

Place	Team Race Place	Time	Name	Club	Category
1	1	02:04:21	Ross Gollan	East Sutherland Athletics Club	MSEN
2	2	02:04:38	Finlay Grant	Dark Peak Fell Runners	MU23
3	3	02:05:46	Ewan Brown	Corstorphine AAC	MSEN
4	4	02:06:34	Oscar Subuh-Symons	Ambleside AC	MSEN
5	5	02:07:01	Sasha Chepelin	Carnethy Hill Racing Club	MSEN
6	6	02:07:22	Andrew Douglas	Westerlands Cross Country Club	MSEN
7	7	02:08:00	Harry Pulham	Shettleston Harriers	MSEN
8	8	02:09:07	Dan Dry	Shettleston Harriers	MSEN
9	9	02:09:45	Barney Nikolich	Pennine Fell Runners	MSEN
10	10	02:09:52	Alistair Thornton	Ochil Hill Runners	MSEN
11	11	02:10:28	Joe Mercer	Pennine Fell Runners	MSEN
12	12	02:11:52	James Espie	Deeside Runners	MSEN
13	13	02:11:53	Fergus Roberts	Highland Hill Runners	MSEN
14	14	02:12:15	Tom Simpson	Ambleside AC	MSEN
15	15	02:12:40	Harry Bolton	Keswick AC	MSEN
16	16	02:12:51	Matthew Elkington	Ambleside AC	MSEN
17	17	02:13:53	Robin Downie	Lochaber Athletic Club	MSEN
18	18	02:14:09	Aidan Smith	Carnethy Hill Racing Club	MSEN
19	19	02:14:54	Chris Larkin	Northumberland Fell Runners	MSEN
20	20	02:15:16	Steve Halsall	Keswick AC	M40
21	21	02:15:24	Harry Cooling	Howgill Harriers	MSEN
22	22	02:16:23	Alistair Masson	Carnethy Hill Racing Club	MSEN
23	23	02:16:43	Robert Jebb	Helm Hill Runners	M50
24	24	02:17:21	Ross Spalding	Howgill Harriers	MSEN
25	25	02:17:32	Joe Woodley	Dark Peak Fell Runners	MSEN
26	26	02:17:37	Ryad Chebbout	Shettleston Harriers	MSEN
27	27	02:17:42	Luke Taylor	Highland Hill Runners	MSEN
28	28	02:18:25	Alastair Graves	Ochil Hill Runners	MSEN
29	29	02:19:12	Joe Symonds	Shettleston Harriers	M40
30	30	02:19:36	Sam Hooper	Carnethy Hill Racing Club	MSEN
31	31	02:19:51	Andrew Fallas	Carnethy Hill Racing Club	M45
32	32	02:20:09	Charlie Allmond	Ambleside AC	MU23
33	33	02:20:44	Tom Owens	Lochaber Athletic Club	M40
34	34	02:21:01	Ted Mason	Wharfedale Harriers	M45
35	35	02:21:26	John Battrick	Keswick AC	MSEN
36	36	02:21:42	Gavin Mulholland	Calder Valley Fell Runners	M50
37	37	02:22:05	Felix Wilson	Carnethy Hill Racing Club	MSEN
38	38	02:22:07	Csoban Balogh	Carnethy Hill Running Club	MSEN
39	39	02:22:11	Naomi Lang	Carnethy Hill Racing Club	FSEN
40	40	02:22:16	Fearghas Thomson	Corstorphine AAC	MSEN
41	41	02:22:25	George Baker	Ambleside AC	MU23
42	42	02:22:28	Fred Davies	Shettleston Harriers	MSEN
43	43	02:22:56	Gregor Malcolm	Ochil Hill Runners	MSEN
44	44	02:23:03	Steve Jacques	Ambleside AC	M45
46	45	02:23:10	Chris Jones	Pennine Fell Runners	MSEN
47	46	02:23:20	Ralph McNally	Strathearn Harriers	MSEN
49	47	02:26:09	Tom Day	Keswick AC	MSEN
50	48	02:26:49	Sean Leckey	Ambleside AC	MSEN
51	49	02:27:15	Jonathan Turnbull	Strathearn Harriers	M40
52	50	02:27:22	Jack Walton	Keighley & Craven AC	MSEN
53	51	02:28:05	Karl Gray	Calder Valley Fell Runners	M55
54	52	02:28:18	Jacob Hiom	Keswick AC	MSEN
55	53	02:28:30	Eoin Lennon	Carnethy Hill Racing Club	MSEN
56	54	02:28:43	Andrew Gilmore	Highland Hill Runners	MSEN
57	55	02:29:10	Tim Morgan	Carnethy Hill Racing Club	MSEN

59	56	02:29:33	Jack Taylor	Ochil Hill Runners	MSEN
60	57	02:29:55	Rhys Findlay-Robinson	Dark Peak Fell Runners	MSEN
