

Position	Time	Name	Category	Club
1	34:01	Arthur Hill	Msen	U/A
2	34:53	Mark Lamb	Msen	Keswick AC
3	35:16	Matthew Atkinson	Msen	Keswick AC
4	37:11	Zeke Sumner	U17B	Ambleside
5	38:20	Mike McGleenan	Msen	Keswick AC
6	39:20	jack Eyre	Msen	Eden
7	39:44	Toby Heppell	U19B	West Cumberland Orienteers
8	40:08	Adam Crowe	Msen	Ambleside
9	40:33	Nicholas Barber	Msen	Helm Hill
10	41:47	Janoathan Milton	Msen	Keswick AC
11	42:12	Simon Notherway	M45	Keswick AC
12	42:18	Mike Robinson	M55	Dark Peak
13	43:02	Caroline Lambert	Fsen	Keswick AC
14	43:31	Chris Farmer	M40	Eden Runners
15	43:36	John Nicoll	M50	Borrowdale
16	44:21	Matthew Jones	M45	Keswick AC
17	44:25	Elliott Malloy	Msen	U/A
18	44:52	Steve Angus	M55	Keswick AC
19	45:06	Rohan Akers	M45	Wharfedale Harriers
20	45:49	Seb Sillito	M45	Helm Hill
21	46:21	Matthew Steel	Msen	Keswick AC
22	46:52	Hazel Robinson	F50	Keswick AC
23	47:19	Edward Shawcross	U17B	Ambleside
24	48:15	Sophie Likeman	Fsen	Cumberland Fell Runners
25	48:44	jacob Dyer	M50	Helm Hill
26	49:03	Chris Edis	M40	Keswick AC
27	49:11	Oliver Barker	M55	U/A
28	49:19	Joe Blackett	M60	Dark Peak
29	50:17	Stephen Nicholls	M40	Wigan & District Harriers
30	50:29	Andrew Maybury	M45	Eden Runners
31	50:34	Bianca Dyer	F50	Helm Hill
32	50:38	David Banks	M60	Ambleside
33	50:58	Neil Weightman	M60	Northern Fells
34	51:39	Jason Cuddy	M40	U/A
35	51:44	James McLoughlin	M55	Cumberland Fell Runners
36	51:48	Bryan Lomas	M55	U/A
37	51:55	Richard Lambert	M50	Eden Runners
38	51:59	Alistair Shawcross	M50	Dallam
39	52:10	Sean Robinson	M45	Howgill Harriers
40	52:14	Mike Harrison	M55	Cumberland Fell Runners

41	52:46	Grace	Weston	Fsen	Keswick AC
42	53:31	Tanya	Lambert	F55	Eden Runners
43	53:34	Shane	Gieltt	M40	U/A
44	53:41	Mark	Wise	M60	Cumberland Fell Runners
45	53:44	Roy	Gibson	M65	Ambleside
46	54:19	Richard	Monksmith	M45	Delamere Spartens
47	54:30	Emma	Neilsen	F50	Eden Runners
48	54:49	Steve	Rhodes	M60	Northern Fells
49	54:56	Holly	Nicholls	U17G	Wigan & District Harriers
50	55:21	Jennie	Chatterley	F55	Cumberland Fell Runners
51	55:22	Gillian	Atkinson	F60	Keswick AC
52	55:44	Alex	Heron	M65	Eden Runners
53	56:09	Elliott	Gielty	FU21	Sporting Lisbon
54	56:18	Dave	Spain	M60	Cumberland Fell Runners
55	56:19	Darren	Parker	M55	Cumberland Fell Runners
56	57:42	Colin	Valentine	M60	Keswick AC
57	58:29	Jane	Verity	F50	Howgill Harriers
58	58:45	Christine	Fritsch	F50	Eden Runners
59	58:46	Jo	Rodham	F45	Eden Runners
60	60:02	Steven	Breeze	M50	Cumberland Fell Runners
61	60:05	Charlotte	Rathbone	Fsen	U/A
62	60:29	Don	Kershaw	M70	Ambleside
63	64:28	Heather	Holden	F40	Ambleside
64	66:15	Vic	Wilson	F40	Cumberland Fell Runners
65	66:25	Glynn	Jones	M65	Cumberland Fell Runners
66	67:28	Cal	Pannone	f50	Eden Runners
67	68:40	Jerome	Barton	U/A	U/A
68	69:12	Jill	Libby	F65	Eden Runners
69	70:45	Lucy	Millard	FU21	Keswick AC
70	78:28	Ann	Cimmings	F65	Cumberland Fell Runners