



The Fell Runners Association Limited

Provisional until 2026 AGM

Minutes of 2025 AGM

Village Hall, Chapel Stile | 11 October 2025

Preliminary matters

Reference below to “articles” refer to the FRA’s articles of association (“the articles”) which are linked from the ‘Documents’ page on the FRA website (www.fellrunner.org.uk/articles).

Attendance and Apologies

The annual general meeting (“AGM”) of The Fell Runners Association Limited (“the FRA”, “the Company”) for 2025 was held on the afternoon of 11th October 2024, chaired by Mike Tyrie, FRA General Secretary. The format followed that prescribed by articles 13-21. The meeting was attended by twenty (20) members of the FRA. Apologies were received from eight (8) other members. Over 350 proxy voting forms were received and verified. The meeting was therefore quorate under article 13. The General Secretary thanked all those in attendance.

Minutes of the previous meeting

The previous AGM had been held on the 12th October 2025 in the Village Hall, Chapel Stile. The minutes had been circulated to attendees shortly thereafter and had been made available for inspection on the FRA website, with no queries having arisen nor amendments made.

Resolution: The motion to approve the minutes of the 2024 AGM was passed.

Ordinary resolutions

Chairman’s report

The Chairman briefly summarised his annual report, which had been made available in full on the FRA website prior to the AGM.

The Chairman noted that the finances were in great shape and that membership is continuing to slowly rise; it was also noted that the move to Microsoft 365 platform had made improvements to efficient working practice. Inclusion, access and environmental concerns remain the most significant topics for the FRA to deal with in the coming years. The chair noted the establishment of a climate change sub-group to look at how this may impact our sport. He also noted that the Articles of Association and Disciplinary

Process were due for a review in 2026 having been “stress tested” during 2025 and found to be not completely fit for purpose.

The Chairman mentioned that his intention had been to resign from the role at this AGM having served for 3 years, but with no successor yet in place, that he agreed to serve for 1 more year.

Resolution: The motion to approve the Chairman’s report was passed unanimously.

Treasurers report and 2024 accounts

The FRA accounts and balance sheet for 2024 were made available on the FRA’s website prior to the AGM.

Total income had increased marginally from the previous year. At the end of the year there are net reserves of £178,000, an approximate £20,000 increase on last year and a very healthy balance sheet position.

Resolution: The motion to approve the Treasurer’s report was passed unanimously.

Appointment of an Auditor

Resolution: The motion to appoint Claire Calverly as auditor was passed unanimously.

Election of Officers for 2025-2026

Nominations for the committee positions had been posted on the FRA website along with the meeting agenda in accordance with articles 22 and 23. The nominations for Fixtures Secretary and Coaching and Education Co-ordinator were elected unopposed.

Resolution: Election of Officers as follows:

- Fixtures Secretary: Mary Edgerton (Pennine Fell Runners)
- Coaching and Education Co-ordinator : Renee McGregor (Ambleside AC)

The Chairman noted that the new committee continued to be approximately 50% female, which we should be proud of.

Establishment of co-opted roles

In accordance with article 24 the Chairman proposed to extend by a further year the co-option of Olga Wood as Communications Officer and also the appointment of Chris Hodgson as Commercial Officer.

Resolution: The motion to approve the co-opted roles was passed unanimously.

The full FRA Committee, including co-opted roles is included at Appendix 1.

Vote of thanks for outgoing officers

The Chairman thanked everyone who had served on the Committee for the past year. This included a special mention to Nicky Spinks and Charmian Heaton who have completed 10 years of service and leave the executive committee at this AGM.

Informal discussion

Following the AGM an open discussion about fell running took place between all present, in accordance with article 16. A record of the discussion is published at Appendix 2.

Date of next meeting

The date of the next AGM will be published in due course on the FRA website, Facebook Page and Fellrunner magazine but is likely to be October or November 2026.

Original Signed

Mike Tyrie

General Secretary

The Fell Runners Association

19th December 2025

Appendix 1: FRA Committee 2025-2026

Following the resolutions passed at the AGM, the FRA Committee for 2025-2026 will comprise of the following personnel:

FRA Committee 2025-2026

Chairman	Stuart Ferguson (Northumberland Fell Runners)
General Secretary	Mike Tyrie (Eden Runners)
Treasurer	Simon Long (Saltwell Harriers)
Membership Secretary	Patrick McIver (Howgill Harriers)
Fixtures Secretary	Mary Edgerton (Pennine Fell Runners)
Magazine Co-ordinator	Judith Cole (Settle Harriers)
Race Liaison Officer (Lead)	Clive Thornton (Esk Valley Fell Club)
Website Officer	Colin Bergstrand (Delamere Spartans)
Environment and Access Officer	Kathryn Miller (Clayton-Le-Moors Harriers)
Junior Co-Ordinator	James Parsons (Helm Hill Runners)
International Selection Committee Chair	Duncan Richards (Helm Hill Runners)
Coaching and Education Co-Ordinator	Renee McGregor (Ambleside AC)
Championships Co-Ordinator	Sue Richmond (Pennine Fell Runners))
Welfare Officer	Julie Carter (Gateshead Harriers)
Liaison to other Athletics Bodies	Sue Richmond (Pennine Fell Runners))
Membership Representatives	Ben Abdelnoor (Ambleside AC) Kelli Roberts (Helm Hill Runners) Caroline Lambert (Keswick AC) Doni Clarke (Todmorden Harriers)
Commercial Officer (co-opted)	Chris Hodgson (Ambleside AC)
Communications Officer (co-opted)	Olga Wood (Preston Harriers)

Appendix 2: Open discussion about fell running

Championships 2026

Suer Richmond spoke about the plans for 2026, with the full programme of events now in place.

Similarly, James Parsons, in-coming Junior Co-Ordinator, spoke through the events and dates for the junior champs races.

Web site

A brief discussion took place on whether the FRA web site should evolve from its current form, and perhaps a refresh of the “look and feel” to be more consistent with the Fellrunner magazine. The committee said it was in the work plan for 2026 to consider changes to the website.

Race Assessment Matrix

This initiative was briefly discussed and considered a positive development; it was noted that it could provide a framework for guiding new participants to the sport, helping people plan how to build their skills and experience.

Climate Change

There was a brief discussion on the approach being planned for the climate sub-group. It was noted that Kathryn has co-opted some really experienced experts to work with her on the research. All look forward to seeing the results in mid-2026.

Archive

The idea of the FRA creating some kind of archive for the sport was discussed and generally seen as a positive initiative that is appropriate for the FRA to work towards.

Trackers

There was a lengthy discussion on the topic of using GPS trackers at certain, long, higher risk fell races. It was explained that there really was no intention to “roll – out” trackers widely, and that any use would be recommended on the basis of highest risk races (linking back to the introduction of the Race Assessment Matrix). It was also mentioned that a principle of the pilot is no “dot watching”. It was noted that the FRA is well aware that trackers increase the cost of a race and recognises this is a key aspect to be considered. It was noted that there was some solid arguments against introducing GPS trackers (“slippery slope” argument, detracts from the fell running ethics of self-sufficiency, could make runners complacent, cost, etc, etc). Following a two race pilot in 2025, the Safety Equipment and Rules Committee are due to assess the results before taking any further action.

Charmian Heaton

The recent disciplinary case against Charmian was raised. Several members expressed their concern. Several members wanted to say how grateful they were for Charmian’s past service to the sport of fell

running and wanted her contribution noted and recognised. Whilst some members asked for further information about what had happened, information could not be shared due to the confidential nature of the disciplinary process.