

Alexandra Whitaker	Ambleside AC	FU23
Amy Whelan	Buxton AC	FU23
Andy Watts	Cheshire Hill Racers	M75
Ben Rothery	Ilkley Harriers AC	MSEN
Caroline Lambert	Keswick AC	FSEN
Charlie Allmond	Ambleside AC	MU23
Chris Davies	Saddleworth Runners Club	M70
Chris Larkin	Northumberland Fell Runners	MSEN
Daniel Haworth	Matlock Athletic Club	MSEN
Dave Prosser	Keswick AC	M60
Deborah Gowans	Todmorden Harriers	FV60
Despina Berdeni	Dark Peak Fell Runners	FSEN
Eammon Clowes	Staffordshire Moorlands AC	MU23
Edward Corden	Dark Peak Fell Runners	MSEN
Elizabeth Batt	Dark Peak Fell Runners	F60
Emily Cowper-Coles	Dark Peak Fell Runners	FSEN
Emma Hopkinson	Wharfedale Harriers	F40
Finlay Grant	Dark Peak Fell Runners	MSEN
Freddie Roden	Abbey Runners	MU23
Gareth Raven	Salford Harriers & AC	M50
Gavin Mulholland	Calder Valley Fell Runners	M55
Gavin Roberts	Calder Valley Fell Runners	M40
Geoff Dawson	Bowland Fell Runners	M65
George Foster	Keswick AC	M40
Grace Culling	Helm Hill Runners	FU23
Hannah Russell	Helm Hill Runners	FSEN
Helen Haigh	Holmfirth Harriers AC	F50
Henry Webb	Dark Peak Fell Runners	MSEN
Holly Clifford	Dark Peak Fell Runners	FSEN
Ian Holmes	Bingley Harriers & AC	M60
Imogen Trinder	Glossopdale Harriers	FSEN
Jane Meeks	Borrowdale Fell Runners	F65
Jean Powell	Wharfedale Harriers	F55
Jim Byrne	Thornton Cleveleys Running Club	M75
Jodi Bemand	West Cheshire Athletic Club	FU23
Joe Daly	SHUOC	MU23
John Battrick	Keswick AC	MSEN
John Langton	Mercia Fell Runners	M65
Julian Goudge	Horwich R M I Harriers	M55
Karl Gray	Calder Valley Fell Runners	M55
Kathleen Brierley	Todmorden Harriers	F65
Lisa Watson	Dark Peak Fell Runners	FSEN
Lou Osborn	Keswick AC	F50
Louise Mitchell	Truro Running Club	FSEN
Margaret Kodz	Mercia Fell Runners	F65
Mark Lamb	Keswick AC	MSEN
Martin Howard	Calder Valley Fell Runners	MSEN
Mary White	Horwich R M I Harriers	F75
Melanie Blackhurst	Todmorden Harriers	F60
Michael Kenyon	Dark Peak Fell Runners	MSEN
Mike Johnson	Bowland Fell Runners	M65
Molly Browne	Wharfedale Harriers	FSEN
Nicola Richards	Mercia Fell Runners	F50
Nikki Arthur	Manx Fell Runners	F40
Oliver Dawson	Northern Fells Running Club	MSEN
Paul Cornforth	Keswick AC	M60

Paul Morris	Keswick AC	M70
Poppy Cooke	Ackworth Road Runners	FSEN
Poppy Wardley	Dark Peak Fell Runners	FSEN
Richard Spendlove	Stainland Lions Running Club	M75
Robert Hope	Horwich R M I Harriers	M50
Robert Taylor	Pennine Fell Runners	M75
Rowan Ashworth	Ambleside AC	MU23
Rowan Ashworth	Ambleside AC	MU23
Rowen Ratcliffe	Saddleworth Runners Club	FSEN
Sally Fawcett	Dark Peak Fell Runners	F45
Sam Bentham	Ilkley Harriers AC	MU23
Sam Bentham	Ilkley Harriers AC	MU23
Sam Gunning	Cybi Striders	MU23
Sam Holding	Keswick AC	MSEN
Sam Stead	Keswick AC	MSEN
Sara Willhoit	Mercia Fell Runners	FSEN
Sarah McCormack	Ambleside AC	FSEN
Simon Entwisle	Pennine Fell Runners	M70
Susannah Richardson	Calder Valley Fell Runners	F45
Tom Simpson	Ambleside AC	MSEN
Wendy Dodds	Dallam Running Club	F75
Will Boothman	Dark Peak Fell Runners	M45
William Walker	Clayton-le-Moors Harriers	MU23