

English Fell Running Championship 2023



Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8

Scroll Down for Individuals Tables

The following races will determine the 2023 Championship :

Date	Category	Race
11-Feb-23	AM	Long Mynd Valleys
13-May-23	AM	Fairfield Horseshoe
03-Jun-23	AL	Duddon Valley
23-Jul-23	AS	Chapelfell Top
20-Aug-23	AL	Sedbergh Hills
23-Sep-23	AS	John Hewitt Shelf Moor

All age categories

Ranking calculated on points scored in up to four of the races listed above

Except

MU23 MV70 WU23 WV65

Ranking calculated on points scored in up to three of the short and medium races

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

See FRA Handbook & Fixture Calendar for further details

Men's Open Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	William Cartwright	Matlock Athletic Club	52	49	52	46	52	43	202
2	Ben Rothery	Ilkley Harriers AC	47	48	48	52	48	48	196
3	Daniel Haworth	Matlock Athletic Club	48	47	35		46	49	190
4	Finlay Grant	Dark Peak Fell Runners	43	46	47	47		47	187
5	Grant Cunliffe	Rossendale Harriers & AC		52		39	47	45	183
6	Brennan Townshend	Keswick AC	46	45	49	38	49		182
7	Tim Lamont	Helm Hill Runners	45	44		43	45	46	180
8	Ben Sharrock	Ambleside AC	41		38	42	44		165
9	Mark Lamb	Keswick AC	39	42	42	41	37		164
10	Edward Corden	Dark Peak Fell Runners		39		40	39	42	160
11	Steven Hebblethwaite	Keswick AC	27	35	46	33	35		149
12	Tom Saville	Dark Peak Fell Runners	44	21	2	32	27	40	143
13	Rob Jebb	Helm Hill Runners		32	45	23	41		141
14	Martin Howard	Calder Valley Fell Runners	38	5	13	36	16	39	129
15	Nathan Lawson	Dark Peak Fell Runners	26	43		44		41	128
16	Harry Stainton	Black Combe Runners		25	34	21	32	32	123
17	Joe Oldfield	Matlock Athletic Club	35	26	30	30			121
18	Sam Holding	Cumberland Fell Runners		33		27	40	20	120
19	Sam Stead	Keswick AC	30	36		34	13		113
19	John Battrick	Keswick AC	42			37	34		113
19	Oli Johnson	Dark Peak Fell Runners	29		39	13	20	25	113
22	Ed Hyland	Calder Valley Fell Runners	24	17	37		10	28	106
23	Harry Bolton	Keswick AC	37	18	43				98
24	Cynog Williams	Dark Peak Fell Runners		28		35		34	97
25	Matthew Elkington	Ambleside AC		6		45	42		93
26	Jonathan Cox	Eden Runners	25			29	38		92
27	Matthew Atkinson	Keswick AC	14	31		11	33		89
28	Chris Alborough	Durham Fell Runners	20	34		31	2		87
29	Josh Williams	Dark Peak Fell Runners		12	21	25		27	85
30	Josh Hartley	Black Combe Runners	17	4	23		28	17	85
31	Gavin Dale	Ambleside AC		38	44				82
32	Jack Agnew	Mercia Fell Runners	21	20	14	20	18		79
33	Gavin Mulholland	Calder Valley Fell Runners	19	7	20		21	18	78
34	Henry Webb	Dark Peak Fell Runners	28			16		31	75
35	Lawrence Mccourt	Morpeth Harriers & AC		40		28			68
36	Gavin Roberts	Calder Valley Fell Runners		30	33				63
36	James Harris	Ambleside AC			27		36		63
38	Jack Wright	Ambleside AC	33		28				61
38	Ben Mounsey	Calder Valley Fell Runners	15	22		24			61
38	Jose Concha	Helm Hill Runners			22	14	25		61
41	Steve Franklin	Totley AC	22					38	60
42	Kieran Hodgson	Helm Hill Runners	9		11		15	24	59
43	Karl Gray	Calder Valley Fell Runners	32			2		23	57
44	Aidan Smith	Carnethy Hill Racing Club	31	24					55
45	Chris Holdsworth	Clayton-le-Moors Harriers		11			43		54
46	Sam Dixon	Helm Hill Runners			29		23		52
46	Joe Steward	Salford Harriers & AC						52	52
48	Sean Leckey	Ambleside AC		3		19	12	16	50
48	Will Boothman	Dark Peak Fell Runners	7	13	16	5		14	50
50	Chris Richards	Helm Hill Runners	49						49
50	Nick Swinburn	Northumberland Fell Runners				49			49
50	Owen Beilby	Wharfedale Harriers		27			22		49
53	Adam Perry	Helm Hill Runners		8	18	22			48
53	Joe Hudson	Keighley & Craven AC				48			48
55	Lewis Bowness	Helm Hill Runners				15	31		46
56	Ben Abdelnoor	Ambleside AC			32	12			44
56	Adam Osborne	Calder Valley Fell Runners				18		26	44
56	Jonathan Crickmore	Dark Peak Fell Runners						44	44
59	William Tighe	Buxton AC		41					41
59	Tom Simpson	Ambleside AC			41				41
59	Joe Woodley	Dark Peak Fell Runners	18	16		7			41
59	Matthew Roberts	Calder Valley Fell Runners	11					30	41

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
63	Daniel Connolly	Mercia Fell Runners	40						40
63	Tom Watt	Ambleside AC			40				40
65	Luke Foley	Horwich RMI Harriers		23	15				38
66	Bertie Houghton	Dark Peak Fell Runners		37					37
66	Kenny Richmond	Helm Hill Runners	10	2	19		8		37
66	Tom Perry	Dark Peak Fell Runners						37	37
69	Joe Baxter	Pudsey & Bramley AC	36						36
69	Steve Halsall	Keswick AC			36				36
69	Jake Collier	Keswick AC						36	36
72	Oli Murphy	Ilkley Harriers AC						35	35
73	Oliver Perratt	Ludlow Runners	34						34
73	Jack Walton	Keighley & Craven AC			6	26		2	34
75	Mark McGoldrick	Settle Harriers		9			24		33
75	Alex Mason	Dark Peak Fell Runners						33	33
77	Michael Ainsworth	Helm Hill Runners	23		8				31
77	Barney Nikolich	Pennine Fell Runners			31				31
79	Alistair Thornton	Howgill Harriers					30		30
79	Ben Tetler	Glossopdale Harriers	8			3		19	30
81	Luke Fisher	Carnethy Hill Racing Club		29					29
81	Harry Holmes	Matlock Athletic Club			3		26		29
81	Sam Fisher	Howgill Harriers					29		29
81	Mark Jones	Dark Peak Fell Runners				8		21	29
81	Will Gratton	Dark Peak Fell Runners						29	29
86	Steve Jacques	Ambleside AC			26				26
87	Barney Plummer	Helm Hill Runners			25		1		26
88	Matt Brindle	Ambleside AC			24				24
88	Sam Bennett	Cumberland Fell Runners				17	7		24
90	Fraser Macdonald Oulds	Chorlton Runners						22	22
91	Joshua Holgate	Blackburn Harriers & AC		19					19
91	Rob Brown	Keswick AC					19		19
93	Shaun Godsman	Calder Valley Fell Runners				6		12	18
94	Will Barton	Ambleside AC			17				17
94	Nicholas Peat	Helm Hill Runners					17		17
94	Carl Bell	Keswick AC	16						16
94	Joe Kenny	Helm Hill Runners		10			6		16
98	Dominic Jones	Mercia Fell Runners		15					15
98	Eammon Clowes	Newcastle (Staffs) Tri Club						15	15
100	Nick Leigh	Horwich RMI Harriers		14					14
100	Nathaniel Winfield	Pennine Fell Runners	2		12				14
100	Harry Cooling	Howgill Harriers					14		14
100	Simon Coldrick	Pennine Fell Runners					4	10	14
104	Toby Gill	Matlock Athletic Club	13						13
104	Rob Greenwood	Dark Peak Fell Runners						13	13
106	Oscar Subuh-Symons	Ambleside AC	12						12
107	Peter Stock	Helm Hill Runners					11		11
107	Max Wainwright	Dark Peak Fell Runners						11	11
109	William White	North Leeds Fell Runners			10				10
109	John Woodhouse	Durham Fell Runners				10			10
111	Bobby Gard-Storry	Eden Runners			9				9
111	Charles Baker	Totley AC				9			9
111	Charlie Lowther	Eden Runners					9		9
111	Tim Barry	Pennine Fell Runners						9	9
115	Matt Owens	Pennine Fell Runners						8	8
116	Paul Neild	Bowland Fell Runners			7				7
116	Ben Procter	Helm Hill Runners						7	7
118	Jim Brearley-Ratcliffe	FRA	6						6
118	Steven Knowles	Pennine Fell Runners						6	6
120	Jacob Winfield	Pennine Fell Runners	5						5
120	Chris Webb	Glossopdale Harriers			5				5
120	Matthew Fretwell	Settle Harriers					5		5
120	Pete Hodges	Dark Peak Fell Runners	1					4	5
120	Will Carter	Dark Peak Fell Runners						5	5
125	Daniel Bateson	Scarborough Athletic Club	4						4
125	Matthew Allen	Black Combe Runners			4				4

