harriers	
190	Will	Thwaites	MSEN	50:39	Howgill Harriers	
191	Clive	Hodgson	M60	50:43	Bowland Fell Runners	
192	Keith	Masser	M60	50:50	Helm Hill Runners	
193	Laura	Ruxton	W40	50:52	Helm Hill	
194	Andrena	Ball	WSEN	51:00		
195	Alyson	Blakeley	W40	51:32	Roundhay runners	
196	Joanne	Sunderland	W50	51:38	Roundhay Runners	
197	Vicki	Sherrington	W50	51:57	Helm Hill	
198	Jessica	Ainsley Gill	WSEN	52:04	Helm Hill Runners	
199	Richard	Campbell	M40	52:17	Howgill Harriers	
200	Andy	Connor	W50	52:39	Ambleside AC	
201	Jo	Matthew	W40	52:50	Bowland Fell Runners	
202	Ruth	Webster	W50	52:59		
203	Veronica	Waller	W50	53:01	Dallam	
204	Anna	Stevens	W50	53:09	Helm Hill	
205	Patty	Davies	W50	53:16	Helm Hill	
206	Rudolf	Maciejkowicz	M70	53:25		1st M70
207	Andrew	Howarth	M60	53:57	Clayton le moors harriers	
208	Louise	Robinson	WSEN	54:01	Women on the Run	
209	Mike	Walsh	M70	54:16	Kendal AAC	
210	Lou	Bland	W50	54:17	Helm Hill	
211	Emma	Blundell	WSEN	54:20	Lonsdale Fell Runners	
212	Helen	Boiling	W50	54:22	Budleigh Runners	
213	Elena	Parsons	WSEN	54:25	Helm Hill	
214	Caroline	D'Arcy	W50	54:28	Helm Hill	
215	Anna	Maciejkowicz	WSEN	54:32	Women on the Run	

216	Peter	Acland	M60	54:55	Kendal AAC	
217	Emma	Griffiths	W40	55:05	Furness Fell Runners	
218	Julia	Murfin	W50	55:13	Settle Harriers	
219	Laura	Nield	W40	55:51	Allithwaite Running Club	
220	Graham	Schofield	M60	55:54	Chorley ATC	
221	Katharine	Shrine	W40	55:54	Helm Hill	
222	Marian	de Silver	W60	55:59	Dallam	
223	David	Downes	M60	56:02	WCOC	
224	Sonia	Woods	W50	56:37	Bowland Fell Runners	
225	Sundhya	Walther	W40	56:48	Bowland Fell Runners	
226	Iain	Crossley	M60	57:11	Settle Harriers	
227	Gary	Bigland	W40	57:20		
228	Anna	Baker	W40	57:54	Helm Hill Runners	
229	Colin	Valentine	M60	58:11	Keswick AC	
230	Sonja	Vietoris	W60	58:11	Dallam Running	
231	Eve	Howard	W40	1:01:06		
232	Alison	Tancrel	W50	1:01:41	Helm Hill	
233	Roger	Shearer	M60	1:02:12	Helm Hill	
234	Jill	Gates	W60	1:02:51	Settle Harriers	
235	Victoria	McGarry	W50	1:02:52	Helm Hill	
236	Jane	Rousseau	W50	1:03:02	Black Combe Runners	
237	Kathryn	Hopkirk	W60	1:09:06		
238	Miriam	Rosen	W70	1:14:19	Lancaster and Morecambe AC	
239	David	Rosen	M60	1:39:08	Lancaster and Morecambe AC	
DNF	Antonio	Cardinale	M70	DNF	Otley AC	

Under 17 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Oliver	Bailey	U17B	17:55	Staffordshire Moorlands AC	
2	Joe	Hilborne	U17B	17:56	Helm Hill	
3	Oliver	Oldham	U17B	18:32	Leven Valley AC	
4	Robbie	Watmough	U17B	18:37	Settle harriers	
5	Jahryn	May	U17B	20:08	Helm Hill	
6	Olivia	Aldham	U17G	20:38	Wharfedale Harriers	
7	Edward	Jermy	U17B	20:40	Howgill Harriers	
8	Ben	Todhunter	U17B	21:19	Helm Hill	
9	Katie	Sandham	U17G	21:28	Ambleside AC	
10	Alex	Speight	U17B	21:41	Helm Hill Runners	
11	Thomas	Hearn	U17B	23:19	Helm Hill	
12	Theo	Robinson	U17B	23:24	Howgill Harriers	
13	Lily-Grace	Clayton	U17G	24:17	Wharfedale Harriers	
14	Lucy	Howard	U17G	25:21	Preston Harriers	

Under 15 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Will	Brayshaw	U15B	12:02	Helm Hill	
2	Joseff	Tancrel	U15B	12:04	Helm Hill	
3	Penelope	Boyle	U15G	12:10	Leven Valley AC	
4	Will	Pease	U15B	12:58	Barlick Fell Runners	
5	Oscar	Timbers	U15B	13:02	Keighley & Craven AC	
6	Evan	Mulvany	U15B	13:07	Helm Hill	
7	Evan	Mulvany	U15B	13:13	Helm Hill	
8	Cooper	Wadsworth	U15B	13:19	Helm Hill	
9	Sam	Oldham	U15B	13:32	Leven Valley AC	
10	Millie	Jebb	U15G	13:45	Helm Hill Runners	
11	Fraser	Dunn	U15B	13:47	Helm Hill Runners	
12	Isabelle	Jebb	U15G	13:54	Bingley	
13	Unknown	U15	U15B	14:12		
14	Cara	Bradley	U15G	14:13	Ambleside AC	
15	Carl	Sanderson	U15B	14:16	Settle Harriers	
16	Oliver	Scott	U15B	14:30	Leven Valley AC	
17	Carl	Sanderson	U15B	14:37	Settle Harriers	
18	Ewan	Angus	U15B	15:01	Settle Harriers	
19	Mack	Bagnall	U15B	15:17	Settle Harriers	
20	Stan	Marston	U15B	15:18	Helm Hill	
21	Edward	Shawcross	U15B	15:21	Ambleside AC	
22	Danny	Nunns	U11B	15:24	Helm Hill	
23	Rosie	Scott	U15G	15:25	Ambleside AC	
24	Holly	Fitch	U15G	15:29	Wharfedale Harriers	
25	Thomas	Iveson	U15B	15:34	Ambleside AC	
26	Oscar	Clayton	U15B	15:39	Wharfedale Harriers	
27	Ellie	Todhunter	U15G	15:49	Helm Hill	
28	Isabel	Sanderson	U15G	16:16	Helm Hill Runners	
29	Lily	Slater	U15G	16:19	Ambleside AC	
30	Bridget	Atkinson	U15G	16:27	Howgill Harriers	
31	Arran	Goodall	U15G	16:35	Dallam	
32	Lydia	Benson	U15G	16:58	Settle Harriers	
33	Zach	Thomas	U15B	17:55	Helm Hill	
34	Freddie	Crawford	U15B	20:08	Helm Hill Runners	

