

The La Sportiva Lake District Mountain Trial

September 13, 2026

RESULTS

Classic - 24.2km

Pos	Num	Name	Club	Cat	Eligibility	Time	Behind
1st	150	Philip Rutter	Helm Hill Runners	M	-LM--	04:08:42	
2nd	138	Tom Simpson	Ambleside AC	M	-----	04:09:02	+00:00:20
3rd	149	Jack Eyre	Eden Runners	M	-----	04:51:41	+00:42:59
4th	154	Matthew Atkinson	Keswick AC	M	-----	04:52:32	+00:43:50
5th	144	James Birkinshaw	West Cumberland Orienteering Club	M	-----	04:54:08	+00:45:26
6th	152	Felix Wilson	Carnethy Hill Racing Club	M	-----	04:55:32	+00:46:50
7th	143	Konrad Rawlik	Carnethy Hill Racing Club	MV40	--M--	04:58:46	+00:50:04
8th	151	Andrew Higgins	Northumberland Fell Runners	M	-----	05:03:04	+00:54:22
9th	142	Mark Burley	Macclesfield Harriers & AC	M	-----	05:05:58	+00:57:16
10th	147	Paul Neild	Bowland Fell Runners	MV50	-----	05:07:56	+00:59:14
11th	131	Tobias Barthelmes	Keswick AC	M	----N	05:12:33	+01:03:51
12th	104	Mark Clarkson	Northumberland Fell Runners	MV40	Y----	05:12:52	+01:04:10
13th	140	Sam Wainwright	Ochil Hill Runners	M	-----	05:22:58	+01:14:16
14th	145	Ethan Furness	Black Combe Runners	M	-L---	05:33:04	+01:24:22
15th	129	Lily Birkinshaw	West Cumberland Orienteering Club	MU21	-----	05:34:05	+01:25:23
16th	130	Tom Matthew	SROC Red Rose Orienteering Club	MV50	YLM--	05:35:26	+01:26:44
17th	141	Nathan Martin	Wharfedale Harriers	MV40	-----	05:40:20	+01:31:38
18th	133	Steve Birkinshaw	West Cumberland Orienteering Club	MV50	-L---	05:47:01	+01:38:19
19th	157	Matt Reedy	Ambleside AC	MV50	-----	05:47:03	+01:38:21
20th	156	Jack Harris	Pennine Fell Runners	M	Y----	05:57:59	+01:49:17
21st	120	Sarah Sigsworth	Ambleside AC	F	-L---	05:59:47	+01:51:05
22nd	109	Simon West	Keswick AC	MV40	-----	06:04:02	+01:55:20
23rd	102	Tim Grimwood	Swaledale Runners	MV40	-L---	06:06:03	+01:57:21
24th	112	Poppy Hill	Ambleside AC	F	-L--N	06:08:24	+01:59:42
25th	105	Tom Lynch	Ambleside AC	MV40	-L---	06:13:03	+02:04:21
26th	128	James Osborn		MV40	----N	06:15:46	+02:07:04
27th	100	James Rafferty	Keswick AC	M	----N	06:22:45	+02:14:03
28th	119	Lance Taylor	FRA	M	-----	06:24:46	+02:16:04
29th	118	Tom Pape	Dark Peak Fell Runners	MV50	-----	06:26:01	+02:17:19
30th	123	Jim Turner	Bowland Fell Runners	MV40	-L---	06:36:53	+02:28:11
31st	127	Mike Ferguson	FRA	MV40	-LM--	06:38:40	+02:29:58
32nd	115	Harry Brook-Dobson	Ilkley Harriers AC	M	----N	06:40:44	+02:32:02
33rd	153	Duncan Harris	Deeside Orienteering Club	MV50	Y--O-	06:40:46	+02:32:04
34th	106	Jonathan Whilock	Potteries Orienteering Club	MV50	-----	06:41:41	+02:32:59
35th	139	Edward Watson	Queen's Park AC	M	----N	06:43:26	+02:34:44
36th	116	Sue Richmond	Pennine Fell Runners	FV40	-----	06:46:16	+02:37:34
37th	136	Dave Wilby		MV40	Y----	06:50:58	+02:42:16
38th	117	Simon Barnett	Tring RC	MV40	Y----	06:52:15	+02:43:33
39th	132	Sam Stell		MV40	-----	06:57:24	+02:48:42
40th	103	Scott Collier	Black Combe Runners	M	YLM--	06:58:41	+02:49:59
41st	101	Richard Tunnicliffe	Pennine Fell Runners	MV40	-L---	07:01:19	+02:52:37
42nd	111	Andy Blackett	Durham Fell Runners	MV40	-----	07:15:14	+03:06:32
43rd	110	David Crout	Keswick AC	MV50	-L---	07:21:38	+03:12:56
44th	134	Andrew Stimson	Durham Fell Runners	MV40	Y----	07:27:28	+03:18:46
45th	114	Michael Quinn	Esk Valley Fell Club	MV50	-----	07:27:43	+03:19:01
46th	126	Joe Oetting	Eborienteers	M	--M--	07:44:11	+03:35:29
47th	125	George Sewell	Howgill Harriers	M	-----	08:06:19	+03:57:37
	155	Tim Morgan	Carnethy Hill Racing Club	M	-L---	rtd	
	137	Daniel Lusardi		M	----N	rtd	

