

Duddon Valley

June 04, 2022

RESULTS

Long 29km 1830m

Pos	No.	Name	Club	Cat	Class	Time	Behind
1st	53	Harry Bolton	Keswick AC	MU23	Men	02:57:15	
2nd	85	Doni Clarke	Todmorden Harriers	M40	Men	03:00:54	+00:03:39
3rd	81	Tom Simpson	Ambleside AC	MSEN	Men	03:04:28	+00:07:13
4th	17	Garry Greenhow	Ambleside AC	M40	Men	03:10:13	+00:12:58
5th	14	Harry Stainton	Black Combe Runners	MSEN	Men	03:11:37	+00:14:22
6th	122	Ben Abdelnoor	Ambleside AC	M40	Men	03:14:28	+00:17:13
7th	96	Sam Dixon	Helm Hill Runners	MSEN	Men	03:15:02	+00:17:47
8th	120	James Harris	Ambleside AC	MSEN	Men	03:15:21	+00:18:06
9th	93	Josh Hartley	Black Combe Runners	MSEN	Men	03:15:41	+00:18:26
10th	95	David Jackson	Achille Ratti CC	M40	Men	03:17:23	+00:20:08
11th	92	Chris Webb	Glossopdale Harriers	M40	Men	03:18:00	+00:20:45
12th	115	Greg Hopkinson	Matlock Athletic Club	MSEN	Men	03:18:09	+00:20:54
13th	88	Jacob Hiom	Durham University Athletics and	MSEN	Men	03:18:28	+00:21:13
14th	90	Luke Parker	Durham University Athletics and	MU23	Men	03:19:04	+00:21:49
15th	45	Sharon Taylor	Helm Hill Runners	W40	Women	03:19:44	+00:22:29
16th	117	Tim Ripper	Black Combe Runners	MSEN	Men	03:23:03	+00:25:48
17th	70	Daniel Bateson	Scarborough Athletic Club	M40	Men	03:23:27	+00:26:12
18th	58	Matthew Allen	Black Combe Runners	MSEN	Men	03:25:35	+00:28:20
19th	89	Oisin Brennan	Durham University Athletics and	MU23	Men	03:29:10	+00:31:55
20th	18	David Lund	Ambleside AC	M40	Men	03:30:55	+00:33:40
21st	59	Mark Burley	Macclesfield Harriers & AC	MSEN	Men	03:33:32	+00:36:17
22nd	50	Paul Cornforth	Ambleside AC	M50	Men	03:33:57	+00:36:42
23rd	29	Ross Litherland	(no club)	M40	Men	03:34:02	+00:36:47
24th	13	Lawrence Eccles	Penny Lane Striders	MSEN	Men	03:34:27	+00:37:12
25th	15	John Hunt	Dark Peak Fell Runners	M50	Men	03:35:32	+00:38:17
26th	94	Ethan Furness	Black Combe Runners	MSEN	Men	03:36:02	+00:38:47
27th	78	Arthur Raffle	Altrincham & District AC	MSEN	Men	03:36:13	+00:38:58
28th	62	Sean Leckey	Ambleside AC	MSEN	Men	03:36:35	+00:39:20
29th	109	David Williams	Ellenborough	M40	Men	03:39:24	+00:42:09
30th	49	Tim Campbell	Astley & Tyldesley Road Runner	M40	Men	03:39:34	+00:42:19
31st	124	Kelli Roberts	Helm Hill Runners	WSEN	Women	03:41:15	+00:44:00
32nd	44	Chris Roberts	Ambleside AC	M40	Men	03:42:57	+00:45:42
33rd	123	Daniel Barton	Keswick AC	M40	Men	03:42:59	+00:45:44
34th	72	Rowan Wood	Lonsdale Fell Runners	M40	Men	03:43:24	+00:46:09
35th	55	Philip Pearson	Northern Fells Running Club	M60	Men	03:44:09	+00:46:54
36th	38	Craig Jeffery	(no club)	M40	Men	03:47:32	+00:50:17
37th	98	William Silvie	Black Combe Runners	MSEN	Men	03:47:41	+00:50:26
38th	103	Majka Kunicka	Dark Peak Fell Runners	W40	Women	03:47:51	+00:50:36
39th	87	Craig Smith	Keswick AC	M50	Men	03:48:40	+00:51:25
40th	71	Bryony Halcrow	Ambleside AC	WSEN	Women	03:50:38	+00:53:23
41st	111	John Millen	Black Combe Runners	M40	Men	03:50:55	+00:53:40
42nd	84	Dave Prosser	Keswick AC	M50	Men	03:51:00	+00:53:45
43rd	22	Robert Henderson	Saltaire Striders	M40	Men	03:52:11	+00:54:56
44th	32	Andrew Scott	Roundhay Runners	MSEN	Men	03:52:40	+00:55:25
45th	37	Robert Driscoll	Black Combe Runners	MSEN	Men	03:53:46	+00:56:31
46th	113	Matt Sims	Black Combe Runners	M40	Men	03:54:03	+00:56:48
47th	104	Graeme Brown	Todmorden Harriers	M40	Men	03:54:51	+00:57:36
48th	118	Alfie Thorpe	(no club)	MU23	Men	03:56:27	+00:59:12
49th=	19	Matt Fawthrop	Horwich R M I Harriers	MSEN	Men	03:59:31	+01:02:16
49th=	75	Spencer Riley	Ambleside AC	M40	Men	03:59:31	+01:02:16

