

Race Position	Name		Club	Category	Race time
1	Joseph	Dugdale	CFR	MU23	00:37:45
2	Sam	Holding	CFR	MSEN	00:38:43
3	Harry	Cooling	Howgill	MSEN	00:41:08
4	Adam	Frankham	Netherhall	MSEN	00:42:21
5	Tom	Sabey	Netherhall	MSEN	00:43:38
6	David	Cope	Howgill	MSEN	00:44:12
7	Brian	Taylor	Netherhall	M50	00:45:25
8	Jack	Gilbert	CFR	MSEN	00:45:49
9	Paul	Reilly	Helm Hill	M45	00:46:22
10	Will	Houghton	Ellenborough	MSEN	00:47:23
11	Tim	Reid	CFR	MSEN	00:48:20
12	Helen	Leigh	Blackburn	WSEN	00:48:45
13	Rob	Oliver	CFR	M50	00:48:53
14	Oliver	Whitehurst	U/A	MU23	00:49:57
15	Sam	McCloughlin	CFR	MU21	00:50:17
16	Mark	Blackwell	CFR	M45	00:50:42
17	Jeff	Henderson	Keswick	M50	00:50:59
18	Mark	Fleming	Keswick	M50	00:51:31
19	Mike	Harrison	CFR	M50	00:51:33
20	John	Skelton	CFR	M45	00:51:39
21	Nick	Sebly	Black Combe	M60	00:51:40
22	Steve	Parker	CFR	M55	00:51:51
23	Pippa	Wakefield	Keswick	W40	00:51:58
24	Stephen	Mackie	Netherhall	M45	00:52:03
25	Andrew	Bromley	Netherhall	MSEN	00:52:03
26	David	Thompson	U/A	MSEN	00:53:08
27	Hannah	Barber	CFR	WSEN	00:53:11
28	Paul	Jennings	CFR	M55	00:53:27
29	Mark	Varty	Netherhall	M40	00:53:55
30	Christopher	Snell	CFR	MSEN	00:55:39
31	Gary	Blaleley	West Cumbria Tri	M40	00:55:41
32	Alex	Roberts	U/A	MSEN	00:55:42
33	Tracy	Hodgson	Netherhall	WSEN	00:55:45
34	John	Fletcher	CFR	M55	00:55:59
35	Jennie	Chatterley	CFR	W50	00:56:09
36	Ryan	Crellin	CFR	MSEN	00:56:56
37	Mark	Wise	CFR	M60	00:57:02
38	Pip	Conlon	CFR	WSEN	00:57:42
39	Joseph	Bull	U/A	MSEN	00:57:53
40	Daryl	Tacon	CFR	M50	00:58:11
41	Steve	Whitehurst	U/A	M55	00:58:15
42	Steven	Breeze	CFR	M50	00:59:04
43	Ann	Cummings	CFR	W60	00:59:41
44	Ruth	Stanley	CFR	WSEN	00:59:45
45	Neil	Carrick	CFR	M45	01:00:20

46	Debbie	Walker	Derwent	W45	01:00:25
47	Colin	Valentine	Keswick	M60	01:00:41
48	Vic	Wilson	Cumberland AC	WSEN	01:01:17
49	Tracy	Taylor	Netherhall	W50	01:01:35
50	John	Swallow	CFR	M50	01:01:44
51	Ava	Grossman	Black Combe	WSEN	01:01:51
52	Nick	Moore	CFR	M60	01:03:11
53	Colin	Webb	U/A	M70	01:03:20
54	Lindsey	Frankham	Netherhall	WSEN	01:03:42
55	Jordan	Jenkinson	Netherhall	MSEN	01:04:12
56	Ben	Spencer	CFR	M40	01:05:09
57	Stella	Atherton	Cumberland AC	W50	01:06:07
58	Andrew	Whittaker	Dallam	M60	01:06:32
59	Darren	Evans	U/A	M50	01:07:02
60	Andrew	Kelly	Cumberland AC	M45	01:07:05
61	Billy	Stobbart	CFR	M40	01:07:37
62	Andrew	Johnson	Netherhall	M60	01:07:42
63	Julie	Gardner	FRA	W60	01:07:59
64	Sian	Spencer	CFR	W40	01:08:17
65	Caron	White	Cumberland AC	W45	01:08:57
66	Bev	Faulder	Cumberland AC	W45	01:09:08
67	Mike	Hind	Borrowdale	M70	01:10:43
68	Lindsay	Buck	CFR	W60	01:11:36
69	Alison	Wright	CFR	W55	01:12:57
70	Anna	Blackburn	CFR	W60	01:13:05
71	Isabel	Mancebo	Derwent	W50	01:13:30
72	Barry	Johnson	CFR	M80	01:40:19
rtd	Barry	Hodgson	Netherhall	M65	rtd