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RESULTS

Medium - 17.1km

Pos	Num	Name	Club	Cat	Eligibility	Time	Behind
1st	47	Phil Mather	Helm Hill Runners	MV40	-----	03:25:27	
2nd	45	Robbie Driscoll	Helm Hill Runners	M	-----	03:51:40	+00:26:13
3rd	35	Christopher Barry	Pennine Fell Runners	M	----N	03:53:15	+00:27:48
4th	29	Sam Leadley	Loftus & Whitby AC	M	-L---	04:03:39	+00:38:12
5th	26	Claire Kennedy	Helm Hill Runners	F	-L---	04:07:41	+00:42:14
6th	38	Janie Oates	Helm Hill Runners	F	-----	04:10:42	+00:45:15
7th	40	David Waterhouse	Keswick AC	MV40	----N	04:19:22	+00:53:55
8th	11	Clare Cummings	Pennine Fell Runners	F	Y---N	04:20:45	+00:55:18
9th	37	Martin Hartley	Ilkley Harriers AC	MV40	----N	04:20:53	+00:55:26
10th	20	Alistair Cox	Tinto Hill Runners	MV40	-----	04:21:50	+00:56:23
11th	39	David Wilson	Bowland Fell Runners	MV60	-----	04:23:56	+00:58:29
12th	6	Mike Harrison	Cumberland Fell Runners	MV50	-----	04:26:01	+01:00:34
13th	15	Peter Massey	FRA	MV50	--M-N	04:31:53	+01:06:26
14th	28	John Tullie	Teviotdale Harriers	MV60	-----	04:33:59	+01:08:32
15th	23	Paul Coope	Bowland Fell Runners	MV60	-----	04:41:38	+01:16:11
16th	42	Mark Lamb	Mornington Chasers	MV40	----N	04:47:55	+01:22:28
17th	13	Tanya Shepherd	Ambleside AC	F	-----	04:51:46	+01:26:19
18th	19	Ron Dempster	HALO	MV40	-L--N	04:54:02	+01:28:35
19th	25	Amy Boustead	Helm Hill Runners	FV40	-----	04:57:42	+01:32:15
20th	27	Matt Linnett		M	-----	05:03:05	+01:37:38
21st	4	Matthew Balmer	FRA	MV40	----N	05:07:52	+01:42:25
22nd	48	Joe Murphy	SROC Red Rose Orienteering Club	MV60	--M--	05:09:37	+01:44:10
23rd	32	Colin Valentine	Keswick AC	MV60	-----	05:14:28	+01:49:01
24th	14	Maria Dixon	FRA	FV40	-LM--	05:19:35	+01:54:08
25th	41	Marcus Brewer	Dark Peak Fell Runners	MV40	----N	05:33:30	+02:08:03
26th	18	Elizabeth Adams	West Cumberland Orienteering Club	FV40	Y-M--	06:07:23	+02:41:56
27th	12	Rowan Dalglish-Plant	North Gloucestershire Orienteering Club	F	----N	06:13:23	+02:47:56
28th	21	Wendy Dodds	Dallam Running Club	FV70	YLM--	06:21:33	+02:56:06
29th	22	Fran Blackett	Durham Fell Runners	FV40	-----	06:43:29	+03:18:02
30th	2	Jenny Lyon	Dallam Running Club	FV40	-----	06:46:36	+03:21:09
31st	5	Emma Bland	Durham Fell Runners	FV50	Y---N	06:57:37	+03:32:10
	16	David Jones	Bowland Fell Runners	MV40	Y----	rtd	
	17	Alan Homer	West Cumberland Orienteering Club	MV40	-----	rtd	
	31	Iain Stemp	Durham Fell Runners	MV60	-----	rtd	

