

Overall position	Race No.	Forename	Surname	Sex	Club	Age Group	Age Sex Class	Finish Time	Category winners
1	28	Gareth	Wyn Hughes	M	Eryri Harriers	40	M 40	0:53:55	
2	35	Chris	McLean	M	Meirionnydd RC	Sen	M Sen	0:55:36	
3	49	Simon	Newman	M	Meirionnydd RC	Sen	M Sen	0:56:34	
4	25	Tom	Leather	M	Tattenhall Runners	Sen	M Sen	0:57:36	
5	20	Lloyd	Taggart	M	Manx Fell Runners	50	M 50	0:58:27	1
6	45	Ieuan	Belshaw	M	Eryri Harriers	Sen	M Sen	1:01:49	
7	44	Mike	Frost	M	Mercia Fell Runners	50	M 50	1:02:07	
8	29	Darren	Hesleton	M	Bro Dysynni AC	40	M 40	1:04:40	1
9	43	Rhodri	ap Dyfrig	M	Meirionnydd RC	40	M 40	1:04:58	
10	19	Morgan	Hirsch	M		Sen	M Sen	1:05:45	
11	10	Ed	Iffla	M	Bro Dysynni AC	Sen	M Sen	1:05:53	
12	40	Ieuan	Pugh Jones	M	Meirionnydd RC	Sen	M Sen	1:06:05	
13	23	Rob	Arden	M	Tattenhall Runners	40	M 40	1:06:33	
14	9	Kameron	Simmons-Sandy	M	Cerist	Sen	M Sen	1:06:50	
15	42	Gareth	Hughes	M	Meirionnydd RC	Sen	M Sen	1:07:11	
16	53	Jake	Metcalfe	M	Meirionnydd RC	Sen	M Sen	1:08:52	
17	47	Craig	Jones	M	Gog Tri	50	M 50	1:09:31	
18	22	Simon	Duckett	M	Tattenhall Runners	40	M 40	1:10:00	
19	41	Alec	Rattray	M	Meirionnydd RC	60	M 60	1:10:02	1
20	12	Ben	Wells	M	Meirionnydd RC	40	M 40	1:10:03	
21	17	Jackie	Lee	W	Eryri Harriers	40	W 40	1:11:40	1
22	3	Jim	O'Hara	M	Tattenhall Runners	40	M 40	1:12:46	
23	54	Anna	Buckingham	W	Meirionnydd RC	40	W 40	1:13:48	2
24	32	Katie	Baugh	W	Denbigh Harriers	Sen	W Sen	1:14:30	3
25	13	Gethin	Williams	M	Meirionnydd RC	50	M 50	1:15:14	
26	55	Benjamin	Cartwright	M	Meirionnydd RC	40	M 40	1:16:32	
27	51	Mandy	Peffer	W	Clwydian Range Runners	50	W 50	1:16:44	
28	30	Rhys	Lewis	M		50	M 50	1:17:18	
29	31	James	Raymond	M	Meirionnydd RC	Sen	M Sen	1:17:26	
30	4	Edward	Davies	M	Mercia Fell Runners	70	M 70	1:18:03	1
31	27	Nick	Holmes	M	Tattenhall Runners	60	M 60	1:18:21	
32	5	Sarah	Cordingley	W	Mercia Fell Runners	40	W 40	1:19:44	
33	34	Neil	Gooding	M	Pensby Runners	50	M 50	1:21:14	
34	26	Cynyr	Ifan	M		50	M 50	1:21:23	
35	18	Mark	Hirsch	M	Meirionnydd RC	60	M 60	1:21:46	
36	38	Edward	Milbourn	M	Meirionnydd RC	40	M 40	1:21:58	
37	8	Rob	Godsell	M	Cerist	50	M 50	1:22:48	
38	46	Jennie	Ransome	W	Rochdale Harriers & A	60	W 60	1:22:56	1
39	39	Elly	Blackwell	W	Meirionnydd RC	Sen	W Sen	1:22:59	
40	52	Sarah	Edwards	W	Meirionnydd RC	Sen	W Sen	1:23:02	
41	50	Andy	Peffer	M	Clwydian Range Runners	50	M 50	1:23:58	
42	37	Carla	Lauder	W	Rhedwyr Hebog Runners	40	W 40	1:24:29	
43	33	Richard	Gould	M		40	M 40	1:25:16	
44	1	Douglas	Wood	M		60	M 60	1:27:31	
45	56	Edward	Lesniak	M	Achille Ratti Climbing	70	M 70	1:29:15	
46	24	Flora	Gunner	W	Croft Ambrey RC	60	W 60	1:30:06	
47	21	Sasha	Habgood	W	Mynydd Du	50	W 50	1:31:52	
48	11	Hugo	Iffla	M	Bro Dysynni AC	70	M 70	1:33:44	
49	2	Richard	Lester	M	Meirionnydd RC	40	M 40	1:37:26	

Overall position	Race No.	Forename	Surname	Sex	Club	Age Group	Age Sex Class	Finish Time	Category winners
50	48	Kevin	Evans	M	Meirionnydd RC	60	M 60	1:37:37	
51	16	Christine	Hirsch	W	Meirionnydd RC	60	W 60	1:38:06	
52	6	Ellie	Salisbury	W	Eryri Harriers	60	W 60	1:39:15	
53	14	Steven	Brown	M	Eryri Harriers	50	M 50	1:40:48	
54	36	Menai	Baugh	W	Denbigh Harriers	60	W 60	1:42:09	
55	7	Mark	Checkley	M	Lostock AC	60	M 60	1:58:27	
	15	Gary	Gunner	M	Croft Ambrey RC	70	M 70	DQ	