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
125	Shane Ohly	Helm Hill Runners				4			4
128	Greg Hopkinson	Matlock Athletic Club	3						3
128	Mark Burley	Macclesfield Harriers & AC					3		3
128	David Birch	Keswick AC						3	3
131	Alex Whitem	Calder Valley Fell Runners		1					1
131	Andrew Jebb	Bingley Harriers & AC			1				1
131	Richard Bradbury	Matlock Athletic Club				1			1
131	Nicholas Barber	Helm Hill Runners						1	1

Men's U23 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Finlay Grant	Dark Peak Fell Runners	12	12	12	9		12	33
2	Ben Sharrock	Ambleside AC	9		9	8	12		29
3	Edward Corden	Dark Peak Fell Runners		8		7	9	9	26
4	Cynog Williams	Dark Peak Fell Runners		7	7	6		7	21
5	Jack Walton	Keighley & Craven AC		6	8	5		2	19
6	Henry Webb	Dark Peak Fell Runners	8	5		4	5	5	18
7	Lewis Bowness	Helm Hill Runners		4		3	8		15
8	Alex Mason	Dark Peak Fell Runners		3		2	4	6	13
9	Joe Hudson	Keighley & Craven AC				12			12
9	Tim Barry	Pennine Fell Runners	3	2			6	3	12
9	Tom Perry	Dark Peak Fell Runners	4					8	12
12	Caleb Winfield	Pennine Fell Runners	5		6				11
13	William Tighe	Buxton AC		9					9
14	Toby Gill	Matlock Athletic Club	7						7
14	Nicholas Peat	Helm Hill Runners					7		7
16	Jacob Winfield	Pennine Fell Runners	6						6
16	Andrew Macdonald	Sheffield University Orienteering &		1	5				6
18	Eammon Clowes	Newcastle (Staffs) Tri Club						4	4
19	George Baker	Ambleside AC					3		3
19	Harry Bond	Staffordshire Moorlands AC					2	1	3
21	Jared Forte	Mercia Fell Runners	2						2
22	Euan Patton	Dark Peak Fell Runners	1						1
22	Joseph Green	Tynedale Harriers				1			1

Men's V40 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Steven Hebblethwait	Keswick AC	38	42	42	42	39		165
2	Rob Jebb	Helm Hill Runners		39	39	38	42		158
3	Oli Johnson	Dark Peak Fell Runners	39		38	36	35	38	151
4	Gavin Mulholland	Calder Valley Fell Runners	36	32	35		36	34	141
5	Karl Gray	Calder Valley Fell Runners	42			30	29	36	137
6	Will Boothman	Dark Peak Fell Runners	29	34	32	33		33	132
7	Kieran Hodgson	Helm Hill Runners	31	28	30		33	37	131
8	Ben Tetler	Glossopdale Harriers	30	26		31	27	35	123
9	Kenny Richmond	Helm Hill Runners	32	31	33		31	25	121
10	Shaun Godsman	Calder Valley Fell Runners	17	29		34	19	32	114
11	Ben Mounsey	Calder Valley Fell Runners	34	37		39			110
12	Adam Osborne	Calder Valley Fell Runners			21	37	28	39	104
13	Matthew Roberts	Calder Valley Fell Runners	33	24				42	99
14	Ben Abdelnoor	Ambleside AC		25	37	35			97
15	Paul Neild	Bowland Fell Runners		21	28	20	24		93
16	Steven Knowles	Pennine Fell Runners	12	8	22	28	11	28	90
17	Michael Ainsworth	Helm Hill Runners	37		29	22			88
17	Simon Coldrick	Pennine Fell Runners		27			30	31	88
19	Nathaniel Winfield	Pennine Fell Runners	27	22	31				80
20	Owen Beilby	Wharfedale Harriers		38			37		75
21	Colin Brearley	Holme Pierrepont RC		11	15	16	22	22	71
21	Mark McGoldrick	Settle Harriers		33			38		71
23	Thomas Beaumont	Totley AC	20	10	18		13	16	67
24	Ross Bibby	Helm Hill Runners	11	12		26	16		65
25	John Hunt	Dark Peak Fell Runners	4	6	25	10	21	5	62
26	Rob Brown	Keswick AC	25				34		59
26	Dominic Jones	Mercia Fell Runners	23	36					59
28	James Logue	Calder Valley Fell Runners	10		9	15		24	58
29	Richard Bradbury	Matlock Athletic Club	13			29		15	57
30	Andrew Jebb	Bingley Harriers & AC			26		25		51
31	Dave Prosser	Keswick AC		14		13	15	8	50
32	James Halse	Dark Peak Fell Runners	5			24		19	48
32	Ben Procter	Helm Hill Runners		19				29	48
34	Craig Jeffery	Dark Peak Fell Runners	2		24		20		46
35	Shane Ohly	Helm Hill Runners		13		32			45
36	Brian Pennington	Howgill Harriers				18	26		44
36	David Birch	Keswick AC		18				26	44
38	David Kirkham	Wharfedale Harriers	21		4			17	42
39	Nick Leigh	Horwich R M I Harriers		35	6				41
39	Pete Vale	Mercia Fell Runners	18				23		41
41	Matt Brindle	Ambleside AC			35		5		40
41	Andrew Schofield	Borrowdale Fell Runners			17	6	17		40
41	Simon Mills	Dark Peak Fell Runners			3	27	10		40
44	James Baron	Helm Hill Runners				9	18	10	37
45	Steve Jacques	Ambleside AC			36				36
45	Lawrence Eccles	Penny Lane Striders	24				12		36
45	Bart Shaw	Totley AC			13			23	36
48	Carl Bell	Keswick AC	35						35
49	Mark Burton	Calder Valley Fell Runners			20		14		34
49	Javier Simon	Helm Hill Runners				25	9		34
51	Robin Lawrence	Bingley Harriers & AC				19		14	33
52	Neil Northrop	Dark Peak Fell Runners	16	16					32
52	Charlie Lowther	Eden Runners					32		32
54	Alex Whittem	Calder Valley Fell Runners		30					30
54	James Stuart	Mercia Fell Runners	26	4					30
54	Matt Owens	Pennine Fell Runners						30	30
57	Ian Mills	Pennine Fell Runners	14	15					29
57	Tim Grimwood	Swaledale Runners			8	21			29
59	Daniel Bateson	Scarborough Athletic Club	28						28
60	Pete Hodges	Dark Peak Fell Runners						27	27
60	Chris Webb	Glossopdale Harriers			27				27
62	Joe Todd	Kendal Amateur Athletic Club		3		23			26