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RESULTS

Short - 12.2km

Pos	Num	Name	Club	Cat	Eligibility	Time	Behind
1st	344/345	Peter Taylor/Calum Taylor	Cumberland Fell Runners	PAIR	----N	02:46:17	
2nd	357/358	Mark Titmuss/James Titmuss	Horwich R M I Harriers	PAIR	-----	02:47:29	+00:01:12
3rd	335	David Lund	Eden Runners	MV40	----N	02:52:14	+00:05:57
4th	328/329	Tom Daly/Joe Daly	Trafford AC	PAIR	Y---N	02:54:48	+00:08:31
5th	322/323	Tom Newberry/Daniel Miller	Billinge Running Club	PAIR	-----	03:06:20	+00:20:03
6th	314	Paul Rowley	Pennine Fell Runners	MV40	Y----	03:06:31	+00:20:14
7th	289/290	Sam Dale/Chris Dale	/Northern Navigators	PAIR	-----	03:09:19	+00:23:02
8th	321	Derek Ratcliffe	Lakeland Orienteering Club	MV70	-----	03:15:33	+00:29:16
9th	304/305	Felix Barker/Beth Barker	Ambleside AC/Belgrave Harriers	PAIR	----N	03:20:49	+00:34:32
10th	368/369	Maxwell Groom/Kristian Groom	South Yorkshire Orienteers/Dark Peak Fell Runners	PAIR	-----	03:23:46	+00:37:29
11th	282	David Oldfield	North Leeds Fell Runners	MV40	-----	03:23:55	+00:37:38
12th	332	Keith Murray	Teviotdale Harriers	MV60	-----	03:27:22	+00:41:05
13th	330/331	Ellis Maguire/Jenny Lea	North Leeds Fell Runners	PAIR	----N	03:34:01	+00:47:44
14th	253	Zac Clowes	Staffs Moorlands AC	M	-L---	03:35:48	+00:49:31
15th	365	Francis Shillitoe	Newcastle and Tyneside Orienteers	MV50	-----	03:36:54	+00:50:37
16th	279	Tim Stallard	SROC Red Rose Orienteering Club	MV40	----N	03:37:43	+00:51:26
17th	351/352	Stan Dickenson/Andy Dickenson	AVEAC/Dark Peak Fell Runners	PAIR	-----	03:38:37	+00:52:20
18th	258/259	Kevin Brooks/Gary Lingard	Black Combe Runners	PAIR	YL--N	03:43:01	+00:56:44
19th	306/307	Matty Johnston/Liam Major	Billinge Running Club	PAIR	----N	03:44:25	+00:58:08
20th	301	Mike Ashby		MV40	----N	03:44:45	+00:58:28
21st	262	Alistair McCaig	Northern Fells Running Club	MV50	--M-N	03:46:58	+01:00:41
22nd	366	Carys Mapleson		F	-----	03:50:29	+01:04:12
23rd	293	Victoria Haworth	Keswick AC	F	-LM--	03:53:49	+01:07:32
24th	346	Gavin Smith	Bowland Fell Runners	MV60	-----	03:58:15	+01:11:58
25th	257	Martyn Hodgson	Ambleside AC	MV60	--M--	03:58:32	+01:12:15
26th	367	Peter Haines	FRA	MV70	-----	04:02:21	+01:16:04
27th	250	Ryan Crellin	Cumberland Fell Runners	MV40	-L---	04:02:24	+01:16:07
28th	326	Peter Shakespeare	FRA	MV60	-----	04:02:36	+01:16:19
29th	295	Russell Cannon	Helm Hill Runners	MV60	--M--	04:05:35	+01:19:18
30th	342	Jane Ligema	Lakeland Orienteering Club	FV60	--MO-	04:06:12	+01:19:55
31st	362	Roger Mapleson	FRA	MV60	Y-M--	04:07:48	+01:21:31
32nd	302	Howard Leslie	West Cumberland Orienteering Club	MV60	-L---	04:10:41	+01:24:24
33rd	313	Alison Bramall	Ambleside AC	FV60	-LMO-	04:14:22	+01:28:05
34th	338	Trevor Dibben	FRA	MV60	-----	04:18:03	+01:31:46
35th	370/371	Chris Naylor/Bethan Naylor	Keswick AC	PAIR	Y-M-N	04:18:13	+01:31:56
36th	353	Benedict Sanderson	Newcastle and Tyneside Orienteers	MU21	-----	04:19:26	+01:33:09
37th	283	Allan Miller		MV60	-----	04:23:27	+01:37:10
38th	347	Jo Matthew	Bowland Fell Runners	FV50	-----	04:23:29	+01:37:12
39th	297/298	Sally Gilliver/Kate Ayres	FRA/Ambleside AC	PAIR	----N	04:26:28	+01:40:11
40th	363	Paul Gaines	Border Liners Orienteering Club	MV50	-----	04:31:23	+01:45:06
41st	360/361	Lucy Gamble/Finlay Grant	Cheshire Hill Racers/Dark Peak Fell Runners	PAIR	----N	04:31:28	+01:45:11
42nd	333	Mary Ockenden	Bowland Fell Runners	FV60	Y--O-	04:32:10	+01:45:53
43rd	327	Emma Moody	West Cumberland Orienteering Club	FV50	Y----	04:33:10	+01:46:53
44th	269	Stephen Lysaczenko	Quantock Orienteering	MV60	-----	04:34:56	+01:48:39
45th	318	Katy Thompson	Clayton-le-Moors Harriers	FV70	Y-M--	04:35:21	+01:49:04
46th	336/337	Zoe Hebblethwaite/Charlie Bradshaw	Keswick AC	PAIR	YL--N	04:36:38	+01:50:21
47th	296	Helen Hodgkinson	Todmorden Harriers	FV50	--M--	04:37:35	+01:51:18
48th	260	Megan Williams	Durham Fell Runners	F	-----	04:44:34	+01:58:17
49th	285	Cath Lee	Lakeland Orienteering Club	FV60	YL--N	04:44:55	+01:58:38
50th	286	Kate Ruffell		FV60	Y----	04:46:38	+02:00:21
51st	291	Mandy Goth	Todmorden Harriers	FV60	-----	04:47:13	+02:00:56
52nd	308	Eve Mulholland	Howgill Harriers	F	----N	04:49:52	+02:03:35
53rd	309/310	Simon Webb/Henry Webb	Mercia Fell Runners/Dark Peak Fell Runners	PAIR	Y----	04:54:20	+02:08:03
54th	339	Derek Fryer	Lakeland Orienteering Club	MV70	-L---	04:55:55	+02:09:38
55th	275/276	Karin Whyte/Alistair Kingshott		PAIR	--M-N	04:56:33	+02:10:16
56th	266/267	Mike Carmont/Gerry O'Hare	Wrekin Orienteers	PAIR	-L--N	04:56:43	+02:10:26
57th	265	Gem Oetting Kirk	Eborienteers	FV40	-----	04:59:05	+02:12:48
58th	270/271	Samuel Morris/James Morris	West Cumberland Orienteering Club/Keswick AC	PAIR	-L--N	04:59:21	+02:13:04
59th	343	Sarah Bannister	North Leeds Fell Runners	F	--M-N	04:59:26	+02:13:09