62	58	02:30:42	Arthur Raffle	Altrincham & District Athletic Club Limited	MSEN
63	59	02:30:46	Eliot Sedman	Carnethy Hill Racing Club	M45
64	60	02:31:06	Ben Tetler	Glossopdale Harriers	M45
68	61	02:32:10	Lewis Mccomb	Central Athletics Club	MSEN
70	62	02:32:30	Kristopher Blake	Westerlands Cross Country Club	MSEN
71	63	02:33:22	Kenny Richmond	Helm Hill Runners	M55
72	64	02:33:34	Stuart Crutchfield	Lochaber Athletic Club	M40
73	65	02:33:40	Paul Faulkner	Carnethy Hill Racing Club	M50
74	66	02:34:30	Alex Mason	Dark Peak Fell Runners	MSEN
77	67	02:35:52	Chris Webb	Glossopdale Harriers	M40
78	68	02:36:05	Jamie Kennedy	Lochaber Athletic Club	MSEN
80	69	02:36:34	Tom Cunningham	Corstorphine AAC	MSEN
81	70	02:36:41	Kieran Hodgson	Helm Hill Runners	M50
82	71	02:36:59	Craig Gallacher	Westerlands Cross Country Club	MSEN
84	72	02:37:30	Michael Reid	Carnethy Hill Racing Club	M45
85	73	02:37:56	Catriona Graves	Highland Hill Runners	FSEN
86	74	02:38:38	Jack Harris	Pennine Fell Runners	MSEN
88	75	02:39:15	Iain Pender	Shettleston Harriers	M40
89	76	02:40:13	Andrew Lamont	Carnethy Hill Racing Club	M45
90	77	02:40:43	Ifan Oldfield	Wrexham AAC	MSEN
91	78	02:41:27	Rob Owen	Carnethy Hill Racing Club	MSEN
92	79	02:41:45	Grace Pow	Carnethy Hill Racing Club	FSEN
93	80	02:42:15	Ellen Downs	Westerlands Cross Country Club	FSEN
94	81	02:43:12	Thomas Prentice	Morpeth Harriers & AC	MSEN
98	82	02:43:28	Paul Cornforth	Ambleside AC	M60
101	83	02:46:10	Eve Pannone	Ambleside AC	FSEN
106	84	02:48:00	Aidan Belton-Schure	Hunters Bog Trotters	MSEN
107	85	02:48:52	Steve Brown	Glossopdale Harriers	M40
108	86	02:48:55	Gordon Mackinnon	Lochaber Athletic Club	M45
110	87	02:49:22	Joseph Perkins	Corstorphine AAC	MSEN
111	88	02:49:23	Euan Wilson	Insch Trail Running Club	M40
112	89	02:49:29	Laura Dozier	Carnethy Hill Racing Club	FSEN
113	90	02:49:43	Ross Cruickshanks	Shettleston Harriers	MSEN
114	91	02:49:48	Colin Donnelly	Cambuslang Harriers	M65
115	92	02:49:57	Angela Mudge	Ochil Hill Runners	F50
116	93	02:50:13	Alastair Pringle	Shettleston Harriers	M55
117	94	02:51:07	Stewart Whitlie	Carnethy Hill Racing Club	M60
118	95	02:51:57	Jose Concha	Helm Hill Runners	MSEN
119	96	02:52:05	Sam Wainwright	Ochil Hill Runners	MSEN
120	97	02:52:44	Tim Barry	Pennine Fell Runners	MU23
121	98	02:52:45	David Allsop	Kirkintilloch Olympians	M50
122	99	02:52:54	Caroline Marwick	Highland Hill Runners	F40
124	100	02:53:05	Clara-Jane Irvine	Deeside Runners	FSEN
126	101	02:53:26	Jon Deegan	Ambleside AC	M55
128	102	02:54:08	Des Crowe	Penicuik Harriers	M60
129	103	02:54:17	Matthew Harmon	Dark Peak Fell Runners	MSEN
133	104	02:55:16	Molly Ralphson	Trawden Athletic Club	F50
134	105	02:55:20	Alasdair McLeod	Ochil Hill Runners	MSEN
135	106	02:55:22	Bob Wiseman	Ochil Hill Runners	M45
136	107	02:55:39	Eleanor Johnstone	Pennine Fell Runners	FSEN
137	108	02:55:50	Graeme Warren	Strathearn Harriers	M40
138	109	02:56:02	James Stubbs	Pennine Fell Runners	MSEN
139	110	02:56:09	Bill Breckenridge	Shettleston Harriers	M55
140	111	02:56:20	Craig Freshwater	Deeside Runners	M40
142	112	02:56:49	Shona Robertson	Shettleston Harriers	F50