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
63	Mark Taylor	Calder Valley Fell Runners				17	7		24
64	Steve Birkinshaw	Borrowdale Fell Runners			23				23
64	Alastair Dunn	Helm Hill Runners		23					23
64	Craig Burrow	Helm Hill Runners		1		12	4	6	23
67	Bill Stewart	Borrowdale Fell Runners	22						22
68	Richard Cottam	Penistone Footpath Runners						21	21
69	Jonathan Rylance	Ambleside AC		20					20
69	Jason Williams	Calder Valley Fell Runners						20	20
71	Dave Saunders	FRA	19						19
71	Tim Brook	Holmfirth Harriers AC			19				19
73	Dan Gilbert	Horwich R M I Harriers						18	18
74	Will Acland	Helm Hill Runners		17					17
75	Ralph Skrimshire	Dark Peak Fell Runners			16				16
76	Stephen Pearce	Eden Runners		7			8		15
76	Daniel Wheat	Newark AC	15						15
78	Ed Gamble	Cheshire Hill Racers			14				14
78	James Parsons	Helm Hill Runners				14			14
80	Paul Cornforth	Ambleside AC				3	6	4	13
80	Mike Nolan	Dark Peak Fell Runners					1	12	13
80	Andrew Holmes	Pennine Fell Runners						13	13
80	John Millen	Helm Hill Runners	8		5				13
84	Nick Barraclough	Keswick AC			12				12
85	Matt Reedy	Ambleside AC			11				11
85	Mark O'Connor	Calder Valley Fell Runners						11	11
85	Andy Blackett	Durham Fell Runners				11			11
88	Christopher Barnes	Wirral AC			10				10
89	Paul Reilly	Helm Hill Runners	7				2		9
89	James Titmuss	Horwich R M I Harriers		9					9
89	Kev Hope	Kenilworth Runners	9						9
89	Colin Osborne	Totley AC						9	9
93	Dave Motley	Clayton-le-Moors Harriers	3	5					8
93	John S Donnelly	Derwentside AC				8			8
95	Pawel Cylich	Denby Dale Athletics Club						7	7
95	Tony Bolton	Northern Fells Running Club			7				7
95	Matthew Jones	Scarborough Athletic Club				7			7
98	Virgil Barton	Calder Valley Fell Runners	6						6
99	James Haworth	Keswick AC				5			5
100	Guy Illingworth	Keswick AC				4			4
101	Oli Cox	Mercia Fell Runners					3		3
101	Damian Kilpin	Penistone Footpath Runners						3	3
103	Simon Rodger	Black Combe Runners		2					2
103	Graeme Watt	Elvet Striders				2			2
103	Neal Bann	Glossopdale Harriers						2	2
103	David Milliken	Horwich R M I Harriers			2				2
107	Jack Foxall	Dark Peak Fell Runners			1				1
107	Craig Smith	Keswick AC				1			1
107	Bob Foreman	Matlock Athletic Club						1	1
107	Paul Swindles	Pennine Fell Runners	1						1

Men's V45 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Robert Jebb	Helm Hill Runners		42	42	42	42		168
2	Gavin Mulholland	Calder Valley Fell Runners	39	37	37		38	36	150
3	Karl Gray	Calder Valley Fell Runners	42			34	33	38	147
3	Kieran Hodgson	Helm Hill Runners	37	34	34		37	39	147
5	Will Boothman	Dark Peak Fell Runners	36	38	35	37	8	35	146
6	Kenny Richmond	Helm Hill Runners	38	36	36		35	30	140
7	Shaun Godsman	Calder Valley Fell Runners	31	35		38	23	34	130
8	Paul Neild	Bowland Fell Runners		31	33	28	28		120
8	Steven Knowles	Pennine Fell Runners	28	22	28	32	18	32	120
10	Adam Osborne	Calder Valley Fell Runners			27	39	32	42	113
11	Ben Tetler	Glossopdale Harriers				35	31	37	103
12	Colin Brearley	Holme Pierrepont RC		24	23	24	26	28	102
13	Simon Coldrick	Pennine Fell Runners		33			34	33	100
14	John Hunt	Dark Peak Fell Runners	22	21	31	20	25	15	99
15	James Logue	Calder Valley Fell Runners	27		18	23		29	97
16	James Halse	Dark Peak Fell Runners	23		11	30		26	90
17	Dave Prosser	Keswick AC		26		22	20	17	85
17	Richard Bradbury	Matlock Athletic Club	29	12		33		23	85
19	James Baron	Helm Hill Runners	16	13		19	22	19	76
20	Craig Jeffery	Dark Peak Fell Runners	21	16	30		24		75
21	David Kirkham	Wharfedale Harriers	33		14			24	71
22	Craig Burrow	Helm Hill Runners	13	17	9	21	13	16	67
23	Andrew Schofield	Borrowdale Fell Runners			25	17	21		63
24	Shane Ohly	Helm Hill Runners		26		36			62
25	Andrew Jebb	Bingley Harriers & AC			32		29		61
26	Paul Cornforth	Ambleside AC	17	6		14	15	14	60
26	David Birch	Keswick AC		29				31	60
28	Pete Vale	Mercia Fell Runners	32				27		59
29	Ian Mills	Pennine Fell Runners	30	27					57
30	Brian Pennington	Howgill Harriers				26	30		56
31	Nick Leigh	Horwich R M I Harriers		39	16				55
31	James Stuart	Mercia Fell Runners	35	20					55
33	Matt Brindle	Ambleside AC			38		14		52
34	Robin Lawrence	Bingley Harriers & AC				27	2	22	51
35	John Millen	Helm Hill Runners	26		15	9			50
36	Colin Osborne	Totley AC	18	9			4	18	49
37	Javier Simon	Helm Hill Runners				31	17		48
37	Joe Todd	Kendal Amateur AC		19		29			48
39	Mark Burton	Calder Valley Fell Runners			26		19		45
40	Mark Taylor	Calder Valley Fell Runners			3	25	16		44
41	Steve Jacques	Ambleside AC			39				39
41	Ralph Skrimshire	Dark Peak Fell Runners		15	24				39
41	Owen Beilby	Wharfedale Harriers					39		39
44	Virgil Barton	Calder Valley Fell Runners	24	3			10		37
44	Paul Reilly	Helm Hill Runners	25				12		37
46	Charlie Lowther	Eden Runners					36		36
47	Guy Illingworth	Keswick AC	10			15	1	9	35
48	Matt Reedy	Ambleside AC		14	20				34
48	Bill Stewart	Borrowdale Fell Runners	34						34
50	James Haworth	Keswick AC	8			16	9		33
51	Alastair Dunn	Helm Hill Runners		32					32
52	Mike Nolan	Dark Peak Fell Runners					11	20	31
53	Jonathan Rylance	Ambleside AC		30					30
54	Steve Birkinshaw	Borrowdale Fell Runners			29				29
54	Dan Gilbert	Horwich R M I Harriers		1			3	25	29
56	Will Acland	Helm Hill Runners		28					28
57	Jason Williams	Calder Valley Fell Runners						27	27
57	Matt Lovett	Poplar Running Club	19			4		4	27
59	Andrew Holmes	Pennine Fell Runners					5	21	26
60	Damian Kilpin	Penistone Footpath Runners			4	8		13	25
61	Ed Gamble	Cheshire Hill Racers			22			1	23
61	James Titmuss	Horwich R M I Harriers		23					23
63	Craig Stansfield	Rosendale Harriers & AC	6		10			6	22
64	Simon Rodger	Black Combe Runners		18		3			21

