

## Grisedale Horseshoe Fell Race Results (31/08/2024)

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
1	52	George	Foster	M	Open	Standard	Matlock AC	1:51:11
2	191	John	Battrick	M	Open	Standard	Keswick AC	1:57:57
3	115	Jack	Mcatear	M	Open	Standard	Eden Runners	2:02:55
4	79	Steven	Hebblethwaite	M	V40	Standard	Keswick AC	2:05:53
5	11	Will	Barton	M	Open	Standard	Ambleside AC	2:07:02
6	71	James	Harris	M	Open	Standard	Ambleside AC	2:07:29
7	142	Alex	Poulston	M	U23	Standard	Wirral AC	2:07:50
8	89	Ian	Holmes	M	V50	Standard	Bingley Harriers & AC	2:08:23
9	17	Lewis	Bowness	M	U23	Standard	Helm Hill Runners	2:08:32
10	76	Josh	Hartley	M	Open	Standard	Black Combe Runners	2:09:59
11	117	Mark	McGoldrick	M	V40	Standard	Settle Harriers	2:11:00
12	145	Jonathan	Price	M	Open	Standard	Helm Hill Runners	2:11:18
13	19	Matt	Brindle	M	V40	Standard	Ambleside AC	2:13:30
14	10	Mike	Barron	M	Open	Standard	Ambleside AC	2:13:38
15	114	Phil	Mather	M	V40	Standard	Lonsdale Fell Runners	2:14:58
16	28	Paul	Cornforth	M	V60	Standard	Ambleside AC	2:17:07
17	192	Matthew	Fretwell	M	Open	Standard	Settle Harriers	2:17:37
18	70	Tom	Hare	M	Open	Standard	Ambleside AC	2:18:05
19	64	Tim	Grimwood	M	V40	Standard	Swaledale	2:21:24
20	182	David	Williams	M	V40	Standard	Ellenborough AC	2:21:53
21	136	Stephen	Pearce	M	V40	Standard	Eden Runners	2:22:03
22	148	Kelli	Roberts	F	Open	Standard	Helm Hill Runners	2:22:05
23	154	Nick	Sharp	M	V50	Standard	Ambleside AC	2:22:06
24	121	Tristan	Miller	M	U23	Standard		2:22:36
25	9	Nicholas	Barber	M	Open	Standard	Helm Hill Runners	2:22:53
26	53	Ethan	Furness	M	Open	Standard	Black Combe Runners	2:24:35
27	39	Jack	Eastham	M	Open	Standard	Bowland Fell Runners	2:26:22
28	186	Ali	Cornforth	M	Open	Standard		2:26:30
29	43	Sam	Ferguson	M	Open	Standard	Bowland Fell Runners	2:26:39

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
30	60	Robert	Green	M	Open	Standard	Achille Ratti Climbing Club	2:27:06
31	172	Joseph	Waller	M	Open	Standard	Rossendale Harriers & AC	2:27:13
32	113	Kate	Marriott	F	Open	Standard	Keswick AC	2:27:24
33	5	Zack	Archbold	M	Open	Standard		2:28:49
34	90	Danny	Hope	M	V40	Standard	Horwich Rmi Harriers & A.C	2:29:01
35	30	Grace	Culling	F	U23	Standard		2:30:31
36	84	David	Hewett	M	Open	Standard	Ambleside AC	2:31:41
37	168	Mark	Taylor	M	V50	Standard	Calder Valley Fell Runners	2:31:51
38	36	John	Duff	M	V50	Standard	Keswick AC	2:31:58
39	130	David	Oldfield	M	V40	Standard	North Leeds Fell Runners	2:32:11
40	8	Chris	Balderson	M	V60	Standard	Bowland Fell Runners	2:32:31
41	110	David	Lund	M	V40	Standard	Ambleside AC	2:33:29
42	181	Barry	Wilkinson	M	V50	Standard	Borrowdale Fell Runners	2:33:40
43	91	Jon	Hopper	M	V40	Standard	Macclesfield Harriers & AC	2:34:34
44	56	Iain	Gibbons	M	V50	Standard	Ilkley Harriers AC	2:34:42
45	3	Steve	Angus	M	V50	Standard	Keswick AC	2:35:24
46	21	Joseph	Bull	M	Open	Standard	Ellenborough AC	2:36:32
47	126	John	Nicoll	M	V50	Standard	Northern Fells Running Club	2:37:11
48	95	Guy	Illingworth	M	V50	Standard	Keswick AC	2:37:16
49	78	Jonathan	Heaney	M	V40	Standard	North Shields Polytechnic Club	2:37:46
50	50	David	Fort	M	V50	Standard	Clayton Le Moors Harriers	2:38:16
51	42	Ian	Ferguson	M	V60	Standard	Bingley Harriers & AC	2:38:24
52	69	Becky	Hare	F	Open	Standard	Ambleside AC	2:38:51
53	173	Mike	Wallis	M	V60	Standard	Clayton Le Moors Harriers	2:40:14
54	37	Bianca	Dyer	F	V50	Standard	Helm Hill Runners	2:40:17
55	98	Adam	Jackson	M	V50	Standard	Northern Fells Running Club	2:40:19
56	161	Craig	Smith	M	V50	Standard	Keswick AC	2:40:38
57	92	Steve	Hopwood	M	Open	Standard	Settle Harriers	2:42:39
58	29	Joe	Cottam	M	Open	Standard	Bowland Fell Runners	2:43:15
59	63	David	Griffin	M	V60	Standard	Helm Hill Runners	2:43:28
60	146	Mick	Procter	M	V50	Standard	Clayton Le Moors Harriers	2:43:38

