

# FRA Senior Event Entry Requirements and Form 2024

Entry to all events must be by a process which collects at least the following information and requires the runner to sign, or acknowledge electronically, that they accept the disclaimer. Additional information can be collected at Race Organiser's discretion.

This document applies to all FRA races for Senior (18 or over) runners (whether members of the FRA or non-members). It also applies to any competing Junior (under 18) runners, who may run in some Senior races (depending on the race age limit) with parental permission; in this case, the parent or legal guardian must sign the entry form or an FRA Parental Consent form.

Printable versions of the standard forms (both member and non-member versions) are available here, and also separately on the FRA website. The Race Organiser may wish to tailor the standard forms to his/her race (for example to clarify the U21 and U23 age criteria).

## Information

- Event name.
- Minimum age for entry.
- Full name, gender, club and date of birth of entrant. (Race Organisers may wish also to collect the age of the entrant and ask them to indicate their senior/veteran category from a list.)
- Whether the runner is a member of the FRA and, if so, FRA membership number.
- Address (including postcode) and phone number of the entrant.
- The registration number of their vehicle.
- An emergency contact name and phone number.

## Age categories

Conventionally all age categories above 23 are defined as age on day of race.

FRA English Championship races define U23 as age on 31<sup>st</sup> December in the year of the race. This is to provide continuity with the Junior age categories which also use age at end of year as the criterion. For races not in the Championship the Race Organiser may use 'age on day' for U21 and U23 runners at his/her discretion, but this should be made clear at registration to help runners complete the entry form.

## Management of Personal Information

The race entry process collects personal information, and runners must consent to its use.

Normal uses of this information are:

- To link names and clubs to race numbers, competition categories and times;
- To communicate with runners, for example to give an update on the race organisation, advice on parking or some special requirement;
- To publishing race results, and sometimes pre-entry lists;
- To contact the runner after the event to request feedback or to follow up any complaints or disputes (including possible disciplinary action).

Consent to using the runners' personal information in this way is given via the following disclaimer line:

I consent to publication of my name, club, race category, race number, finishing time and race position in race pre-entry and results lists.

Race organisers may sometimes wish to use this personal information for other uses, such as:

- To contact the runner in the future to advertise future events.
- To pass on to other parties, including sponsors and organisers of other races.

The standard disclaimer covers only the first four uses of personal information, and if the Race Organiser intends to use it for the last two purposes an additional consent statement is required (not included here).

## **Disclaimer**

The following words must be used in the disclaimer:

I accept the hazards inherent in fell running and acknowledge that I am entering and running this race at my own risk.

I confirm that I am aware of the rules imposed on me by the Race Organiser and that I will comply with them.

I confirm that I have read, and will comply with, the "FRA Requirements for Runners".

I acknowledge and agree that I am responsible for determining whether I have the skills equipment and fitness to participate in this event.

I accept that neither the Race Organiser nor the Fell Runners Association shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this race (other than in respect of death or personal injury as a result of their negligence).

I consent to publication of my name, club, race category, race number, finishing time and race position in race pre-entry and results lists, and to the sharing of all the above details with trusted partner organisations (e.g. UK Athletics) for disciplinary purposes or otherwise where necessary in the interests of the sport.

The Race Organiser may add additional requirements.

If the race will be photographed or filmed by the Race Organiser to record proceedings (for example a video camera recording the finish), then the following should be included:

I accept that the Race Organiser may use photographic or video equipment for the purpose of monitoring the race.

## **Confirmation of acceptance**

The entry form must be signed and dated by the entrant (or, for runners under 18, the parent/guardian), or an equivalent electronic acknowledgement received, before allowing entry into the event.

**FRA MEMBERS' FORM ONLY**

Race No. \_\_\_\_\_

**SENIOR RACE ENTRY FORM 2024**

Race: \_\_\_\_\_ Minimum age to enter: \_\_\_\_\_

Full Name: \_\_\_\_\_

Club: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_ FRA Membership No. \_\_\_\_\_

Email Address (optional): \_\_\_\_\_

**Category (please circle)****For U21 and U23 check whether to use age on day or age at 31<sup>st</sup> December**

WOMEN    WU21    WU23    WSEN    W40    W45    W50    W55    W60    W65    W70    W75

MEN        MU21    MU23    MSEN    M40    M45    M50    M55    M60    M65    M70    M75

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Phone No: \_\_\_\_\_ Vehicle Registration: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone No: \_\_\_\_\_

- I accept the hazards inherent in fell running and acknowledge that I am entering and running this race at my own risk.
- I confirm that I am aware of the rules imposed on me by the Race Organiser and that I will comply with them.
- I confirm that I have read and will comply with, the FRA "Requirements for Runners", **and especially the "absolute no-nos" of fell running.**
- I acknowledge and agree that I am responsible for determining whether I have the skills equipment and fitness to participate in this event.
- I accept that neither the Race Organiser nor the Fell Runners Association shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this race (other than in respect of death or personal injury as a result of their negligence).
- I consent to publication of my name, club, race category, race number, finishing time and race position in race pre-entry and results lists, and to the sharing of all the above details with trusted partner organisations (e.g. UK Athletics) for disciplinary purposes or otherwise where necessary in the interests of the sport.