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
64	David Milliken	Horwich R M I Harriers		8	13				21
64	Nick Barraclough	Keswick AC			21				21
67	Paul Swindles	Pennine Fell Runners	20						20
67	Mark Pursell	Pennine Fell Runners	12					8	20
69	Christopher Barnes	Wirral AC			19				19
70	Matthew Jones	Scarborough Athletic Club				18			18
71	Tony Bolton	Northern Fells Running Club			17				17
72	Glen Goodwin	Accrington Road Runners	1	4				11	16
73	Paul Crabtree	Bingley Harriers & AC	15						15
73	Tim Werrett	Dark Peak Fell Runners		10				5	15
75	John Atyeo	Mercia Fell Runners	14						14
76	Graeme Watt	Elvet Striders				13			13
77	Jack Foxall	Dark Peak Fell Runners			12				12
77	Craig Smith	Keswick AC				12			12
77	Bob Foreman	Matlock Athletic Club						12	12
80	David Griffin	Helm Hill Runners				11			11
80	Thomas Foster	Mercia Fell Runners	11						11
80	Phil Livermore	North Leeds Fell Runners		11					11
83	Edward Box	Ambleside AC				10			10
83	Simon Patton	Dark Peak Fell Runners						10	10
83	Richard Snowden	Totley AC				7		3	10
86	Richard McKenna	Shrewsbury AC	9						9
87	Philip Pearson	Northern Fells Running Club			8				8
88	Tom Pape	Dark Peak Fell Runners	7						7
88	Joe Blackett	Dark Peak Fell Runners		2	5				7
88	Glen Borrell	Dark Peak Fell Runners			7				7
88	Jonathan Craig Batt	Dark Peak Fell Runners						7	7
88	Tim Campbell	Eden Runners					7		7
88	Neil Armitage	Pudsey & Bramley AC		7					7
94	Rob Harper	Ambleside AC			6				6
94	David Wilson	Bowland Fell Runners					6		6
94	Ian Hutchinson	Durham Fell Runners				6			6
97	Steven Paterson	FRA		5					5
97	Stephen Hardy	Loftus & Whitby AC				5			5
97	Chris Doran	Telford Harriers	5						5
100	Robin Bacon	Mercia Fell Runners	4						4
101	Toby Savage	Pennine Fell Runners	3						3
102	Simon Richardson	Ilkley Harriers AC			2				2
102	Norman Hayhurst	Bowland Fell Runners	2						2
102	Adam Sunderland	Holmfirth Harriers AC						2	2
102	Steve Angus	Keswick AC				2			2
106	Ross Butler	Keswick AC				1			1
106	David James	FRA			1				1

Men's V50 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Gavin Mulholland	Calder Valley Fell Runners	29	32	32		32	29	125
2	Karl Gray	Calder Valley Fell Runners	32			29	28	32	121
3	Shaun Godsman	Calder Valley Fell Runners	25	28		32	24	28	112
3	Kenny Richmond	Helm Hill Runners	28	29	29		29	25	112
5	Paul Neild	Bowland Fell Runners		26	28	25	27		106
6	Steven Knowles	Pennine Fell Runners	23	23	25	27	20	27	102
7	John Hunt	Dark Peak Fell Runners	20	22	27	19	25	16	93
8	James Logue	Calder Valley Fell Runners	22		20	22		24	88
9	Dave Prosser	Keswick AC		24		21	21	18	84
10	James Baron	Helm Hill Runners	16	21		18	23	20	80
11	Richard Bradbury	Matlock Athletic Club	24	20		28	3	23	78
12	Colin Osborne	Totley AC	18	18	2		10	19	65
13	Paul Cornforth	Ambleside AC	17	15		14	17	15	64
14	Andrew Schofield	Borrowdale Fell Runners			24	17	22		63
15	Robin Lawrence	Bingley Harriers & AC				24	9	22	55
16	Mark Taylor	Calder Valley Fell Runners			13	23	18		54
17	Craig Burrow	Helm Hill Runners				20	16	17	53
18	Pete Vale	Mercia Fell Runners	26				26		52
19	James Haworth	Keswick AC	12	10		16	13		51
19	David Birch	Keswick AC		25				26	51
21	Virgil Barton	Calder Valley Fell Runners	21	12	9	1	14	2	49
21	Guy Illingworth	Keswick AC	13	6	10	15	8	11	49
23	Javier Simon	Helm Hill Runners				26	19		45
24	Craig Stansfield	Rosendale Harriers & AC	11	7	17	7		9	44
25	Mike Nolan	Dark Peak Fell Runners		5			15	21	41
26	Glen Goodwin	Accrington Road Runners	7	13	3			13	36
26	Matt Lovett	Poplar Running Club	19			10		7	36
28	David Milliken	Horwich RMI Harriers		17	18				35
29	Ed Gamble	Cheshire Hill Racers			23		6	4	33
30	Joe Blackett	Dark Peak Fell Runners		11	14		7		32
31	Tony Bolton	Northern Fells Running Club		8	19		1		28
32	Bill Stewart	Borrowdale Fell Runners	27						27
32	Tim Werrett	Dark Peak Fell Runners		19				8	27
32	Alastair Dunn	Helm Hill Runners		27					27
35	Steve Birkinshaw	Borrowdale Fell Runners			26				26
36	David Griffin	Helm Hill Runners			7	12	4	3	23
37	Nick Barraclough	Keswick AC			22				22
37	Steve Rhodes	Northern Fells Running Club		3	11	8			22
39	Christopher Barnes	Wirral AC			21				21
40	Richard Snowden	Totley AC	3			11		6	20
41	Steven Paterson	FRA		14			5		19
41	Mervyn Keys	Rosendale Harriers & AC	6		8	5			19
43	Steve Angus	Keswick AC	4		4	9			17
44	Philip Pearson	Northern Fells Running Club			16				16
44	Neil Armitage	Pudsey & Bramley AC		16					16
46	Rob Harper	Ambleside AC			15				15
46	Paul Crabtree	Bingley Harriers & AC	15						15
46	Craig Smith	Keswick AC		2		13			15
49	Simon Patton	Dark Peak Fell Runners					2	12	14
49	Bob Foreman	Matlock Athletic Club						14	14
49	John Atyeo	Mercia Fell Runners	14						14
52	Tim Campbell	Eden Runners					12		12
52	David James	FRA			12				12
54	David Wilson	Bowland Fell Runners					11		11
55	Jonathan Craig Batt	Dark Peak Fell Runners						10	10
55	Robin Bacon	Mercia Fell Runners	10						10
57	John Duff	Northumberland Fell Runners		9					9
57	Toby Savage	Pennine Fell Runners	9						9
59	Norman Hayhurst	Bowland Fell Runners	8						8
60	Michael Toman	Rosendale Harriers & AC	5			2			7
61	Alistair Hearn	Helm Hill Runners			6				6
61	Colin Haughton	Pennine Fell Runners				6			6
63	Edmond Jackson	Ambleside AC			5				5
63	Adam Sunderland	Holmfirth Harriers AC						5	5
65	Darren Fishwick	Chorley Athletic and Tri Club		4					4
65	David Crout	Keswick AC				4			4

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
65	James Corden	Stockport Harriers & AC			1	3			4
68	John Langton	Mercia Fell Runners	2						2
69	Marcus Taylor	Horwich R M I Harriers		1					1
69	Colin Earl	Kimberworth Striders						1	1
69	Michael Innes	Mercia Fell Runners	1						1

