Date	Category	Race	Mileage/Elevation
16 March 2024	AM	Flower Scar	13 km / 8.1 miles,
			660 m / 2165 ft
6th April 2024	AS	Alan Kirk's Memorial	9.5 km / 5.9
		Lad's Leap	miles, 518 m /
			1699 ft
11th May 2024	AL	Pendle Cloughs	22.5 km / 14
			miles, 1250 m /
			4101 ft
15th June 2024	AM	Buttermere	15 km / 9.3 miles,
		Sailbeck	1315 m / 4314 ft
		Sambeen	
13th July 2024	AL	Wasdale	34 km / 21.1
-			miles, 2750 m /
			9022 ft
27th July 2024	AS	Blisco Dash	7 km / 4.3
			miles, 609 m /
			1998 ft