Under 13 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Joseph	Green	U13B	09:20	Ambleside AC	
2	Harri	Tancrel	U13B	09:29	Helm Hill	
3	Isla	Jebb	U13G	09:32	Helm Hill Runners	
4	Dougal	Houston	U13B	09:59	Helm Hill	
5	Alice	White	U13G	10:11	Keighley & Craven AC	
6	Fay	Thomas	U13G	10:35	Helm Hill	
7	Imogen	Moore	U13G	11:02	Leven Valley AC	
8	Herbie	Marston	U13B	11:06	Helm Hill	
9	James	Skeldon	U13B	11:09	Settle Harriers	
10	Arthur	Smith	U13B	11:14	Ambleside AC	
11	Ghyll	Baker	U13B	11:16	Helm Hill Runners	
12	Rowan	Bradley	U13B	11:26	Ambleside AC	
13	Charlie	Hodgson	U13B	11:37	Helm Hill	
14	Joss	Wood	U13B	11:52	Helm Hill	
15	Lewis	Dalton	U13B	11:57	Helm Hill	
16	Harry	Hearn	U13B	12:07	Helm Hill	
17	Lua	Swami	U13G	12:08	Helm Hill	
18	Maisie	Todhunter	U13G	12:16	Helm Hill	
19	Ben	Brummitt	U13B	12:27	Settle Harriers	
20	Silvia	Parsons	U13G	13:15	Helm Hill	
21	Freya	Hodgson-Jone	U13G	13:38	Ambleside AC	
22	Tess	Reedy	U13G	13:48	Ambleside AC	
23	Euan	Goodall	U13G	14:08	Dallam	
24	Rhuari	Trott	U13B	14:20		
25	Austin	Rose	U13B	15:36		
26	Aart	Whiteley	U13B	16:29	Helm Hill	

Under 11 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jos	Jebb	U11B	09:42	Helm Hill Runners	
2	Bleu	Bailey	U11G	09:51	Staffordshire Moorlands AC	
3	Dallas	Machell	U11B	10:08	Ambleside AC	
4	Rhys	Price	U11B	10:27	Darlington Harriers	
5	Kit	Evans	U11B	10:41	Ambleside AC	
6	Iris	Thwaites	U11G	11:15	Ambleside AC	
7	Jonty	Brodie	U11B	11:45	Helm Hill	
8	Haris	Riaz	U11B	12:03	Sedbergh School	
9	Martha	Johnson	U11G	12:15	Helm Hill	
10	Zach	Harris	U11B	12:16	Howgill Harriers	
11	Stanley	Evans	U11B	12:22	Settle Harriers	
12	Lucy	Ward	U11G	12:25	Settle Harriers	
13	Peter	Butler	U11B	12:31	Ambleside AC	
14	Rona	Houston	U11G	12:38	Helm Hill	
15	Charlie	Potter	U11B	12:41	Helm Hill Runners	
16	Charlie	Potter	U11B	12:43	Helm Hill Runners	
17	Megan	Wright	U11G	13:01	Settle Harriers	
18	Oscar	Ralph	U11B	13:07	Settle Harriers	
19	Andrew	Skeldon	U11B	13:11	Settle Harriers	
20	Stanley	Atkinson	U11B	13:13	Helm Hill	
21	Lana	Fosker	U11G	13:17	Bowland Fell Runners	
22	Sophie	Wright	U11G	13:22	Settle Harriers	
23	Ivy	Marshall	U11G	13:25	Ambleside AC	
24	William	Evans	U11B	13:47	Settle Harriers	
25	Danny	Nunns	U11B	14:03	Helm Hill	
26	Edie	Alexander	U11G	14:04	Settle Harriers	
27	Amelie	Angus	U11G	14:05	Settle Harriers	
28	Elodie	Haslett	U11G	14:08	Helm Hill	
29	Flo	Evans	U11G	14:26	Settle Harriers	
30	Maia	Dacre	U11G	14:29	Helm Hill	
31	Oliver	Shannon	U11B	14:34	Helm Hill Runners	
32	Tabetha	Pell	U11G	14:35	Ambleside AC	
33	Rowan	Griffiths	U11B	15:03	Furness Fell Runners	
34	Keir	Whiteley	U11B	15:10	Helm Hill	
35	Layton	Ashton	U11B	15:43	Settle Harriers	
36	Emily	Lawton	U11G	16:15	Helm Hill	
37	Edward	Preston	U11B	17:35	Settle Harriers	
38	Celeste	Whittington	U11G	17:45	Helm Hill	

Scout Scar 2023 Category Results

UNDER 11 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Bleu	Bailey	U11G	09:51	Staffordshire Moorlands AC	
2	Iris	Thwaites	U11G	11:15	Ambleside AC	
3	Martha	Johnson	U11G	12:15	Helm Hill	
4	Lucy	Ward	U11G	12:25	Settle Harriers	
5	Rona	Houston	U11G	12:38	Helm Hill	
6	Megan	Wright	U11G	13:01	Settle Harriers	
7	Lana	Fosker	U11G	13:17	Bowland Fell Runners	
8	Sophie	Wright	U11G	13:22	Settle Harriers	
9	Ivy	Marshall	U11G	13:25	Ambleside AC	
10	Edie	Alexander	U11G	14:04	Settle Harriers	
11	Amelie	Angus	U11G	14:05	Settle Harriers	
12	Elodie	Haslett	U11G	14:08	Helm Hill	
13	Flo	Evans	U11G	14:26	Settle Harriers	
14	Maia	Dacre	U11G	14:29	Helm Hill	
15	Tabetha	Pell	U11G	14:35	Ambleside AC	
16	Emily	Lawton	U11G	16:15	Helm Hill	
17	Celeste	Whittington	U11G	17:45	Helm Hill	