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61	75	Guy	Hartley	M	Open	Standard		2:45:40
62	109	Michael	Lucas	M	Open	Standard	Bowland Fell Runners	2:46:25
63	47	Jonathan	Fletcher	M	Open	Standard		2:46:35
64	38	Jacob	Dyer	M	V50	Standard	Helm Hill Runners	2:49:06
65	111	Stewart	Macdonald	M	V50	Standard	Bingley Harriers & AC	2:49:10
66	188	Dave	Thorp	M	Open	Standard	Ambleside AC	2:49:40
67	166	Robin	Stones	M	Open	Standard		2:49:56
68	68	Crispin	Halsall	M	V50	Standard	Bowland Fell Runners	2:50:10
69	153	Robert	Sharkey	M	V40	Standard	Lostock AC	2:50:15
70	112	Tom	Makin	M	Open	Standard	Achille Ratti Climbing Club	2:50:17
71	80	Zoe	Hebblethwaite	F	V40	Standard	Keswick AC	2:50:24
72	163	Mungo	Stacy	M	V40	Standard		2:50:31
73	45	Darren	Fishwick	M	V50	Standard	Chorley	2:50:37
74	124	Daniel	Mullinder	M	V50	Standard		2:51:10
75	33	Geoff	Dawson	M	V60	Standard	Bowland Fell Runners	2:51:23
76	116	Philippa	McCrea	F	V40	Standard	Keswick AC	2:51:31
77	162	Stephen	Smithies	M	V50	Standard	Calder Valley Fell Runners	2:51:51
78	48	Ella	Foreman	F	Open	Standard	Westerlands CCC	2:51:55
79	135	Johnny	Parsons	M	V50	Standard	Pudsey & Bramley AC	2:52:42
80	108	Steve	Lomas	M	V50	Standard	Macclesfield Harriers & AC	2:54:31
81	16	Matt	Bourne	M	V50	Standard	Bowland Fell Runners	2:54:53
82	93	Jordan	Horton	M	Open	Standard	Pennine Fell Runners	2:55:28
83	4	Thomas	Appleton	M	Open	Standard	Achille Ratti Climbing Club	2:55:33
84	23	Joanna	Cartmell	F	V40	Standard	Northern Fells Running Club	2:55:36
85	27	Tom	Cooper	M	Open	Standard	Bingley Harriers & AC	2:55:56
86	120	John	Miles	M	V40	Standard	Ambleside AC	2:56:05
87	85	Charles	Hill	M	V50	Standard		2:56:56
88	54	Julia	Gannon	F	U23	Standard		2:57:11
89	73	Michael	Harrison	M	Open	Standard	Eden Runners	2:57:16
90	105	Nicholas	Lewthwaite	M	V50	Standard	Ambleside AC	2:57:55
91	165	Tim	Sterland	M	Open	Standard		2:58:11

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92	167	Richard	Talbot	M	V40	Standard		2:59:03
93	178	Mark	Whittaker	M	V50	Standard	Clayton Le Moors Harriers	2:59:58
94	58	Jude	Greaves	M	U23	Standard	Bowland Fell Runners	3:00:43
95	190	Tom	O'Gorman	M	U23	Standard	Bowland Fell Runners	3:02:48
96	189	Graham	Lewis-Dale	M	V40	Standard	North Shields Polytechnic Club	3:05:35
97	184	Joe	Yates	M	Open	Standard		3:05:38
98	177	Josephine	Wells	F	Open	Standard	Rossendale Harriers & AC	3:05:43
99	150	Oliver	Rushton	M	V40	Standard		3:05:55
100	147	Ian	Race	M	V60	Standard	Helm Hill Runners	3:06:05
101	46	Leon	Flesher	M	V50	Standard	Ambleside AC	3:06:17
102	67	Andrew	Haines	M	V40	Standard	Holcombe Harriers	3:06:40
103	159	Paul	Simpson	M	V60	Standard		3:06:47
104	140	Matthew	Pink	M	V50	Standard	Pennine Fell Runners	3:07:03
105	152	Antony	Scott	M	V50	Standard	Watercrock Warriors	3:07:36
106	144	Rob	Powell	M	V40	Standard	Bowland Fell Runners	3:07:42
107	87	Richard	Hill	M	V50	Standard	Mornington Chasers RC	3:07:46
108	143	Katie	Poulter	F	V40	Standard	Ilkley Harriers AC	3:07:53
109	20	Rowena	Browne	F	V60	Standard	Bowland Fell Runners	3:07:57
110	134	David	Parkington	M	V60	Standard	Preston Harriers	3:08:08
111	62	Alex	Grievson	M	Open	Standard		3:08:11
112	155	Michael	Shotton	M	Open	Standard		3:09:27
113	77	Helen	Heaney	F	V40	Standard	North Shields Polytechnic Club	3:11:12
114	18	Jenny	Brindle	F	V40	Standard	Ambleside AC	3:11:20
115	82	James	Henley	M	Open	Standard	Roundhay Runners	3:12:07
116	193	Kathleen	O'Donnel	F	V40	Standard	Macclesfield Harriers & AC	3:12:12
117	40	Anthony	Emmet	M	V40	Standard	Helm Hill Runners	3:12:27
118	13	James	Bellarby	M	V50	Standard	Bowland Fell Runners	3:12:47
119	7	Ralph	Baines	M	V50	Standard	Clayton Le Moors Harriers	3:12:50
120	141	Sean	Pollen	M	Open	Standard		3:16:14
121	151	Nickey	Russell	F	V40	Standard	Bowland Fell Runners	3:16:40
122	119	Katie	Milburn	F	V40	Standard	Eden Runners	3:17:53

