2024 British Senior & U23 Mountain Running
Inter County Championship race
Sunday 21st April
Incorporated within European Up & Down Trial 16.3 km/900m race, Keswick

Venue - Football Pavilion, Keswick
Start - 1.00 pm: Men .
1.15 pm: Women

Race info - https://britishintercountiesfellrunningchampionships.wordpress.com/

Yorkshire selection will be 5 men including at least one MU23 and 5 Women including at least one WU23. U23 athletes must be 18 on race day & U23 in the year of competition.

There is no selection race – selection is based on athletes form

Qualification for selection for the Yorkshire Team for the Inter County Championships;
- All athletes MUST have been born in North, South or West Yorkshire
– or have 9 months continuous residence in the Counties prior to competition.
- An athlete can only compete in the Championships for one County in any 12 months period.

If you are interested in selection for these championships.

Please contact - Yorkshire Mountain Running Inter County Championship Team
Selectors & Team Managers: Eileen & David Woodhead
Telephone: 01535 669100.
For updated information see; www.woodentops.org.uk