UNDER 11 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jos	Jebb	U11B	09:42	Helm Hill Runners	
2	Dallas	Machell	U11B	10:08	Ambleside AC	
3	Rhys	Price	U11B	10:27	Darlington Harriers	
4	Kit	Evans	U11B	10:41	Ambleside AC	
5	Jonty	Brodie	U11B	11:45	Helm Hill	
6	Haris	Riaz	U11B	12:03	Sedbergh School	
7	Zach	Harris	U11B	12:16	Howgill Harriers	
8	Stanley	Evans	U11B	12:22	Settle Harriers	
9	Peter	Butler	U11B	12:31	Ambleside AC	
10	Charlie	Potter	U11B	12:41	Helm Hill Runners	
11	Charlie	Potter	U11B	12:43	Helm Hill Runners	
12	Oscar	Ralph	U11B	13:07	Settle Harriers	
13	Andrew	Skeldon	U11B	13:11	Settle Harriers	
14	Stanley	Atkinson	U11B	13:13	Helm Hill	
15	William	Evans	U11B	13:47	Settle Harriers	
16	Danny	Nunns	U11B	14:03	Helm Hill	
17	Oliver	Shannon	U11B	14:34	Helm Hill Runners	
18	Rowan	Griffiths	U11B	15:03	Furness Fell Runners	
19	Keir	Whiteley	U11B	15:10	Helm Hill	
20	Layton	Ashton	U11B	15:43	Settle Harriers	
21	Edward	Preston	U11B	17:35	Settle Harriers	

UNDER 13 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Isla	Jebb	U13G	09:32	Helm Hill Runners	
2	Alice	White	U13G	10:11	Keighley & Craven AC	
3	Fay	Thomas	U13G	10:35	Helm Hill	
4	Imogen	Moore	U13G	11:02	Leven Valley AC	
5	Lua	Swami	U13G	12:08	Helm Hill	
6	Maisie	Todhunter	U13G	12:16	Helm Hill	
7	Silvia	Parsons	U13G	13:15	Helm Hill	
8	Freya	Hodgson-Jone	U13G	13:38	Ambleside AC	
9	Tess	Reedy	U13G	13:48	Ambleside AC	
10	Euan	Goodall	U13G	14:08	Dallam	

UNDER 13 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Joseph	Green	U13B	09:20	Ambleside AC	
2	Harri	Tancrel	U13B	09:29	Helm Hill	
3	Dougal	Houston	U13B	09:59	Helm Hill	
4	Herbie	Marston	U13B	11:06	Helm Hill	
5	James	Skeldon	U13B	11:09	Settle Harriers	
6	Arthur	Smith	U13B	11:14	Ambleside AC	
7	Ghyll	Baker	U13B	11:16	Helm Hill Runners	
8	Rowan	Bradley	U13B	11:26	Ambleside AC	
9	Charlie	Hodgson	U13B	11:37	Helm Hill	
10	Joss	Wood	U13B	11:52	Helm Hill	
11	Lewis	Dalton	U13B	11:57	Helm Hill	
12	Harry	Hearn	U13B	12:07	Helm Hill	
13	Ben	Brummitt	U13B	12:27	Settle Harriers	
14	Rhuari	Trott	U13B	14:20		
15	Austin	Rose	U13B	15:36		
16	Aart	Whiteley	U13B	16:29	Helm Hill	

UNDER 15 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Penelope	Boyle	U15G	12:10	Leven Valley AC	
2	Millie	Jebb	U15G	13:45	Helm Hill Runners	
3	Isabelle	Jebb	U15G	13:54	Bingley	
4	Cara	Bradley	U15G	14:13	Ambleside AC	
5	Rosie	Scott	U15G	15:25	Ambleside AC	
6	Holly	Fitch	U15G	15:29	Wharfedale Harriers	
7	Ellie	Todhunter	U15G	15:49	Helm Hill	
8	Isabel	Sanderson	U15G	16:16	Helm Hill Runners	
9	Lily	Slater	U15G	16:19	Ambleside AC	
10	Bridget	Atkinson	U15G	16:27	Howgill Harriers	
11	Arran	Goodall	U15G	16:35	Dallam	
12	Lydia	Benson	U15G	16:58	Settle Harriers	

UNDER 15 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Will	Brayshaw	U15B	12:02	Helm Hill	
2	Joseff	Tancrel	U15B	12:04	Helm Hill	
3	Will	Pease	U15B	12:58	Barlick Fell Runners	
4	Oscar	Timbers	U15B	13:02	Keighley & Craven AC	
5	Evan	Mulvany	U15B	13:07	Helm Hill	
6	Evan	Mulvany	U15B	13:13	Helm Hill	
7	Cooper	Wadsworth	U15B	13:19	Helm Hill	
8	Sam	Oldham	U15B	13:32	Leven Valley AC	
9	Fraser	Dunn	U15B	13:47	Helm Hill Runners	
10	Unknown	U15	U15B	14:12		
11	Carl	Sanderson	U15B	14:16	Settle Harriers	
12	Oliver	Scott	U15B	14:30	Leven Valley AC	
13	Carl	Sanderson	U15B	14:37	Settle Harriers	
14	Ewan	Angus	U15B	15:01	Settle Harriers	
15	Mack	Bagnall	U15B	15:17	Settle Harriers	
16	Stan	Marston	U15B	15:18	Helm Hill	
17	Edward	Shawcross	U15B	15:21	Ambleside AC	
18	Danny	Nunns	U11B	15:24	Helm Hill	
19	Thomas	Iveson	U15B	15:34	Ambleside AC	
20	Oscar	Clayton	U15B	15:39	Wharfedale Harriers	
21	Zach	Thomas	U15B	17:55	Helm Hill	
22	Freddie	Crawford	U15B	20:08	Helm Hill Runners	

UNDER 17 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Olivia	Aldham	U17G	20:38	Wharfedale Harriers	
2	Katie	Sandham	U17G	21:28	Ambleside AC	
3	Lily-Grace	Clayton	U17G	24:17	Wharfedale Harriers	
4	Lucy	Howard	U17G	25:21	Preston Harriers	

UNDER 17 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Oliver	Bailey	U17B	17:55	Staffordshire Moorlands AC	
2	Joe	Hilborne	U17B	17:56	Helm Hill	
3	Oliver	Oldham	U17B	18:32	Leven Valley AC	
4	Robbie	Watmough	U17B	18:37	Settle harriers	
5	Jahryn	May	U17B	20:08	Helm Hill	
6	Edward	Jermy	U17B	20:40	Howgill Harriers	
7	Ben	Todhunter	U17B	21:19	Helm Hill	
8	Alex	Speight	U17B	21:41	Helm Hill Runners	
9	Thomas	Hearn	U17B	23:19	Helm Hill	
10	Theo	Robinson	U17B	23:24	Howgill Harriers	

WOMEN UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Vicky	Woof	WU21	42:17	Howgill Harriers	1st WU21
2	Cate	Matthew	WU21	45:40	Bowland Fell Runners	

MEN UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	James	Bowen	MU21	30:59	Ambleside AC	1st MU21
2	Harry	Bowen	MU21	31:35	Kendal AAC	
3	Alex	Holme	MU21	34:40	Helm Hill	
4	Oliver	Potts	MU21	39:06		
5	Adam	Scott	MU21	39:26	Helm Hill	
6	Isaac	Robinson	MU21	40:13	Howgill Harriers	
7	George	Campbell	MU21	44:25	Howgill Harriers	
8	Benji	Grundy	MU21	47:39	Wharfedale Harriers	

