FRA MEMBERS' FORM ONLY Race No.	FRA MEMBERS' FORM ONLY Race No.
SENIOR RACE ENTRY FORM 2022	SENIOR RACE ENTRY FORM 2022
Race:Minimum age to enter:	Race: Minimum age to enter:
Full Name:	Full Name:
Club:	Club:
Date of Birth: Age FRA Membership No	Date of Birth:Age FRA Membership No
Email Address (optional):	Email Address (optional):
Category (please circle)For U/21 and U/23 check whether to use age on day or age at 31/DecemberWOMENWU21WU23WSENW40W45W50W55W60W65W70W75MENMU21MU23MSENM40M45M50M55M60M65M70M75	Category (please circle) For U/21 and U/23 check whether to use age on day or age at 31/December WOMEN WU21 WU23 WSEN W40 W45 W50 W55 W60 W65 W70 W75 MEN MU21 MU23 MSEN M40 M45 M50 M55 M60 M65 M70 M75
Address: Postcode:	Address:Postcode:
Phone No: Vehicle Registration:	Phone No: Vehicle Registration:
Emergency Contact Name: Phone No:	Emergency Contact Name: Phone No:
 I accept the hazards inherent in fell running and acknowledge that I am entering and running this race at my own risk. I confirm that I am aware of the rules imposed on me by the Race Organiser and that I will comply with them. I confirm that I have read, and will comply with, the FRA "Requirements for Runners", and especially the "absolute no-nos" of fell running. I acknowledge and agree that I am responsible for determining whether I have the skills equipment and fitness to participate in this event. I accept that neither the Race Organiser nor the Fell Runners Association shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this race (other than in respect of death or personal injury as a result of their negligence). I consent to publication of my name, club, race category, race number, finishing time and race position in race pre-entry and results lists, and to the sharing of all the above details with trusted partner organisations (e.g. UK Athletics) for disciplinary purposes or otherwise where necessary in the interests of the sport. 	 I accept the hazards inherent in fell running and acknowledge that I am entering and running this race at my own risk. I confirm that I am aware of the rules imposed on me by the Race Organiser and that I will comply with them. I confirm that I have read, and will comply with, the FRA "Requirements for Runners", and especially the "absolute no-nos" of fell running. I acknowledge and agree that I am responsible for determining whether I have the skills equipment and fitness to participate in this event. I accept that neither the Race Organiser nor the Fell Runners Association shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this race (other than in respect of death or personal injury as a result of their negligence). I consent to publication of my name, club, race category, race number, finishing time and race position in race pre-entry and results lists, and to the sharing of all the above details with trusted partner organisations (e.g. UK Athletics) for disciplinary purposes or otherwise where necessary in the interests of the sport.
Signed:Date	Signed: Date
Competitor or, if under 18, Parent/Legal Guardian or refer to Parental Consent Form	Competitor or, if under 18, Parent/Legal Guardian or refer to Parental Consent Form