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RESULTS

Short - 12.2km

Pos	Num	Name	Club	Cat	Eligibility	Time	Behind
60th	274	Mark Hardy	FRA	MV50	-LM-N	05:00:04	+02:13:47
61st	272/273	James Fathers/Hannah Grimmel	Forth Valley Orienteers	PAIR	--M-N	05:00:29	+02:14:12
62nd	319/320	Katie Morse/Jenni Cowley	Wharfedale Harriers	PAIR	----N	05:12:47	+02:26:30
63rd	316	Jane Morgan	Lakeland Orienteering Club	FV60	-----	05:17:10	+02:30:53
64th	355/356	Lottie Robinson/Fiona Glen	/Clayton-le-Moors Harriers	PAIR	----N	05:18:52	+02:32:35
65th	299/300	Jennifer Chambers/Andrew Chambers	Fylde Mountaineering Club	PAIR	--M-N	05:23:11	+02:36:54
66th	251	Liz Heaton	Lakeland Orienteering Club	FV40	Y----	05:45:42	+02:59:25
67th	261	David Rosen	Lancaster & Morecambe AC	MV70	-L---	06:19:06	+03:32:49
68th	268	Vernon Gayle	Forth Valley Orienteers	MV50	-L-O-	06:41:00	+03:54:43
69th	252	John Page		MV70	YLMO-	06:53:16	+04:06:59
	278	Michael McLoughlin	Preston Harriers	MV70	--M--	m5-6	
	264	Carol McNeill	Lakeland Orienteering Club	FV80	YL-O-	rtd	
	255/256	Kate Donovan/Fiona Downie		PAIR	---ON	rtd	
	359	Louise Richards		F	----N	rtd	
	311/312	Megan McCall/Helen Alston	Otley AC	PAIR	----N	rtd	