Men's V55 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	John Hunt	Dark Peak Fell Runners	32	29	32	29	32	25	125
2	Dave Prosser	Keswick AC		32		32	27	26	117
3	James Baron	Helm Hill Runners	28	28		28	29	27	113
4	Paul Cornforth	Ambleside AC	29	26		25	26	24	106
5	Guy Illingworth	Keswick AC	25	21	19	26	23	20	95
6	Craig Stansfield	Rossendale Harriers & AC	24	22	24	20		18	90
7	Glen Goodwin	Accrington Road Runners	21	25	15			22	83
7	Andrew Schofield	Borrowdale Fell Runners			28	27	28		83
7	Joe Blackett	Dark Peak Fell Runners		24	22	15	22		83
10	Tony Bolton	Northern Fells Running Club		23	26	13	18	13	80
11	David Griffin	Helm Hill Runners	15		17	23	20	15	75
11	Steve Rhodes	Northern Fells Running Club		19	20	21	15	12	75
13	Mike Nolan	Dark Peak Fell Runners		20			25	28	73
13	Mervyn Keys	Rossendale Harriers & AC	20	16	18	19	1	2	73
15	Richard Snowden	Totley AC	18		14	22		17	71
16	Ed Gamble	Cheshire Hill Racers			27		21	16	64
17	Michael Toman	Rossendale Harriers & AC	19	7	10	17	9	10	56
18	John Langton	Mercia Fell Runners	17	11	13	14	6	5	55
19	David Milliken	Horwich RMI Harriers		27	25				52
19	Philip Pearson	Northern Fells Running Club			23	12	17		52
21	David Crout	Keswick AC	12	13	4	18	8		51
22	John Bagge	Helm Hill Runners	10	17			10	8	45
23	Craig Smith	Keswick AC		18		24			42
24	Simon Patton	Dark Peak Fell Runners					19	21	40
25	Bob Foreman	Matlock Athletic Club	11					23	34
25	Simon Entwisle	Pennine Fell Runners		12	11			11	34
27	David Birch	Keswick AC						32	32
28	Steve Birkinshaw	Borrowdale Fell Runners			29				29
28	James Logue	Calder Valley Fell Runners						29	29
30	Paul Crabtree	Bingley Harriers & AC	27						27
31	John Atyeo	Mercia Fell Runners	26						26
32	Stephen Morran	Calder Valley Fell Runners	7	8		10			25
32	Mick Procter	Clayton-le-Moors Harriers			12		13		25
34	David Wilson	Bowland Fell Runners					24		24
34	Andy Barnett	Dark Peak Fell Runners		4		11		9	24
36	Robin Bacon	Mercia Fell Runners	23						23
37	Norman Hayhurst	Bowland Fell Runners	22						22
38	David James	FRA			21				21
38	Mark Agnew	Mercia Fell Runners		9		9	3		21
40	Ian Fraser	Pennine Fell Runners		14				6	20
41	Jonathan Craig Batt	Dark Peak Fell Runners						19	19
41	Dave Collins	Todmorden Harriers	9		3	7			19
43	Edmond Jackson	Ambleside AC			16				16
43	Steve Everett	Durham City Harriers & AC				16			16
43	Matthew Lynas	Macclesfield Harriers & AC					16		16
43	Michael Innes	Mercia Fell Runners	16						16
43	John Rainford	Preston Harriers	13					3	16
48	Tim Lofthouse	FRA		15					15
49	Dave Powell	Aberystwyth Athletic Club	14						14
49	Leigh Warburton	Bowland Fell Runners		5	9				14
49	Colin Earl	Kimberworth Striders						14	14
49	Chris Jones	Wharfedale Harriers					14		14
53	Brian Hickey	Cheshire Hill Racers	8		5				13
54	Steve Lomas	Macclesfield Harriers & AC					12		12
55	Chris Funnell	Clayton-le-Moors Harriers					11		11
56	Andrew Mcfarlane	Rossendale Harriers & AC		10					10
57	Keith Loan	Keswick AC		6		3			9
58	Stephen Coope	Bowland Fell Runners			8				8
58	Geoff Pettengell	Mow Cop Runners	5		2	1			8
58	Geoff Davis	Northumberland Fell Runners				8			8
61	David Banks	Ambleside AC			7				7
61	Greg Rimmer	Dark Peak Fell Runners						7	7
61	Richard Timms	Settle Harriers					7		7
64	David Baglee	Eden Runners				6			6
64	Anderson Hirst	FRA	6						6
64	Jules Coleman	Lonsdale Fell Runners			6				6

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
67	Nick Andralojc	Nidd Valley Road Runners				5			5
67	John Griffiths	Preston Harriers					5		5
69	Nick Sebley	Black Combe Runners	4						4
69	Peter Daly	Glossopdale Harriers						4	4
69	Chris Speight	Helm Hill Runners				4			4
69	Kenneth Murphy	Lonsdale Fell Runners					4		4
73	Tom Mcgaff	Cheshire Hill Racers		2				1	3
73	John Jones	Helm Hill Runners		3					3
73	Mark Pearson	Mercia Fell Runners	3						3
76	Tim Jones	Croft Ambrey RC	2						2
76	Stuart Lockton	Helm Hill Runners				2			2
76	Paul Calderbank	Ilkley Harriers AC					2		2
79	Roy Gibson	Ambleside AC			1				1
79	Huw Jones	Birmingham Running Athletics &	1						1
79	Neil Sidaway	Cumberland Fell Runners		1					1

Men's V60 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Dave Prosser	Keswick AC		22		22	22	22	88
2	Paul Cornforth	Ambleside AC	22	19		19	19	19	79
3	Tony Bolton	Northern Fells Running Club		18	22	13	17	14	71
4	David Griffin	Helm Hill Runners	15		16	18	18	16	67
4	Steve Rhodes	Northern Fells Running Club		17	18	17	15	13	67
6	Mervyn Keys	Rosendale Harriers & AC	18	15	17	16	11	6	66
7	John Langton	Mercia Fell Runners	17	12	15	14	13	8	59
8	John Bagge	Helm Hill Runners	11	16			14	10	51
9	Philip Pearson	Northern Fells Running Club			19	12	16		47
9	Simon Entwisle	Pennine Fell Runners		13	14		8	12	47
11	Stephen Morran	Calder Valley Fell Runners	8	11	8	10			37
12	Dave Collins	Todmorden Harriers	10		11	8	6	3	35
13	Leigh Warburton	Bowland Fell Runners		9	13		10		32
14	Andy Barnett	Dark Peak Fell Runners		8		11		11	30
14	Bob Foreman	Matlock Athletic Club	12					18	30
16	Brian Hickey	Cheshire Hill Racers	9		12				21
16	Geoff Pettengell	Mow Cop Runners	7	2	10	2		2	21
18	John Rainford	Preston Harriers	13					7	20
19	Norman Hayhurst	Bowland Fell Runners	19						19
20	Roy Gibson	Ambleside AC			9		9		18
20	Tom Mcgaff	Cheshire Hill Racers		6	7			5	18
22	Jonathan Craig Batt	Dark Peak Fell Runners						17	17
23	Michael Innes	Mercia Fell Runners	16						16
24	Steve Everett	Durham City Harriers & AC				15			15
24	Colin Earl	Kimberworth Striders						15	15
26	Dave Powell	Aberystwyth Athletic Club	14						14
26	David Baglee	Eden Runners		3		7	4		14
26	Tim Lofthouse	FRA		14					14
26	Keith Loan	Keswick AC		10		4			14
26	Greg Rimmer	Dark Peak Fell Runners				5		9	14
31	Paul Calderbank	Ilkley Harriers AC					12		12
32	Geoff Davis	Northumberland Fell Runners				9			9
33	Keith G Holmes	Dark Peak Fell Runners	2		6				8
33	Mick Moorhouse	Matlock Athletic Club	4	4					8
35	David Naughton	Cheshire Hill Racers					7		7
35	John Jones	Helm Hill Runners		7					7
37	Nick Sebley	Black Combe Runners	6						6
37	Steve Wathall	Black Combe Runners	3			1	2		6
37	Stuart Lockton	Helm Hill Runners				3	3		6
37	Nick Andralojc	Nidd Valley Road Runners				6			6
41	Neil Sidaway	Cumberland Fell Runners		5					5
41	Chris Speight	Helm Hill Runners				5			5
41	Mark Pearson	Mercia Fell Runners	5						5
41	David Brock	Orion Harriers			5				5
46	Simon Brearley	Bowland Fell Runners			4				4
46	Ian Warhurst	Pennine Fell Runners						4	4
48	Peter Grayson	Black Combe Runners			3				3
49	Simon Bennett	Bowland Fell Runners					1		1
50	Jon Bale	Cheshire Hill Racers	1						1
51	Dave Keeling	Cheshire Hill Racers		1					1
52	Raymond Gill	Helm Hill Runners						1	1