ALL SENIOR WOMEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Janie	Oates	WSEN	35:40	Helm Hill	1st Lady
2	Amy	Boustead	WSEN	36:43	Helm Hill	2nd Lady
3	Bianca	Dyer	W40	36:46	Helm Hill Runners	3rd Lady/1st W40
4	Connie	Hurton	WSEN	36:59	Eden Runners	
5	Sarah	Murtagh	WSEN	37:30	Helm Hill	
6	Niamh	Jackson	W40	37:32	North Leeds Fell Runners	
7	Emma	Kearsey	WSEN	37:36	Helm Hill Runners	
8	Aileen	Munsch	WSEN	37:51	Helm Hill	
9	Alice	Rea	WSEN	37:53	Helm Hill	
10	Lisa	Parker	W40	37:56	Rosendale Harriers AC	
11	Kat	Hodgkin	WSEN	38:46	Helm Hill	
12	Deborah	Gowans	W50	38:50	Todmorden Harriers	1st W50
13	Lucie-Ellen	Todhunter	W40	38:51	Helm Hill	
14	Sarah	Gerrish	WSEN	39:02	Helm Hill	
15	Lorna	Askew	W50	39:44	Helm Hill	
16	Rhiannon	Page	WSEN	39:57	Lonsdale Fell Runners	
17	Amy	Pearman	W40	40:49	Helm Hill	
18	Kelli	Roberts	WSEN	41:00	Helm Hill	
19	Megan	Fitzpatrick	WSEN	41:12	Helm Hill	
20	Jamie	Jephcott	W50	41:14	Eden runners	
21	Liz	McNally	W50	42:02	Leven Valley AC	
22	Catherine	Houston	W40	42:15	Helm Hill	
23	Vicky	Woof	WU21	42:17	Howgill Harriers	1st WU21
24	Karen	Bridge	W50	42:40	Eden Runners	
25	Kirsten	Angus	W40	42:57	Settle Harriers	
26	Catherine	Barber	WSEN	43:03	Nidd Valley Runners	
27	Gemma	Lane	WSEN	43:47		
28	Suzanne	Budgett	W60	44:11	Horwich RMI Harriers	1st W60
29	Benjamin	Mossman	WSEN	44:14		
30	Sarah	Batten	WSEN	44:26	Helm Hill	
31	Maria	Hearn	W40	45:01	Helm Hill	
32	Stephanie	Heys	WSEN	45:02	City of Lancaster Triathlon	
33	Esther	Lambert	WSEN	45:03	Helm Hill	
34	Liz	Whitfield	W40	45:04	Helm Hill	
35	Clive	Wickham	W50	45:16	Helm Hill	
36	Andy	Holme	W50	45:21	Helm Hill	
37	Jenna	Butler	W40	45:25	Helm Hill	
38	Tessa	Higgs	WSEN	45:28		
39	Cate	Matthew	WU21	45:40	Bowland Fell Runners	
40	Alison	Eagle	W60	45:43	Wharfedale Harriers	
41	Rachael	Mellor	W50	45:52	Howgill Harriers	
42	Sarah	Welsh	W40	46:06	Bowland Fell Runners	
43	Mary	Ockenden	W60	46:14	Bowland Fell Runners	
44	Nathan	Davies	W40	46:31		
45	Tessa	Hagendoorn	W50	46:36		
46	Jess	Bagnall	W40	46:47	Settle Harriers	
47	Helen	Greenep	W50	46:54	Settle Harriers	
48	May	Song	W40	46:56	Helm Hill Runners	
49	Pete	Davison	W50	47:06	Hoad Hill Harriers	
50	Lynn	Whittaker	W60	47:09	Wharfedale Harriers	
51	Eleanor	Knowles	W50	47:23	Ambleside AC	
52	Sarah	Brewin	W40	47:32	Helm Hill	
53	Angela	Brand-Barker	W60	47:36	Helm Hill	
54	Charlotte	Seward	WSEN	47:51		
55	Maggie	Wild	W40	47:54	COLT	

56	Liz	Lawton	W40	48:02	Helm Hill	
57	Debbie	Wilson	W40	48:07	Howgill harriers	
58	Libby	Dixon	W40	48:28	Ambleside AC	
59	Paula	Bowen	W50	48:34	Ambleside AC	
60	Lottie	Lowther	WSEN	48:42	North Leeds Fell Runners	
61	Louise	Goddard	W50	48:44	Bowland Fell Runers	
62	Colleen	Oldham	W40	49:35	Leven Valley AC	
63	Yolanda	Spooner	W40	49:36	Howgill Harriers	
64	Hannah	Barber	WSEN	49:42	Helm Hill	
65	Fliss	Milner	W50	50:09	Helm Hill	
66	Wendy	Dodds	W70	50:29	Dallam Running Club	1st W70
67	Zoe	Robinson	W40	50:37	Howgill Harriers	
68	Laura	Ruxton	W40	50:52	Helm Hill	
69	Andrena	Ball	WSEN	51:00		
70	Alyson	Blakeley	W40	51:32	Roundhay runners	
71	Joanne	Sunderland	W50	51:38	Roundhay Runners	
72	Vicki	Sherrington	W50	51:57	Helm Hill	
73	Jessica	Ainsley Gill	WSEN	52:04	Helm Hill Runners	
74	Andy	Connor	W50	52:39	Ambleside AC	
75	Jo	Matthew	W40	52:50	Bowland Fell Runners	
76	Ruth	Webster	W50	52:59		
77	Veronica	Waller	W50	53:01	Dallam	
78	Anna	Stevens	W50	53:09	Helm Hill	
79	Patty	Davies	W50	53:16	Helm Hill	
80	Louise	Robinson	WSEN	54:01	Women on the Run	
81	Lou	Bland	W50	54:17	Helm Hill	
82	Emma	Blundell	WSEN	54:20	Lonsdale Fell Runners	
83	Helen	Boiling	W50	54:22	Budleigh Runners	
84	Elena	Parsons	WSEN	54:25	Helm Hill	
85	Caroline	D'Arcy	W50	54:28	Helm Hill	
86	Anna	Maciejkowicz	WSEN	54:32	Women on the Run	
87	Emma	Griffiths	W40	55:05	Furness Fell Runners	
88	Julia	Murfin	W50	55:13	Settle Harriers	
89	Laura	Nield	W40	55:51	Allithwaite Running Club	
90	Katharine	Shrine	W40	55:54	Helm Hill	
91	Marian	de Silver	W60	55:59	Dallam	
92	Sonia	Woods	W50	56:37	Bowland Fell Runners	
93	Sundhya	Walther	W40	56:48	Bowland Fell Runners	
94	Gary	Bigland	W40	57:20		
95	Anna	Baker	W40	57:54	Helm Hill Runners	
96	Sonja	Vietoris	W60	58:11	Dallam Running	
97	Eve	Howard	W40	1:01:06		
98	Alison	Tancred	W50	1:01:41	Helm Hill	
99	Jill	Gates	W60	1:02:51	Settle Harriers	
100	Victoria	McGarry	W50	1:02:52	Helm Hill	
101	Jane	Rousseau	W50	1:03:02	Black Combe Runners	
102	Kathryn	Hopkirk	W60	1:09:06		
103	Miriam	Rosen	W70	1:14:19	Lancaster and Morecambe AC	

