



A Joint Statement on Transgender Eligibility by the following Fell/Mountain Running Associations:

- **The Fell Runners Association (FRA)**
- **Welsh Fell Runners Association (WFRA)**
- **Northern Ireland Mountain Running Association (NIMRA)**

On 31st March 2023, UK Athletics (UKA) issued a ‘Principle Statement’ on transgender eligibility in athletics, which in turn followed a similar announcement made by World Athletics. The Statement announced that from midnight on that date UKA would apply the World Athletics Transgender Regulations.

We agree with the aims of this ‘UKA Principle Statement’ and remain committed to ensuring that fellrunning continues to be welcoming, inclusive, fair, and safe for everyone.

Consequently, we are taking further steps to ensure inclusion and fairness by protecting the female category in sporting competition and therefore from 1st January 2024 the following policy will be adopted for all races, championships, and other competitions which we license and/or register:

Category	Eligibility
Female	1. Female athletes who are recorded as female from birth.
	2. Transgender female athletes who can prove to the race organisers that they meet the criteria set out in Regulation 3.2 of the ‘World Athletics Eligibility Regulations for Transgender Athletes’.
Male/ Open	3. Male athletes who are recorded as male from birth.
	4. Transgender male athletes and athletes who cannot satisfy the terms of bullet point 2.

This Policy will be reviewed periodically by each fell/mountain running body to account for scientific and other developments.

A set of Frequently Asked Questions (FAQs) will follow this announcement to support safe and fair competition.

Fell/mountain running is an amateur, non-commercial sport, primarily organised on a not-for-profit basis by volunteers. We do not have the resources to engage on matters of an individual’s sex or gender. We rely on competitors’ and race organisers honesty and goodwill. Any persons found to be acting/behaving in a way which risks bringing the sport into disrepute will be subject to the relevant body’s disciplinary regulations. Any other incidents in relation to this policy will be dealt with by the respective fell/mountain running body’s current Incident Reporting arrangements.

Signed, for and on behalf of the:

FRA: S. Ferguson, Chair

WFRA: C. Jones, Chair

NIMRA: C. McAleenan, Chair