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Pos	No.	Name	Club	Cat	Class	Time	Behind
51st	61	Matthew Lynas	Macclesfield Harriers & AC	M50	Men	03:59:42	+01:02:27
52nd	66	Jim Masters	Cumberland Fell Runners	M40	Men	04:01:16	+01:04:01
53rd	24	David James	Unattached	M50	Men	04:02:54	+01:05:39
54th	68	Kevin Brooks	Black Combe Runners	M40	Men	04:07:07	+01:09:52
55th	99	Chris Durkin	Black Combe Runners	M40	Men	04:07:40	+01:10:25
56th	20	Dan Gilbert	Horwich R M I Harriers	M40	Men	04:08:27	+01:11:12
57th	54	Rod Scott	Helm Hill Runners	M40	Men	04:08:36	+01:11:21
58th	26	Jonathan Whitaker	Harrogate Harriers & AC	M50	Men	04:09:39	+01:12:24
59th	64	Richard Tunnicliffe	Unattached	M40	Men	04:09:55	+01:12:40
60th	100	Charlie Wilde	(no club)	MU23	Men	04:10:43	+01:13:28
61st	52	Colin Reilly	Keswick AC	MSEN	Men	04:11:22	+01:14:07
62nd	31	Lauren Munro-Bennett	Ambleside AC	WSEN	Women	04:12:57	+01:15:42
63rd	101	Matt Searson	Keswick AC	M40	Men	04:13:25	+01:16:10
64th	79	David Banks	Kendal Amateur Athletic Club	M50	Men	04:16:16	+01:19:01
65th	21	Leigh Warburton	Bowland Fell Runners	M60	Men	04:20:39	+01:23:24
66th	16	Duncan Copley	Kendal Amateur Athletic Club	M50	Men	04:24:03	+01:26:48
67th	91	Roy Gardner	Achille Ratti CC	M50	Men	04:24:46	+01:27:31
68th	33	Helen Price	Harrogate Harriers & AC	W50	Women	04:25:13	+01:27:58
69th	43	Mick Procter	Clayton-le-Moors Harriers	M50	Men	04:25:24	+01:28:09
70th	27	Sean Giblin	Unattached	M40	Men	04:25:54	+01:28:39
71st	40	Duncan Ritchie	Todmorden Harriers	M50	Men	04:29:11	+01:31:56
72nd	30	Chris Lawson	Dark Peak Fell Runners	M50	Men	04:32:36	+01:35:21
73rd	57	Joanne Worboys-Hodgs		W50	Women	04:34:36	+01:37:21
74th	39	Robert Halstead	Todmorden Harriers	M60	Men	04:35:34	+01:38:19
75th	35	Roy Gibson	Kendal Amateur Athletic Club	M60	Men	04:35:41	+01:38:26
76th	28	Catherine Litherland	(no club)	W40	Women	04:35:47	+01:38:32
77th	60	Andrew Sutton	(no club)	M40	Men	04:36:02	+01:38:47
78th	5	Helene Whitaker	Harrogate Harriers & AC	W50	Women	04:37:25	+01:40:10
79th	65	David Crout	Keswick AC	M50	Men	04:39:27	+01:42:12
80th	6	Stephen Coope	Bowland Fell Runners	M50	Men	04:40:33	+01:43:18
81st	4	Gary Bradley	Barlick Fell Runners	M50	Men	04:40:57	+01:43:42
82nd	12	Russell Owen	Eryri Harriers	M60	Men	04:41:40	+01:44:25
83rd	10	Gavin Roper	Calder Valley Fell Runners	M40	Men	04:42:06	+01:44:51
84th	121	Darren Foote	Ambleside AC	M50	Men	04:42:07	+01:44:52
85th	107	Allan Miller	(no club)	M60	Men	04:42:19	+01:45:04
86th	112	Darren Parker	Cumberland Fell Runners	M50	Men	04:43:26	+01:46:11
87th	8	Trudy Morrice	Thirsk & Sowerby Harriers	W50	Women	04:43:41	+01:46:26
88th	106	Tiago Silva	(no club)	M40	Men	04:45:02	+01:47:47
89th	51	Victoria Rose Miller	Ambleside AC	WSEN	Women	04:45:13	+01:47:58
90th	110	Alison Wainwright	Dark Peak Fell Runners	W50	Women	04:45:22	+01:48:07
91st	42	Ralph Baines	Clayton-le-Moors Harriers	M50	Men	04:45:29	+01:48:14
92nd	2	Steve Wathall	Black Combe Runners	M60	Men	04:47:17	+01:50:02
93rd	105	Gavin Lloyd	Black Combe Runners	MSEN	Men	04:47:29	+01:50:14
94th	83	Tim Murray	Helm Hill Runners	M60	Men	04:48:00	+01:50:45
95th	80	Georgia Stevens	Ambleside AC	WSEN	Women	04:55:39	+01:58:24
96th	76	Jo Simpson	Ambleside AC	WSEN	Women	04:55:40	+01:58:25
97th	77	Paul Simpson	Ambleside AC	M50	Men	04:55:42	+01:58:27
98th	56	Tania Wilson	Buxton AC	W50	Women	04:56:28	+01:59:13
99th	36	Eleanor Claringbold	Black Combe Runners	WSEN	Women	04:57:11	+01:59:56
100th	97	Richard Gordon	Eden Runners	M50	Men	04:57:57	+02:00:42