ALL SENIOR MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Peter	Stock	MSEN	28:59	Helm Hill	1st Man
2	Lewis	Bowness	MSEN	29:03	Helm Hill	2nd Man
3	Sean	Leckey	MSEN	29:51	Ambleside AC	3rd Man
4	Joel	Jameson	M40	29:56	Helm Hill	1st M40
5	Sam	Burnstone	MSEN	30:12	Helm Hill	
6	Andy	F	MSEN	30:15		
7	James	Bowen	MU21	30:59	Ambleside AC	1st MU21
8	Harry	Bowen	MU21	31:35	Kendal AAC	
9	Rory	Addison	MSEN	31:43	Helm Hill	
10	John	Horrocks	MSEN	31:59	Blackburn Harriers	
11	Scott	Rose	M40	32:19		
12	Javier	Simon	M40	32:26	Helm Hill	
13	Jos	Addison	MSEN	32:35	Helm Hill	
14	Jack	Waterhouse	MSEN	32:57	Helm Hill	
15	Derek	Hurton	M50	33:05	Eden Runners	1st M50
16	Ben	Timbers	M40	33:14	Keighley & Craven AC	
17	Andrew	Wallace	M40	33:26	Kendal AAC	
18	Craig	Taylor	MSEN	33:31		
19	Jack	Simpson	MSEN	33:34	Helm Hill	
20	Greg	Munsch	MSEN	33:47	Helm Hill	
21	James	Pell	MSEN	33:51	Helm Hill	
22	Olivier	Jumeau	MSEN	33:53		
23	Michael	Dugdale	MSEN	33:56	Helm Hill Runners	
24	Ben	Fletcher	M40	33:57	Bowland Fell Runners	
25	Mark	Brightwell	M40	34:02	Helm Hill	
26	Craig	Burrow	M40	34:05	Helm Hill Runners	
27	Simon	Mounsey	M50	34:08	Howgill Harriers	
28	Benedict	Jones	MSEN	34:11	Settle Harriers	
29	Jacob	Dyer	M50	34:13	Helm Hill Runners	
30	Padraig	Spillane	MSEN	34:16	Helm Hill	
31	Ben	Oldham	M40	34:22	Leven Valley AC	
32	Rob	Bond	MSEN	34:37		
33	Craig	Blakey	MSEN	34:39	Bowland Fell runners	
34	Alex	Holme	MU21	34:40	Helm Hill	
35	David	Pease	M40	34:58	Barlick Fell Runners	
36	Justin	Tancrel	M40	35:04	Helm Hill	
37	Rob	Harper	M50	35:11	Ambleside AC	
38	Richard	Wilson	MSEN	35:37	Helm Hill	
39	Chris	Lowe	M40	35:41	Helm Hill	
40	Harrison	Munsch	MSEN	35:42		
41	Nathan	Collins	MSEN	35:44		
42	Billy	Stephens	MSEN	35:52	Helm Hill	
43	Paul	Dugdale	M50	35:54	Helm Hill Runners	
44	Gavin	Pattison	M50	35:59		
45	Michael	Toman	M50	36:04	Rosendale Harriers AC	
46	Alistair	Hearn	M50	36:07	Helm Hill	
47	Dan	Mead	MSEN	36:20	Bowland Fell Runners	
48	Jack	Palmer	MSEN	36:25		
49	Andrew	Douglas	M40	36:34	Helm Hill	
50	James	Todhunter	M40	36:39	Helm Hill	
51	Matt	Bourne	M50	36:49	Bowland Fell Runners	
52	James	Grinbergs	M40	36:54	Eden Runners	
53	Phil	Swindells	M50	37:09	Bowland Fell Runners	
54	Colin	Houston	M40	37:11	Helm Hill	
55	David	Griffin	M60	37:19	Helm Hill Runners	1st M60

56	Unknown	Senior	MSEN	37:25		
57	Simon	Holliday	MSEN	37:26	Helm Hill	
58	David	Wilson	M50	37:40	Bowland Fell Runers	
59	Simon	Thompson	M40	37:57	Keswick AC	
60	Alistair	Shawcross	M40	38:00	Dallam	
61	Anthony	Emmet	M40	38:04	Helm Hill	
62	Antony	Scott	M50	38:07	Watercrock Warriors	
63	John	Douglas	M50	38:12	Allithwaite Running Club	
64	Paul	Revell	M60	38:28		
65	Joe	Hobbs	MSEN	38:31	Lonsdale Fell Runners	
66	Sean	Robinson	M40	38:32	Howgill Harriers	
67	Steve	King	M50	38:34	Helm Hill	
68	Jonathan	Boadle	M40	38:39		
69	Graham	Schofield	M60	38:52	Horwich RMI Harriers	
70	Ollie	Fenton	MSEN	38:53		
71	Andrew	Cox	M50	39:01	Helm Hill	
72	Matthew	Swallow	MSEN	39:04		
73	Oliver	Potts	MU21	39:06		
74	Andrew	Iddon	MSEN	39:12	Nidd Valley Runners	
75	Brian	Hickey	M60	39:22	Cheshire Hill Racers	
76	Adam	Scott	MU21	39:26	Helm Hill	
77	Matthew	Pearman	M40	39:32	Helm Hill	
78	John	Bagge	M60	39:43	Helm Hill	
79	Henry	James	MSEN	39:50	Helm Hill	
80	Robert	Campbell	M50	40:01	Helm Hill	
81	Isaac	Robinson	MU21	40:13	Howgill Harriers	
82	John	Jones	M60	40:18	Helm Hill	
83	Andy	Holden	M50	40:22	Achille Ratti CC	
84	Paul	Johnson	M60	40:31	Bowland Fell Runners	
85	Paul	Johnson	M60	40:42	Bowland Fell Runners	
86	John	Hardiman	MSEN	40:46	C.O.L.T	
87	Simon	Gora	MSEN	40:57	Garstang RC	
88	Andrew	Stokes	M60	41:16	Dallam	
89	Gavin	Willingham	MSEN	41:24		
90	David	Jones	MSEN	41:29	Bowland Fell Runers	
91	James	Bellarby	M40	41:45	Bowland Fell Runners	
92	Ian	Wilson	M40	41:46	Howgill harriers	
93	Rob	Crawford	M40	41:55	Howgill Harriers	
94	Mike	Patten	MSEN	42:26	Bowland Fell Runners	
95	Rod	Scott	M40	42:36	Helm Hill	
96	Stuart	Lockton	M50	42:44	Helm Hill	
97	Andy	Milton	MSEN	42:50		
98	Tim	Murray	M60	42:53	Helm Hill	
99	Patrick	Burns	M40	43:06	Helm Hill	
100	Patrick	Burns	M40	43:17	Helm Hill	
101	Philippe	Jumeau	M60	43:24	Lonsdale Fell Runners	
102	Stephen	Forster	M50	43:28	Wharfedale Harriers	
103	Andrew	Russell	M50	43:29	Helm Hill	
104	Jonathan	Tombs	M50	43:52	Eden Runners	
105	Chris	Evans	M50	44:03	Ambleside AC	
106	Richard	Briscoe	M40	44:24	Clayton Le Moors Harriers	
107	George	Campbell	MU21	44:25	Howgill Harriers	
108	Simon	Thomas	M40	44:38	Eden Runners	
109	Tim	Kings	M50	44:55		
110	Andy	Ward	M40	44:57	Settle Harriers	
111	Jeremy	Wilkinson	M50	45:22	Keighley & Craven AC	
112	Alistair	Welsh	M60	45:34	Bowland Fell Runners	

