

Actual position	Name		Category	Club	Actual time
1	Calum	Tinnion	Msen	Keswick	00:23:49
2	Mylo	Jewell	MU21	Cumberland Fell Runners	00:26:06
3	Dan	Pons	Msen	Cumberland Fell Runners	00:26:46
4	Harry	Ellis	M45	U/A	00:27:26
5	John	Nicoll	M50	Northern Fells	00:28:28
6	David	Lund	M45	Ambleside	00:28:41
7	Jack	Gilbert	Msen	Cumberland Fell Runners	00:29:34
8	Ben	Breeze	Msen	Cumberland Fell Runners	00:29:49
9	Jonathon	Howe	Msen	Eden	00:29:58
10	Joe	Blackett	M60	Dark Peak	00:30:36
11	David	Wilson	M60	Bowland	00:30:53
12	Ed	Gamble	M55	Cheshire	00:31:16
13	Peter	Crompton	M65	Cumberland Fell Runners	00:31:36
14	Luke	Appleyard	M40	Wharferdale	00:31:39
15	Gareth	Cavanagh	Msen	Cumberland AC	00:31:41
16	Daniel	Austin	Msen	Cumberland Fell Runners	00:31:47
17	Calum	Fraser	Msen	Cumberland Fell Runners	00:32:27
18	Paul	Arts	M50	Cumberland Fell Runners	00:33:37
19	Chris	Draper	M45	Cumberland Fell Runners	00:33:48
20	Mark	Blackwell	M45	Cumberland Fell Runners	00:34:19
21	Mark	Wise	M60	Cumberland Fell Runners	00:34:47
22	Dave	Spain	M60	Cumberland Fell Runners	00:35:01
23	David	Burton	M60	Cumberland Fell Runners	00:35:32
24	Robert	Crawford	M45	Howgill	00:36:01
25	Darren	Parker	M55	Cumberland Fell Runners	00:36:11
26	Ben	Thompson	Msen	U/A	00:36:42
27	Hayley	Wood	Wsen	Eden	00:37:18
28	Simon	Theobold	M55	Ambleside	00:37:21
29	Colin	Valentine	M60	Keswick	00:37:56
30	Steven	Breeze	M50	Cumberland Fell Runners	00:38:42
31	Victoria	Haworth	Wsen	Keswick	00:39:46
32	Les	Barker	M55	Cumberland Fell Runners	00:39:51
33	Mark	Cowperthwaite	M50	Cumberland AC	00:40:14
34	Ryan	Crellin	Msen	Cumberland Fell Runners	00:40:21
35	Nick	Moore	M65	Cumberland Fell Runners	00:41:39
36	Graham	Watson	M60	Cumberland Fell Runners	00:41:55
37	Alison	Wright	W55	Cumberland Fell Runners	00:44:09
38	Karen	Fyles	W50	Howgill	00:44:34

39	Lindsay	Buck	W60	Cumberland Fell Runners	00:44:44
40	Bee	Masters	W45	U/A	00:46:00
41	Ben	Horn	Msen	U/A	00:46:23
42	Heide	Armitage	W40	U/A	00:48:03
43	Dot	Patton	W65	Cumberland Fell Runners	00:51:08
44	Jane	Mottram	W70	Cumberland Fell Runners	00:52:07
45	Andrew	Routledge	M45	Tri Lakeland	00:52:24
46	Susan	Routledge	W45	Cumberland Fell Runners	00:56:12
rtd	James	McLaughlin	M55	Cumberland Fell Runners	