Signed: \_\_\_\_\_ Date \_\_\_\_\_

Competitor or, **if under 18**, Parent/Legal Guardian or refer to Parental Consent Form**FRA MEMBERS' FORM ONLY**

Race No. \_\_\_\_\_

**SENIOR RACE ENTRY FORM 2024**

Race: \_\_\_\_\_ Minimum age to enter: \_\_\_\_\_

Full Name: \_\_\_\_\_

Club: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_ FRA Membership No. \_\_\_\_\_

Email Address (optional): \_\_\_\_\_

**Category (please circle)****For U21 and U23 check whether to use age on day or age at 31<sup>st</sup> December**

WOMEN    WU21    WU23    WSEN    W40    W45    W50    W55    W60    W65    W70    W75

MEN        MU21    MU23    MSEN    M40    M45    M50    M55    M60    M65    M70    M75

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Phone No: \_\_\_\_\_ Vehicle Registration: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone No: \_\_\_\_\_

- I accept the hazards inherent in fell running and acknowledge that I am entering and running this race at my own risk.
- I confirm that I am aware of the rules imposed on me by the Race Organiser and that I will comply with them.
- I confirm that I have read and will comply with, the FRA "Requirements for Runners", **and especially the "absolute no-nos" of fell running.**
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- I accept that neither the Race Organiser nor the Fell Runners Association shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this race (other than in respect of death or personal injury as a result of their negligence).
- I consent to publication of my name, club, race category, race number, finishing time and race position in race pre-entry and results lists, and to the sharing of all the above details with trusted partner organisations (e.g. UK Athletics) for disciplinary purposes or otherwise where necessary in the interests of the sport.

Signed: \_\_\_\_\_ Date \_\_\_\_\_

Competitor or, **if under 18**, Parent/Legal Guardian or refer to Parental Consent Form

## Support your sport – Join the Fell Runners Association!

- 3 x *Fellrunner* magazines a year, plus Handbook and Race Calendar
- Priority entry to English Championship races and other FRA races
- Navigation and First Aid courses at subsidised rates

The FRA organises the English Fell Championships  
and the Annual Dinner and Awards

### PLEASE TAKE NOTE OF THE FOLLOWING:

## KINDLY REFRAIN FROM



*Telling lies to  
gain entry*

*Running a race without  
a number or correct kit*



*Running in another's  
number*



*Going home if retired  
without reporting back to  
race control*

## THANK YOU!

### How to join the FRA?

Go to the FRA website at [fellrunner.org.uk](http://fellrunner.org.uk) and follow the links

We look forward to welcoming you to the FRA!

## FRA NON-MEMBERS SENIOR RACE ENTRY FORM 2024

Race No.

Race: \_\_\_\_\_ Minimum age to enter: \_\_\_\_\_

Full Name: \_\_\_\_\_

Club: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_

**FRA NON-MEMBER**

Email Address (optional): \_\_\_\_\_

### Category (Please circle)

For U21 and U23 check whether to use age on day or age at 31<sup>st</sup> December

WOMEN WU21 WU23 WSEN W40 W45 W50 W55 W60 W65 W70 W75

MEN MU21 MU23 MSEN M40 M45 M50 M55 M60 M65 M70 M75

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Phone No: \_\_\_\_\_ Vehicle Registration: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone No: \_\_\_\_\_

- I accept the hazards inherent in fell running and acknowledge that I am entering and running this race at my own risk.
- I confirm that I am aware of the rules imposed on me by the Race Organiser and that I will comply with them.
- I confirm that I have read, and will comply with, the FRA "Requirements for Runners", and especially the "absolute no-nos" of fell running.
- I acknowledge and agree that I am responsible for determining whether I have the skills equipment and fitness to participate in this event.
- I accept that neither the Race Organiser nor the Fell Runners Association shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this race (other than in respect of death or personal injury as a result of their negligence).
- I consent to publication of my name, club, race category, race number, finishing time and race position in race pre-entry and results lists, and to the sharing of all the above details with trusted partner organisations (e.g. UK Athletics) for disciplinary purposes or otherwise where necessary in the interests of the sport.

Signed: \_\_\_\_\_ Date \_\_\_\_\_

Competitor or, **if under 18**, Parent/Legal Guardian or refer to Parental Consent Form