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Pos	No.	Name	Club	Cat	Class	Time	Behind
101st	114	Graham Porter	Unattached	M60	Men	05:02:39	+02:05:24
102nd	1	Julie Carter	Keswick AC	W50	Women	05:06:47	+02:09:32
103rd	67	Emma Seery	Black Combe Runners	W40	Women	05:08:59	+02:11:44
104th	3	Keith G Holmes	Dark Peak Fell Runners	M60	Men	05:09:25	+02:12:10
105th	69	Rick Ansell	Tring RC	M60	Men	05:09:40	+02:12:25
106th	46	Bruce Humphrey	Chorlton Runners	M40	Men	05:10:52	+02:13:37
107th	23	Wendy Dodds	Dallam Running Club	W70	Women	05:15:36	+02:18:21
108th	102	David Fleming		M50	Men	05:16:42	+02:19:27
109th	86	Max Howard	(no club)	M60	Men	05:19:30	+02:22:15
110th	73	Chris Curtis	Northern Fells Running Club	M50	Men	05:27:29	+02:30:14
111th	74	Jonathan Savage	Northern Fells Running Club	M50	Men	05:27:32	+02:30:17
112th	9	Gavin Coventry	Thirsk & Sowerby Harriers	M50	Men	05:33:01	+02:35:46
113th	11	Marc Davies	Thirsk & Sowerby Harriers	M50	Men	05:33:02	+02:35:47
114th	108	Tim Palfreman	Harrogate Harriers & AC	M50	Men	05:35:11	+02:37:56
115th	34	Daniel Grose	Ambleside AC	M50	Men	05:38:13	+02:40:58
116th	41	Luke Stangroom	(no club)	MSEN	Men	05:40:35	+02:43:20
117th	7	Alan Simpson	Thirsk & Sowerby Harriers	M50	Men	05:42:48	+02:45:33
118th	48	Francis Wooff	Chorlton Runners	M50	Men	06:02:59	+03:05:44
119th	47	Ian Sharpe	Chorlton Runners	M50	Men	06:10:49	+03:13:34
	82	Jenny Rice	Helm Hill Runners	WSEN	Women	DNF	
	116	Lee Illingworth	(no club)	MSEN	Men	DNF	
	25	Henry Webb	Mercia Fell Runners	MU23	Men	DNF	
	119	Nicholas Wilson	Unattached	MSEN	Men	DNF	