143	113	02:56:51	Mark Taylor	Calder Valley Fell Runners	M50
148	114	02:59:10	Tom Pape	Dark Peak Fell Runners	M45

150	115	02:59:41	Philip Pearson	Northern Fells Running Club	M65
151	116	02:59:53	Kirsty Oldham	Edinburgh University Hare & Hounds	FSEN
154	117	03:00:17	Alan Smith	Deeside Runners	M60
155	118	03:00:40	Cj Macphail	Shettleston Harriers	FSEN
156	119	03:01:20	William Bowers	Ochil Hill Runners	MSEN
157	120	03:01:25	Hanna Mcinally	Strathearn Harriers	FSEN
160	121	03:03:31	Glenn Barclay	Fife Athletic Club	MSEN
162	122	03:03:52	Stephen Winter	Shettleston Harriers	M45
163	123	03:03:54	Matthew Eade	Highland Hill Runners	MSEN
164	124	03:03:55	Stephanie Provan	Deeside Runners	F40
166	125	03:04:12	Neil Gordon	Carnethy Hill Running Club	MSEN
167	126	03:04:46	Simon Templeman	Ochil Hill Runners	M55
168	127	03:04:49	Sam McKinnon	Ochil Hill Runners	MSEN
169	128	03:05:11	Rebecca Magee	Newcastle & District AC	FU23
172	129	03:05:49	Drew Sharkey	Carnethy Hill Racing Club	M50
174	130	03:06:03	Dave Dowse	Strathearn Harriers	M45
175	131	03:06:54	Gemma Griffiths	Shettleston Harriers	FU23
176	132	03:06:58	Dominic Williams	Dundee Road Runners	MSEN
177	133	03:07:07	Hollie Hindley	Carnethy Hill Racing Club	FSEN
178	134	03:07:24	Janie Oates	Helm Hill Runners	FSEN
181	135	03:09:02	Sue Richmond	Pennine Fell Runners	F45
182	136	03:09:23	Gwyn Bellamy	Westerlands Cross Country Club	M40
183	137	03:09:45	Stewart Wilson	Highland Hill Runners	M55
184	138	03:09:52	David Williams	Lochaber Athletic Club	MSEN
185	139	03:09:53	Virgil Barton	Calder Valley Fell Runners	M50
188	140	03:11:08	Richard Cooper	Cambuslang Harriers	M50
192	141	03:11:50	Zoe Barber	Shettleston Harriers	FSEN
193	142	03:11:58	Iain Maclellan	Highland Hill Runners	M50
194	143	03:12:04	Mark Thistlethwaite	Shettleston Harriers	M40
202	144	03:14:36	James Mayers	Musselburgh and District AC	M60
205	145	03:15:46	Don Reid	Westerlands Cross Country Club	M65
207	146	03:16:12	Bethan Nadin	Highland Hill Runners	FSEN
210	147	03:17:17	Philip Metcalf	Borrowdale Fell Runners	M50
211	148	03:17:26	Anna Wildman	Pennine Fell Runners	F40
212	149	03:17:30	Jean Powell	Wharfedale Harriers	F55
213	150	03:17:52	Evan Bowers	Dundee Road Runners	MSEN
214	151	03:17:54	Anna Murgatroyd	Carnethy Hill Racing Club	FSEN
215	152	03:18:37	Stephen Dickson	Fife Athletic Club	M50
217	153	03:18:53	Jethro Browell	Bellahouston Road Runners	MSEN
220	154	03:21:02	Keith Beveridge	Lochaber Athletic Club	M45
221	155	03:21:07	Rachel Pilling	Pudsey & Bramley AC	F40
224	156	03:22:13	Stella Chrisanthou	Calder Valley Fell Runners	F50
226	157	03:23:08	David White	Kilmarnock Harrier & Athletic Club	M55
228	158	03:23:38	Felton Humble	Westerlands Cross Country Club	M45
230	159	03:23:51	David Griffin	Helm Hill Runners	M65
232	160	03:24:21	Lisette Walter	Lochaber Athletic Club	F40
233	161	03:24:49	Kevin Stephen	Deeside Runners	M50
234	162	03:25:05	Scott Henderson	Westerlands Cross Country Club	M45
237	163	03:26:47	Bruce Smith	Lomond Hill Runners	M60
238	164	03:26:49	Arran Horne	Westerlands Cross Country Club	MSEN