Men's V65 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Simon Entwisle	Pennine Fell Runners		22	22		19	19	82
2	Stephen Morran	Calder Valley Fell Runners	19	19	16	22		14	76
2	Dave Collins	Todmorden Harriers	22	13	18	18	18	17	76
4	Steve Wathall	Black Combe Runners	17			15	17	15	64
5	Tom Mcgaff	Cheshire Hill Racers		16	15		14	18	63
5	Geoff Pettengell	Mow Cop Runners		14	17	16	15	16	63
7	Leigh Warburton	Bowland Fell Runners		17	19		22		58
8	Mick Moorhouse	Matlock Athletic Club	18	15		14	10	11	57
9	Keith G Holmes	Dark Peak Fell Runners	16	12	14	11	13	6	55
10	David Gould	Mercia Fell Runners	15	11		13	9	13	50
11	Simon Brearley	Bowland Fell Runners		9	13	9	11	12	45
12	Trevor Symonds	Northern Fells Running Club		8		12	12	8	40
13	Keith Loan	Keswick AC		18		17			35
14	Andy Watts	Cheshire Hill Racers	14	10				7	31
15	Michael McLoughlin	Preston Harriers	13	4			7	5	29
16	Robert Taylor	Pennine Fell Runners	12	6		10		3	28
17	Bob Foreman	Matlock Athletic Club						22	22
18	Graham McAra	Cheshire Hill Racers	11	2			6		19
18	Geoff Davis	Northumberland Fell Runners				19			19
20	Paul Addison	Dark Peak Fell Runners					16		16
21	Peter Grayson	Black Combe Runners			12				12
22	Michael Brooke	FRA	9	1				1	11
22	Chris Horsfall	Handsworth Roadhogs		3		8			11
24	Geoffrey Gough	Clayton-le-Moors Harriers						10	10
24	Les Thurston	Matlock Athletic Club	10						10
26	Frank Fielding	Glossopdale Harriers						9	9
27	Wilfred Bell	Howgill Harriers					8		8
28	David Tait	Dark Peak Fell Runners				7			7
28	Ian Smith	Ribble Valley Runners		7					7
30	Andrew Charles	Durham Fell Runners				6			6
31	Stephen Atherton	Ambleside AC		5					5
31	Antonio Cardinale	Otley AC				5			5
33	Ronald Rees	Pennine Fell Runners						4	4
34	Ken Jones	Dark Peak Fell Runners						2	2

Men's MV70 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Chapel fell (S)	Shelf Moor (S)	Total
1	Mick Moorhouse	Matlock Athletic Club	12	12	12	8	36
2	David Gould	Mercia Fell Runners		9	9	12	30
3	Andy Watts	Cheshire Hill Racers	9	8		6	23
3	Simon Brearley	Bowland Fell Runners		7	7	9	23
5	Robert Taylor	Pennine Fell Runners	7	5	8	4	20
6	Michael McLoughlin	Preston Harriers	8	4	6	5	19
7	Michael Brooke	FRA	5	3		2	10
8	Frank Fielding	Glossopdale Harriers				7	7
9	Les Thurston	Matlock Athletic Club	6				6
9	Ian Smith	Ribble Valley Runners		6			6
9	David Tait	Dark Peak Fell Runners			5		5
12	Andrew Charles	Durham Fell Runners			4		4
12	Antonio Cardinale	Otley AC			3	1	4
14	Ken Jones	Dark Peak Fell Runners				3	3

Men's MV75 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Chapel fell (S)	Shelf Moor (S)	Total
1	David Tait	Dark Peak Fell Runners			12		12
2							0
3							0
4							0
5							0
6							0

* Creation of this Race Category occurs where there are at least 5 competitors in each of 3 or more races
Therefore this category did not elicit sufficient competition this year to award prizes

Women's Open Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Nichola Jackson	Keswick AC	29	29	29	29	32	28	119
2	Victoria Wilkinson	Bingley Harriers & AC	28	28	32	25	26		113
3	Catherine Taylor	Black Combe Runners	25	25		26	29	26	106
3	Eve Pannone	Eden Runners	24		25	28		29	106
5	Emily Cowper-Coles	Denby Dale AC		26	28	24	24	24	102
5	Sharon Taylor	Helm Hill Runners	27	27		21	27		102
7	Antonia Fan	Ambleside AC	26	24	27	23			100
8	Phillipa Williams	Dark Peak Fell Runners	32	32		32		32	96
9	Lisa Watson	Dark Peak Fell Runners	21	15	24	22	23	23	90
10	Caroline Lambert	Middlesbrough AC (Mandale)	22	22	14	27		22	85
11	Anna Lupton	Black Combe Runners		18	21	15	18	21	78
11	Despina Berdeni	Dark Peak Fell Runners	14	17	22	19	20	16	78
13	Alexandra Whitaker	Harrogate Harriers & AC		20	19	16		15	70
14	Mel Price	Mercia Fell Runners	20	11	16	11	21		68
15	Lou Osborn	Ambleside AC	13	13		18	22	13	66
15	Katie Lord	Ambleside AC	18	9	17	14		17	66
17	Rose Mather	York Knavesmire Harriers			26		28		54
18	Celia Powell	Ambleside AC	15		18	20			53
19	Abbie Pearse	Steel City Striders RC	19	19				14	52
20	Lizzie Browne	Black Combe Runners		23			25		48
21	Sally Fawcett	Dark Peak Fell Runners	10	6	13	10	12		45
22	Rachel Rose	Dark Peak Fell Runners		3	12	4	15	10	40
23	Sarah Hodgson	Keswick AC			11	12	13		36
24	Sue Richmond	Pennine Fell Runners	3		15	7	10	6	35
25	Beth Hanson	Ambleside AC		12	20				32
26	Imogen Trinder	Glossopdale Harriers	1		2		8	19	30
27	Bianca Dyer	Helm Hill Runners	9		9		9	2	29
27	Rachel Pilling	Pudsey & Bramley AC		2		13	14		29
29	Sarah McCormack	Ambleside AC						27	27
30	Emma Gould	Helm Hill Runners						25	25
31	Sophie Likeman	Cumberland Fell Runners	16	8					24
31	Philippa Wakefield	Keswick AC			7	17			24
33	Natalie Beadle	Ambleside AC			23				23
33	Lauren Munro-Bennett	Ambleside AC	4	1	10	8			23
33	Sara Willhoit	Mercia Fell Runners	23						23
36	Janie Oates	Helm Hill Runners	17		5				22
37	Chloe Leather	Liverpool Pembroke & Sefton H AC		21					21
38	Katie Walshaw	Holmfirth Harriers AC						20	20
39	Frances Collett	Dark Peak Fell Runners					19		19
40	Harriet Wingfield	Dark Peak Fell Runners						18	18
41	Jo Hickman Dunne	Helm Hill Runners					17		17
42	Betty Bergstrand	Middlesbrough AC (Mandale)		17					17
43	Anna Watkinson-Powell	Dark Peak Fell Runners					16		16
44	Nicola Richards	Mercia Fell Runners			4		11		15
45	Shirley Murray	Keswick AC		14					14
46	Imogen Burrow	Helm Hill Runners				9		4	13
47	Laura Robertson	Dark Peak Fell Runners						12	12
48	Lizzie Richardson	Eryri Harriers	12						12
49	Lisa Parker	Rosendale Harriers & AC			6	3	3		12
50	Molly Browne	Birmingham Running Athletics & Tri	11						11
50	Natasha Butterfield	Calder Valley Fell Runners	2		1			8	11
50	Catrin Smith	Dark Peak Fell Runners						11	11
53	Hollie Orr	Black Combe Runners				5		5	10
53	Lindsey Brindle	Horwich R M I Harriers		10					10
55	Holly Clifford	Dark Peak Fell Runners						9	9
56	Susannah Richardson	Calder Valley Fell Runners	5					3	8
56	Kate Macfarlane	Carnethy Hill Running Club			8				8
56	Sarah Murtagh	Helm Hill Runners	8						8
56	Jules Toone	Mercia Fell Runners	6				2		8
60	Jenni Boocock	Bingley Harriers & AC	7						7
60	Helen Roberts	Dark Peak Fell Runners						7	7
60	Hinda Hardaker	Keighley & Craven AC		7					7
60	Deborah Millington	Mercia Fell Runners					7		7
64	Sarah Pike	Black Combe Runners		5				1	6
64	Charlotte Jackson	Calder Valley Fell Runners				6			6
64	Helen Sharman	Keswick AC					6		6
67	Jenny Lea	North Leeds Fell Runners					5		5

