

2026 Junior Champs

Well done to each of the 611 junior runners who signed up to the English champs this year, with extra kudos going to the 89 who completed the maximum number of races (only five races this year thanks to an angry Buzzard!).

That's a 15% increase on 2024, and over 40% of runners were female – two brilliant stats that show just how strong junior fell running is right now.

Thanks also to our tireless race organisers who put on excellent races for no reward except the joy of giving something back to the sport. Duddon, Sedbergh, Edale, Clougha Pike and Tebay all presented different challenges and we received excellent feedback on all of them. We'll reveal 2026 races at the presentation in September.

T-Shirts and Hoodies!

The shop is open for orders [here](#). Please remember:

- **Five races for Hoodies**
- **Three races for T-shirts**

I know the items look great, but please don't order something if your child hasn't completed the required number of races.

Also, the FRA is footing the bill for these items, so it's only fair that you're a member of the FRA. If your child is not a member yet, please join before ordering. Join [here](#) (*Spoiler alert: membership is cheaper than a T-Shirt*)

I'll be cross checking both races and FRA membership, so please save us both from an awkward email by sticking to the rules!

The shop will remain open until **midnight on Sunday 17 August**.

Hopefully you'll pick the garments up at the **presentation / Uphill Race on 14 September in Sedbergh** (updated race details [here](#)). But home delivery is also an option – you'll need to cover postage. These will be sent out after the presentation.

Thanks!

James Parsons, FRA Junior Coordinator
juniors@fellrunner.org.uk