

THE FELL RUNNERS ASSOCIATION LIMITED (the "Company")

Annual General Meeting 2025 – Proxy Form

Before completing this form, please read the explanatory notes below.

Name	
Address	
FRA Membership Number	

I, being the above named member of the Company, appoint the Chairman of the meeting or (see note 3)

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as my proxy to attend, speak and vote on my behalf at the Annual General Meeting of the Company to be held on Saturday 11th October 2025 at 4pm and at any adjournment of the meeting.

I direct my proxy to vote on the following resolutions as I have indicated by marking the appropriate box with an 'X'. If no indication is given, my proxy will vote or abstain from voting at his or her discretion and I authorise my proxy to vote (or abstain from voting) as he or she thinks fit in relation to any other matter which is properly put before the meeting.

RESOLUTION (numbered as per agenda)	For	Against	Vote withheld
2. Adoption of the minutes of the 2024 Annual General Meeting of the Company.			
3. Approval for the Chairman's report for 2024-25.			
4. Approval of the Company's accounts of the Company for the period 1 st January to 31 st December 2024.			
5. Approval of the appointment of the auditor.			
6. Approval of the following Co-opted Committee appointments:			
Olga Wood as Communication Officer			
Chris Hodgson as Commercial Officer			
7. Approval of the Executive Committee nominations (as per Appendix 1 of the AGM Final Notice).			

Note: there will be no requirement for voting on resolution 7 (Election of Committee Members). In the case of each post detailed at article 22 (a) (i) to (xv) of the Company's Articles of Association, there was at most a single nominee at the time that nominations closed; therefore, those posts will be filled by the nominees unopposed. With regard to Members' Representatives, there were fewer than four nominees at the time that nominations closed; therefore, those posts will be filled by the nominees unopposed.

Signature	Date

Notes to the proxy form:

1. As a member of the Company you are entitled to appoint a proxy to exercise all or any of your rights to attend, speak and vote at a general meeting of the Company. You can only appoint a proxy using the procedures set out in these notes.
2. Appointment of a proxy does not preclude you from attending the meeting and voting in person. If you have appointed a proxy and attend the meeting in person, your proxy appointment will automatically be terminated.
3. A proxy does not need to be a member of the Company but must attend the meeting to represent you. To appoint as your proxy a person other than the Chairman of the meeting, insert their full name in the box. If you sign and return this proxy form with no name inserted in the box, the Chairman of the meeting will be deemed to be your proxy. Where you appoint as your proxy someone other than the Chairman, you are responsible for ensuring that they attend the meeting and are aware of your voting intentions. If you wish your proxy to make any comments on your behalf, you will need to appoint someone other than the Chairman and give them the relevant instructions directly.
4. To direct your proxy how to vote on the resolutions mark the appropriate box with an "X". If no voting indication is given, your proxy will vote or abstain from voting at his or her discretion. Your proxy will vote (or abstain from voting) as he or she thinks fit in relation to any other matter which is put before the meeting.
5. To appoint a proxy using this form, the form must be:
 - completed and signed;
 - sent or delivered to the Company Secretary at the address below; and
 - received by the Company Secretary **no later than 4.00 pm on Thursday 9th October 2025.**
6. Any power of attorney or any other authority under which this proxy form is signed (or a duly certified copy of such power of authority) must be included with the proxy form. (Power of attorney enables the person holding the power of attorney to complete and sign this form on behalf of a member who is not able to do so themselves.)
7. If you submit more than one valid proxy appointment, the appointment received last before the latest time for the receipt of proxies will take precedence.

Mike Tyrrie
FRA General Secretary