113	Unknown	Senior	MSEN	46:27		
114	David	Mainwaring	M60	46:42		
115	Benji	Grundy	MU21	47:39	Wharfedale Harriers	
116	Peter	Ellwood	M50	47:47	Settle Harriers	
117	Stefan	Bradley	M40	47:49		
118	Jim	Fisher	M60	48:11	Howgill Harriers	
119	David	Roper	M60	48:40	Howgill Harriers	
120	Gavin	Smith	M60	48:43	Bowland Fell Runners	
121	Tom	Charrier	M40	48:45		
122	Phil	Davies	M50	49:33	Preston Harriers	
123	Will	Thwaites	MSEN	50:39	Howgill Harriers	
124	Clive	Hodgson	M60	50:43	Bowland Fell Runners	
125	Keith	Masser	M60	50:50	Helm Hill Runners	
126	Richard	Campbell	M40	52:17	Howgill Harriers	
127	Rudolf	Maciejkowicz	M70	53:25		1st M70
128	Andrew	Howarth	M60	53:57	Clayton le moors harriers	
129	Mike	Walsh	M70	54:16	Kendal AAC	
130	Peter	Acland	M60	54:55	Kendal AAC	
131	Graham	Schofield	M60	55:54	Chorley ATC	
132	David	Downes	M60	56:02	WCOC	
133	Iain	Crossley	M60	57:11	Settle Harriers	
134	Colin	Valentine	M60	58:11	Keswick AC	
135	Roger	Shearer	M60	1:02:12	Helm Hill	
136	David	Rosen	M60	1:39:08	Lancaster and Morecambe AC	
DNF	Antonio	Cardinale	M70	DNF	Otley AC	

WOMEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Janie	Oates	WSEN	35:40	Helm Hill	1st Lady
2	Amy	Boustead	WSEN	36:43	Helm Hill	2nd Lady
3	Connie	Hurton	WSEN	36:59	Eden Runners	
4	Sarah	Murtagh	WSEN	37:30	Helm Hill	
5	Emma	Kearsey	WSEN	37:36	Helm Hill Runners	
6	Aileen	Munsch	WSEN	37:51	Helm Hill	
7	Alice	Rea	WSEN	37:53	Helm Hill	
8	Kat	Hodgkin	WSEN	38:46	Helm Hill	
9	Sarah	Gerrish	WSEN	39:02	Helm Hill	
10	Rhiannon	Page	WSEN	39:57	Lonsdale Fell Runners	
11	Kelli	Roberts	WSEN	41:00	Helm Hill	
12	Megan	Fitzpatrick	WSEN	41:12	Helm Hill	
13	Vicky	Woof	WU21	42:17	Howgill Harriers	1st WU21
14	Catherine	Barber	WSEN	43:03	Nidd Valley Runners	
15	Gemma	Lane	WSEN	43:47		
16	Benjamin	Mossman	WSEN	44:14		
17	Sarah	Batten	WSEN	44:26	Helm Hill	
18	Stephanie	Heys	WSEN	45:02	City of Lancaster Triathlon	
19	Esther	Lambert	WSEN	45:03	Helm Hill	
20	Tessa	Higgs	WSEN	45:28		
21	Cate	Matthew	WU21	45:40	Bowland Fell Runners	
22	Charlotte	Seward	WSEN	47:51		
23	Lottie	Lowther	WSEN	48:42	North Leeds Fell Runners	
24	Hannah	Barber	WSEN	49:42	Helm Hill	
25	Andrena	Ball	WSEN	51:00		
26	Jessica	Ainsley Gill	WSEN	52:04	Helm Hill Runners	
27	Louise	Robinson	WSEN	54:01	Women on the Run	
28	Emma	Blundell	WSEN	54:20	Lonsdale Fell Runners	
29	Elena	Parsons	WSEN	54:25	Helm Hill	
30	Anna	Maciejkowicz	WSEN	54:32	Women on the Run	

MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Peter	Stock	MSEN	28:59	Helm Hill	1st Man
2	Lewis	Bowness	MSEN	29:03	Helm Hill	2nd Man
3	Sean	Leckey	MSEN	29:51	Ambleside AC	3rd Man
4	Sam	Burnstone	MSEN	30:12	Helm Hill	
5	Andy	F	MSEN	30:15		
6	James	Bowen	MU21	30:59	Ambleside AC	1st MU21
7	Harry	Bowen	MU21	31:35	Kendal AAC	
8	Rory	Addison	MSEN	31:43	Helm Hill	
9	John	Horrocks	MSEN	31:59	Blackburn Harriers	
10	Jos	Addison	MSEN	32:35	Helm Hill	
11	Jack	Waterhouse	MSEN	32:57	Helm Hill	
12	Craig	Taylor	MSEN	33:31		
13	Jack	Simpson	MSEN	33:34	Helm Hill	
14	Greg	Munsch	MSEN	33:47	Helm Hill	
15	James	Pell	MSEN	33:51	Helm Hill	
16	Olivier	Jumeau	MSEN	33:53		
17	Michael	Dugdale	MSEN	33:56	Helm Hill Runners	
18	Benedict	Jones	MSEN	34:11	Settle Harriers	
19	Padraig	Spillane	MSEN	34:16	Helm Hill	
20	Rob	Bond	MSEN	34:37		
21	Craig	Blakey	MSEN	34:39	Bowland Fell runners	
22	Alex	Holme	MU21	34:40	Helm Hill	
23	Richard	Wilson	MSEN	35:37	Helm Hill	
24	Harrison	Munsch	MSEN	35:42		
25	Nathan	Collins	MSEN	35:44		
26	Billy	Stephens	MSEN	35:52	Helm Hill	
27	Dan	Mead	MSEN	36:20	Bowland Fell Runners	
28	Jack	Palmer	MSEN	36:25		
29	Unknown	Senior	MSEN	37:25		
30	Simon	Holliday	MSEN	37:26	Helm Hill	
31	Joe	Hobbs	MSEN	38:31	Lonsdale Fell Runners	
32	Ollie	Fenton	MSEN	38:53		
33	Matthew	Swallow	MSEN	39:04		
34	Oliver	Potts	MU21	39:06		
35	Andrew	Iddon	MSEN	39:12	Nidd Valley Runners	
36	Adam	Scott	MU21	39:26	Helm Hill	
37	Henry	James	MSEN	39:50	Helm Hill	
38	Isaac	Robinson	MU21	40:13	Howgill Harriers	
39	John	Hardiman	MSEN	40:46	C.O.L.T	
40	Simon	Gora	MSEN	40:57	Garstang RC	
41	Gavin	Willingham	MSEN	41:24		
42	David	Jones	MSEN	41:29	Bowland Fell Runers	
43	Mike	Patten	MSEN	42:26	Bowland Fell Runners	
44	Andy	Milton	MSEN	42:50		
45	George	Campbell	MU21	44:25	Howgill Harriers	
46	Unknown	Senior	MSEN	46:27		
47	Benji	Grundy	MU21	47:39	Wharfedale Harriers	
48	Will	Thwaites	MSEN	50:39	Howgill Harriers	

WOMEN - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Bianca	Dyer	W40	36:46	Helm Hill Runners	3rd Lady/1st W40
2	Niamh	Jackson	W40	37:32	North Leeds Fell Runners	
3	Lisa	Parker	W40	37:56	Rossendale Harriers AC	
4	Lucie-Ellen	Todhunter	W40	38:51	Helm Hill	
5	Amy	Pearman	W40	40:49	Helm Hill	
6	Catherine	Houston	W40	42:15	Helm Hill	
7	Kirsten	Angus	W40	42:57	Settle Harriers	
8	Maria	Hearn	W40	45:01	Helm Hill	
9	Liz	Whitfield	W40	45:04	Helm Hill	
10	Jenna	Butler	W40	45:25	Helm Hill	
11	Sarah	Welsh	W40	46:06	Bowland Fell Runners	
12	Nathan	Davies	W40	46:31		
13	Jess	Bagnall	W40	46:47	Settle Harriers	
14	May	Song	W40	46:56	Helm Hill Runners	
15	Sarah	Brewin	W40	47:32	Helm Hill	
16	Maggie	Wild	W40	47:54	COLT	
17	Liz	Lawton	W40	48:02	Helm Hill	
18	Debbie	Wilson	W40	48:07	Howgill harriers	
19	Libby	Dixon	W40	48:28	Ambleside AC	
20	Colleen	Oldham	W40	49:35	Leven Valley AC	
21	Yolanda	Spooner	W40	49:36	Howgill Harriers	
22	Zoe	Robinson	W40	50:37	Howgill Harriers	
23	Laura	Ruxton	W40	50:52	Helm Hill	
24	Alyson	Blakeley	W40	51:32	Roundhay runners	
25	Jo	Matthew	W40	52:50	Bowland Fell Runners	
26	Emma	Griffiths	W40	55:05	Furness Fell Runners	
27	Laura	Nield	W40	55:51	Allithwaite Running Club	
28	Katharine	Shrine	W40	55:54	Helm Hill	
29	Sundhya	Walther	W40	56:48	Bowland Fell Runners	
30	Gary	Bigland	W40	57:20		
31	Anna	Baker	W40	57:54	Helm Hill Runners	
32	Eve	Howard	W40	1:01:06		

MEN - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Joel	Jameson	M40	29:56	Helm Hill	1st M40
2	Scott	Rose	M40	32:19		
3	Javier	Simon	M40	32:26	Helm Hill	
4	Ben	Timbers	M40	33:14	Keighley & Craven AC	
5	Andrew	Wallace	M40	33:26	Kendal AAC	
6	Ben	Fletcher	M40	33:57	Bowland Fell Runners	
7	Mark	Brightwell	M40	34:02	Helm Hill	
8	Craig	Burrow	M40	34:05	Helm Hill Runners	
9	Ben	Oldham	M40	34:22	Leven Valley AC	
10	David	Pease	M40	34:58	Barlick Fell Runners	
11	Justin	Tancrel	M40	35:04	Helm Hill	
12	Chris	Lowe	M40	35:41	Helm Hill	
13	Andrew	Douglas	M40	36:34	Helm Hill	
14	James	Todhunter	M40	36:39	Helm Hill	
15	James	Grinbergs	M40	36:54	Eden Runners	
16	Colin	Houston	M40	37:11	Helm Hill	
17	Simon	Thompson	M40	37:57	Keswick AC	
18	Alistair	Shawcross	M40	38:00	Dallam	
19	Anthony	Emmet	M40	38:04	Helm Hill	
20	Sean	Robinson	M40	38:32	Howgill Harriers	
21	Jonathan	Boadle	M40	38:39		
22	Matthew	Pearman	M40	39:32	Helm Hill	
23	James	Bellarby	M40	41:45	Bowland Fell Runners	
24	Ian	Wilson	M40	41:46	Howgill harriers	
25	Rob	Crawford	M40	41:55	Howgill Harriers	
26	Rod	Scott	M40	42:36	Helm Hill	
27	Patrick	Burns	M40	43:06	Helm Hill	
28	Patrick	Burns	M40	43:17	Helm Hill	
29	Richard	Briscoe	M40	44:24	Clayton Le Moors Harriers	
30	Simon	Thomas	M40	44:38	Eden Runners	
31	Andy	Ward	M40	44:57	Settle Harriers	
32	Stefan	Bradley	M40	47:49		
33	Tom	Charrier	M40	48:45		
34	Richard	Campbell	M40	52:17	Howgill Harriers	