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
123	101	Nick	Kitching	M	V50	Standard		3:17:59
124	133	Darren	Parker	M	V50	Standard	Cumberland Fell Runners	3:21:16
125	102	Roger	Laycock	M	V60	Standard	Settle Harriers	3:21:27
126	127	Mark	Nutter	M	V60	Standard	Clayton Le Moors Harriers	3:24:55
127	2	Neil	Ainsworth	M	V50	Standard		3:25:06
128	187	Paul	Swyers	M	V50	Standard	Holcolm Harriers	3:25:17
129	94	Lynne	Hume	F	V40	Standard	Keswick AC	3:25:21
130	180	Kelly	Wilby	F	V40	Standard	Ilkley Harriers AC	3:25:54
131	125	Catherine	Musetti	F	V60	Standard	Ambleside AC	3:26:29
132	149	Jo	Rodham	F	V40	Standard	Eden Runners	3:27:26
133	156	Mark	Shuttleworth	M	V50	Standard	Lostock AC	3:28:11
134	169	Brian	Thompson	M	V70	Standard	Helm Hill Runners	3:28:39
135	96	Tamsin	Imber	F	V40	Standard	Elvet Striders	3:29:02
136	170	Jon	Tombs	M	V50	Standard	Eden Runners	3:29:24
137	14	Richard	Bellarries	M	V70	Standard	Clayton Le Moors Harriers	3:29:51
138	35	Wendy	Dodds	F	V70	Standard	Dallam Running Club	3:30:03
139	104	Edward	Lesniak	M	V60	Standard	Achille Ratti Climbing Club	3:30:31
140	122	Victoria Rose	Miller	F	Open	Standard	Ambleside AC	3:32:59
141	41	Joseph	Fennell	M	Open	Standard	Pennine Fell Runners	3:33:31
142	83	Joanne	Henry	F	V40	Standard	Bingley Harriers & AC	3:34:53
143	176	Dominic	Watts	M	V50	Standard	Dark Peak Fell Runners	3:35:36
144	129	Mary Frances	O'Gorman	F	Open	Standard	Bowland Fell Runners	3:36:07
145	24	Debbie	Charlton	F	V40	Standard	Keswick AC	3:36:52
146	15	David	Bevan	M	V50	Standard		3:39:10
147	174	Aaron	Walmsley	M	V40	Standard	Bowland Fell Runners	3:39:11
148	12	Steve	Beldon	M	V50	Standard	Malvern Buzzards Running Club	3:39:20
149	118	Michael	Mcloughlin	M	V70	Standard	Preston Harriers	3:42:19
150	65	Daniel	Grose	M	V50	Standard	Ambleside AC	3:50:16
151	106	Jill	Libby	F	V60	Standard	Eden Runners	3:52:39
152	107	Helen	Lilley	F	Open	Standard	North Shields Polytechnic Club	3:56:34
153	100	Tim	Kings	M	V50	Standard	Watercrock Warriors	4:06:51

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154	164	Rob	Stanley	M	Open	Standard		4:10:31
155	185	Xian	Zhao	F	Open	Standard		4:14:59
156	22	Linden	Burke	M	V50	Standard	Keswick AC	5:00:56
157	202	Sweeper	Josie	M	Open	Standard		5:00:59
158	171	John	Vernon	M	V70	Standard	Dark Peak Fell Runners	5:04:37
159	201	Sweeper	Megan	M	Open	Standard		5:05:10
#	86	Ilanthe	Hill	F	U23	Standard		rtd at CP1 Catstye Cam
#	49	Kenny	Forster	M	V60	Standard		rtd at CP3 Grisedale Tarn
#	137	Mike	Peat	M	V60	Standard	Lonsdale Fell Runners	rtd at CP3 Grisedale Tarn
#	103	Sean	Leckey	M	Open	Standard	Ambleside AC	rtd at CP1 Catstye Cam