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
68	Maxie Scheske	Calder Valley Fell Runners					4		4
68	Hannah Cairns	Wharfedale Harriers		4					4
70	Finty Royle	Lancaster University			3				3
70	Deborah Gowans	Todmorden Harriers				2	1		3
72	Emma Johnston	Helm Hill Runners				1			1

Women's U23 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Eve Pannone	Eden Runners	12		12	12		12	36
2	Alexandra Whitaker	Harrogate Harriers & AC		9	9	9		9	27
3	Alice Gamble	Dark Peak Fell Runners		6		8	12	7	26
4	Finty Royle	Lancaster University		7	8				15
5	Chloe Leather	Liverpool Pembroke & Sefton H AC		12					12
6	Abbie Walker	Sheffield University Orienteering		5				6	11
7	Betty Bergstrand	Middlesbrough AC (Mandale)		8					8
8	Catrin Smith	Dark Peak Fell Runners						8	8
9	Laura Francis	Nidd Valley Road Runners		4					4

Women's V40 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Victoria Wilkinson	Bingley Harriers & AC	22	22	22	22	19		88
2	Sharon Taylor	Helm Hill Runners	19	19		19	22		79
3	Anna Lupton	Black Combe Runners		18	19	16	16	22	75
4	Lou Osborn	Ambleside AC	17	17		18	18	19	72
5	Mel Price	Mercia Fell Runners	18	16	18	13	17		66
6	Rachel Rose	Dark Peak Fell Runners		11	15	10	15	18	59
7	Sally Fawcett	Dark Peak Fell Runners	16	13	16	12	12		57
8	Sue Richmond	Pennine Fell Runners	12	6	17	11	10	16	56
9	Bianca Dyer	Helm Hill Runners	15	8	13		9	14	51
10	Natasha Butterfield	Calder Valley Fell Runners	11	9	9			17	46
11	Sara Hodgson	Keswick AC			14	14	13	12	41
12	Rachel Pilling	Pudsey & Bramley AC		10		15	14		39
12	Lisa Parker	Rossendale Harriers & AC	10		11	9	7	9	39
14	Philippa Wakefield	Keswick AC		7	12	17			36
15	Susannah Richardson	Calder Valley Fell Runners	13					15	28
16	Deborah Gowans	Todmorden Harriers	6	2	7	8	5		26
17	Sarah Pike	Black Combe Runners		12				13	25
18	Rowena Browne	Bowland Fell Runners	5	1	8	7			21
18	Nicola Richards	Mercia Fell Runners			10		11		21
20	Jules Toone	Mercia Fell Runners	14				6		20
21	Deborah Millington	Mercia Fell Runners	7		2		8		17
22	Lindsey Brindle	Horwich R M I Harriers		15					15
23	Hinda Hardaker	Keighley & Craven AC		14					14
24	Stella Chrisanthou	Calder Valley Fell Runners			1		2	10	13
25	Elizabeth Batt	Dark Peak Fell Runners						11	11
26	Melanie Blackhurst	Todmorden Harriers	1		4			5	10
27	Zoe Hebblethwaite	Keswick AC			5		4		9
27	Hayley Gill	Matlock Athletic Club	9						9
29	Jean Brown	Clayton-le-Moors Harriers	8						8
29	Jane Crowson	Dark Peak Fell Runners			5			3	8
29	Helen Elmore	Dark Peak Fell Runners						8	8
32	Cass Chisholm	Calder Valley Fell Runners						7	7
33	Jane Reedy	Ambleside AC			6				6
33	Jenny Caddick	Dark Peak Fell Runners						6	6
33	Pauline May	Todmorden Harriers			6				6
36	Ellie Debenham	Heughscar Hares		5					5
37	Jo Buckley	Bingley Harriers & AC	4						4
37	Ruth Thackray	Bingley Harriers & AC		4					4
37	Katherine Klunder	Chorley Athletic & Tri			4				4
37	Caroline Smith	Mow Cop Runners						4	4
41	Jane Meeks	Borrowdale Fell Runners			3				3
41	Catherine Evans	Keswick AC		3					3
41	Gillian Atkinson	Keswick AC			3				3
41	Niamh Jackson	North Leeds Fell Runners					3		3
41	Rebecca Patrick	Todmorden Harriers	3						3
46	Samantha Willis	Buxton AC						2	2
46	Caroline Holden	Helm Hill Runners			2				2
46	Lucy Burnett	Keswick AC	2						2
49	Dawn A Hosking	Durham Fell Runners			1				1
49	Sarah Andrew	Glossopdale Harriers					1		1
49	Emma MacQueen	Pennine Fell Runners							1

Women's V45 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Lou Osborn	Ambleside AC	19	22		22	19	19	82
2	Mel Price	Mercia Fell Runners	22	19	22	16	18		79
3	Sue Richmond	Pennine Fell Runners	17	14	19	15	14	18	69
4	Bianca Dyer	Helm Hill Runners	18	16	17		13	17	68
5	Sara Hodgson	Keswick AC		10	18	17	16	15	61
6	Anna Lupton	Black Combe Runners				18	17	22	57
6	Lisa Parker	Rosendale Harriers & AC	16	9	15	14	11	12	57
8	Philippa Wakefield	Keswick AC		15	16	19			50
9	Deborah Gowans	Todmorden Harriers	12	12	12	13	10		49
10	Rowena Browne	Bowland Fell Runners	11	11	13	12	2		47
11	Stella Chrisanthou	Calder Valley Fell Runners	6		7		9	13	35
12	Nicola Richards	Mercia Fell Runners	5		14		15		34
12	Melanie Blackhurst	Todmorden Harriers	7	7		11	7	9	34
14	Sarah Pike	Black Combe Runners		17				16	33
14	Deborah Millington	Mercia Fell Runners	13	4	8		12		33
16	Jane Crowson	Dark Peak Fell Runners		3	10	7	8	8	29
17	Victoria Wilkinson	Bingley Harriers & AC					22		22
18	Hinda Hardaker	Keighley & Craven AC		18					18
19	Jane Reedy	Ambleside AC		5	11				16
20	Hayley Gill	Matlock Athletic Club	15						15
20	Rebecca Patrick	Todmorden Harriers	9	6					15
22	Jean Powell	Wharfedale Harriers	1	2	5	6			14
22	Jean Brown	Clayton-le-Moors Harriers	14						14
22	Elizabeth Batt	Dark Peak Fell Runners						14	14
22	Caroline Holden	Helm Hill Runners	3		2	9			14
22	Gillian Atkinson	Keswick AC			4	10			14
27	Ruth Thackray	Bingley Harriers & AC		13					13
28	Becky Weight	Bingley Harriers & AC				5		6	11
28	Helen Elmore	Dark Peak Fell Runners						11	11
30	Jo Buckley	Bingley Harriers & AC	10						10
30	Jenny Caddick	Dark Peak Fell Runners						10	10
32	Jane Meeks	Borrowdale Fell Runners			9				9
33	Trudi Entwistle	Calder Valley Fell Runners		8					8
33	Dawn A Hosking	Durham Fell Runners				8			8
33	Lucy Burnett	Keswick AC	8						8
36	Kerry Cornforth	Keswick AC	4		3				7
36	Emma MacQueen	Pennine Fell Runners						7	7
38	Rowan Ranner	Helm Hill Runners			6				6
38	Catherine Cullinane	Helm Hill Runners					6		6
40	Ayako Yokoyama-Nichols	Matlock Athletic Club						5	5
40	Helen Price	North Leeds Fell Runners					5		5
42	Michelle Hetherington	Carnethy Hill Racing Club					4		4
42	Alison Wainwright	Dark Peak Fell Runners						4	4
42	Stephanie Illingworth	Keswick AC				4			4
45	Alison Richards	Helm Hill Runners				3			3
45	Carrie Gibson	Helm Hill Runners					3		3
45	Karon Forster	Spectrum Striders						3	3
48	Jennie Stevens	Dark Peak Fell Runners	2						2
48	Jo Wilcox	Helm Hill Runners				2			2
48	Alison Weston	Ilkley Harriers AC						2	2
51	Catherine Holden	Calder Valley Fell Runners		1					1
51	Wendy Dodds	Dallam Running Club				1			1
51	Tamsin Imber	Elvet Striders					1		1
51	Marcia Frith	Helm Hill Runners			1				1
51	Janette Gledhill	Manx Fell Runners						1	1

