

Pos- ition	Name	Club	Cate-gory	Time	Male	Fe- male	M40	M50	M60	M70	W40	W50	W60
1	Jack Wright	Ambleside AC	M	49:33	1								
2	Tom Simpson	Ambleside AC	M	49:37	2								
3	Sean Lecky	Ambleside AC	M	51:33	3								
4	Harry Stainton	Black Combe Runners	M	51:45	4								
5	Jose Concha	Helm Hill Runners	M	53:46	5								
6	James Harris	Ambleside AC	M	53:56	6								
7	Jack Robinson	Ambleside AC	M	54:27	7								
8	Tim Ripper	Black Combe Runners	M	55:16	8								
9	Gavin Lloyd	Black Combe Runners	M	56:08	9								
10	Ethan Furness	Black Combe Runners	M	56:38	10								
11	Chris Owens	Ambleside AC	M	56:46	11								
12	Matthew Allen	Black Combe Runners	M	56:47	12								
13	Chris Roberts	Ambleside AC	M40	56:56	13		1						
14	Cat Taylor	Black Combe Runners	W	57:12		1							
15	Tom Suddaby	Northumberland Fell Runners	M	58:02	14								
16	John Millen	Helm Hill Runners	M40	58:05	15		2						
17	Isabel Steele	Unattached	W	58:10		2							
18	Simon Rodger	Black Combe Runners	M40	58:55	16		3						
19	John Evason	Black Combe Runners	M40	60:06	17		4						
20	Bryony Halcrow	Ambleside AC	W	61:39		3							
21	Robert Jack Harper	Ambleside AC	M50	61:57	18			1					
22	David Griffin	Helm Hill Runners	M60	62:03	19				1				
23	Ross Litherland	Unattached	M40	62:15	20		5						
24	Jamie Suddaby	Unattached	M	62:38	21								
25	Isaac King	Black Combe Runners	M	63:37	22								
26	Kevin Brooks	Black Combe Runners	M40	66:04	23		6						
27	Ronnie Haddow	Furness Fell Runners	M50	66:19	24			2					
28	Matt Bourne	Bowland Fell Runners	M50	66:31	25			3					
29	Pete Hopley	Ambleside AC	M50	66:40	26			4					
30	Ralph Baines	Clayton-le-Moors Harriers	M50	66:54	27			5					
31	Dave Greaves	Black Combe Runners	M40	67:10	28		7						
32	David Cowburn	Chorley Athletic & Triathlon Club	M50	67:36	29			6					
33	Gary Lingard	Black Combe Runners	M50	67:53	30			7					
34	Rick Harwood	Keighley & Craven AC	M50	68:13	31			8					
35	Rebecca Dainton	Black Combe Runners	W	68:34		4							
36	Crispin Halsall	Bowland Fell Runners	M50	68:48	32			9					
37	Jason Schofield	Wharfedale Harriers	M50	68:59	33			10					
38	Paul Revell	Fell Runners Association	M60	69:22	34				2				
39	Jim Tyson	Ambleside AC	M40	69:34	35		8						
40	Richard Suddaby	Fell Runners Association	M50	70:41	36			11					
41	Katie Perseval	Ambleside AC	W	71:25		5							
42	Rebecca Cleator	Black Combe Runners	W	71:56		6							
43	Julian Donnelly	Black Combe Runners	M60	72:53	37				3				
44	Dennis Jackson	Ambleside AC	M	73:31	38								
45	Dicky Wilkinson	Dark Peak Fell Runners	M60	74:09	39				4				
46	Nick Sebley	Black Combe Runners	M60	74:31	40				5				
47	Joe Fisher	Ambleside AC	M	74:48	41								
48	Mark Cropper	Helm Hill Runners	M40	75:08	42		9						
49	Debbie Copley	Dallam Running Club	W50	75:13		7						1	
50	Pete Davison	Hoad Hill Harriers	M50	76:01	43			12					
51	Jon Underwood	Calder Valley Fell Runners	M50	76:32	44			13					
52	Sophie Owen	Ambleside AC	W	76:38		8							
53	Brian Thompson	Helm Hill Runners	M60	78:37	45				6				
54	Suzanne Budgett	Horwich RMI Harriers	W60	79:08		9							1
55	Damian Jones	Hoad Hill Harriers	M60	79:30	46				7				
56	Wayne Westerman	Unattached	M50	79:52	47			14					
57	Nicola Shorrock	Ambleside AC	W	80:02		10							
58	Catherine Musetti	Ambleside AC	W50	81:01		11						2	
59	Debbie Howard	Furness Fell Runners	W50	81:42		12						3	
60	Colin Howard	Furness Fell Runners	M60	82:18	48				8				
61	Colin Valentine	Keswick AC	M60	82:32	49				9				
62	Raymond Riley	Black Combe Runners	M40	83:15	50		10						
63	Jonathan Bailey	Black Combe Runners	M40	83:15	51		11						
64	James Goffe	Black Combe Runners	M60	83:25	52				10				
65	John Gomersall	Ambleside AC	M70	84:56	53					1			
66	Richard Ensoll	Unattached	M50	85:05	54			15					
67	Catherine Litherland	Unattached	W40	85:25		13					1		
68	Denise Tunstall	Durham Fell Runners	W50	85:49		14						4	
69	Mike Jewell	Black Combe Runners	M60	86:52	55				11				
70	Susan Ross	Black Combe Runners	W40	86:52		15					2		
71	Siobhan Riley	Black Combe Runners	W50	87:22		16						5	
72	Lucy Zaboklicka	Furness Fell Runners	W40	88:41		17					3		
73	Kellyjo Tinkler	Unattached	W	89:11		18							
74	Dorothy Pelly	Ambleside AC	W60	90:15		19							2
75	Vicky Sherrington	Helm Hill Runners	W50	91:04		20						6	
76	Mark Latham	Northumberland Fell Runners	M60	93:03	56				12				
77	Karl Fursey	Black Combe Runners	M50	107:33	57			16					
78	Patty Davies	Helm Hill Runners	W50	109:48		21						7	