

English Championships 2025 Individual Medallists

	1st	2 nd	3rd
Men			
Open	Ben Rothery Ilkley Harriers AC		Tim Lamont Helm Hill Runners
	Finlay Grant Dark Peak Fell Runners		
U23	Finlay Grant Dark Peak Fell Runners	Sam Benthall Ilkley Harriers AC	George Baker Ambleside AC
Vets O40	Doni Clarke Todmorden Harriers	Gavin Mulholland Calder Valley Fell Runners	Steve Jacques Ambleside AC
Vets O45	Gavin Mulholland Calder Valley Fell Runners		Robert Jebb Helm Hill Runners
	Steve Jacques Ambleside AC		
Vets O50	Gavin Mulholland Calder Valley Fell Runners	Robert Jebb Helm Hill Runners	Karl Gray Calder Valley Fell Runners
Vets O55	Karl Gray Calder Valley Fell Runners	Kenny Richmond Helm Hill Runners	
		Ian Holmes Bingley Harriers & AC	
Vets O60	David Taylor Dark Peak Fell Runners	Glen Goodwin Accrington Road Runners	
		Andrew Wrench Todmorden Harriers	
Vets O65	Philip Pearson Northern Fells Running Club	Geoff Dawson Bowland Fell Runners	John Langton Mercia Fell Runners
Vets O70	Stephen Morran Calder Valley Fell Runners	Brian Thompson Helm Hill Runners	Chris Davies Saddleworth Runners Club
Vets O75	Robert Taylor Pennine Fell Runners	Andy Watts Cheshire Hill Racers	Ken Jones Dark Peak Fell Runners
Women			
Open	Sara Willhoit Mercia Fell Runners	Even Pannone Ambleside AC	Emily Cowper-Coles Dark Peak Fell Runners
U23	Grace Culling Helm Hill Runners	Amy Whelan Buxton AC	Ellie Simmonds Helm Hill Runners
Vets O40	Sharon Taylor Helm Hill Runners	Philippa McCrea Keswick AC	Mel Price Mercia Fell Runners
Vets O45	Sharon Taylor Helm Hill Runners	Philippa McCrea Keswick AC	Mel Price Mercia Fell Runners
Vets O50	Mel Price Mercia Fell Runners	Jane McCarthy Ilkley Harriers AC	Bianca Dyer Helm Hill Runners
Vets O55	Elizabeth Batt Dark Peak Fell Runners	Jean Powell Wharfedale Harriers	Deborah Millington Mercia Fell Runners
Vets O60	Elizabeth Batt Dark Peak Fell Runners	Rowena Browne Bowland Fell Runners	Deborah Gowans Todmorden Harriers
Vets O65	Margaret Kodz Mercia Fell Runners	Kate Ayres Ambleside AC	Sue Haslam Scarborough AC
			Anne-Marie Jones Macclesfield Harriers & AC
Vets O70	Sue Haslam Scarborough AC		Wendy Dodds Dallam Running Club
	Ann-Marie Jones Macclesfield Harriers & AC		

English Championships 2025 Team Championship Medallists

	1st	2 nd	3rd
Men			
Open	Ambleside AC (12) Oscar Subuh-Symons Gavin Dale Garry Greenhow Matthew Elkington Tom Simpson Charlie Allmond Steve Jacques Sean Leckey Ben Sharrock George Baker Bobby Gard-Storry Will Barton	Dark Peak Fell Runners (14) Finlay Grant Nathan Lawson Philip Montgomery Ben Davison Oli Johnson Jonathan Crickmore Joe Woodley Cynog Williams Henry Webb Will Gratton David Taylor Tom Spencer Edward Corden Tom Saville	Keswick AC (12) George Foster Mark Lamb Steve Halsall Matthew Atkinson Joseph Dugdale Sam Stead Jacob Hiom Rob Brown Harry Bolton Calum Tinnion John Battrick Dan Heppell
MV40	Calder Valley Fell Runners (9) Gavin Mulholland Karl Gray Gavin Roberts Ed Hyland Ben Mounsey Adam Osborne Shaun Godsman Math Roberts Alex Whittern	Helm Hill Runners (9) Robert Jebb Kieran Hodgson Kenny Richmond Javier Simon James Parsons Paul Upton Ross Bibby Craig Burrow Ben Procter	Keswick AC (9) Steve Halsall Rob Brown David Birch James Beckingham Guy Illingworth Paul Cornforth James Haworth Ed Gamble Matthew Jones
MV50	Calder Valley Fell Runners (4) Gavin Mulholland Karl Gray Mark Burton Shaun Godsman	Helm Hill Runners (4) Kenny Richmond Kieran Hodgson Javier Simon Robert Jebb	Dark Peak Fell Runners (6) David Taylor John Hunt Craig Jeffery Joe Blackett Paul Fauset Mike Robinson
MV60	Northern Fells Running Club (4) Steve Rhodes Philip Pearson Tony Bolton Neil Weightman	Dark Peak Fell Runners (5) David Taylor Chris Ledger Joe Blackett Jonathan Batt Andy Barnett	Bowland Fell Runners (5) Geoff Dawson David Wilson Nick Hewitt Chris Reade Paul Coope
Women			
Open	Black Combe Runners (6) Catherine Taylor Alice Louisa Forster Verity Russo Lizzie Browne Katherine Maltby Anna Lupton	Ambleside AC (5) Eve Pannone Natalie Beadle Celia Powell Annie Soper Sarah McCormack	Helm Hill Runners (6) Scarlet Dale Sharon Taylor Grace Culling Bianca Dyer Chloe Lumsden Jo Hickman Dunne
WV40	Pennine Fell Runners (5) Sue Richmond Joanne Ellis Anna Wildman Hayley Kuter Steph Curtis	Calder Valley Fell Runners (6) Susannah Richardson Helen Curtis Fiona Lynch Stella Chrisanthou Cass Chisolm Trish Smith	Helm Hill Runners (4) Sharon Taylor Bianca Dyer Carrie Gibson Sarah Gerrish
WV50	Todmorden Harriers (5) Deborah Gowans Melanie Blackhurst Rebecca Patrick Kathleen Brierley Emma Fiedler	Ilkley Harriers AC (4) Jane McCarthy Rebecca Mon-Williams Jann Smith Alison Weston	Mercia Fell Runners (3) Mel Price Deborah Millington Margaret Kodz