Women's V50 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Lou Osborn	Ambleside AC	9	12		12	12	12	48
2	Mel Price	Mercia Fell Runners	12	9	12	8	9		41
3	Bianca Dyer	Helm Hill Runners		8	8		7	9	32
4	Sara Hodgson	Keswick AC		4	9	9	8	8	30
5	Deborah Gowans	Todmorden Harriers	6	6	6	7	5		25
6	Rowena Browne	Bowland Fell Runners	5	5	7	6			23
7	Deborah Millington	Mercia Fell Runners	7		3		6		16
8	Stella Chrisanthou	Calder Valley Fell Runners	2		2		4	6	14
9	Melanie Blackhurst	Todmorden Harriers	3	2		5	2	3	13
10	Jane Crowson	Dark Peak Fell Runners			5	2	3	2	10
11	Jean Brown	Clayton-le-Moors Harriers	8						8
12	Ruth Thackray	Bingley Harriers & AC		7					7
12	Elizabeth Batt	Dark Peak Fell Runners						7	7
14	Helen Elmore	Dark Peak Fell Runners						5	5
14	Rebecca Patrick	Todmorden Harriers	4	1					5
16	Jane Meeks	Borrowdale Fell Runners			4				4
16	Jenny Caddick	Dark Peak Fell Runners						4	4
16	Gillian Atkinson	Keswick AC				4			4
19	Trudi Entwistle	Calder Valley Fell Runners		3					3
19	Caroline Holden	Helm Hill Runners				3			3
21	Jean Powell	Wharfedale Harriers			1	1			2
22	Catherine Cullinane	Helm Hill Runners					1		1
22	Kerry Cornforth	Keswick AC	1						1
22	Emma MacQueen	Pennine Fell Runners						1	1

Women's WV55 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Sara Hodgson	Keswick AC		8	12	12	12	12	44
2	Deborah Gowans	Todmorden Harriers	12	12	8	9	9		42
3	Rowena Browne	Bowland Fell Runners	9	9	9	8	5		35
4	Melanie Blackhurst	Todmorden Harriers	8	7		7	7	8	30
5	Jane Crowson	Dark Peak Fell Runners		6	7	4	8	7	28
6	Jean Powell	Wharfedale Harriers	6	5	5	3	4		19
7	Caroline Holden	Helm Hill Runners	7	2	3	5			17
8	Gillian Atkinson	Keswick AC		4	4	6			14
9	Wendy Dodds	Dallam Running Club	5		2		3		10
10	Elizabeth Batt	Dark Peak Fell Runners						9	9
11	Becky Weight	Bingley Harriers & AC				2		5	7
12	Jane Meeks	Borrowdale Fell Runners			6				6
12	Michelle Hetherington	Carnethy Hill Racing Club					6		6
12	Emma MacQueen	Pennine Fell Runners						6	6
15	Alison Weston	Ilkley Harriers & AC		3				2	5
16	Flora Gunner	Croft Ambrey RC	4						4
16	Alison Wainwright	Dark Peak Fell Runners						4	4
18	Margaret Kodz	FRA	3						3
18	Denise Tunstall	Durham Fell Runners	2				1		3
18	Karon Forster	Spectrum Striders						3	3
21	Donna Claridge	Dark Peak Fell Runners					2		2
22	Sara Staniek	Ambleside AC		1					1
22	Stephanie Illingworth	Keswick AC				1			1
22	Janette Gledhill	Manx Fell Runners						1	1

Women's WV60 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Duddon Valley (L)	Chapel fell (S)	Sedberg (L)	Shelf Moor (S)	Total
1	Rowena Browne	Bowland Fell Runners	12	12	12	12	9		48
2	Jane Crowson	Dark Peak Fell Runners		9	9	9	12	12	42
3	Wendy Dodds	Dallam Running Club	9	7	7	7	8		31
4	Becky Weight	Bingley Harriers & AC		8		8		9	25
5	Pat Goodall	Totley AC		6		6		6	18
6	Karon Forster	Spectrum Striders					7	8	15
7	Nicky Butler	Keswick AC		4		5		5	14
7	Margaret Kodz	FRA	7					7	14
9	Jan Forrester	Belper Harriers		3		4		4	11
10	Flora Gunner	Croft Ambrey RC	8						8
10	Jane Meeks	Borrowdale Fell Runners			8				8
12	Caroline Glover	Wharfedale Harriers		5					5
13	Beryl Buckley	Glossopdale Harriers						3	3
14	Lesley Malarkey	Keswick AC		2					2
14	Yvonne Twelvetree	Totley AC						2	2
16	Hilary Lane	North Leeds Fell Runners		1					1

Women's WV65 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Chapel fell (S)	Shelf Moor (S)	Total
1	Becky Weight	Bingley Harriers & AC		12	12	12	36
2	Wendy Dodds	Dallam Running Club	12	9	9		30
3	Pat Goodall	Totley AC		8	8	9	25
4	Jan Forrester	Belper Harriers		7	7	8	22
5	Beryl Buckley	Glossopdale Harriers				7	7
6	Lesley Malarkey	Keswick AC		6			6
6	Yvonne Twelvetree	Totley AC				6	6

Women's WV70 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Chapel fell (S)	Shelf Moor (S)	Total
1	Wendy Dodds	Dallam Running Club	12	12	12		36
2	Jan Forrester	Belper Harriers		9	9	12	30
3	Lesley Malarkey	Keswick AC		8			8
4	Beryl Buckley	Glossopdale Harriers				9	9
5	Yvonne Twelvetree	Totley AC				8	8

* Creation of this Race Category occurs where there are at least 5 competitors in each of 3 or more races
Therefore this category did not elicit sufficient competition this year to award prizes

Women's WV75 Championship

Pos	Name	Club	Long Mynd (M)	Fairfield (M)	Chapel fell (S)	Shelf Moor (S)	Total
1	Beryl Buckley	Glossopdale Harriers				12	12

* Creation of this Race Category occurs where there are at least 5 competitors in each of 3 or more races
Therefore this category did not elicit sufficient competition this year to award prizes