

Handicap finish position	Name		Category	Club	Handicap finish time
1	Andrew	Routledge	M45	Tri Lakeland	11:43:54
2	John	Nicoll	M50	Northern Fells	11:52:28
3	Nick	Moore	M65	Cumberland Fell Runners	11:52:39
4	Colin	Valentine	M60	Keswick	11:53:26
5	Ben	Thompson	Msen	U/A	11:53:42
6	Simon	Theobold	M55	Ambleside	11:53:51
7	Alison	Wright	W55	Cumberland Fell Runners	11:54:09
8	Paul	Arts	M50	Cumberland Fell Runners	11:54:37
9	David	Lund	M45	Ambleside	11:54:41
10	Daniel	Austin	Msen	Cumberland Fell Runners	11:54:47
11	Ben	Breeze	Msen	Cumberland Fell Runners	11:54:49
12	Harry	Ellis	M45	U/A	11:54:56
13	Karen	Fyles	W50	Howgill	11:55:04
14	Dave	Spain	M60	Cumberland Fell Runners	11:55:31
15	Joe	Blackett	M60	Dark Peak	11:55:36
16	Luke	Appleyard	M40	Wharferdale	11:55:39
17	Darren	Parker	M55	Cumberland Fell Runners	11:55:41
18	Hayley	Wood	Wsen	Eden	11:55:48
19	Graham	Watson	M60	Cumberland Fell Runners	11:55:55
20	Jonathon	Howe	Msen	Eden	11:55:58
21	Jane	Mottram	W70	Cumberland Fell Runners	11:56:07
22	Calum	Fraser	Msen	Cumberland Fell Runners	11:56:27
23	Peter	Crompton	M65	Cumberland Fell Runners	11:56:36
24	Dot	Patton	W65	Cumberland Fell Runners	11:56:38
25	Steven	Breeze	M50	Cumberland Fell Runners	11:56:42
26	Mark	Wise	M60	Cumberland Fell Runners	11:56:47
27	Calum	Tinnion	Msen	Keswick	11:56:49
28	David	Wilson	M60	Bowland	11:56:53
29	Robert	Crawford	M45	Howgill	11:57:01
30	David	Burton	M60	Cumberland Fell Runners	11:57:02
31	Heide	Armitage	W40	U/A	11:57:03
32	Mylo	Jewell	MU21	Cumberland Fell Runners	11:57:06
33	Dan	Pons	Msen	Cumberland Fell Runners	11:57:16
34	Les	Barker	M55	Cumberland Fell Runners	11:57:21
35	Lindsay	Buck	W60	Cumberland Fell Runners	11:57:44
36	Victoria	Haworth	Wsen	Keswick	11:57:46
37	Ed	Gamble	M55	Cheshire	11:58:16
38	Chris	Draper	M45	Cumberland Fell Runners	11:58:18

39	Mark	Blackwell	M45	Cumberland Fell Runners	11:58:19
40	Gareth	Cavanagh	Msen	Cumberland AC	11:58:41
41	Ben	Horn	Msen	U/A	11:58:53
42	Susan	Routledge	W45	Cumberland Fell Runners	11:59:42
43	Jack	Gilbert	Msen	Cumberland Fell Runners	12:00:04
44	Mark	Cowperthwaite	M50	Cumberland AC	12:00:14
45	Ryan	Crellin	Msen	Cumberland Fell Runners	12:00:21
46	Bee	Masters	W45	U/A	12:02:00
rtd	James	McLaughlin	M55	Cumberland Fell Runners	