239	165	03:27:02	Dean Ralphson	Trawden Athletic Club	M55
241	166	03:27:37	Zac O'Neil	Ochil Hill Runners	M45
243	167	03:28:05	Naomi Dijkman	Lauderdale Limpers Running Club	F40
244	168	03:28:40	Alasdair Meldrum	Ayr Seaforth AAC	M50
245	169	03:29:12	Michelle Slater	Moray Road Runners	F45
247	170	03:29:51	K Alistair Stevenson	Pennine Fell Runners	M55
249	171	03:30:21	Veronique Oldham	Cosmic Hillbashers	F55
250	172	03:30:46	Emma Aitken	Shettleston Harriers	FSEN

253	173	03:31:15	Brian Thompson	Helm Hill Runners	M70
255	174	03:33:35	Lizzie Wastnedge	Hunters Bog Trotters	FSEN
256	175	03:33:52	Kevin Greig	Dundee Road Runners	M45
259	176	03:35:08	Mark Agnew	Mercia Fell Runners	M55
260	177	03:35:25	Caroline Friel	Westerlands Cross Country Club	F40
262	178	03:36:23	David Dickson	Westerlands Cross Country Club	M65
264	179	03:36:29	Roanne Lilley	Carnethy Hill Racing Club	FSEN
265	180	03:36:53	Robin Bacon	Mercia Fell Runners	M60
269	181	03:38:36	Nicola Dawson	Westerlands Cross Country Club	F45
273	182	03:39:47	Oliver Teenan	Carnethy Hill Racing Club	MSEN
274	183	03:40:15	Gordon Pryde	Lomond Hill Runners	M65
277	184	03:44:04	Eugene Mackie	Lochaber Athletic Club	MSEN
278	185	03:44:13	Paul Morris	Keswick AC	M70
279	186	03:44:17	Outi Kamarainen	Westerlands Cross Country Club	F40
281	187	03:45:50	Graham Kirby	Fife Athletic Club	M55
283	188	03:46:20	Sebastian Pflanz	Dumfries Running Club	M60
284	189	03:48:13	Tom Porter	Shettleston Harriers	MSEN
285	190	03:48:19	Lorraine Coull	Highland Hill Runners	F50
287	191	03:49:57	Dominic Hughes	Dundee Road Runners	M40
289	192	03:50:33	Karen Patel	Westerlands Cross Country Club	F50
292	193	03:52:32	Tania Wilson	Fife Athletic Club	F60
294	194	03:54:40	Chris Furse	Westerlands Cross Country Club	M55
298	195	03:56:00	Roderick Pugh	Kilmarnock Harrier & Athletic Club	M65
300	196	03:56:15	Stephen Smithies	Calder Valley Fell Runners	M55
301	197	03:56:17	Caroline Harding	Pudsey & Bramley AC	F50
302	198	03:57:32	Christopher McKiddie	Westerlands Cross Country Club	M45
307	199	03:59:34	Catrin Nichols	Hunters Bog Trotters	FSEN
310	200	04:01:23	Stephen Johnston	Milburn Harriers	M60
311	201	04:02:02	Colin Ledlie	Carnethy Hill Racing Club	M55
316	202	04:03:41	Jennifer Rees-Jenkins	Insch Trail Running Club	F45
320	203	04:06:28	Catriona Padmanabhar	Garscube Harriers	F50
322	204	04:08:56	Neil Owen	Run Free Fell Runners	M70
327	205	04:20:19	Paul Harkins	Fife Athletic Club	M45
330	206	04:26:14	Ian Thurlbeck	Westerlands Cross Country Club	M60
333	207	04:30:31	Wendy Dodds	Dallam Running Club	F70
337	208	04:32:56	James Purves	Gala Harriers	M65
338	209	04:35:11	Joanna Schreiber	Pudsey & Bramley AC	F60
339	210	04:36:04	Wiebke Lammers	Westerlands Cross Country Club	F45
340	211	04:38:44	Simon McDougall	Bellahouston Harriers	M45
344	212	04:40:27	Jasmine Brown	Hunters Bog Trotters	FSEN
246		03:29:46	Rowena Browne	Bowland Fell Runners	F60
266		03:37:16	Vicky Thornton	Forth Valley Orienteers	F60
216		03:18:41	Clare Stansfield	Unattached	FSEN
198		03:12:57	Steve Turland	Unattached	M55
248		03:29:53	Oisin Brennan	Unattached	MSEN
67		02:31:59	Caleb Nonhebel	Salomon	MU23