WOMEN - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Deborah	Gowans	W50	38:50	Todmorden Harriers	1st W50
2	Lorna	Askew	W50	39:44	Helm Hill	
3	Jamie	Jephcott	W50	41:14	Eden runners	
4	Liz	McNally	W50	42:02	Leven Valley AC	
5	Karen	Bridge	W50	42:40	Eden Runners	
6	Clive	Wickham	W50	45:16	Helm Hill	
7	Andy	Holme	W50	45:21	Helm Hill	
8	Rachael	Mellor	W50	45:52	Howgill Harriers	
9	Tessa	Hagendoorn	W50	46:36		
10	Helen	Greenep	W50	46:54	Settle Harriers	
11	Pete	Davison	W50	47:06	Hoad Hill Harriers	
12	Eleanor	Knowles	W50	47:23	Ambleside AC	
13	Paula	Bowen	W50	48:34	Ambleside AC	
14	Louise	Goddard	W50	48:44	Bowland Fell Runers	
15	Fliss	Milner	W50	50:09	Helm Hill	
16	Joanne	Sunderland	W50	51:38	Roundhay Runners	
17	Vicki	Sherrington	W50	51:57	Helm Hill	
18	Andy	Connor	W50	52:39	Ambleside AC	
19	Ruth	Webster	W50	52:59		
20	Veronica	Waller	W50	53:01	Dallam	
21	Anna	Stevens	W50	53:09	Helm Hill	
22	Patty	Davies	W50	53:16	Helm Hill	
23	Lou	Bland	W50	54:17	Helm Hill	
24	Helen	Boiling	W50	54:22	Budleigh Runners	
25	Caroline	D'Arcy	W50	54:28	Helm Hill	
26	Julia	Murfin	W50	55:13	Settle Harriers	
27	Sonia	Woods	W50	56:37	Bowland Fell Runners	
28	Alison	Tancrel	W50	1:01:41	Helm Hill	
29	Victoria	McGarry	W50	1:02:52	Helm Hill	
30	Jane	Rousseau	W50	1:03:02	Black Combe Runners	

MEN - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Derek	Hurton	M50	33:05	Eden Runners	1st M50
2	Simon	Mounsey	M50	34:08	Howgill Harriers	
3	Jacob	Dyer	M50	34:13	Helm Hill Runners	
4	Rob	Harper	M50	35:11	Ambleside AC	
5	Paul	Dugdale	M50	35:54	Helm Hill Runners	
6	Gavin	Pattison	M50	35:59		
7	Michael	Toman	M50	36:04	Rossendale Harriers AC	
8	Alistair	Hearn	M50	36:07	Helm Hill	
9	Matt	Bourne	M50	36:49	Bowland Fell Runners	
10	Phil	Swindells	M50	37:09	Bowland Fell Runners	
11	David	Wilson	M50	37:40	Bowland Fell Runers	
12	Antony	Scott	M50	38:07	Watercrock Warriors	
13	John	Douglas	M50	38:12	Allithwaite Running Club	
14	Steve	King	M50	38:34	Helm Hill	
15	Andrew	Cox	M50	39:01	Helm Hill	
16	Robert	Campbell	M50	40:01	Helm Hill	
17	Andy	Holden	M50	40:22	Achille Ratti CC	
18	Stuart	Lockton	M50	42:44	Helm Hill	
19	Stephen	Forster	M50	43:28	Wharfedale Harriers	
20	Andrew	Russell	M50	43:29	Helm Hill	
21	Jonathan	Tombs	M50	43:52	Eden Runners	
22	Chris	Evans	M50	44:03	Ambleside AC	
23	Tim	Kings	M50	44:55		
24	Jeremy	Wilkinson	M50	45:22	Keighley & Craven AC	
25	Peter	Ellwood	M50	47:47	Settle Harriers	
26	Phil	Davies	M50	49:33	Preston Harriers	

WOMEN - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Suzanne	Budgett	W60	44:11	Horwich RMI Harriers	1st W60
2	Alison	Eagle	W60	45:43	Wharfedale Harriers	
3	Mary	Ockenden	W60	46:14	Bowland Fell Runners	
4	Lynn	Whittaker	W60	47:09	Wharfedale Harriers	
5	Angela	Brand-Barker	W60	47:36	Helm Hill	
6	Marian	de Silver	W60	55:59	Dallam	
7	Sonja	Vietoris	W60	58:11	Dallam Running	
8	Jill	Gates	W60	1:02:51	Settle Harriers	
9	Kathryn	Hopkirk	W60	1:09:06		

MEN - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	David	Griffin	M60	37:19	Helm Hill Runners	1st M60
2	Paul	Revell	M60	38:28		
3	Graham	Schofield	M60	38:52	Horwich RMI Harriers	
4	Brian	Hickey	M60	39:22	Cheshire Hill Racers	
5	John	Bagge	M60	39:43	Helm Hill	
6	John	Jones	M60	40:18	Helm Hill	
7	Paul	Johnson	M60	40:31	Bowland Fell Runners	
8	Paul	Johnson	M60	40:42	Bowland Fell Runners	
9	Andrew	Stokes	M60	41:16	Dallam	
10	Tim	Murray	M60	42:53	Helm Hill	
11	Philippe	Jumeau	M60	43:24	Lonsdale Fell Runners	
12	Alistair	Welsh	M60	45:34	Bowland Fell Runners	
13	David	Mainwaring	M60	46:42		
14	Jim	Fisher	M60	48:11	Howgill Harriers	
15	David	Roper	M60	48:40	Howgill Harriers	
16	Gavin	Smith	M60	48:43	Bowland Fell Runners	
17	Clive	Hodgson	M60	50:43	Bowland Fell Runners	
18	Keith	Masser	M60	50:50	Helm Hill Runners	
19	Andrew	Howarth	M60	53:57	Clayton le moors harriers	
20	Peter	Acland	M60	54:55	Kendal AAC	
21	Graham	Schofield	M60	55:54	Chorley ATC	
22	David	Downes	M60	56:02	WCOG	
23	Iain	Crossley	M60	57:11	Settle Harriers	
24	Colin	Valentine	M60	58:11	Keswick AC	
25	Roger	Shearer	M60	1:02:12	Helm Hill	
26	David	Rosen	M60	1:39:08	Lancaster and Morecambe AC	

WOMEN - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Wendy	Dodds	W70	50:29	Dallam Running Club	1st W70
2	Miriam	Rosen	W70	1:14:19	Lancaster and Morecambe AC	

MEN - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Rudolf	Maciejkowicz	M70	53:25		1st M70
2	Mike	Walsh	M70	54:16	Kendal AAC	
DNF	Antonio	Cardinale	M70	DNF	Otley AC	